- 1. What is the primary role of hormones in regulating behavior?
- A. To influence the development and function of the nervous system
- B. To provide energy for physical activity
- C. To affect the way an individual perceives the world
- D. To regulate various aspects of an individual's behavior
- 2. Which of the following is NOT a hormone that has been shown to influence behavior?
- A. Oxytocin
- B. Testosterone
- C. Estrogen
- D. Caffeine
- 3. Which of the following is NOT a way in which hormones can influence behavior?
- A. By affecting the development and function of the nervous system
- B. By providing energy for physical activity
- C. By affecting an individual's perception of the world
- D. By directly altering an individual's behavior
- 4. Which of the following is an example of a behavior that is influenced by hormones?
- A. The amount of time an individual sleeps
- B. The type of food an individual eats
- C. The way an individual responds to stress
- D. All of the above
- 5. Which of the following hormones is NOT involved in the stress response?
- A. Adrenaline
- B. Cortisol
- C. Oxytocin
- D. Testosterone

Answer Key: 1. D, 2. D, 3. D, 4. D, 5. C