

2021 Horse Summer Camp!

Elementary ages 8 to 11

Make friends!

Work with horses!

Learn important life skills!

Learn more about yourself!

Enjoy the outdoors!

Make connections with nature!

. . . and so much more!!











Sojourn Therapeutic Riding Center






Greetings!

Sojourn TRC will offer a summer horse camp for the 2021 season! Our camp will offer activities in the following areas:

Horse Related Skills

-  Feeding and watering horses
-  Cleaning horses (brushing, combing, braiding manes, etc.)
-  Bathing horses
-  Cleaning horse saddles and bridles
-  Cleaning paddocks and easy to clean stalls
-  Painting simple horse anatomy on their horse.
-  Riding horses
-  Showmanship with horses




Equine Assisted Learning

-  Team building games with horses
-  Social / emotional learning with horses
-  Problem solving
-  Self-regulation
-  Proactive communication skills using the Social/Emotional Learning curriculum






Academics with horses:

- Horse anatomy with paint
- Identifying horse breeds
- Equine assisted reading
- Scrapbooking horsey memories and fun times! (writing)

Summer Horse Camp sessions are as follows Monday-Thursday:

-  **Monday, June 21st through Thursday, June 24th : Hours are 9:00 a.m. to 12:00 p.m.**
-  Accommodations include AC in the classroom and ADA Family, Men's, Women's bathrooms, Lunchroom/Multi-purpose room, Comfortable arena
-  **Cost of camp is \$240 plus \$25 for materials: Total cost is \$265 / Cancellations are still charged. We do not offer partial/pay sessions**

What your child needs to be comfortable:

-  Long, loose jeans and light colored cotton T-Shirt (I do not advise tank tops)
-  Cotton socks and gym shoes or paddock boots
-  Your own helmet (if you have one), Sojourn does provide helmets
-  **CAMPERS MUST WEAR A MASK!** Unless fully vaccinated, staff and volunteers will wear masks.
-  **Bring a snack and water.** Camp ends at noon, so no lunch time is necessary

Being a camper and working with other campers provides many benefits that are 'hidden' in our fun activities. These benefits include:

- ♥ Teamwork, team building and sportsmanship
- ♥ Imagination and Creative Thinking Skills
- ♥ Making Positive Choices
- ♥ Patience and Empathy

We look forward to hearing from you. Please contact me at your earliest convenience.

****A \$100 non-refundable deposit is required to reserve each camper's space****

****No pro-rated fees****

****If your child needs one-on-one support, please let me know.**

Thank you!

Barbara Mulry
Founder and CEO/Sojourn Therapeutic Riding Center

708-539-3078
bmulry@gmail.com