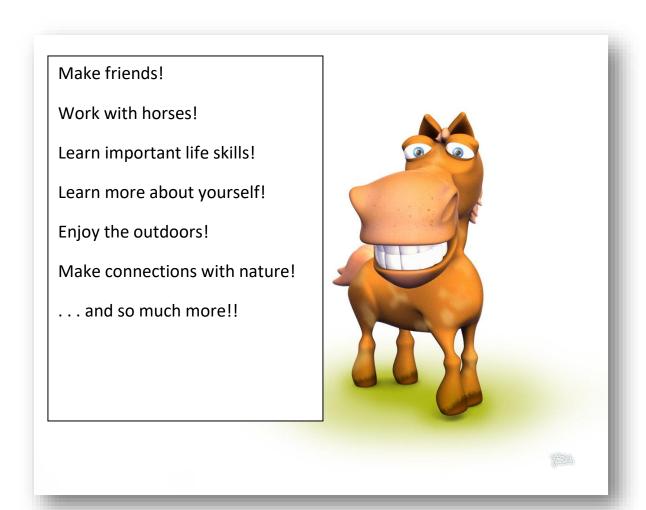
# 2021 Horse Summer Camp!

# **Pre-teen through adult**



**Sojourn Therapeutic Riding Center** 

#### Greetings!

Sojourn TRC will offer a summer horse camp for the 2020 season! Our camp will offer activities in the following areas:

#### **Horse Related Skills**

- Feeding and watering horses
- Cleaning horses (brushing, combing, braiding manes, etc.)
- Bathing horses
- Cleaning horse saddles and bridles
- Cleaning paddocks and easy to clean stalls
- Painting simple horse anatomy on their horse.
- Riding horses
- Showmanship with horses
- Long reining and lunging horses
- Cart driving (including how to harness and add cart before driving)

### **Equine Assisted Learning**

- Team building games with horses
- Social / emotional learning with horses
- Problem solving
- Self-regulation
- Proactive communication skills using the Social/Emotional Learning curriculum

#### Academics with horses:

- Horse anatomy with paint
- Identifying horse breeds
- Equine assisted reading
- Horses from around the world
- Scrapbooking horsey memories and fun times! (writing)
- Math/how to budget for a horse!

#### Summer Horse Camp sessions are as follows Monday-Thursday:

- Monday, July 12 through Friday, July 16th: Hours are 9:00 a.m. to 3:00 p.m.
- Accommodations include AC in the classroom and ADA Family, Men's, Women's bathrooms, Lunchroom/Multi-purpose room, Comfortable arena
- Cost of camp is \$500 plus \$25 for materials: Total cost is \$525 / Cancelations are still charged. We do not offer partial/pay sessions

## What your child needs to be comfortable:

- Long, loose jeans and light colored cotton T-Shirt (I do not advise tank tops)
- Cotton socks and gym shoes or paddock boots
- Your own helmet (if you have one), Sojourn does provide helmets
- Minimum of 3 bottles of water, snacks, and lunch (Lunch will be from 12:30 1:00 p.m.) Campers will use this time to relax and talk about their morning with their fellow campers.
- CAMPERS MUST WEAR A MASK or provide proof of vaccination! During lunch, campers will be spaced more than 10 feet apart from each other. There will be activities where a mask will not be necessary (for example, working in a paddock or stall).
- Unless fully vaccinated, staff and volunteers will wear masks.

Being a camper and working with other campers provides many benefits that are 'hidden' in our fun activities. These benefits include:

- Teamwork, team building and sportsmanship
- Imagination and Creative Thinking Skills
- Making Positive Choices
- Patience and Empathy

We look forward to hearing from you. Please contact me at your earliest convenience.

- \*\*A \$100 non-refundable deposit is required to reserve each camper's space\*\*
- \*\*No pro-rated fees\*\*
- \*\*If your child needs one-on-one support, please let me know.

Thank you!

Barbara Mulry
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