

2021 Horse Summer Camp!

Pre-teen through adult

Make friends!

Work with horses!

Learn important life skills!

Learn more about yourself!

Enjoy the outdoors!

Make connections with nature!

. . . and so much more!!













Sojourn Therapeutic Riding Center






Greetings!

Sojourn TRC will offer a summer horse camp for the 2020 season! Our camp will offer activities in the following areas:

Horse Related Skills

-  Feeding and watering horses
-  Cleaning horses (brushing, combing, braiding manes, etc.)
-  Bathing horses
-  Cleaning horse saddles and bridles
-  Cleaning paddocks and easy to clean stalls
-  Painting simple horse anatomy on their horse.
-  Riding horses
-  Showmanship with horses
-  Long reining and lunging horses
-  Cart driving (including how to harness and add cart before driving)




Equine Assisted Learning

-  Team building games with horses
-  Social / emotional learning with horses
-  Problem solving
-  Self-regulation
-  Proactive communication skills using the Social/Emotional Learning curriculum







Academics with horses:

- Horse anatomy with paint
- Identifying horse breeds
- Equine assisted reading
- Horses from around the world
- Scrapbooking horsey memories and fun times! (writing)
- Math/how to budget for a horse!

Summer Horse Camp sessions are as follows Monday-Thursday:

-  Monday, July 12 through Friday, July 16th : Hours are 9:00 a.m. to 3:00 p.m.
-  Accommodations include AC in the classroom and ADA Family, Men's, Women's bathrooms, Lunchroom/Multi-purpose room, Comfortable arena
-  **Cost of camp is \$500 plus \$25 for materials: Total cost is \$525 / Cancellations are still charged. We do not offer partial/pay sessions**

What your child needs to be comfortable:

-  Long, loose jeans and light colored cotton T-Shirt (I do not advise tank tops)
-  Cotton socks and gym shoes or paddock boots
-  Your own helmet (if you have one), Sojourn does provide helmets
-  Minimum of 3 bottles of water, snacks, and lunch (Lunch will be from 12:30 – 1:00 p.m.)
Campers will use this time to relax and talk about their morning with their fellow campers.
-  **CAMPERS MUST WEAR A MASK or provide proof of vaccination!** During lunch, campers will be spaced more than 10 feet apart from each other. There will be activities where a mask will not be necessary (for example, working in a paddock or stall).
-  Unless fully vaccinated, staff and volunteers will wear masks.

Being a camper and working with other campers provides many benefits that are 'hidden' in our fun activities. These benefits include:

- ♥ Teamwork, team building and sportsmanship
- ♥ Imagination and Creative Thinking Skills
- ♥ Making Positive Choices
- ♥ Patience and Empathy

We look forward to hearing from you. Please contact me at your earliest convenience.

****A \$100 non-refundable deposit is required to reserve each camper's space****

****No pro-rated fees****

****If your child needs one-on-one support, please let me know.**

Thank you!

Barbara Mulry
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