

FAKEEH UNIVERSITY HOSPITAL

DUBAI SILICON OASIS

Patient : Mr Aram Ghannadzadeh Visit Date : 02-Apr-2022
MR No : 10101989 Visit Status : Unauthorized
Age & Gender : 37y , Male
DOB : 04-May-1984

Dr. Uwe Nellessen CONSULTANT ORTHOPEDIC SURGEON ORTHOPEDICS AND SPINE SURGERY DHA-P-0222741 02-Apr-2022 15:08

Chief complaint : For Follow Up

History of Present Illness/Relevant History

Follow up visit following Arthroscopic ACL reconstruction and meniscal repair on 14.02.2022

Duration of illness : 6Week(s)

Physical Exam

Full weight bearing

Still has some pain over the site of graft harvest

Active ROM 0-0-90, passive 0-0-105

Mild swelling

Calf muscles weak

No lymphedema

NVS ok

Vital Signs

BSA : 1.776, BMI : 21.718

02-Apr-2022 15:09 :- Height: 173cm, Weight: 65kg

Diagnosis & Plan

FINAL DIAGNOSIS

Z47.89, Encounter for other orthopedic aftercare

S83.511A, Sprain of anterior cruciate ligament of right knee, initial encounter

I26.09, Other pulmonary embolism with acute cor pulmonale

I82.401, Acute embolism and thrombosis of unspecified deep veins of right lower extremity

I82.402, Acute embolism and thrombosis of unspecified deep veins of left lower extremity

TREATMENT PLAN

6 more sessions of physiotherapy in the near of patient's home

Goals for physiotherapy

- Active/Passive , Open/Close chain exercises
- Manual lymph drainage

Full weight bearing and Free ROM as tolerated

Compression stockings

Follow up after physiotherapy sessions completed.

CPOE

CONSULTATION

1) POST CONSULTATION - DIAGNOSTIC - PROCEDURE - MEDICATION - RESULT DOCUMENTATION

Proposed Date : 02-Apr-2022 15:09.

