Final Project - Fitness Tracker Data

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February 2, 2023

```
{r} rmarkdown::pandoc_available() library(knitr) pandoc("projectFinal/finalProject.Rmd",
format = "pdf") {r} install.packages("tinytex") tinytex::install_tinytex()
# Library may be used {r} # https://bookdown.org/yihui/rmarkdown/pdf-document.html
# Press F1 or Ctrl+Shift+P # Type export and select below install.packages("PACKAGES-NAME")
{r} library(janitor) # janitor has simple little tools for examining
and cleaning dirty data. library(arrow) library(tidyverse) library(naniar)
library(ggsci) library(skimr) # Skim a data frame, getting useful
summary statistics library(lubridate) # Lubridate provides tools
that make it easier to parse and manipulate dates. # reading files csv
{r} # sleep_day_file <- read_csv("projectFinal/fitDatabase/sleepDay_merged.csv")</pre>
# daily_activity_file <- read_csv("projectFinal/fitDatabase/dailyActivity_merged.csv")</pre>
# daily_intensities_file <- read_csv("projectFinal/fitDatabase/dailyIntensities_merged.csv"
# Converting csv files to parquet to gain performance {r} # write_parquet(sleep_day_file,
"projectFinal/projectDataParquet/sleepDay.parquet") # write_parquet(daily_activity_file,
"projectFinal/projectDataParquet/dailyActivity.parquet") # write_parquet(daily_intensities_:
"projectFinal/projectDataParquet/dailyIntensities.parquet")
Reading Parquet files {r} sleep_day_file <- read_parquet("projectFinal/projectDataParquet/sleepD
daily_activity_file <- read_parquet("projectFinal/projectDataParquet/dailyActivity.parquet")</pre>
daily_intensities_file <- read_parquet("projectFinal/projectDataParquet/dailyIntensities.par
     Undestaining
                    data
                          {r} skim_without_charts(sleep_day_file)
skim_without_charts(daily_activity_file) skim_without_charts(daily_intensities_file)
{r} sleep_day_file daily_activity_file daily_intensities_file {r}
glimpse(sleep_day_file) glimpse(daily_activity_file) glimpse(daily_intensities_file)
## Number of unique users {r} count(distinct(sleep_day_file, Id))
count(distinct(daily_activity_file, Id)) count(distinct(daily_intensities_file,
Id)) # Data Cleaning {r} anyDuplicated(sleep_day_file) anyDuplicated(daily_activity_file)
anyDuplicated(daily_intensities_file) ## Dropping NA and duplicates
"'{r} sleep_day_file <- sleep_day_file %>% distinct() %>% drop_na()
anyDuplicated(sleep_day_file)
## Cleaning names to the format used in the classes
```{r}
sleep_day_file <- clean_names(sleep_day_file)</pre>
daily_activity_file <- clean_names(daily_activity_file)</pre>
```

## Tranformating the Dates

```
{r} glimpse(sleep_day_file) glimpse(daily_activity_file) glimpse(daily_intensities_file)
{r} sleep_day_file$sleep_day <- mdy_hms(sleep_day_file$sleep_day)
daily_activity_file$activity_date <- mdy(daily_activity_file$activity_date)
daily_intensities_file$activity_day <- mdy(daily_intensities_file$activity_day)
{r} sleep_day_file daily_activity_file daily_intensities_file #
Analizing {r} glimpse(sleep_day_file) glimpse(daily_activity_file)
glimpse(daily_intensities_file) Devide use throughout the day "'{r}
daily_activity_file$total_time = rowSums(daily_activity_file[c("very_active_minutes",
"fairly_active_minutes", "lightly_active_minutes", "sedentary_minutes")])
daily_activity_file |> group_by(id) |> summarise(daily_usage_hour)
= mean(total_time / 60)) |> ggplot(aes(x = daily_usage_hour)) +
geom_histogram(# mapping = aes(x = daily_usage_hour), color = "black",
fill = "#008b3a") + scale_color_igv() + scale_fill_igv() + theme_grey() +
scale_x_continuous(breaks = c(1:24)) + labs(title = "Average Daily Device
Usage Time", subtitle = "", x = "Daily Use Time(hours)", y = "Count") ""
```