

A croissant is a golden, airy spiral of butter and dough—flaky layers folded to perfection, where pastry meets art.

Total Time: 2–3 days **Makes**: 12 croissants

Ingredients

Dough:

- 4 cups (500g) all-purpose flour
- 1/2 cup (100g) granulated sugar
- 1 tbsp (10g) instant yeast
- 1 1/4 tsp (7g) salt
- 1 cup (240ml) warm milk
- 1/4 cup (60ml) warm water
- 2 tbsp (30g) unsalted butter, softened

Butter Block:

• 1 1/4 cups (285g) cold unsalted butter (preferably European-style for higher fat content)

Egg Wash:

- 1 egg
- 1 tbsp milk or cream

Step-by-Step Instructions

Day 1: Make the Dough & Butter Block

1. Mix Dough:

- In a bowl, combine flour, sugar, yeast, and salt.
- o Add warm milk, water, and softened butter. Mix until a shaggy dough forms.
- o Knead for 4–5 minutes (stand mixer or by hand) until smooth.
- Cover and refrigerate for 1 hour.

2. Prepare Butter Block:

- o Place the cold butter between two sheets of parchment.
- Pound and roll into a 7-inch square (~1.5 cm thick).
- Chill in fridge until firm but pliable (~15–20 minutes).

Day 2: Laminate the Dough

1. Encase the Butter:

- Roll the dough into a 10-inch square.
- o Place the butter block diagonally (like a diamond) in the center.
- o Fold corners of the dough over the butter like an envelope. Seal edges.

2. Lamination Folds:

- First Fold (Single Turn): Roll dough into a 8x24" rectangle. Fold in thirds like a letter. Chill 30 min.
- o **Second Fold:** Rotate 90°, roll again to 8x24", fold in thirds. Chill 30 min.
- Third Fold: Repeat one last time. Chill overnight for best flavor.

Day 3: Shape & Bake

1. Roll & Cut:

- o Roll dough into a 9x24" rectangle, about 1/4" thick.
- Cut into 12 long triangles (base ~3.5", height ~9").

2. Shape Croissants:

Make a small slit at the base of each triangle.

- o Roll from base to tip, gently stretching as you go.
- o Place on a parchment-lined tray, tip-side down.

3. **Proof:**

○ Cover loosely and let rise in a warm spot for 1.5–2 hours, until puffy and jiggly.

4. Egg Wash & Bake:

- o Preheat oven to 400°F (200°C).
- o Mix egg + milk, brush gently on croissants.
- o Bake 18–22 minutes, until deep golden brown.

ENJOY!!