

HANDBOOK 2021-2023

EMIMEO

Erasmus Master on Innovative
Microwave Electronics and Optics



Co-funded by the
Erasmus+ Programme
of the European Union





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Project Summary

The EMIMEO Masters offers a programme centred on microwave engineering and photonic technologies which **ensures that students acquire advanced and cross-disciplinary expertise**. In a context of increasing demand of research and industrial applications around these topics, EMIMEO Masters is a concrete solution to improve the number of highly qualified students for feeding the research labs and for meeting the demand of industry. EMIMEO is a thoroughly integrated programme with a **jointly developed curriculum**. Areas covered range from the fundamentals of microwave electronics and photonics to their implementations with new technologies in wired and wireless communications, moving from components to system architectures for communication systems and networks.

The **project partners** are: The University of Limoges (UNILIM, France), the University of Brescia (UNIBS, Italy), Aston University (UK), and the University of the Basque Country (UPV/EHU, Spain). The associated partner University of Cluj-Napoca (Romania) will also contribute to the learning programme. A panel of 15 industrial Associated Partners, including SMEs, large companies and associations, will support the EMIMEO programme through concrete contributions and will constitute an effective network for Master's theses with the prospect for future career development.

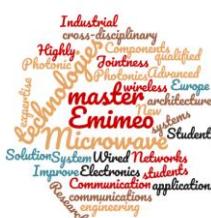
The Master study programme is divided into **four semesters of 30 ECTS each**. The first three semesters are based on lectures, lab exercises and laboratory sessions, while the last one is based on independent work related to the Master thesis.

The **first-year programme** combines the contributions of modules of Masters of UNILIM and of UNIBS: with a first placement period in France and then in Italy the mobility scheme offers a synergic programme of fundamentals in analogue and nonlinear electronics and photonics.

Students in the **second year** will move to one of the four partner institutions intensifying their study around one of the four paths and the associated and dedicated lab equipment for the third semester (S3): Active Management of Power Waves (AMPW) at UNILIM, Remote Sensing (RS) at UNIBS, Communication Systems and Networking (CSN) at ASTON, Instrumentation and Control Systems (ICS) at UPV/EHU. The mobility at this point can widen the student's choice with respect to the offer of each single university. Finally, the Master thesis (fourth semester) can be carried out in any of the partner institutions or associate partners, under the guidance of a professor from one of the partner universities.

English will be the official language of the Masters programme.

In order to be eligible for admission, the applicant should have been gained within a Bachelor degree programme (180 ECTS at time of application) in Electrical Engineering, Electronics, Telecommunication Engineering, Computer Science or Physics. Admission criteria are based on applicant personal records, demonstrated potential motivation and language skills.





Our Project Consortium

EMIMEO - Erasmus Master on Innovative Microwave Electronics and Optics

offers a programme centered on microwave engineering and photonic technologies which ensures that students acquire advanced and cross-disciplinary expertise.

As a graduate of the EMIMEO Master, students will have thorough scientific knowledge from analogue microwave electronics and photonics.

Thorough knowledge of the general principles of microwave electronics and photonics

- Insight into the latest innovations in the field of technologies for electronics and optics
- Insight into the latest innovations in the field of control and analog/digital systems
- Proficiency in translating this knowledge into useful technological applications
- Extensive analytic and synthetic problem-solving capacities
- Sufficient scientific background to undertake research

Year 1	S1	UNILIM+UTCN 	<ul style="list-style-type: none">• Basics of active and nonlinear electronics• Foundations of electromagnetic wave propagation• Fundamentals of coherent photonics• Optoelectronics, provided by UTCN
	S2	UNIBS+ UTCN 	<ul style="list-style-type: none">• Microwave engineering• Nanophotonics• Optical communication networks• Antennas <ul style="list-style-type: none">• Wireless system laboratory• Practical chemistry for nanotechnology• Optical communication components <p>+ Research and Industrial Week in CLUJ (Organized by UTCN)</p>
Year 2	S3	UNILIM 	<ul style="list-style-type: none">• Antennas and EM compatibility for RF systems• Passive components and devices for RF systems• Nonlinear components and devices for RF systems• Printed electronics for telecom and energy harvesting• Telecom systems and networks• Advanced photonic sources and systems <p>CHOOSE ONE MODULE FROM:</p> <ul style="list-style-type: none">• Tutored projects on nonlinear fibre optics, antennas and nanotechnologies• Digital Modulation Channel Coding
	S4	UNIBS 	<ul style="list-style-type: none">• Nanotechnologies• Remote Sensing,<ul style="list-style-type: none">◦ Data Analysis◦ Data Acquisition• Electronics for telecommunications,<ul style="list-style-type: none">◦ Digital Systems for Signal Processing◦ Measurement and Instrumentation <p>CHOOSE ONE MODULE FROM:</p> <ul style="list-style-type: none">• Tutored projects on nonlinear fibre optics, antennas and nanotechnologies• Digital Modulation Channel Coding
DIPLOMA	Master Thesis	UPV/EHU 	<ul style="list-style-type: none">• RF and Microwave Measurement Techniques• RF and Microwave power components• Instrumentation and control for RF and microwave facilities• Noise and interferences• Sensors and sensor systems• Hardware/software advanced digital electronic systems• Software tools for system analysis and design• Control techniques for complex and distributed systems• Introduction to Data Science• Introduction to research methodology
	Master Thesis	ASTON 	<p>CHOOSE 3 MODULES FROM</p> <ul style="list-style-type: none">• Mobile Data Networks• Broadband Wireless Networks• Optical Communication Systems• Internet of Things





Erasmus Mundus Joint Master Degree

What is Erasmus Mundus ?

An Erasmus Mundus Joint Master Degree (EMJMD) is a co-operation and mobility programme in the field of higher education

The programme is funded by the European Commission under the Erasmus+ program. The international study programme is jointly delivered by an international consortium of Higher Education Institutions (HEIs) from different countries. Other partners with specific expertise and interest in the study programme could participate in the implementation of the Erasmus Mundus projects.

An EMJMD promotes talent, innovation and internationalisation in the HEIs

Higher Education Institutions become a centre of excellence in learning and promoting multicultural dialogue through collaboration with young talent from all around the world as well as examples of best practices for HEIs in third countries.

An EMJMD promotes an integrated approach of the educational programmes

The integrated approach of the study programme shall boost the attractiveness of the European Higher Education Area (EHEA) and support the EU's external action in the field of higher education. The courses must be "integrated" in order to be eligible under Erasmus Mundus, which means that they must foresee a study period in at least two of the three universities and that it must lead to the award of a recognised double, multiple or joint diploma.

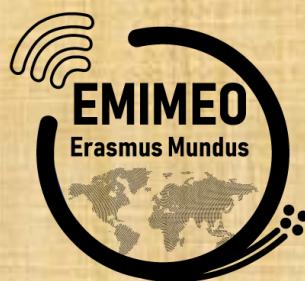
An EMJMD enhances HEIs visibility and employability

The selected EMJMDs will receive high levels of funding for four intakes of students to allow them to increase their worldwide visibility and reinforce their sustainability prospects, as well as it will improve the level of competences and skills of Master graduates and their employability.



With the support of the
Erasmus+ Programme
of the European Union

PRE-ARRIVAL IN EUROPE



Erasmus Mundus
on Innovative
Microwave
Electronics
and Optics



Visas & Residence Permits

Residence Permit for EU Citizens

CONDITIONS TO STAY

You shall have a **valid identity document or passport**, and you shall not be a threat to public order.

CONDITIONS TO ARRIVE IN FRANCE

You shall:

- **Be enrolled** in an institution for the purpose of pursuing, as a principal activity, studies or vocational training.
- Have **health and maternity insurance**, and ensure that you and, possibly, your family members have sufficient resources to avoid becoming a burden on the French social assistance system.
- Studied in a **public or private institution**. It must operate in accordance with the regulatory conditions (in particular approval or registration with the rectorate).

You are not required to have a residence permit.
*However, you have the right to apply for a residence permit
EU/EEA/Switzerland Citizen - Student*



Visas & Residence Permits

Visa and Residence Permit for non-EU citizens

CONDITIONS TO ARRIVE IN FRANCE (SCHENGEN AREA)

All students who are non-EU citizens need to **apply for a Student Visa** for France before joining the programme.

Regardless of your situation, the *Campus France* office in your country is at your disposal to help you to complete the procedures.

If you do not find a Campus France office in your country, please contact the coordinator of EMIMEO in order to receive the contact of French consular authorities in your country.



Visas & Residence Permits

WHAT IS THE MULTIPLE-ENTRY VLS-TS STUDENT VISA (VLS-TS "ÉTUDIANT" À ENTRÉES MULTIPLES)?

The student shall apply for a “Visa Mobilité”. The holders are entitled to travel outside of France and in the Schengen area for 24 months. Please be aware that you must have validated your visa to travel outside of France beyond the three months following your arrival in France.

During the first three months after your arrival in France, you are authorised to **travel freely outside of France and Schengen Area with your visa, even if you have not validated it.**

After these three months, however, **if you have not validated your visa and you travel outside of France, you will be required to apply for a new visa to return to France.**

For additional information, please visit the [official website](#) for visas in France. See also the European Commission [website](#)

WARNINGS

To apply for a student visa, the **following documents are generally required:**

- A valid passport
- Passport photo
- Entitlement to university admission (diplomas) and notification of admission from the university
- Evidence of previous academic performance
- Proof of financial support guarantee for one year
- Lodging certificate in the host country



Visas & Residence Permits

NOTA BENE

Visa issues demand **much time and attention**. Sometimes it might take up 3 months. For a more effective result, please start with the visa paperwork **as soon as possible**; be very concentrated when you prepare the documents for visas and residence permits applications. Pay attention to small details, such as photo format or amount of passport pages to be copied; double-check all your forms and the data you fill in. Always keep copies of originals (it's a good idea to have them in a digital form, too) **You should keep your Erasmus Mundus coordinator informed if you face visa problems**. If you would like to have your spouse or a child accompany you during your studies, be sure to inform your coordinator that this is the case as usually extra documents are needed for family members. In general, universities cannot provide invitations for family members of students, but you will certainly get assistance and referred to relevant sources of information.

You may request a resident permit in the
Schengen Area valid 2 years



COVID-19 statement

LEARNING ACTIVITIES & COCID-19

The academic activities will be running out in the next academic year despite the Covid-19 pandemic.

The learning activities are planned to be perform face-to-face but we are ready to resume classes in hybrid form, providing both in presence and online options if needed due to Covid-19.

Find more info [HERE](#)

[RE-OPEN EU](#) provides an overview of the health situation in European countries



Accommodation

A SPECIFIC OFFER AT THE LIMOGES UNIVERSITY

The University of Limoges has **reserved 250 homes with the CROUS Limoges** (an organization that manages residences and university restaurants).

You can benefit from one of these accommodations as you are Master's degree student, as part of a diploma in international partnership (signed convention).

The University of Limoges will vouch for you with the CROUS.

YOUR HOUSING'S OPTIONS

- Individual and furnished room with individual bathroom and toilet: **240€/month**.
- Individual studio all furnished with your own kitchen: From **360€/month to 400€/month**.

Deposit: 240€ for an individual room and 360€ for a studio

Internet: 8€ for your entire stay

Housing insurance (COMPULSORY): around 40€/year.



Accommodation

HOW COULD YOU APPLY FOR ACCOMMODATION AT THE LIMOGES UNIVERSITY?

You will have to share information requested by the EMIMEO Project Manager before the **end of June 2021**. He will file an online application for the room/studio's booking.

Applications must be made before June 30 for the following academic year and will be subject to availability. After this date, requests made will no longer be a priority.

PRIVATE SECTOR

If you do not want to live in the university student houses and would rather find a room yourself, especially on internet (there are always specific websites where ads are placed). **Usually, those websites are also in local languages, rather than in English.** By choosing the latter, you would certainly have more privacy and comfort, but generally, this option is **rather expensive**.

You can find offers on the following website:
<https://www.studapart.com/en>

We will add more information related to the Housing in Brescia, Bilbao and Aston in the following sections.



Preparing your Budget

DO YOU HAVE ANY SUFFICIENT FUNDS TO COVER YOUR ARRIVAL IN LIMOGES?

Erasmus+ scholarship holders will receive first instalments upon arrival. However, **it will take some time to arrange transfer to individual bank accounts**. Having a decent amount of cash on hand for the first few weeks can make life easier (**around €500 & €1000**).

Please find on the following slide some estimated costs.

CURRENCY

The local currency in Limoges is EURO. Remind you to change your money (currency) before coming to Limoges!



Preparing your Budget

ESTIMATED COSTS FOR YOUR STAY IN LIMOGES

Food and going out

- Breakfast: €3
- Meal at the university cafeteria: €3.70
- School supplies, phones, stamps, etc.: €400 / year
- Cinema, concerts, swimming pool, etc.: €300 / year
- A baguette: €0.95
- 1 kg of pasta: €1.50
- 1 litre of milk: €1.20
- 6 eggs: €1.50
- A fastfood meal: €7
- A meal in a restaurant: €12 to 35
- A sandwich from a bakery with a drink: €4 to 8

Transport

- Bike rental - V'Lim: €11 / month
- Public transport downtown Limoges: €29 / month
- Train (SNCF) - Paris / Limoges: €50 (average)

For any additional information, please get in touch with the Project Manager of EMIMEO



How to get to Limoges?

Please, give your best to arrive in Limoges on
Wednesday 01 September 2021, at the latest.

BY PLANE

An [international airport](#) Limoges-Bellegarde, northwest of the city center off the E603/D941, boasts flights connecting Limoges with (London, Paris, Manchester, Nice).

BY TRAIN

Limoges is connected to Paris (3 hours) and Bordeaux (1-1/2 hours) by Intercités trains, and to others by TER regional trains.

The grand Gare de Limoges-Bénédictins, bedecked with allegorical reliefs and decorations, is easily recognizable by its lofty clock tower.

The train station is an easy 16 to 20 minutes walk from the central Place de la République.

The Gare de Limoges-Bénédictins is also the city's Gare Routière (regional bus terminal).

For more information, please have a look at the [website](#).

Buses to nearby cities and towns are listed on the Departures and Arrivals notice boards along with the trains.

Before booking your trip or modifying your date of arrival, please get in touch with the EMIMEO Project Manager.



Before your arrival

PRE-ARRIVAL CHECK LIST

- Go through Campus France process and pay the application fees. (if needed).
- Proceed to your visa request once the Campus France process will be done and that you will be accepted.
- Confirm your accommodation in Limoges with the support of EMIMEO Project Manager.
- Make your travel arrangements. Confirm your arrival date at the Project Manager **as soon as possible**.

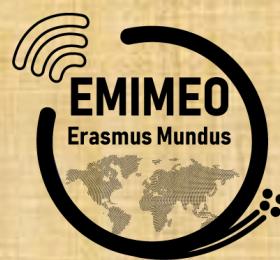


Before your arrival

WHAT TO PACK

- Birth certificate
- ID Documents (make 3 copies of your passport and student visa)
- Your original (legalized/certified) documents: academic degree awards, diploma supplement, transcript of records, English level certification, letter of admission
- Any documents regarding your medical situation (if needed)
- Medical certificates and vaccination records
- Glasses (if needed)
- Medication
- Travel documents
- Insurance documents (if needed)
- Marriage certificate (if needed)
- Digital copies of all your documents
- Personal Items

ARRIVAL IN FRANCE



Erasmus Mundus
on Innovative
Microwave
Electronics
and Optics



Enrolment at Limoges University

ENROLMENT

Even if you have been selected to participate in EMIMEO, **you will still have to enroll in each university where you will attend the classes throughout the entire program of study.**

The enrolment process is a means of recording data on students, and for institutions to provide important information to students. During the enrolment process students also declare that they will abide by the regulations of the universities concerned.

STEP 1

A **joint appointment** at the Registration office will be organized by the EMIMEO Project Manager.

Required original documents and certified translations if the **original documents** are not in English language.

List of required documents:

- A valid international passport
- Documentation of prior academic degree awards (certificates, transcripts & syllabus)
- High School Diploma
- English B1/C1 certificate
- Proof of residence of the last 5 years.



Enrolment at Limoges University

STEP 2

You will receive your **Student identification card** just after you have been registered. The Izly Student card is made in a credit card format with the following functions: as a library card in the university library; to copy on copiers and printers at the Limoges University; to have lunch at the University refectory, etc.

STEP 3

You shall **activate your online student account** straight away after receiving your Student Identification Card with a machine at your disposal at the Registration office.

Then, you will be able to access your student Intranet.

Please keep in mind that the legal admission to the courses becomes effective once you have been registered at Limoges University.



Bank account

WHY IS IT RECOMMENDED TO OPEN A BANK ACCOUNT AT YOUR ARRIVAL?

Opening a bank account in Europe is highly recommended to students coming from Third Countries, for the following main reasons:

- Your Erasmus Scholarship will be transferred to your European bank Account from the coordinating University
- since your credit card might not be accepted everywhere
- withdrawing money from a foreign bank account in Europe might result in paying additional fees.
- you will be able to request a European Bank Card as your credit card might not be accepted everywhere

In general, Europeans do not carry much cash around, and paying with bank cards is wide-spread.



Bank account

HOW MAY YOU OPEN A BANK ACCOUNT IN FRANCE?

You're free to open an account at the bank of your choice.

In some cases the bank might request the following documents to open a bank account:

- Proof of identity
- Proof of registration at Limoges University
- Proof of residence

ATTENTION

- Plan an appointment **as soon as** you arrive in France. Indeed, according to the bank policy, opening a bank account might take some time.
- Planning to open only one Bank Account once you're in Europe might **facilitate your stay**. Read carefully the Bank policies and international strategy in order to avoid any additional fees by ATM money withdrawal.
- Note that once you have opened a bank account, you can **request a credit card** but some banks could be reluctant to issue credit cards to students.

Please contact EMIMEO project Manager
for additional information.



Visa validation

HOW MIGHT YOU VALIDATE YOUR LONG-STAY VISA (VISA LONG SÉJOUR) UPON YOUR ARRIVAL IN FRANCE?

Upon your arrival in France, you must validate your long-stay visa valid as a residence permit (**VLS-TS, visa long séjour valant titre de séjour**). You have three months to take the necessary steps.

The EMIMEO Project Manager will organize a meeting with the Immigration office in Limoges for the validation of your visa

You must validate your VLS-TS visa within 3 months of arriving in France.

This entitles you to:

- Lawfully remain in France for your visa's entire validity period.
- Freely travel in the whole world, beyond the 3 months following your arrival.



Visa validation

WHAT DO YOU NEED TO VALIDATE YOUR VLS-TS VISA?

You shall provide:

- A valid email address
- Information on your visa
- Your date of arrival in France
- Your home address in France
- A bank card to pay the fee for issuing the residence permit
- Pay the stay tax of 60 euros, then your visa will be validated

What if you don't have a bank card.

You can buy an electronic stamp (**timbre électronique**) at a kiosque, at a dedicated terminal, and pay in cash.



Public transport

PUBLIC TRANSPORT IN LIMOGES

Limoges is one of the few French cities to have kept its **trolleybus network**. In operation since 1943, the system presently comprises five urban routes. Trolleybuses are popular in Limoges for their silent operation, their lack of pollution and their performance in the steep streets.

The local network includes public buses as well.

HOW COULD YOU TAKE OUT A SUBSCRIPTION?

You have to go to the bus shop called “POINT BUS” for any subscription.

POINT BUS
10 place Léon Betouille
87000 LIMOGES
<http://www.stcl.fr/>

In front of the city hall in Limoges, you will find the bus shop where you can buy your bus subscription or single ticket. Your passport for the registration will be requested.

Indicative prices:

- Under 26 years old: €22.50/ month
€90 /year
- Over 26 years old: €34.50 /month
€340 /year



Public transport

VLIM bike

You can also hire bikes at the **MAISON DU VLIM** situated at *boulevard de Fleurus*, near the tourism office.

Indicative prices:

- €1 per month
- Deposit: €200

Subscription:

Please find more information at the link [here](#).



Health care

A MEDICAL SERVICE ON CAMPUS

A medical facility welcomes patients free and **addresses all health problems.**

PREVENTION, CARE & ATTENTION

For any physical or mental health problem, consultations (no upfront costs) by appointment are provided by:

- General practitioners
- A psychiatrist and psychotherapist
- A doctor: gynaecological consultation
- doctors: consultation for respiratory diseases and diseases involving allergies
- A doctor: consultation to help quit smoking
- A psychologist

Nurses are at your disposal to offer any health advice relating to nutrition, contraception, sexuality, consumption of alcohol, cannabis, drugs... and there is also the possibility of support through psychotherapeutic relaxation. The service can also refer you to suitable organisations.

CONTACTS

Medical service (SUMPPS)	Social workers (CROUS)	Dr Fleurat François-Louis (Pôle de Santé BEAUBLANC)
+33 (0)555 43 57 70 sumpps@unilim.fr	+33 (0)555 43 17 17	+33 (0)555 10 38 28



French language courses

LEARNING FRENCH

The courses of French as a Foreign Language **are dedicated to all the international students from EMIMEO** so that they can improve their language and university methodology. The training provides courses in language and French civilisation for non-French speakers from beginner to advanced levels in order **to improve their French and discover French culture.**

Students receive a **warm, personal welcome and high quality training** taught by a team of professional teachers and various cultural activities.

TEACHERS ARE APPROCHABLE AND AVAILABLE

Thanks to framework measures such **as personalised support and tutoring**, the University of Limoges ensures the success of its students, which includes a success rate in the Bachelor's programme that is higher than the national average. Teachers are available to provide help and advice on the choice of orientation, reorientation and on all issues relating to university life. A recent survey showed that **students were satisfied with 82% of the teaching and hosting !**

[Brochure – French as a Foreign Language](#)



Library Services

The University libraries are located on each Campus

<https://www.unilim.fr/scd/>

Pleasant working spaces, many IT posts and reader services are made available to each student.

Our university libraries allow you to prepare for your exams in optimal conditions with long opening hours during the academic year and book loan due dates adapted to your needs (40 databases, 6000 journals online, electronic theses and scanned documents).

<http://aurore.unilim.fr/ori-oai-search/index.html>



Support of those with special needs

ACCESSIBLE AND CONSIDERATE

The Welcome and Support Office for Students with Special Needs helps students with special needs for a **better integration** into your student life, helps them pursue your studies and helps them with your professional integration.

AN INDIVIDUAL SUPPORT

- Evaluate your needs during the individual interviews
- Help you in your efforts, whether they are administrative or legal (constitution of file lodged with Departments of Handicapped persons, accessibility, suitable accommodation, etc.)
- Visit the premises, meet with the teaching, administrative and technical staff
- Find out about the rights and special provisions from which you may benefit
- Prepare for your exams (time surcharge, LSF communication interface, secretariat, accessibility...)

Please contact EMIMEO Project Manager
for additional information.



Culture & recreation

CULTURAL FESTIVAL

Limoges is famous for its festivals.

For instance the Festival international des Francophonies [International Festival of Francophonies]. The city today has a network of cultural facilities.

CULTURAL INFRASTRUCTURES & EXHIBITIONS

The Bibliothèque francophone multimédia [Multimedia Francophone Library] is one of the emblems of a city that wants to allow everyone access to knowledge and quality entertainment. The cultural offerings of Limoges also include a Zenith Concert Hall, aquatic centre, a conservatory, a renowned National Drama Centre, opera theatre and several museums... There are more than 20 exhibition halls and 28 cinemas, 5 municipal cultural centres and numerous exhibitions and events such as "Lire à Limoges", "Danse Emoi" or "Eclats d'Email".
The nightlife is also rich, with theme bars and night clubs all providing a festive and dynamic atmosphere.

SPORTS

Finally, since Limoges is the home of CSP Limoges, the most successful basketball club in France and regularly hosts top level competitions, it offers all the amenities necessary for the practice of recreational sport. With more than 310 clubs, almost all sports can be practiced. Playing sport in Limoges, you can also enjoy an exceptional setting, unspoilt nature and pure air...

Please follow us on the BAI's facebook page for additional events at Limoges University.



Limoges & its surroundings

A LARGE CITY IN THE HEART OF UNSPOILT NATURE

Limoges enjoys both the advantages of a big city and all the necessary sports and cultural facilities. It is also situated in the heart of unspoilt nature. Two and a half hours from the sea and the mountains, the joys of swimming and winter sports are easily accessible. With no less than 280,000 inhabitants in its urban area, Limoges is a major regional city of Nouvelle-Aquitaine.

IN THE LARGEST REGION OF FRANCE

This is the largest region of France. With 720 km of coastline, an exceptional diversity of landscapes, a mild and sunny climate, the region is a particularly coveted tourist destination with no less than 27 million tourists per year. Several locations are classified “Grand Site de France”, as is the case with regional natural parks such as the Marais Poitevin, the Millevaches plateau, the Dune du Pilat or the marine natural park of Arcachon Bay.

AN ECONOMIC CAPITAL

Economically, Limoges has a diversified economic base, rich in SMEs (13,000 companies, or 66,610 employees) and a number of big names in the industry: [Legrand](#), the world leader in products and systems for building electrical installations, the prestigious shoemaker [J.M WESTON](#), the porcelain manufacturer [Bernardaud](#), [Haviland](#), [Renault Trucks](#), etc.



Tips for living in France

THE FRENCH ART DE VIVRE

The French love the small things in life. They love culture, dining out, shopping and museums. France is a country of festivals, friendship and sharing, and it's well worth your while experiencing this.

Please [click here](#) for more information.

A PRACTICAL GUIDE FOR EATING IN FRANCE

Lunch, brunch or dinner, at home or out, regional or international. Depending on your mood, you can dine out, cook at home or have it delivered. The best way to eat, even in the country of the arts of the table, is still however you want.

Please, [click here](#) for more information.

THE CLIMATE AND THE WEATHER IN FRANCE

Overall, Metropolitan France enjoys a temperate climate. The weather is often mild but there are big differences between the seasons and regions. Keep that in mind while you're packing your bags.

Please [click here](#) for more information.

STUDENTS ENJOY NUMEROUS BENEFITS

Culture, travel, health and accommodation: in France, students enjoy many benefits and significant discounts.

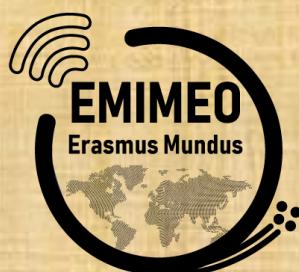
Please, [click here](#) for more information.



Important contacts

EMIMEO Secretariat	++33 (0)5 55 45 73 90
International Reception Office	+33 (0)5 55 14 90 85
Administrative centre for visa	+33(0)5 55 44 17 54
Emergency/Ambulance	112/15
Police	17
Fire	18
Late night pharmacy	15
Taxi services	+33 (0)5 55 38 38 38
SNCF (Train services)	3635

ARRIVAL IN ITALY



Erasmus Mundus
on Innovative
Microwave
Electronics
and Optics



How to get to Brescia?

Arrival in Brescia on indicative Basis around
Monday 14 February 2022

BY PLANE

The closest **airports** for domestic and international flights are:

- [Orio al Serio \(Bergamo\)](#)
- [Milano Linate Airport](#)
- [Milano Malpensa Airport](#)
- <https://www.milanairports.com/en>
- [Villafranca \(Verona\)](#)

Buses to reach the airports are available. You can find more information about timetables and ticket prices [here](#).

BY TRAIN

Brescia is on the Turin-Milan-Venice railway line. More information about trains and timetables can be found [here](#). Those arriving by train can reach the University of Brescia – UOC Mobilità Internazionale Studenti, Via San Faustino 74/b - from the railway station by taxi, bus or Underground.

For booking your trip or modifying your date of arrival, please get in touch with the EMIMEO Project Manager.



Enrolment at the Brescia University

LETTER OF ACCEPTANCE

The International Mobility Office, after receiving the nomination, will send **an acceptance email** to the Limoges University and to the nominated incoming students. An official **acceptance/invitation letter** will be issued only for non-EU citizens needing for visa matters (Visto per Studio) and for EU students on specific request.

ONLINE APPLICATION FORM

All the accepted students will receive an email containing the credentials to access the online application form to the University of Brescia. For further details and instructions on the application procedure please download the application guide (see the link below).

Please click [here](#) for additional instructions.



Enrolment at the Brescia University

WHEN YOU ARRIVE IN BRESCIA

All the incoming students need to have **their arrival certificate** signed and stamped as soon as they arrive in Brescia. That is very important in order to attest that the mobility period has begun and receive the Erasmus scholarship from the EMIMEO consortium.

List of required documents:

- Valid international passport
- documentation of prior academic degree awards (certificates & transcripts and syllabus)
- High School Diploma
- English B1 Certificate



Accommodation

A SPECIFIC OFFER AT BRESCIA UNIVERSITY

At Università degli Studi di Brescia, EMIMEO students will be accommodated at the University campus. Students cannot choose directly the residence nor a specific room type (single or double), but **we will do our best to meet any special needs** (i.e. for health or religious reasons).

Students who wish to find their own apartment outside of the campus, are free to check in the private market. The University collaborates with [HousingAnywhere.com](#) or [CERCOALLOGGIO](#) to help Erasmus students to find accommodation.

More info can be asked to the EMIMEO Project Manager.

YOUR HOUSING'S OPTIONS

- from a minimum of € 160,00 to a maximum of € 245,00 (double or single room)

Deposit: €310,00

HOW COULD YOU APPLY FOR ACCOMMODATION AT THE UNIVERSITY OF BRESCIA?

The project Manager will contact you in the first semester to proceed with the booking,



Public transport

PUBLIC TRANSPORT IN BRESCIA

The easiest way to get around in Brescia is by **bike** or **metro**. All EMIMEO students will receive a **free transportation pass** for the whole duration of their stay (metro/bus/bike). Please note that the pass will be available a few weeks after your arrival: make sure you buy your ticket for the metro/bus at automatic machines.

Check online for bus timetables, at the link [here](#). Brescia is connected with its province by **bus** (bus terminal SIA in Viale Stazione 14 and bus terminal Autostazione in Via Solferino 6) and local trains.

HOW COULD YOU GET TO THE UNIVERSITY?

From Brescia railway station to the campus (Via Valotti 3/b).

By Metro: from the railway station (direction Prealpino) get off at "Europa", cross the street and turn left in Via Valotti after 150m.

From campus to the International Student Mobility Office: take the metro direction "Sant'Eufemia" and get off at San Faustino. You will find the University main building 15m from the metro exit on your left.

Indicative prices:

1 ticket valid 90' cost €1,40 – Daily ticket €3,00

Subscription:

Please find more information at the link [here](#).

IMPORTANT: validate your ticket every time you get into the bus or metro



Public transport

BICIMIA BIKE SHARING

Bicimia is an innovative bike sharing system dedicated to all citizens, commuters and tourists who want to move around Brescia on bicycles in a simple and sustainable way. **Your free transportation pass will also include Bicimia service.**

Indicative prices:

- Up to 45 min. - Free
- From 45 min to 2h. - €1.00
- From 2 h to 3 h. - €2.00
- Over 3 h. - €5.00

For additional information, please click [here](#).



Italian language courses

LEARNING ITALIAN

The University of Brescia, in collaboration with C.I.S. - The Centre of Italian for Foreigners - Research, Training and Teaching, University of Bergamo, promotes various teaching activities, **courses and tuition of Italian Language for Foreigners**, according to the learner's initial level of competence. In addition to face learning, e-learning language activities and individual tuition support are offered.

The international Office at the University of Brescia will contact you upon your arrival in Italy and they will give you additional information.



Library Services

The University of Brescia has a **network of three libraries** (Business & law, with a historical Law branch, Medicine and Engineering) which occupy about 5,000 square meters with 321 seats for students and scholars in their rooms.

<https://en.unibs.it/libraries/libraries-university>

Printed library collections include over one hundred thousand monographs (among which 1,350 early printed books from the XVI Century to 1830) and 50,000 periodical volumes.

The digital library offers an array of resources and services in the university's buildings (and outside for authenticated users): over 30,000 electronic journals, thousands of e-books and 45 online databases



Culture & recreation

ART & CULTURE

Brescia is a wonderful province, where the Italian art and culture left an important heritage. In fact, the province of Brescia praises **three UNESCO World Heritage sites**.

The territory of Brescia is characterized by unique treasures, such as the "**Vittoriale degli Italiani**", the fascinating house-museum of Gabriele D'Annunzio, and the two city cathedrals of Brescia, which are considered to be extraordinary throughout northern and central Italy. Every year cultural events enliven this city of art and its province full of palaces, castles and mysterious legends.



Brescia & its surroundings

A HISTORIC CITY CLOSE TO LAKES AND MOUNTAINS

Italy boasts more World Heritage sites than any other country in the world. Brescia and its region will offer you beautiful tangible & intangible heritage sites, protected areas between the parks, lakes, and rivers. An active trip in Lombardy is the perfect opportunity to squeeze in a little digital detox while exploring the countless trails, bike paths, and mountain views. Lombardy with its grand lakes and numerous small basins, offers a unique mix of charms to lovers of lake tourism as well.

AN ATTRACTIVE REGION

Lombardy is the **first region in Italy for the quantity of foreign investment projects and capitals it attracts**. The region host more than 11.4 million of foreign tourists every year & more than 1.00 million of foreign national.

Lombardy **leads the way in development**: 6 science and technology parks, 182 innovative businesses, 11 CNR (National Research Council) Institutes and 267 in-house research institutes. 31% of Italian patents reconised by the EU are registered in Lombardy.

AN ECONOMIC REGION

The city is at the centre of the **second richest region in Italy** (GDP per capita). The economic system of Lombardy, is strongly oriented towards export and it is one with the highest rates of **entrepreneurship** in Europe. In 2012, more than 99% were small and medium-sized enterprises in the main following sectors are: mechanical, **electronics**, metallurgy, textiles, chemicals and petrochemicals, pharmaceuticals, food, publishing, footwear and furniture.



Tips for living in Italy

THE ITALIAN WAY OF LIVE: LA DOLCE VITA

Italians take the time to appreciate beauty, art and value of life. Italians have a passion for energetic lifestyle talking. On your stay in Italy, take the time to eat in a trattoria, drink a coffee at the counter or observe people of all ages and sizes engaged in animated conversations. Even the most rural of villages will have a piazza. Piazzas, however big or small, are the principal areas for gatherings, celebrations, festivals and political events. Piazzas reflect the Italian culture, they are always filled with animated people, strolling, walking, sitting, talking and laughing.

A PRATICAL GUIDE FOR EATING IN ITALY

Italy is rich in culinary history and the Italian people are very passionate with food. Each territory has its own culinary traditions & specialities.

A typical **Italian** meal begins with an antipasto (starter), followed by a primo (pasta, risotto or polenta, depending on the region and season), a secondo (meat or fish), a contorno (cooked vegetables or salad) and dolce (dessert).

THE CLIMATE AND THE WEATHER IN ITALY

With its hot, dry summers and cool, wet winters, Italy experiences a Mediterranean climate. Winters in Italy are cool and humid in the north and the mountainous zone. [click here](#) for more information.

STUDENTS ENJOY NUMEROUS BENEFITS

Culture, travel, health and accommodation: in Italy, students enjoy many benefits and significant discounts.



Important contacts

EMIMEO Secretariat

+33 (0)5 55 45 73 90

Local Contact Person

Emergency 112

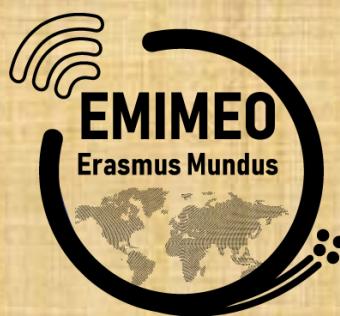
Police 112

Fire 115

ESN Brescia brescia@esn.it

Aegee Brescia +39 (0)333 820 111 3
Aegee.brescia@gmail.com

ARRIVAL IN SPAIN



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How to get to Bilbao/Leioa?

BY PLANE

The closest airports for domestic and international flights are:

- [Bilbao-Loiu Airport](#)
- [Santander Aiport](#)
- [Victoria Airport](#)
- [Pamplona Airport](#)

Bilbao Airport (Loiu) is approximately 10 km away from the city. Outside the arrivals lounge, buses run every 15 minutes to the city centre (6.15 am to 11.15 pm). The line terminates at the local bus station, TERMIBUS. From here, you can walk or take the metro almost everywhere in the city.

BY TRAIN

The central railway station, **Abando**, is connected to several international railway routes: [Spanish Railway National Network](#).

For booking your trip or modifying your date of arrival, please get in touch with the EMIMEO Project Manager.



Enrolment at the Basque Country University

INDICATIVE INFORMATION RELATED TO YOUR ENROLMENT

The student enrolments may be scheduled from July 2022 to September 2022. You will have to follow a specific process related to EMIMEO.

GENERAL DOCUMENTS FOR ALL THE STUDENTS

- Photocopy of your National ID card or passport (for non-Spanish nationals)
- Certified copy or photocopy and original (for comparison purposes) of your Undergraduate, Engineering Degree Certificate, Diploma. If the certificate is written in a language other than Spanish, Basque or English, then you must also submit a sworn translation of the contents
- English B1 Certificate
- A passport-size photograph of yourself
- documents attesting to your right to pay reduced public fees, or your exemption from paying said fees (where appropriate)
- Prior qualification recognition commitment, in the case of Erasmus students,
- Original degrees and transcripts with official translations if needed



Accommodation

A SPECIFIC OFFER AT THE BASQUE COUNTRY UNIVERSITY

Full information about housing and accommodation services offered by the UPV/EHU is provided by the International Relations Office:
<http://www.ehu.eus/en/web/nazioarteko-harremanak/en-international-relations>

YOUR HOUSING'S OPTIONS

Blas de Otero in Central Bilbao (economy weekly & monthly stays for international student application fee: €200 (refunded on the first month of stay).

Unamuno as 50 places in single rooms.
All our rooms are outwards facing, have private bathroom, heating.

HOW COULD YOU APPLY FOR A STAY AT BLAS DE OTERO?

Application opens in April 2021 for the next academic year. Unless you receive an official acceptance letter before that date, the list of admitted applicants is published on the residence website in July 2020.

PRIVATE SECTOR

Rented and shared flats are the options **for 95% of our international visitors at the university**. The usual procedure is to book a temporary room at a hostel, b&b or hotel for the first 2-3 nights in the city. Immediately upon arrival, students visit our help centre office and will receive assistance to get accommodation; this can be done in advance by email; in addition, there is a buddy service that will give advice and support to visiting students.



Public transport

PUBLIC TRANSPORTS IN BILBAO

Bilbao's [metro](#) covers the main points of the city. Travellers can use its two lines to get to beaches and attractive villages within the metropolitan area. The metro station entrances were designed by the prestigious architect Sir Norman Foster, and can be identified by a post with three interlinked red circles. Metro services run from 6 am every day, although the time of the last train varies: from Monday to Friday the Metro closes at 11 pm, and at weekends it is open non-stop until 11 pm on Sunday.

The **urban bus network** in Bilbao, [Bilbobus](#), covers all the districts in the city. It runs from approximately 6 am to 11 pm, although it varies depending on the line. It has a frequency of between 10 and 30 minutes. To get about at night at weekends there are night buses, known as Gautxoris, which run until 2 am on Fridays and all night on Saturdays.

At night it is a good idea to use **taxis** for convenience and speed.

Indicative prices:

1 ticket valid for one journey costs €1,30 for the bus and €1,60 for the metro.

Please, for additional information related to the subscription click [here](#).



Public transport

BILBAOBIZI BIKE SHARING

You can also rent a bike at San Agustin building, on the ground floor, Ernesto Erkoreka, 12.

Indicative price:
➤ €20.00/Year

For additional
information, please click
[here](#)



Health care

A MEDICAL SERVICE ON CAMPUS

For small accidents occurred on the campus, you can contact the **Prevention Service**: *Servicio de Prevención Campus of Biscay Aulario 2, Leioa.*

PREVENTION, CARE & ATTENTION

Other services available at the University of the Basque Country:

- [Dental Care Centre](#) at the Campus of Biscay,
- Psychological Support Unit (spa@ehu.eus), in the three campuses. They are both open to the public throughout the academic year.

CONTACTS

Hospital: +34 (0)94 443 47 92

Emergencies Unit: +34 (0)94 422 22 22

Osakidetza, Basque Healthcare Service

Basurto hospital: +34 (0)94 400 60 00

Cruces hospital: +34 (0)94 600 60 00

Galdakao hospital: +34 (0)94 400 70 00



Spanish language courses

LEARNING SPANISH

The extensive course is designed so that the student will acquire the skills and abilities needed **to negotiate their academic and cultural experiences in the upcoming months at the Basque Country University**. The extensive course is held over 15 weeks and the course content is divided into the following four units:

- FUNCTIONAL AND FORMAL CONTENTS
- WRITING
- READING AND LISTENING
- ORAL EXPRESION AND ORAL INTERACTION

During this course, the interaction is the center of the learning process providing a safe environment where to use the new language elements. The classroom becomes a **rehearsal space, a laboratory and a workshop** where students learn to observe and seek answers together with their classmates. Also, the use of technological tools and the realization of an activity outside the classroom allow more playful aspects to be an important part of the teaching Learning process.

[Website – Spanish as a Foreign Language](#)



Library Services

The library at the University of the Basque Country comprises **the central library in Leoa**, the koldo Mitxelena library in the campus of Araba and Carlos Santamaría in the campus of Gipuzkoa.

<https://www.ehu.eus/es/web/biblioteka/home>

Our library collection sums up over 1 million books, 17,000 magazines, 6,400 electronic publications, 88 specialized databases and 10,800 audiovisual materials.

All of our community members enjoy a certain number of computer amenities when registering at the UPV/EHU: email account, computer room access, free wifi service all over the campus and corporate information network access. Laptop lending services and room reservation for teamwork available. Computer rooms to be used with our /your own devices. Printing and scanning available.



Support of those with special needs

ACCESSIBLE AND CONSIDERATE

The Welcome and Support Office for Students with Special Needs helps students with special needs for a **better integration into their student life**, helps them pursue their studies and helps them with their professional integration.

AN INDIVIDUAL SUPPORT

Tailored support is offered to all members of our community with special needs:

- Various support products provided
- Magnetic loop available
- Adapted study-positions at libraries (joystick and magnifying glass)

Our Support Service for students with Special Needs works on an **individual & fully confidential way**.

Please contact EMIMEO Project Manager
for additional information.



Culture & recreation

CULTURAL FESTIVAL

Bilbao is famous for the “Semana Grande de Bilbao”. The festival, which name can be also translated as "Big Week of Bilbao", is organized every year. Bilbao is famous for its music festival called BBK Live or cultural festivals such as the Basque Fest or Loraldia Festival.

CULTURAL INFRASTRUCTURES & EXIBITIONS

The Guggenheim Museum is one of the most famous museums in Europe where a whole new focal point for culture and leisure has grown up. The Museum & cultural offer in Bilbao also include the Fine Art Museum, the Arriaga Theatre, the Euskalduna Jauregia.

SPORTS

Visitors at the Basque Country University can benefit from significant discounts in local gyms, take part in specially organised sport activities and sport courses (surf, aerobics, tennis, basketball, martial arts, Basque pelota...) or enrol on a number of competitions as full members of the local community.

Actually they are all enthusiastic about sports, including football. Bilbao has been the home of the Athletic Club since 1898. There are many sports complexes and stadiums in the city, which only confirms this fact. You can often meet cyclists because of its beautiful countryside, interesting towns and incredible gastronomy.



Bilbao & its surroundings

A STRONG CULTURAL IDENTITY

Bilbao is the largest city in the Basque Country.

There are **two official languages**: Basque and Spanish. Everyone knows Spanish, whereas Basque is a minority language; it is largely spread around. All roads, airports and administrative signs are written in both languages.

Food is also a milestone of Basque culture. In the Basque region, along with a popular conversation topic, food is always at the core of any social event and celebration. You cannot stay in the Basque Country without tasting the Pinchos.

A HOTSPOT TOURISTIC DESTINATION

Basque Country Tourism, the best way to discover a country with a great identity. From the avant-gardism of its cities to the tranquility of its coastal towns, this tourist proposal allows you to enjoy the essences of Euskadi. Emblematic landmarks of a magical land that have united to welcome the traveller with open arms and invite you to discover its history, nature and culture.

AN ECONOMIC CAPITAL

Bilbao, strategically situated on the Bay of Biscay, is located in the middle of the Atlantic Arc. Its metropolitan area groups together a population of one million inhabitants, although if we consider its hinterland within a radius of 400 km, the population included rises to more than 16 million people. In recent years, the presentation card of culture and infrastructures that place it among the most advanced of European cities as regards services and standards of living.



Tips for living in Spain

THE SPANISH ART DE VIVRE

Spanish people love to live outside. They love cultural activities, meeting with friends, dining out...

Please [click here](#) for more information.

A PRACTICAL GUIDE FOR EATING IN SPAIN

Breakfast and dinner are usually light meals, whereas lunch is usually a three-course meal. The usual eating times are: Breakfast from 8 to 10 am; lunch from 1.30 to 3.30pm and dinner from 9 to 10 pm.

Please, [click here](#) for more information.

THE CLIMATE AND THE WEATHER IN THE BASQUE COUNTRY

The usual weather in the Basque coastline, from Bilbao to Donostia-San Sebastián, is mild and humid. The average temperature varies from +10º C in the winter to an approximate +22ºC in summertime. Temperatures are more extreme (3º C to -5º C in the winter and around +25ºC in the summer months) and it doesn't rain so often.

Please, [click here](#) for more information.

STUDENTS ENJOY NUMEROUS BENEFITS

Culture, travel, health and accommodation: in Spain, students enjoy many benefits and significant discounts.

Please, [click here](#) for more information.

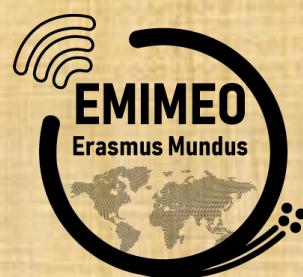


Important contacts

EMIMEO Secretariat	+33 (0)5 55 45 73 90
Emergency	112/15
Happy Erasmus Bilbao	info@erasmusbilbao.com
ESN Bilbao	esnbilbao@gmail.com
AEGEE Bilbao	Contact



ARRIVAL IN UNITED KINGDOM



Erasmus Mundus
on Innovative
Microwave
Electronics
and Optics



How to get to Birmingham?

BY PLANE

The closest airports for domestic and international flights are:

- [Birmingham Airport](#)
- [East Midlands Airport](#)
- [London Stansted Airport](#)
- [Manchester Airport](#)

Birmingham Airport is located ten minutes from Birmingham City Centre by train, and London is less than ninety minutes.

Birmingham Airport is connected to Birmingham International railway station via a monorail on the first floor of departures.

BY TRAIN

There are three city centre rail stations providing fast and frequent connections to both local and national destinations.

- [Birmingham International Station](#)
- [Birmingham New Street Station](#)
- [London Northwestern Railway](#)

For booking your trip or modifying your date of arrival, please get in touch with the EMIMEO Project Manager.



Enrolment at Aston University

WHAT TO DO BEFORE ARRIVING

Prior to arriving, you will have to be **pre-enrolled** for the period that you are here. Once your place for study has been confirmed, you will receive an email on how to complete the pre-enrolment process via MAP (My Aston Portal). You will need to upload a copy of your passport and visa (if necessary) as well as a photo for your uniCARD and fill out some details.

WHAT TO DO WHEN YOU ARRIVE

Arriving at the Aston campus will be an exciting time for yourself as this is just the start of an exciting journey with your time at Aston. There are a few steps you will need to take before to carry out your mobility to Aston. Please remember **to let the International Office know you have arrived at Aston**, as well as your academic point of contact.



Enrolment at Aston University

STEP 1

First of all, when you arrive, please **email your local point** of contact to let him know you have arrived and she/he will arrange a meeting to finalise any paperwork.

STEP 2

You will then be given a **brief orientation/induction** from Aston staff within the department you are visiting, ensuring that you understand the fire evacuation procedures and any other health and safety considerations. You will also receive a staff card which you should wear at all times around campus.

STEP 3

Once on campus you will have to carry out a face to face enrolment and this is where **you will get your uniCARD and any other documents relating to your mobility at Aston**. If you have a Tier 4 visa, you will need a Biometric Residence Permit (BRP) and this will need to be collected within 10 days of arriving from the collection point you selected, preferably being Aston University, which means you can collect it at your face to face enrolment.



Accommodation

A SPECIFIC OFFER AT ASTON

Accommodation is available on-campus to you as an Erasmus student if you are a full time student between September 2020.

We **guarantee** Aston University on-campus accommodation to the **first 40 full year (September – June) Erasmus and Exchange student applicants**, on a first-come first-serve basis. On-campus accommodation is also **guaranteed** for the **first 20 Erasmus or Exchange students** who are registering for **Teaching period 1** (September – January).

YOUR HOUSING'S OPTION

The apartments are quiet, secure and at the heart of the campus while still being less than 20 minutes' walk away from the city centre. The flats are fully furnished en-suites with double beds and a separate living/kitchen room. Bed linen and towels are provided and the kitchen is equipped with cutlery, plates, cups and other essentials.

Advance fee: £250 for an individual room

Renting prices (average): From £133 to £138/Week.



Accommodation

GENERAL ADVICE

Being one of the biggest cities in the UK, Birmingham is fortunate in the fact that it boasts a variety of **alternative accommodation** types for both students and staff. These include:

- Private student halls
- Conference Aston
- Shared houses
- Flats/Studios
- Hotels

We recommend that you search for your accommodation in advance, in particular if you are looking for shared/private housing. We also recommend that you arrive in the UK early so you can view properties and make arrangements in person. If you look outside Aston Student Homes for accommodation, please be careful which accommodation agencies you are using, as there are certain laws and regulations that must be followed. Please remember that the University cannot recommend off-campus accommodation properties, but it provides a list to help guide your search with the information available from staff at ARC. If you are going to be arriving to the UK later than what office staff work (normally past 5pm Monday – Friday) or on a Saturday/Sunday, please make arrangements so that your keys are available to you at the time you arrive by consulting with the accommodation provider to ensure security/out-of-hours staff are aware of your arrival. This would apply for both campus and alternative accommodation.



Public transports

PUBLIC TRANSPORT IN ASTON

Birmingham is brilliant for buses. There's a huge network linking everyone to everything.

Network West Midlands has all the online timetables and fare information you need with easy ticket buying and route planning.

Alternatively, call **0871 200 22 33** for timetable information (Calls from landlines cost 10p per minute) or visit Centro's many information points around the city.

More and more **local buses have facilities such as low floors for easy access for wheelchair users and pushchairs**. Birmingham buses can't be hailed to be stopped; passengers wishing to board or leave a bus, should do so at an official bus stop.

Please remember that you need to give the exact fare to the driver as you board.

TAXI IN ASTON

TOA stands for **Taxi Owners' Association** – a not-for-profit Friendly Society wholly owned and run by its members: the taxi drivers themselves. This arrangement is unique for a Birmingham taxi firm, and it helps TOA to attract high quality.

T.O.A TAXIS's website:
<https://www.toataxis.co.uk/>



How to get to Aston?

FROM BIRMINGHAM INTERNATIONAL RAYWAY STATION

From there you can take a 15 minute train ride to Birmingham New Street Station. Campus is then a 20 minute walk or 10 minute taxi ride. Alternatively, you can get a taxi directly to campus from Birmingham Airport, which will take 30 to 40 minutes.

View our arrivals video on YouTube:
www.youtube.com/watch?v=JjAM6onB-CU

For booking your trip or modifying your date of arrival, please get in touch with the EMIMEO Project Manager.



Health care

A MEDICAL SERVICE

The nearest **NHS doctor's surgery (general practitioner/GP)** to campus is the Halcyon Medical Centre. It is based in the Lower Ground Floor of Boots (opposite Marks and Spencer) on High St in Birmingham city centre, about half a mile from campus and is open seven days a week. It forms part of the Birmingham Health Care Floor in Boots which includes additional services such as a Sexual Health Clinic, Dental Outreach and a Walk-in Centre.

MEDICAL EMERGENCIES

On campus: If you need an ambulance or other emergency service, please call Security on 2222 - do **not** call the ambulance service direct, as Security need to allow access to these services and need to know the exact location of the emergency. This will help to improve response times of the emergency services.

Off campus - If you need immediate medical assistance (for example because of an accident) you should telephone 999, which is a free phone number. Your call will be put through to an operator who will ask which emergency service you require (Fire, Police, Ambulance).



Health care

THE COUNSELLING & MENTAL WELLBEING SERVICE

The Counselling and Mental Wellbeing Service is a confidential and professional service, staffed by qualified, experienced counsellors, psychotherapists and a mental health specialist.

Meeting with one of our team members offers you the opportunity to discuss issues that may be affecting you either personally, or in your academic work.

You can benefit face-to-face sessions for students on Campus, and also SKYPE appointments and ecounselling on placement or who are distance and transitional learners.

CONTACTS

Appointments can be made through the Hub in person (first floor of the main building), by telephone: 0044 (0)121 204 4007 or you can email the Counselling and Mental Wellbeing Service on counselling@aston.ac.uk.

Mental Health Specialist offers drop-in sessions three times a week in the ARC – 1st floor Students’ Union. These sessions provide opportunity for students to discuss mental wellbeing / mental health issues. These are bookable by calling in at the ARC reception, calling 0044 (0)121 204 4848, or email advice@aston.ac.uk.



English language courses

IMPROVE YOUR ENGLISH

At Aston expectations regarding your ability to understand and follow lectures, participate actively in seminars, deliver effective presentations and submit appropriate written assignments are high. All international undergraduate, postgraduate and research students are entitled to **free English language support tutorials which will help to meet these expectations.**

One-to-one English language tutorials can help you to:

- Improve accuracy and fluency in spoken and written English
- Learn specialist vocabulary used in your chosen field of academic study
- Use academic style and English grammar more effectively
- Give presentations- practice with us and receive feedback
- Write assignments, including dissertations, project reports and theses
- Enhance your English pronunciation

[Website – English courses](#)



Library Services

You **automatically become a member of the University Library** at enrolment. The barcode on your uniCARD shows your Library membership number. You must use your uniCARD to get into the Library and to take books out. The Library has over 2017-18 1000 reader places, group working spaces and extensive IT equipment. Library 2 (MB 225) offers additional study space in the Main Building.

The Library contains over 148,000 volumes, with access to 120,000 journals (electronic and print) and 179,000 e-books across all subject areas. Reservations can be placed on specific titles that are in high demand. <http://libguides aston.ac.uk/az.php>.

Support is available from the Help Point on the Ground floor of the Library, staffed 9am till 6pm, Monday to Friday in term-time. Staff and students can also email enquiries (library@aston.ac.uk) and book appointments with one of the Information Specialists. If you have any questions about Library Services, you can Live Chat or post questions via AsktheLibrary: <http://libanswers aston.ac.uk/>.



Support of those with special needs

ACCESSIBLE AND CONSIDERATE

The Enabling Team provides **advice and guidance** if you have a disability. The team will help to **co-ordinate any support** you require if you have a physical, sensory or hidden disability, or specific learning difference. The service is confidential, and will liaise with teaching and other support staff within the University to help make adjustments which support your studies if you give permission to do so.

AN INDIVIDUAL SUPPORT

Tailored support is offered to all members of the community with special needs:

- Provide free screening and partly fund full diagnostic assessments if you think you may have a specific learning difference such as dyslexia and would like help with this.
- Offer group study skills sessions and drop-in sessions with a dyslexia specialist.
- Liaise with external providers to arrange for non-medical helpers for Aston students. We also have an 'in-house' non-medical-helper service.
- Assist you with applications for the Disabled Students' Allowance (DSA) and other sources of funding.
- Advise teaching teams about the provision of individual examination arrangements and teaching adaptations (with your consent).
- Make arrangements for Personal Evacuation Plans.



Culture & recreation

THINGS TO DO IN BIRMINGHAM

Birmingham is the UK's biggest city outside of London, with **a wide range of cultural, social and sporting attractions**. It is the home to some of the best shopping centres, as well as numerous museums, art galleries and sporting venues. Birmingham is also renowned for our street food scene, with Digbeth Dining Club every Friday and Saturday evening, the Balti Triangle and China Town. You will definitely have something to do in your free time!

CULTURAL INFRASTRUCTURES & EXIBITIONS

There are over [50 festivals](#) each year and a whole range of bars and restaurants with cuisines from all over the world. Birmingham counts plenty of [Museums and Galleries](#) promoting local and international cultural heritage. [Electric Cinema](#) is the oldest working cinema in the UK.

SPORTS

Interested in taking part in some sort of sport? [The Sir Doug Ellis Woodcock Sports Centre](#) offers high quality sports facilities, including a 25m swimming pool, 100+ station gym, sports halls, squash courts, dance and martial arts studios and a range of fitness classes. Actually they are all enthusiastic about sports, including football.

Birmingham is renowned across the world as a venue for competitive sport. The city has some of the most exciting venues for watching or participating in sport in the UK, including [Arena Birmingham](#), Alexander Stadium, [Villa Park](#) and [Edgbaston Stadium](#).



Birmingham & its surroundings

AN INTERNATIONAL HUB

Birmingham is Britain's **second city and is internationally recognised as a leader in leisure, entertainment, shopping and sport**. Birmingham is an international centre for business, commerce and industry and attracts over 25 million visitors each year and the global Mercer Quality of Living Report 2017 recently placed Birmingham the second best city in England for quality of life.

WELCOME TO THE WEST MIDLANDS

Discover dynamic cities, charming green towns or wide-open spaces, the areas of the West Midlands present an exciting mix of backdrops, activities and unique experiences.

Here you'll find an eclectic assembly of people, cultures and areas that are rich in history and industrial innovation, we have given birth to world-famous manufacturing, culture and literature. The **renaissance of the West Midlands is unceasing** - Coventry is set to become the UK's 2021 City of Culture, and Birmingham will host the 2022 Commonwealth Games, putting the region firmly in the global spotlight.

AN ECONOMIC CAPITAL

The West Midlands was the **birthplace of the industrial revolution and has a long history in manufacturing**. The Science & Innovation Audit for the West Midlands has identified **five key technology themes** for the region: advanced materials, sustainable construction, energy storage and systems, medical technology & healthcare, and transport technologies. While a significant proportion of economic activity is centred on the Birmingham conurbation, the region has a number of other fairly large economic centres such as the city of Coventry and the North Staffordshire district.



Important contacts & links

EMIMEO Secretariat +33 (0)5 55 45 73 90

Local Contact Person

Student adviser +44(0)121 204 4007
thehubs@aston.ac.uk

Aston Student's Union +44 (0)121 204 4855
union.reception@aston.ac.uk

Student copy shop +44(0)121 204 4834
copy.shop@aston.ac.uk

University Reception reception@aston.ac.uk

Ambulance: 999 or 112

Fire 999 or 112

Police 999 or 112