

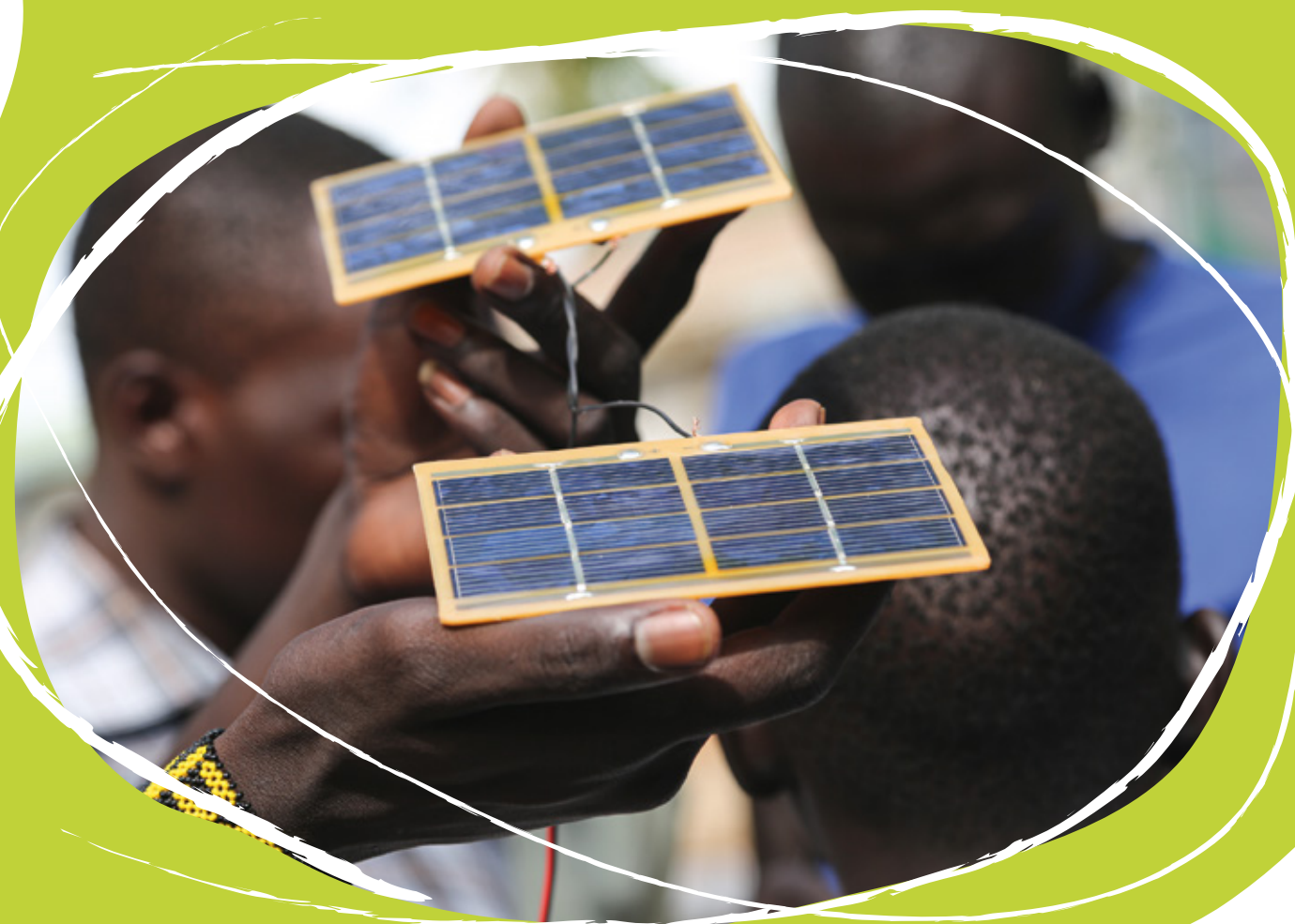
#ASKnet

Access to Skills and Knowledge network

OPEN HARDWARE GUIDE

Pioneering Open Tech Innovation from South Sudan

SECOND EDITION



PARTNER INFO / CREDITS

PARTNER ORGANISATIONS

#ASKnet – Access to Skills & Knowledge network
#ASKnet is a South Sudanese led cross-border consortium of community driven organisations with an aim to build a transformative and sustainable open society and a professional media skills ecosystem. The network provides access to a range of open source knowledge and information, media and IT related training as well as community oriented hands-on skills. The members of #ASKnet address local community challenges, support empowerment with knowledge and skills, inspire regional innovation and creativity, and engage peacebuilding and community empowerment among all members of society.

icebauhaus is the German partner in the international icehubs-network of green-tech & social innovation hubs, geared towards a bottom-up strategy that combines both local and international trends with state-of-the-art technological developments. icebauhaus' work is primarily project-based and community oriented. The members are experts in various academic disciplines, entrepreneurs and generalists with a great deal of background experience and experiences: ICT in agriculture [ICT4ag], experimental building & low-cost housing, tech hubs, maker spaces and innovation networks.

r0g_agency for open culture and critical transformation gGmbH focuses on model social innovation and peacebuilding projects embedded primarily in communities experiencing post-conflict development. Its network aims to influence policy from the ground up, to inform and create more robust forms of civil society outcomes – bringing together arts, culture, open technologies and hands-on action for empowerment and skills training. r0g_agency's work taps into the power and breadth of contemporary free and public domain resources including open educational resources [OERs], free open source software [FOSS], open hardware, open data and open knowledge repositories.

Hive Colab started in 2010 as the first technology innovation and incubation space in Uganda, Hive Colab has a passion for solving the country's social and economic challenges, including introducing more

women to tech entrepreneurship. Hive Colab has worked with over 300 youths in economic empowerment through computer science training and human centred design idea generation. As a result, over 50 social tech businesses and enterprises have been created and supported.

PROJECT FUNDING & CREDITS

#ASKnet is supported by r0g_agency (Berlin, Germany) and Hive Colab (Kampala, Uganda) as implementing partners. The project in the period of 2022-2025 is funded by the German Federal Ministry for Economic Cooperation and Development (BMZ). <https://www.bmz.de/en/>

This Open Hardware Guide #OHG Second Edition is an update and re-edition of the outcome of the "Let's go JHUB" workshop in open technologies hosted by Hive Colab in Kampala and the Panyadol Self-Help Secondary School in Bweyale, Uganda in November 2016. That workshop gave birth to #ASKnet - the Access to Skills and Knowledge open tech emergency case, which has been used in peacebuilding and skills development contexts in South Sudan, Uganda and Cameroon. The #OHG is intended to act as an example of DIY hands-on skills possibilities in open hardware methodologies, acting as an introduction to resources and as a tangible tool for trainers, facilitators and anyone interested in exploring open technologies.

<https://openculture.agency>
<https://askotec.openculture.agency>
<https://icebauhaus.com>
<http://hivecolab.org>

#ASKnet #OHG #openculture #ASKotec

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<https://creativecommons.org/licenses/by-sa/4.0/>

Example #1

Phone Stand

CC-BY-SA (digital) CERN-OHL-P-2.0 (hardware)

Tools:

scissors
ruler
cutter
flat space
mobile phone

Materials

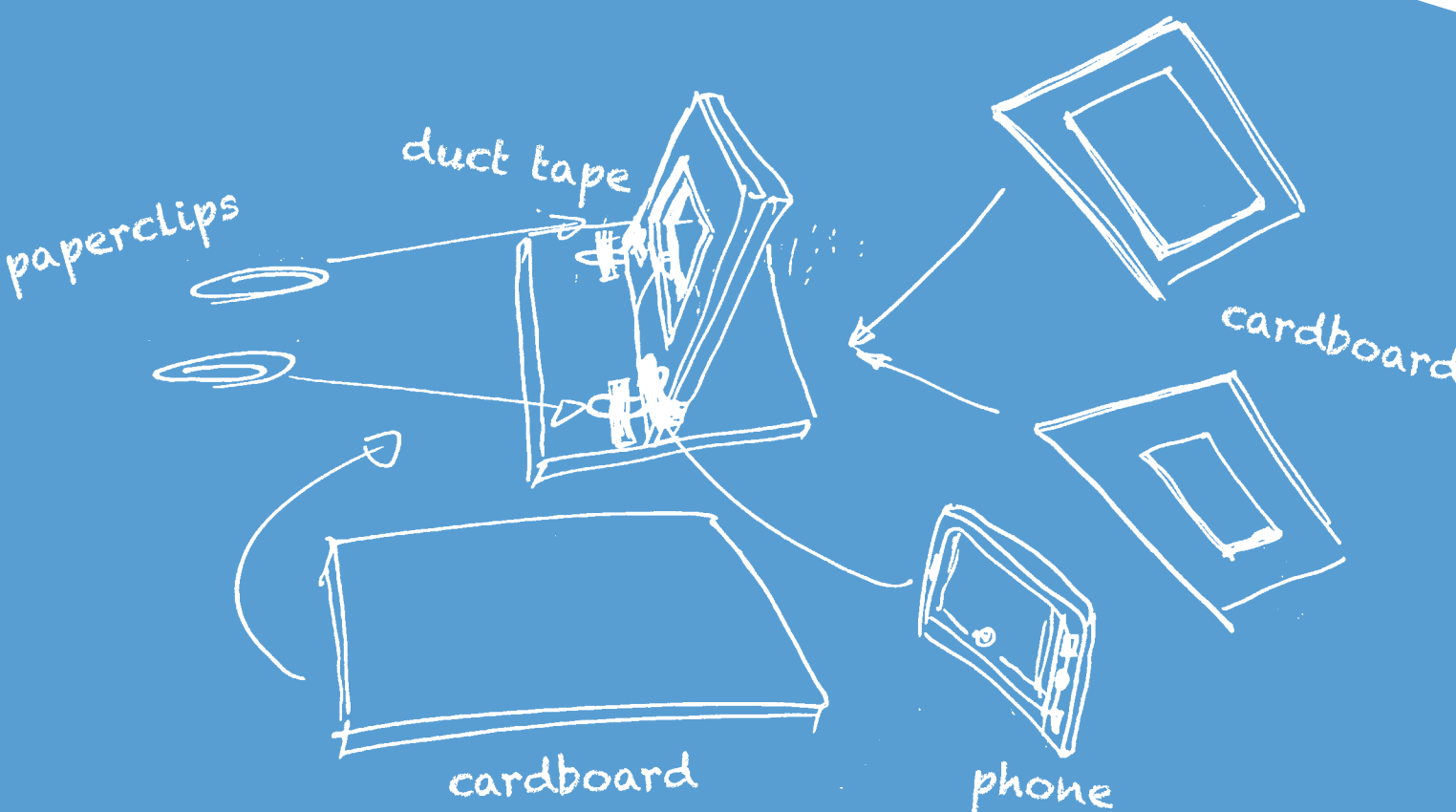
cardboards
liquid glue
paper clips
tape (optional)

Tips and Usage

- Keep away from water
- Portable, flexible and easy to maintain

Steps:

- 1 Preparation of working space
- 2 Get the cardboard and place on the table
- 3 Measure the length and thickness of the phone and choose outside measure
- 4 Start cutting the back of the phone holder
- 5 Measure the phone holder part if not done already and cut the phone stand.
- 6 Cut the side flaps and glue them together, depending on the phone size
- 7 Cover it with duct/gaffer tape (optional)



- 8 Insert the phone in the back of the phone holder
- 9 Join the top flap with stand using paper clips



Open for improvements

- Make some extra holes on phone holder in order to charge your phone directly.
- Make extra holes for the headset
- Make holes to support the volume side

Open Questions:

- What other materials are possible?

Example #2

LED Light

CC-BY-SA (digital) CERN-OHL-P-2.0 (hardware)

Tools:

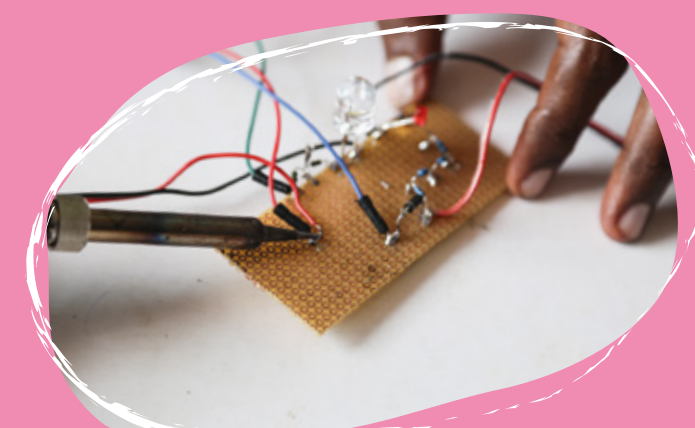
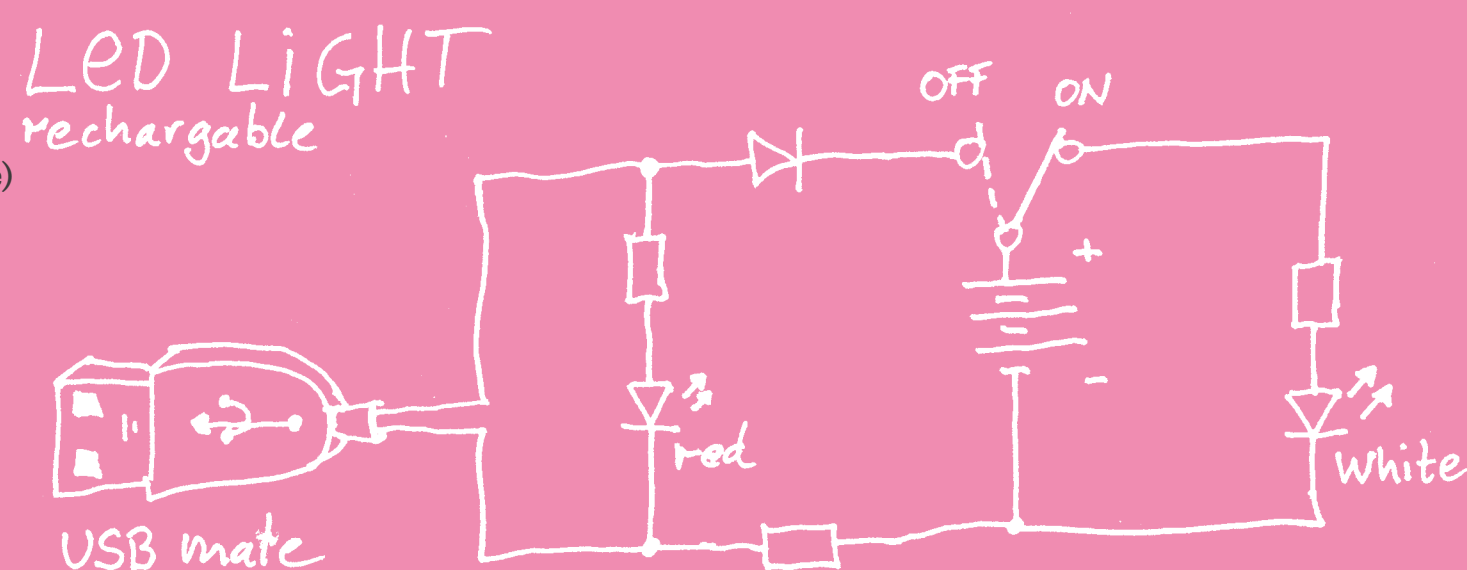
Breadboard (test circuit board) + wires
Helping hand (magnifier & clamps)
Multimeter
Soldering iron plus support
Soldering wire

Materials

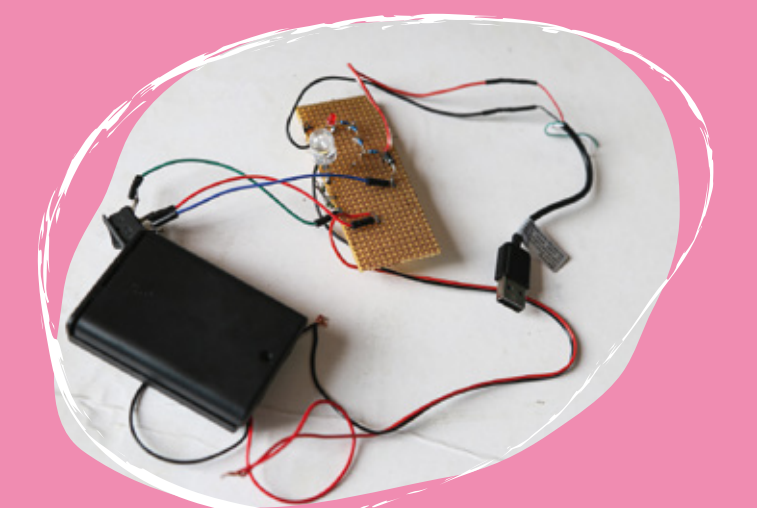
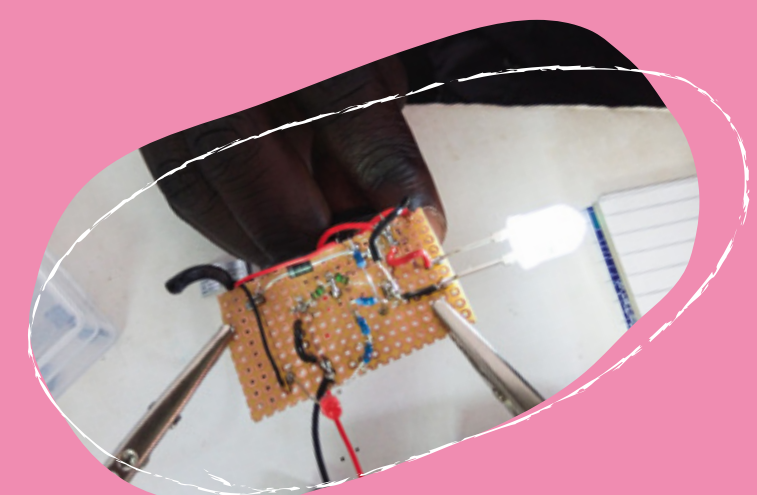
Resistors (600, 25, 10 Ohm)
USB (male)
Red LED 2V
Big white LED 3V
Switch
Diode

Steps:

- 1 Measure battery voltage
- 2 Calculate and sort out resistors
- 3 Measure and cut circuit board
- 4 Identify the negative and positive lines
- 5 Start to solder the resistors (solder on board)



- 6 Solder the big LED lamp
- 7 Connect the batteries and LED to the switch
- 8 Solder charging red LED
- 9 Light up the big LED



Open for improvements

- Show red LED only when charging
- Build a casing

Open Questions:

- How to prevent the battery from discharging too much over time with simple electronics?

Example #3

Solar Charger

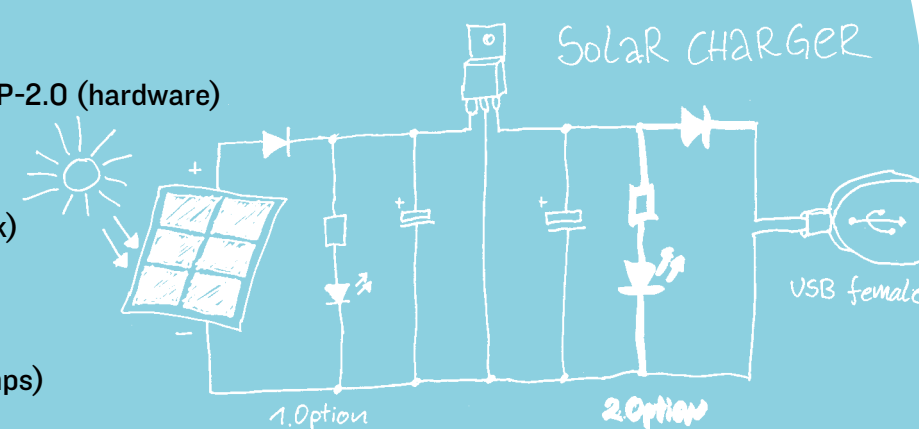
CC-BY-SA (digital) CERN-OHL-P-2.0 (hardware)

Tools:

Color-coded wire (red and black)
Soldering iron
Soldering grease
Soldering Sucker
Helping hand (magnifier & clamps)
Soldering wires

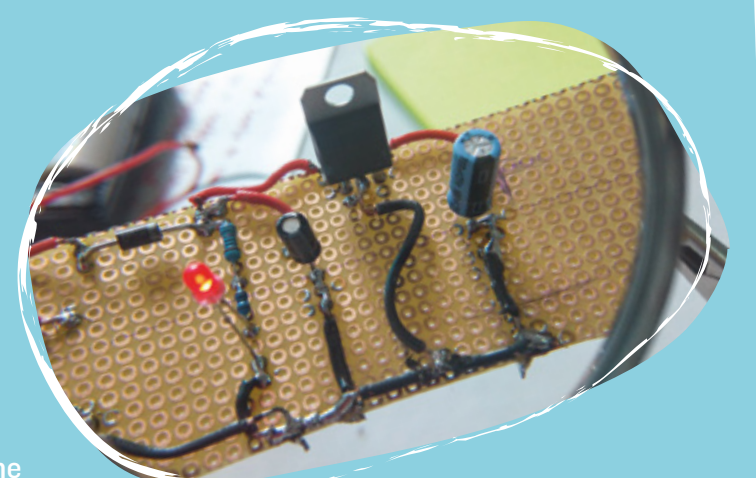
Materials

Solar panel 8V +/- 250mA
Resistor 1200 Ohm (1. option)
Resistor 600 Ohm (2. option)
1 Diode (for either Option 1 or Option 2, Option 2 is recommended)
Capacitor one 10 µF
Capacitor two 100 µF
Female USB
5V Regulator
Circuit board
LED light (red one)



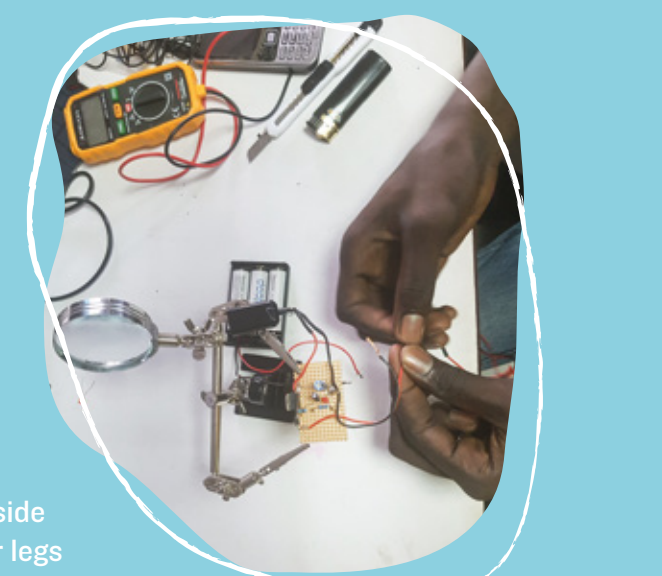
Steps:

- 1 Draw diagram of the charger for easy understanding (optional)
- 2 Open your ASKotec kit for tools
- 3 Get circuit board and solder the diode and LED in place
- 4 Solder the resistor in the front of the LED
- 5 Connect to the LED lights to the negative side



Tips and Usage

- Can be used for charging phones
- Environmentally friendly
- Saves money
- Test with mobile phone or LED light



- 6 Solder the capacitors with long side connected to the outer regulator legs
- 7 Fix regulator with black side facing you and connect between diode and resistor
- 8 Connect the other side of the regulator to the capacitor (long side connected)
- 9 Connect all the negative sides together
- 10 Cross the middle pin to the negative with side to LED
- 11 Behind the diode (1. option) or to the right capacitor connect the positive wire from solar panel and the other negative to the negative side
- 12 Connect female USB. Positive on red and negative on black
- 13 Test the Solar Charger in the sun



Open for improvements

- Build a casing

Open Questions:

- How to find + and - wires on female USB (if not red and black)?
- What if somebody has no access to materials, how to use old electronics?

What is Open Hardware?

Introduction

Open Hardware (OH) or “Open Source Hardware (OSHW) is a term for tangible artefacts — machines, devices, or other physical things — whose design has been released to the public in such a way that anyone can make, modify, distribute, and use those things.”[1]

- The general benefits of open source methods and open tech innovation are:
- Access to knowledge and product designs
- Fast and distributed exchange of skills and knowledge
- Accelerated innovation due to collaborative development
- Low development costs and more expertise
- Easy adaptation and customization

What do you need for Open Tech?

Tools & Materials:
Depends on the technology. Always try local sourcing first!

Licence Example:
A proper licence for the product design. For design-files, digital work: cc-by-sa Creative Commons License)[2]
For hardware, functionality: CERN-OHL-P-2.0 (Open Hardware License)[3]

Open Source Software: Linux and platform independent if possible. Examples: see section Resources

- [1] www.oshwa.org/definition
- [2] www.creativecommons.org/licenses/by-sa/4.0/
- [3] www.ohwr.org/cernohl

AfricaOSH www.africaosh.com/
AfricaOSH is a pan-African community of makers and educators who are dedicated to advancing open science and hardware across the continent.

GOSH <https://openhardware.science/>
The Gathering for Open Science Hardware serves the needs of the global community through meetings, publications and common activities.



Open Tech Skills

Training and Team

Experience
Improvisations
Motivational Skills
Creativity
Basic Tool Skills
Knowledge
Good Listening
Hopeful
Time Management Skills
Entertaining
Passionate
Mission
Commitment
Social Skills
Hands-on Skills
Explanation Skills
Technical Skills
Approachability
Visionable
Flexibility
Word Skills

Open Tech Linux Software Installation

(on Ubuntu based OS)

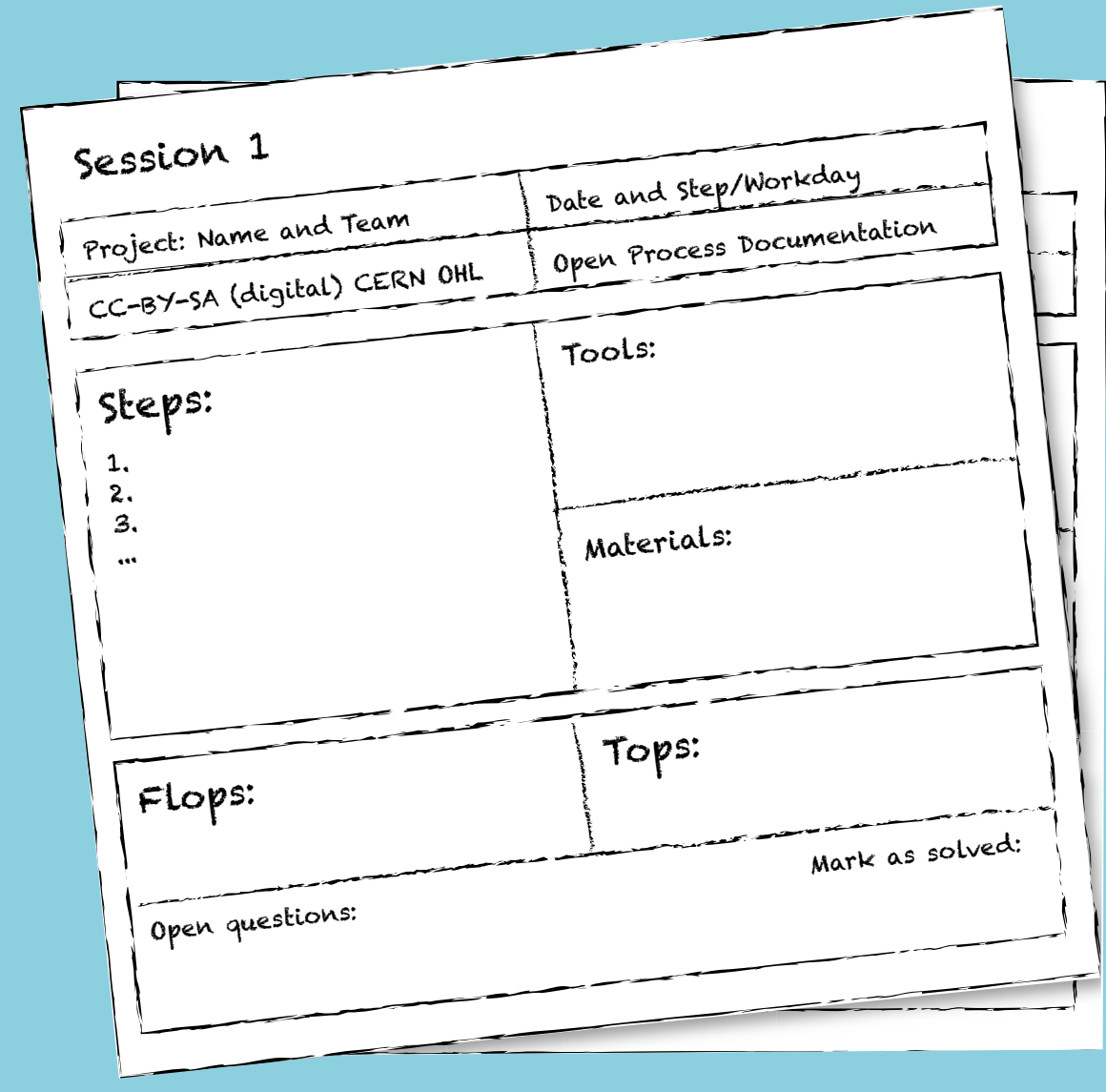
Please run:
sudo apt update
sudo apt upgrade

sudo apt install gdebi software-properties-common libavcodec-extra ffmpeg
redshift firefox libreoffice shutter vlc pinta pdfshuffler geogebra darktable gthumb
trash-cli gimp inkscape openshot kazam audacity kdenlive freecad libreCAD
frizting kicad

Open Hardware Process - Documentation Principles

One key instrument of Open Hardware is clear documentation. In order to stay on track while developing or adapting a product, it is highly recommended to document the process to create an easy pattern to follow: Open Hardware Guide. This saves time and prototyping iterations.

Therefore good sketches and pictures of the steps are needed, that trace the development process clearly and simply in the order that it happens. The following template might help as you take important notes along the way:



Steps: Follow all working procedures & note the process step-by-step in the order it happens. Keep it clear and simple, note additional tips or details.

Flops & Tops: What went wrong and should be avoided? What went right and is noted as best practice?

Open Questions: What challenges, problems still need to be solved?(NB: This section is key to make progress and help others to participate in the process and get on board the project)

Open Process Documentation - Open Tech Guide

Using your Open Process Documentation (OPD) the next part is to create a clean and visualised Open Tech Guide for the current version. This Guide is key to empower further development and innovation.

| | |
|---------------------------------|---------------------|
| Project: Name and Team | Date of release |
| CC-BY-SA (digital) CERN OHL | Open Hardware Guide |
| Steps: 1. 2. 3. ... | Tools: |
| | Materials: |
| | Tips and usage: |
| Possible improvements: | Open questions: |

+ References (weblinks, credits, resources, if available)
Check the Open Documentation Guide:
<https://openculture.agency/open-educational-resources/>

EXPLORE! IF YOU FIND AN ERROR ... CHECK THE RESOURCES, FIX IT, MODIFY IT AND KEEP DOING GREAT STUFF!

#ASKotec

Access to Skills and Knowledge – open tech emergency kit

Freely sharable and collaboration based Open Technologies are a form of Open Source that can also act as accelerators for peace and empowerment.
A versatile, robust and mobile trainer’s kit with more than 40 items designed to tackle a range of basic education, innovation and self-training challenges #ASKotec enables “Access to Skills & Development” in the field ... anywhere! It provides tools and materials to learn and distribute knowledge and product development.

The kit contains: basic electronics and connections, soldering and cutting tools, mechanical and measurement tools, a Linux computer and some adapters and guidelines and additional things to get creative and start innovation on the spot.

The kit can be used on site, in the field and can function as a startup tool-set for building a co-working space, learning hub or any other innovation community setup.
It is designed to be modular, mobile and adaptable to any location or situation to share knowledge and empower innovation.

#ASKotec was created by the participants of the Let’s Go jHUB project.

Check it out!

<https://askotec.openculture.agency/>
‘Access to Skills and Knowledge Open Tech Emergency Case’ is a resource kit for community trainers, designed as a light and handy mobile workshop creation set, equipped with a broad range of items needed to teach others hands-on skills. The kit is especially valuable to communities where access to tools, power and materials is often scarce.

#ASKotec contents may include:

- Books (1 jHUB booklet, 1 solar book, 1 Open Learning Guide)
- 1 small trainers notepad
- 1 blue HP notebook (Linux Elementary OS installed)
- 1 clipboard with paper
- 1 protractor / square rule
- 1 pencil pouch (pen, pencil, ruler, cutter, 9V battery w/ wire connection, USB current meter, small Post-It Notes, highlighter, pencil sharpener, saw blades, small brush, 16GB USB memory stick)
- twine
- 1 pair of scissors
- 1 ‘helping hand’ tool with magnifying glass
- 1 travel plug adapter
- 1 upgrade electronics kit
- 1 little electronics box (incl. solar charger pieces)
- 1 first aid kit incl. burn ointment
- 3 circuit boards
- 2 bread boards
- 4 x 4V solar panels
- I2V solar panel with adapter (in box)
- foam padding for PC
- small multimeter
- crocodile clips, jumper wires, twin wires
- 2 packets of 4 rechargeable AA batteries (2000 mAh)
- 3 x AA battery cases with switch
- 1 bag of switches
- 1 big multimeter
- 1 soldering kit (3 extra wires, 2 rolls of solder, 1 sucker, 1 solder iron + stand, 1 pack of extra tips, soldering grease and solder remover)
- 1 wire stripper
- 1 universal mobile phone repair tool set
- assorted heat shrink tubes
- 1 pack of 4 USB plugs
- 2 sizes zip ties (black - short, colour - long)
- 1 small hacksaw
- 1 pair chopsticks
- 1 mechanical tool set (Black and Decker)
- disposable cleaning pads
- 2 sizes of small zip-lock bags (150 and 380 ml)
- 1 LED light strip
- 1 ASKotec table of contents + packing / unpacking guide
- 1 small combination padlock (for locking case itself)
- 1 coloured combination chain lock (for locking case to something secure)
- 1 black dustproof / waterproof hard case 520 x 415 x 195 mm



Resources

#ASKnet OPEN TRAINING:

#ASKtraining PLATFORM

https://training.asknet.community/modules/asktraining_overview/
Browse modules, assemble your training sequence, and easily adjust settings. Gain mastery over the #ASKtraining platform. Learn to navigate modules, resources, and filters effortlessly, empowering yourself to craft dynamic and engaging training sessions.

#ASKotec - BUILD YOUR OWN MOBILE MAKERSPACE

<https://training.asknet.community/modules/ASKotec-building/>
Learn how to build your own #ASKotec “Access to Skills and Knowledge - open tech emergency case” and follow the instructions and resources.

#ASKnet COMMUNITY REPAIR CAFE

<https://github.com/ASKnet-Open-Training/CommunityRepairCafe>
A community repair cafe offers tools and equipment where community members can bring in not working electronic devices for fixing or repair. Includes smartphones, cell phones, radios, power extension cables, solar panels, printers and solar lights.

#ASKtraining #ROSHOP

<https://training.asknet.community/modules/ROSHOP/>
Responsive Open Source Modular Housing Prototype (#ROSHOP)
Using open source tools and platforms, #ROSHOP is a media and digital culture informed housing prototype for complex post-conflict and politically unstable environments. Embracing citizen participation and strengthening community well-being, #ROSHOP supports learning with rapid development of quality building.

OPEN TECH, OPEN HARDWARE + ELECTRONICS:

OPEN! METHODS & TOOLS FOR COMMUNITY-BASED PRODUCT DEVELOPMENT

<https://opensource4design.net/>
Current practices of open source product development & concrete guidance to support design process efficiency of open source product development projects.

OPEN SOURCE HARDWARE ASSOCIATION

<https://www.oshwa.org>
Open hardware community ensuring technological knowledge is accessible to everyone. Collaborative development of technology that serves education, environmental sustainability, and human welfare.

OPEN SOURCE EDUCATION

<https://opensource.com/education/13/4/guide-open-source-education>
A guide to free and open source education. Stories about creating, adopting, and sharing open source solutions.

AFRIMAKERS

<http://www.afrimakers.org>
Empowers makers in Africa to develop sustainable projects using rapid prototyping to solve local challenges.

APPROPEDIA

http://www.appropedia.org/Welcome_to_Appropedia
Sharing knowledge to build rich, sustainable lives.

BRAILLERAP

<https://www.braillerap.org/en/index.html>
BrailleRap is an open source Braille embosser, originally derived from 3D printers. Use it to emboss not only text in any language on various media including paper, card, PCB, aluminum, into Braille vector graphics, but also plans of buildings, animal shapes or country maps.

CRITICAL MAKING

<https://criticalmaking.eu/>
Framework used by SalvageGarden in the practice of co-creating assistive devices. We focus on critical and socially responsible making to contribute to an open society via open source innovation.

OPEN HARDWARE CANVAS

<https://github.com/ohwmakers/ohcanvas>
Developed by Open Hardware Makers project. Clarify your hardware project idea and think strategically about project goals, plans, and the resources you’ll need.

IFIXIT

<https://www.ifixit.com>
The free repair guide for everything, written by everyone.

INSTRUCTABLES

<http://www.instructables.com>
Share what you make with the world, and tap into an ever-growing community of creative experts.

MAKER ACADEMY

<https://tolocar.org/en/academy/>
3D Design, Scanning, Printing - Learner Modules.
Demonstrate potential applications and to teach basic application skills as preparation for practical workshops that are typically offered in fab labs.

MAKERS MAKING CHANGE

<https://www.makersmakingchange.com/s/resources>
Assistive technology helps people with disabilities live, work, and play with more independence and live life to the fullest.

OPEN SOURCE ECOLOGY

<http://opensourceecology.org>
Open source industrial machines can be made for a fraction of commercial costs, designs shared online free, to create an open source economy which increases innovation by open collaboration.

PAPER-DUINO

https://paperpcb.dernulleffekt.de/doku.php?id=arduino_clones:arduino_clones_main
A compilation of Arduino clones CC-BY-SA 4.0 Int. by Wolfgang Spahn

SALVAGE GARDEN – Assistive Tech Makerspace

<https://salvage.garden/what-we-do/>
Community Makerspace Singapore, SEA, and globally focused on Assistive Tech, low-cost bespoke solutions for persons with disabilities, and openSourced hardware.

TINKERCAD

<https://www.tinkercad.com>
An excellent, intuitive, free and simple CAD tool for 3D Design, electronics & coding.

WIKI-HOW

<http://www.wikihow.com>
“We’re trying to help everyone on the planet learn how to do anything. Join us.”