

Curriculum Vitae
A. Solomon Kurz, Ph.D.
(Updated October 2019)

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GitHub: <https://github.com/ASKurz>

Google Scholar: <https://scholar.google.com/citations?user=bvaDZ9UAAAAJ&hl=en>

Open Science Framework: <https://osf.io/2t7j2/>

Education

- 2018 **Ph.D. in Clinical Psychology with an Interdisciplinary Graduate Minor in Applied Statistics**, University of Mississippi, University, MS,
Dissertation: "Mindfulness Meditation in the Lives of College Students Diagnosed with ADHD"
- 2013 **M.A. in Clinical Psychology**, University of Mississippi, University, MS
- 2010 **B.A. in Psychology, Cum Laude**, University of Washington, Seattle, WA

Postdoctoral Fellowship

- 2018–present **Postdoctoral Fellow**, OAA Advanced Fellowship in Mental Illness
Research & Treatment, VISN 17 Center of Excellence for Research on
Returning War Veterans, Waco, TX
Training Director: Richard W. Seim, Ph.D.
Advisor: Eric C. Meyer, Ph.D.

Awards and Honors

- 2017 **2016–2017 Clinical Graduate Student Research Achievement Award**,
University of Mississippi 4th Annual Conference on Psychological Science,
University, MS
- 2016 **Dissertation Fellowship**, University of Mississippi, University, MS
- 2015 & 2016 **Final Round Contestant**, University of Mississippi Three Minute Thesis
Competition, University, MS

2015 **Best Graduate Presentation**, University of Mississippi 2nd Annual Conference on Psychological Science, University, MS

2011–2013 **Graduate Fellowship**, University of Mississippi, Oxford, MS

2009 & 2010 **Dean's List**, University of Washington, Seattle, WA

Predoctoral Research Experience

2011–2017 **Research Assistant**, University of Mississippi, *Mississippi Center for Contextual Psychology*, Department of Psychology. Duties: Coordinated and mentored undergraduate research assistants; proposed, executed, and disseminated research studies.
Supervisors: Karen Kate Kellum, Ph.D., and Kelly G. Wilson, Ph.D.

2009–2011 **Research Volunteer**, University of Washington, *Addictive Behaviors Research Center*, Department of Psychology. Duties: Reviewed literature, analyzed data, and disseminated research.
Supervisors: Sarah Bowen, Ph.D., Joel Grow, Ph.D., and Alan Marlatt, Ph.D.

2009–2011 **Research Assistant**, University of Washington, *Center for the Study of Health and Risk Behaviors*, Department of Psychiatry. Duties: Coded Motivational Interviewing sessions, beta tested motile technology, administered consent forms, and disseminated research.
Supervisors: Sruti Desai, B.A., Tiara M. Dillworth, Ph.D., Irene Markman Geisner, Ph.D., Mary E. Larimer, Ph.D., Clayton Neighbors, Ph.D., Angela Mittmann, M.A., and Andrew P. Paves, Ph.D., and Ursula Whiteside, Ph.D.

2009 **Research Assistant**, University of Washington, *Department of Psychology*. Duties: Ran subjects for the Implicit Association Test.
Supervisors: Ricardo Contreras, M.B.A., M.S. and Anthony Greenwald, Ph.D.

Peer-Reviewed Articles

Kurz, A. S. (2019). Want to see more behavior? Consider institutional-level positive reinforcement. *Journal of Contextual Behavioral Science*, 14, 29–31.
<https://doi.org/10.1016/j.jcbs.2019.08.006> [OSF: <https://osf.io/3taer/>]

- Kurz, A. S.**, Johnson, Y. L., Kellum, K. K., & Wilson, K. G. (2019). How can process-based researchers bridge the gap between individuals and groups? Discover the dynamic p-technique. *Journal of Contextual Behavioral Science*, 13, 60–65. <https://doi.org/10.1016/j.jcbs.2019.07.001> [OSF: <https://osf.io/cbyj3/>]
- Flynn, M. K., **Kurz, A. S.**, & Berkout, O. V. (2019). Psychological inflexibility among Hispanic college students: Introducing the 6-item Acceptance and Action Questionnaire for Weight-related Difficulties. *Journal of Latinx Psychology*, 7, 123–136. <http://dx.doi.org/10.1037/lat0000110> [OSF: <https://osf.io/5m78r/>]
- Jacobson, E. H. K., Wilson, K. G., **Kurz, A. S.** (2018). Examining self-compassion in romantic relationships. *Journal of Contextual Behavioral Science*, 8, 69–73. <https://doi.org/10.1016/j.jcbs.2018.04.003>
- Drescher, C. F., Johnson, L. R., **Kurz, A. S.**, Scales, P. C., & Kiliho, R. P. (2018). A development assets approach in East Africa: Can Swahili measures capture adolescent competencies and ecological experiences? *Child & Youth Care Forum*, 47, 23–43. <https://doi.org/10.1007/s10566-017-9415-0>
- Kurz, A. S.**, Drescher, C. F., Chin, E. G., & Johnson, L. R. (2016). Measuring social desirability across language and gender: A comparison of Marlowe-Crowne Social Desirability Scale factor structures in English and Mandarin Chinese in Malaysia. *PsyCh Journal*, 5, 92–100. <https://doi.org/10.1002/pchj.124>
- Kurz, A. S.**, Flynn, M. K., & Bordieri, M. J. (2016). How Bayesian estimation might improve CBS measure development: A case study with body-image flexibility in Hispanic students. *Journal of Contextual Behavioral Science*, 5, 146–153. <https://doi.org/10.1016/j.jcbs.2016.07.005> [OSF: <https://osf.io/6dnna/>]
- Kurz, A. S.**, Bethay, J. S., & Ladner-Graham, J. M. (2014). Mediating the relation between workplace stressors and distress in ID support staff: Comparison between the roles of psychological inflexibility and coping styles. *Research in Developmental Disabilities*, 35, 2359–2370. <https://doi.org/10.1016/j.ridd.2014.06.003> [OSF: <https://osf.io/5r6qb/>]
- Bowen, S. & **Kurz, A. S.** (2012). Between-session practice and therapeutic alliance as predictors of mindfulness after mindfulness-based relapse prevention. *Journal of Clinical Psychology*, 68, 236–245. <https://doi.org/10.1002/jclp.20855> [OSF: <https://osf.io/2df7u/>]

Bowen, S. & **Kurz, A. S.** (2011). Smoking, nicotine dependence and motives to quit in Asian-American versus Caucasian college students. *Nicotine & Tobacco Research*, 14, 1235–1240. <https://doi.org/10.1093/ntr/ntr281>

Manuscripts Submitted for Publication

Karekla, M., Georgiou, N., Panayiotou, G., Sandoz, E. K., & **Kurz, A. S.** (2019). *Cognitive restructuring vs. defusion: Impact on craving, healthy and unhealthy food intake*. Manuscript submitted for publication.

Kurz, A. S., DeBeer, B. B., Kimbrel, N. A., Morissette, S. B., & Meyer, E. C. (2019). *Even with treatment, functional impairment and quality of life remain remarkably stable over two years in post-9/11 Iraq and Afghanistan war veterans*. Manuscript submitted for publication.

Meyer, E. C., Kimbrel, N. A., **Kurz, A. S.**, DeBeer, B. B., Kittel, J. A., Gulliver, S. B., & Morissette, S. B. (2019). *Psychological inflexibility mediates the impact of PTSD and depression symptoms on functional impairment in war veterans*. Manuscript submitted for publication.

Sandoz, E. K., & **Kurz, A. S.** (2019). *Making college matter: A preliminary evaluation of curriculum-based Acceptance and Commitment Training to increase values-based action in college students*. Manuscript submitted for publication.

Books

Kurz, A. S. (2019). *Statistical Rethinking with brms, ggplot2, and the tidyverse*. Retrieved from <https://bookdown.org/connect/#/apps/1850/access> [GitHub: <https://github.com/ASKurz/>]

Kurz, A. S. (2018). *recoding Introduction to Mediation, Moderation, and Conditional Process Analysis*. Retrieved from <https://bookdown.org/connect/#/apps/1523/access> [GitHub: <https://github.com/ASKurz/>]

Book Chapter

Wilson, K. G., Schnetzer, L., Flynn, M. K., & **Kurz, A. S.** (2012). Treating substance abuse with Acceptance and Commitment Therapy. In S.C. Hayes & M. Levin (Eds.) *Acceptance, mindfulness, values, and addictive behaviors: Counseling with contemporary Cognitive Behavioral Therapies*. Oakland, CA: New Harbinger.

Posters and Presentations

Kurz, A. S., DeBeer, B. B., Kimbrel, N. A., Morissette, S. D., & Meyer, E.C. (2019, July). Is it time for the AAQ-II to move over? Paper presented at the 3rd Annual Southeast Chapter of the Association for Contextual Behavioral Science Conference, Oxford, MS. [OSF: <https://osf.io/hcwuq/>]

Meyer, E. C., Kimbrel, N. A., Kittel, J. A., Corcoran, L, DeBeer, B., **Kurz, A. S.**, DeBeer, B., & Morissette, S. D. (2018, October). Prospective Predictors of Post-Deployment Functioning in Iraq/Afghanistan Veterans: A Mediation Model. Presented at the 3rd Annual San Antonio Combat PTSD Conference, San Antonio, TX.

Kurz, A. S., Wilson, K. G., & Kellum, K. K. (2017, October). Meditation and adult ADHD—Taking it day by day. Poster presented at the 2nd Annual Southeast Chapter of the Association for Contextual Behavioral Science Conference, Saint Petersburg, FL.

Smith, Katelyn D., **Kurz, A. S.**, Kellum, K. K., & Wilson, K. G. (2017, October). Slow and steady: There's no race to win. Poster presented at the second Southeastern Chapter for Contextual Behavioral Science Conference in Saint Petersburg, FL.

Kurz, A. S., Knowles, S. K., Kellum, K. K., & Wilson, K. G. (2017, April). Improving online survey behavior: Take two. Paper presented at the University of Mississippi 4th Annual Conference on Psychological Science, Oxford, MS.

Kurz, A. S., Wilson, K. G., & Kellum, K. K. (2016, May). A simple intervention for a neglected group: Mindfulness meditation in small groups for college students diagnosed with attention deficit/hyperactivity disorder. Paper presented at the 42nd Annual Convention for the Association for Behavioral Analysis International, Chicago, IL.

Bhambhani, Y., **Kurz, A. S.**, Wilson, K. G., & Kellum, K. K. (2016, May). Slow your roll: Using behavioral principles to decrease response speed in survey participants. Paper presented at the 42nd Annual Convention for the Association for Behavioral Analysis International, Chicago, IL.

Kurz, A. S., Kellum, K. K., & Wilson, K. G. (2015, May). Mindfulness meditation: Using statistics to ensure the behaviors of single subjects remain our primary analytic units. Paper presented at the 41st Annual Convention for the Association for Behavioral Analysis International, San Antonio, TX.

Johnson, Y. L., Black, A. K., **Kurz, A. S.**, Rogers, D. G., & Smitherman, T. A. (2015, June). Stress as a migraine trigger: A review of the experimental literature. Poster presented at the 57th American Headache Society Annual Scientific Meeting, Washington, DC.

Jacobson, E., **Kurz, A. S.**, Hebert, E., Kellum, K. K., & Wilson, K. G. (2015, May). Early bird gets the A: Is GPA related to when in the semester students participate in research studies, and does it matter? Paper presented at the 41st Annual Convention for the Association for Behavioral Analysis International, San Antonio, TX.

Kurz, A. S., Kellum, K. K., & Wilson, K. G. (2015, April). Blurring the lines between single-subject and group analyses: What smartphones and fancy stats can do for you. Paper presented at the University of Mississippi 2nd Annual Conference on Psychological Science, Oxford, MS.

Donald, L., **Kurz, A. S.**, Kellum, K. K., & Wilson, K. G. (2015, April). Worry, sleep quality, and meditation: Studying their day-to-day relations using a smartphone. Poster presented at the University of Mississippi 2nd Annual Conference on Psychological Science, Oxford, MS.

Reilly, T. R., Paul, A. D., **Kurz, A. S.**, Kellum, K. K., & Wilson, K. G. (2015, April). Single-case longitudinal study of the impact of mindfulness meditation on daily worry. Poster presented at the University of Mississippi 2nd Annual Conference on Psychological Science, Oxford, MS.

Kurz, A. S., Jacobson, E. H. K., Herbert, E. R., Kellum, K. K., & Wilson, K. G. (2015, March). Is questionnaire performance related to when in the semester students participate in research studies? Poster presented at the 1st Annual Southeast Chapter of the Association for Contextual Behavioral Science Conference, Lafayette, LA.

Kurz, A. S. (2015, March). Self-compassion as a construct: Accounting for sex. Paper presented at the 16th Annual Isom Student Gender Conference, Oxford, MS.

Kurz, A. S., Kellum, K. K., & Wilson, K. G. (2014, June). Mindfulness meditation: Daily diary methods and the single case. Paper presented at the 12th Annual World Conference for the Association for Contextual Behavioral Science, Minneapolis, MN.

Jacobson, E., Hebert, E., **Kurz, A. S.**, Wilson, K. G., & Kellum, K. K. (2014, June). Investigating the relation between self-compassion and values-based action in a sample of college students. Paper presented at the 12th Annual World Conference for the Association for Contextual Behavioral Science, Minneapolis, MN.

Kurz, A. S., Quittmeyer, L. S., Kellum, K. K., & Wilson, K. G. (2014, May). Mindfulness meditation and the single case. Paper presented at the 40th Annual Convention for the Association for Behavioral Analysis International, Chicago, IL.

Kurz, A. S., Kellum, K. K., & Wilson, K. G. (2014, May). Complex single case regression models: Why I'm excited about the dynamic-p. Paper presented at the 40th Annual Convention for the Association for Behavioral Analysis International, Chicago, IL.

Kellum, K. K., & **Kurz, A. S.** (2014, May). Number needed to treat: A tool for communicating the real world relevance of our interventions. Paper presented at the 40th Annual Convention for the Association for Behavioral Analysis International, Chicago, IL.

Dingus, C., Bethley, N., Flynn, M. K., Schnetzer, L. W., **Kurz, A. S.**, Wilson, K. G., & Kellum, K. K. (2014, May). When college gets hard: Exploring the relationship between coping strategy engagement and severity of stress. Paper presented at the 40th Annual Convention for the Association for Behavioral Analysis International, Chicago, IL.

- Williams, M., **Kurz, A. S.**, Kellum, K. K., & Wilson, K. G. (2014, May). Attention: What can meditation do? Paper presented at the 40th annual convention for the Association for Behavioral Analysis International, Chicago, IL.
- Reilly, T. R., **Kurz, A. S.**, Bethay, J. S., Graham-Ladner, J., Kellum, K. K., & Wilson, K. G. (2014, April). Contributors to psychological symptoms in staff serving clients with intellectual disabilities: Comparing two coping models. Poster presented at the University of Mississippi 1st Annual Conference on Psychological Science, Oxford, MS.
- Kurz, A. S.**, Wilson, K. G., & Kellum, K. K. (2013, May). Dismantling mindfulness meditation: Components of a brief intervention. Paper presented at the 39th Annual Convention for the Association for Behavior Analysis International, Minneapolis, MN.
- Flynn, M. K., **Kurz, A. S.**, Wilson, K. G., & Kellum, K. K. (2012, July). The effects of a values and goal setting intervention on academic-related outcomes in college students. Paper presented at the 10th Annual World Conference for the Association for Contextual Behavioral Science, Washington, D.C.
- Kurz, A. S.**, Flynn, M. K., Wilson, K. G., & Kellum, K. K. (2012, May). The effects of a values and goal setting intervention on academic-related outcomes in college students. Paper presented at the 38th Annual Convention for the Association for Behavior Analysis International, Seattle, WA.
- Lucas, N., **Kurz, A. S.**, Flynn, M. K., Schnetzer, L., Slater, R. M., Wilson, K. G., & Kellum, K. K. (2012, May). Stress in the modern world: An acceptance and commitment therapy-based approach to dealing with college stressors. Paper presented at the 38th Annual Convention for the Association for Behavior Analysis International, Seattle, WA.
- Kurz, A. S.** & Bowen, S. (2011, November). How do we increase mindfulness in mindfulness-based therapies?: The roles of homework compliance and therapeutic alliance. Poster presented at the 45th Annual Convention of the Association for Behavioral and Cognitive Therapies, Toronto, Ontario M5H 2L2.

Kurz, A., Bowen, S., & Marlatt, G. A. (2010, April). The relation between therapeutic alliance and mindfulness in Mindfulness-Based Relapse Prevention. Poster presented at the 31st Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Seattle, WA.

Neighbors, C., **Kurz, A.**, Roberts, T., Mittmann, A., & Chen, A. (2010, June). Defining Spring Break from the perspective of college students. Poster presented at the 33rd Annual Research Society on Alcoholism Scientific Meeting, San Antonio, TX.

Neighbors, C., Lindgren, K. P., DiBello, A., Jensen, M., & **Kurz, A.** (2010, January). Sex and confidence as moderators of the associations among one's own approval, perceived peer approval, and alcohol consumption. Poster presented at the 11th Annual Meeting of the Society for Personality and Social Psychology, Las Vegas, NV.

In-Service Training Presentations

Kurz, A. S. (2019, October). *Roots to branches*. Presentation at the VISN 17 Center of Excellence for Research on Returning War Veterans, Waco, TX.

Kurz, A. S. (2019, March). *Centers of gravity + grant proposal #1*. Presentation at the VISN 17 Center of Excellence for Research on Returning War Veterans, Waco, TX.

Public Outreach

Academic blog: <https://solomonkurz.netlify.com/post/>

Topics include: Bayesian regression, statistical power, general R programming

Batten, N-J. K., & **Kurz, A. S.** (2018, April). Evidence-based therapy for MST, PTSD, and SUD in veterans. Poster presented at the 2018 Sexual Assault Awareness Month Event for the Charlie Norwood VA Medical Center, Augusta, GA.

Workshops/Training Sessions Given

Up your data management game with Excel, University of Mississippi, University, MS, April 2017

Introduction to applied Bayesian data analysis using R, University of Mississippi, University, MS, Spring 2017

Ad Hoc Reviewer

American Journal of Epidemiology (with John Bentley, Ph.D.)

Behaviour Research and Therapy (with Kelly G. Wilson, Ph.D.)

Brazilian Journal of Psychiatry

Headache

Journal of Affective Disorders

Journal of Contextual Behavioral Science

Psychological Assessment (with Karen Kate Kellum, Ph.D.)

The Psychological Record

Teaching Experience

University of Mississippi

General Psychology (5 semesters)

Meditation in Daily Life (5 semesters), *Teacher of record*: Karen Kate Kellum, Ph.D.

Hometown Science (2 semesters), *Teacher of record*: Kelly G. Wilson, Ph.D.

Clinical Experience

2018–present **Study therapist, ACT-FX**, VISN 17 Center of Excellence for Research on Returning War Veterans, Waco, TX. Duties: Conducted individual therapy and participated in peer-supervision.

Supervisor: Eric C. Meyer, Ph.D.

2017–2018 **Clinical Psychology Intern, Trauma Psychology Track**, The Medical College of Georgia at Augusta University/ Charlie Norwood Veteran Affairs Medical Center, Augusta, GA. Duties: Conducted individual therapy and group, wrote assessment reports, and participated in peer-supervision.

Supervisors: Brian Apple, J.D. Psy.D., Nancy-Jane (Kim) Batten, Ph.D., Lorraine Braswell, Ph.D., Kimberly Hardiman, Ph.D., Jason Henle, Psy.D., Alex Mabe, Ph.D., Timothy Perry, Ph.D., Holly Tabernik, Ph.D., Jennifer L. Whitford, Ph.D., and Dustin E. Wright, Ph.D.

- 2012–2017 **Clinical Psychology Trainee**, Psychological Services Center, University of Mississippi, University, MS. Duties: Conducted individual therapy, participated in peer-supervision, and tended an after-hours crisis phone. *Supervisors*: Laura J. Dixon, Ph.D., Scott Gustafson, Ph.D., Alan M. Gross, Ph.D., Laura R. Johnson, Ph.D., Todd A. Smitherman, Ph.D., and Kelly G. Wilson, Ph.D.
- 2013–2014 **Therapist Intern**, Communicare, Oxford, MS. Duties: Conducted intake interviews and reports; gave individual, family, and group therapy; and wrote annual reports. *Supervisor*: Dixie Church, M.A., CMHT.
- 2012–2013 **Psychology Intern**, North Mississippi Regional Center, Oxford, MS. Duties: Gave individual therapy, conducted intellectual and behavioral assessments, and wrote behavior plans and annual reports. *Supervisor*: J. Scott Bethay, Ph.D.
- 2009–2011 **Volunteer Phone Worker and Trainer**, King County Crisis Clinic, Seattle, WA. Duties: Used a crisis intervention model to support and deescalate a wide range of callers. *Supervisors*: Jaime Hoffstetter, M.S.W., Rachel Lordkenaga, M.A., L.M.H.C., A.T.R., and Cliff Mills, M.S.W.

Specialized Clinical Training

- 2012, 2014, & 2016 **Acceptance and Commitment Therapy**. University of Mississippi. Two-and-a-half-day intensive training. *Instructor*: Kelly G. Wilson, Ph.D.
- 2010 **Relapse Prevention**. University of Washington. Two-day intensive training. *Instructors*: Sharon Hsu, Ph.D., Alan Marlatt, Ph.D., Chris Miller Ph.D., and Katie Witkiewitz, Ph.D.
- 2010 **Mindfulness-Based Relapse Prevention**. University of Washington. Three-day intensive training. *Instructors*: Sarah Bowen, Ph.D., and Joel Grow, Ph.D.

Statistical Software Skills

In both the *Mplus* and R computing environments, comfortable with contemporary data analysis methods, such as Bayesian estimation, multilevel modeling, structural equation modeling, and applications of the generalized linear model.

Memberships

Association for Contextual Behavioral Science

Society for the Improvement of Psychological Science

References

available upon request