

linear_regression_XYZ_MET-running_old

January 12, 2021

```
[1]: from helpers import pandas_helper as pdh
from helpers import math_helper as mth
from sensors.activpal import *
from utils import read_functions
from scipy.stats import linregress
import math
import numpy as np
import matplotlib.pyplot as plt
import pandas as pd
import datetime

activpal = Activpal()
activity_focus = 'rennen'
```

0.0.1 Method to retrieve DataFrame containing all information for regression

```
[2]: def get_regression_df(respondent, activity):
    start, stop = get_timestamps(respondent, activity)

    # read in all dataframes necessary
    respondents_df = pdh.read_csv_respondents()
    res_number = get_respondent_number(respondent)
    vyntus_df, min_index, max_index = get_vyntus_df(respondent,
    ↳ respondents_df['gewicht'][res_number], start, stop)
    raw_df = get_raw_df(respondent, min_index, max_index)

    # add met and mag acc to new dataframe
    new_df = pd.DataFrame(index=raw_df.index)
    new_df['mean_met'] = vyntus_df['met']
    new_df['sum_mag_acc'] = raw_df['mag_acc']

    # add features to new dataframe
    new_df['length'] = respondents_df['lengthe'][res_number] / 100
    new_df['weight'] = respondents_df['gewicht'][res_number]
    new_df['speed'] = raw_df['speed']
    new_df['bmi'] = mth.calculate_bmi(new_df['weight'], new_df['length'])
```

```

    new_df['gender'] = int(respondents_df['geslacht'][res_number].
↪replace('vrouw',str(0)).replace('man', str(1)))
    new_df['age_cat'] = respondents_df['leeftijdscategorie'][res_number]
    convert_age_to_number(new_df, "age_cat")
    new_df['sporter'] = respondents_df['sporter'][res_number]
    new_df['exercise_guideline_compliance'] = int(respondents_df['voldoet aan_
↪beweegrichtlijn 2nee17'][res_number].replace('ja', '1').replace('nee', '0'))
    new_df['does_muscle_bone_exercises'] = int(respondents_df['voldoet aan_
↪richtlijn bot en spierversterkende activiteiten'][res_number].replace('ja',
↪'1').replace('nee', '0'))
    new_df['balance_guideline_compliance'] = int(respondents_df['voldoet aan_
↪richtlijn balansoefeningen'][res_number].replace('ja', '1').replace('nee',
↪'0'))

    return new_df

def get_regression_dfs(respondents, activity):
    all_df = pd.DataFrame(index=pd.to_datetime([]))

    for cor in respondents:
        df = get_regression_df(cor, activity)
        print(cor + ' - ' + str(df['sum_mag_acc'].corr(df['mean_met'])))
        all_df = pd.concat([all_df, df])

    all_df.sort_index(inplace=True)
    print(all_df['sum_mag_acc'].corr(all_df['mean_met']))
    return all_df

```

0.0.2 Helper method, returning start and stop timestamps for an activity

```

[3]: def get_timestamps(respondent, activity):
    activities_df = read_functions.read_activities(respondent)
    start = activities_df.loc[activity].start
    stop = activities_df.loc[activity].stop

    return (start, stop)

```

```

[4]: def get_respondent_number(respondent):
    if ('BMRO' in respondent):
        return int(respondent.replace('BMRO', ''))

    if ('BMR' in respondent):
        return int(respondent.replace('BMR', ''))

```

0.0.3 Helper method, returning Vyntus (lab data)

The DataFrame contains MET and other information necessary for regression

The DataFrame is resampled to minutes by mean

```
[5]: def get_vyntus_df(respondent, weight, start, stop):
    vyntus_df = pdh.read_csv_vyntus(respondent)
    mask = (vyntus_df.index >= start) & (vyntus_df.index < stop)
    vyntus_df = vyntus_df.loc[mask]

    min_index = vyntus_df.index.min()
    max_index = vyntus_df.index.max()

    vyntus_df['vyn_V02'] = [float(vo2.replace(',', '.')) if type(vo2) == str
    ↪ else vo2 for vo2 in vyntus_df['vyn_V02']]
    vyntus_df['met'] = mth.calculate_met(vyntus_df['vyn_V02'], weight)

    vyntus_df = vyntus_df.resample('60s').mean()[:-1]

    return (vyntus_df, min_index, max_index)
```

0.0.4 Helper method, returning Activpal20

The DataFrame contains summation of magnitude of acceleration

The DataFrame is resampled to minutes by summation

```
[6]: def get_raw_df(respondent, start, stop):
    df = activpal.read_data(respondent, start, stop)

    mask = (df.index >= start) & (df.index < stop)
    df = df.loc[mask]

    df = df[['pal_accX', 'pal_accY', 'pal_accZ']].apply(mth.convert_value_to_g)
    df['mag_acc'] = mth.to_mag_acceleration(df['pal_accX'], df['pal_accY'],
    ↪ df['pal_accZ'])
    df['speed'] = get_speed(df['pal_accX'], df['pal_accY'], df['pal_accZ'])

    df = df.resample('60s').agg({'mag_acc': 'sum', 'speed': 'mean'})[:-1]

    return df
```

0.0.5 Helper method, from Colin

```
[7]: def convert_age_to_number(dataframe, age_category):
    age_conversion = {
        age_category: {
            "15-19": 0, "20-24": 1, "25-29": 2, "30-34": 3,
            "35-39": 4, "40-44": 5, "45-49": 6, "50-54": 7,
            "55-59": 8, "60-64": 9, "65-69": 10, "70-74": 11, "75-79": 12
        }
    }
    return dataframe.replace(age_conversion, inplace=True)
```

0.0.6 Method for speed, from Adnan

```
[8]: import scipy.integrate as it

def get_speed(x_acc, y_acc, z_acc):

    activpal_time = 0.05

    #x_vel = np.array(it.cumtrapz(x_acc, dx=activpal_time, initial=0 ))
    #y_vel = np.array(it.cumtrapz(y_acc, dx=activpal_time, initial=0 ))
    #z_vel = np.array(it.cumtrapz(z_acc, dx=activpal_time, initial=0 ))

    x_vel = np.array([sum(x_acc[:i]) * activpal_time for i in
↪range(len(x_acc))])
    y_vel = np.array([sum(y_acc[:i]) * activpal_time for i in
↪range(len(y_acc))])
    z_vel = np.array([sum(z_acc[:i]) * activpal_time for i in
↪range(len(z_acc))])

    return np.sqrt(x_vel ** 2 + y_vel **2 + z_vel ** 2)
```

0.0.7 Helper methods to plot various graphs

```
[9]: def plot_met(met, title = 'MET from lab data while running'):
    plt.ylabel('MET')
    plt.plot(met, marker = 'o')
    plt.title(title)

def plot_mag_acc(mag_acc, title = 'Accelerometer data while running'):
    plt.ylabel('Sum magnitude acceleration, g')
    plt.plot(mag_acc, marker = 'o')
```

```

plt.title(title)

def plot_lin_reg(x, y, xlabel = 'acceleration, g', ylabel = 'MET'):
    linreg = linregress(x, y)
    fx = np.array([x.min(), x.max()])
    fy = linreg.intercept + linreg.slope * fx

    plt.xlabel(xlabel)
    plt.ylabel(ylabel)
    plt.plot(x, y, 'o')
    plt.plot(fx, fy, '-')

def plot_pred_truth(pred_y, valid_y, title):
    plt.plot(range(len(pred_y)), pred_y, label='prediction', marker='o')
    plt.plot(range(len(valid_y)), valid_y, label='ground_truth', marker='o')

    plt.title(title)
    plt.ylabel('met')
    plt.xlabel('Prediction Number')
    plt.legend()

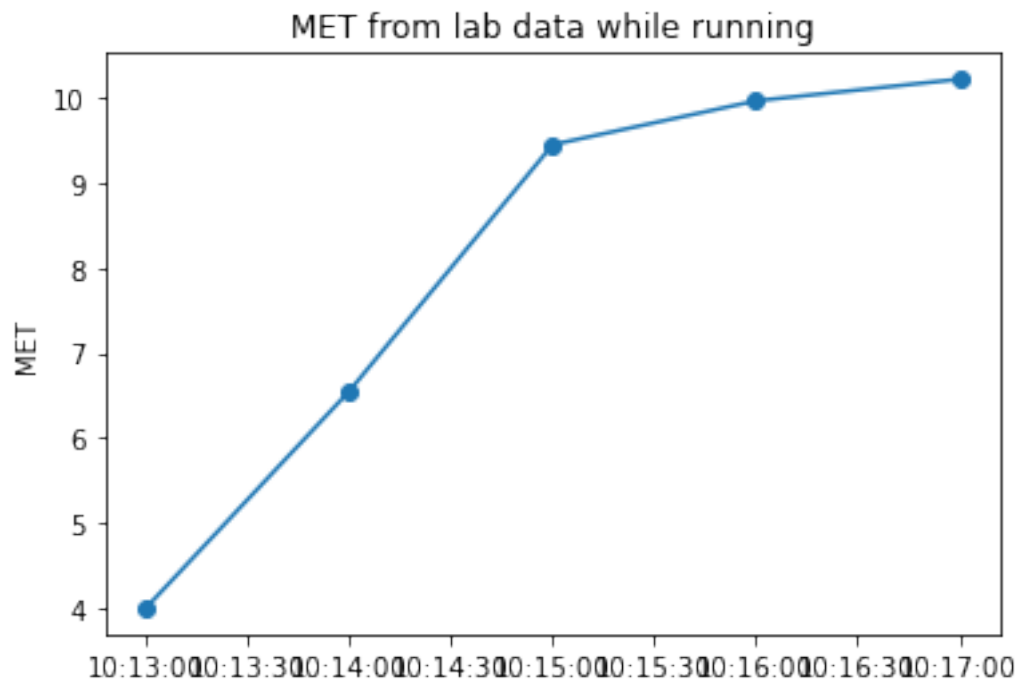
```

0.0.8 Single linear regression running for one respondent

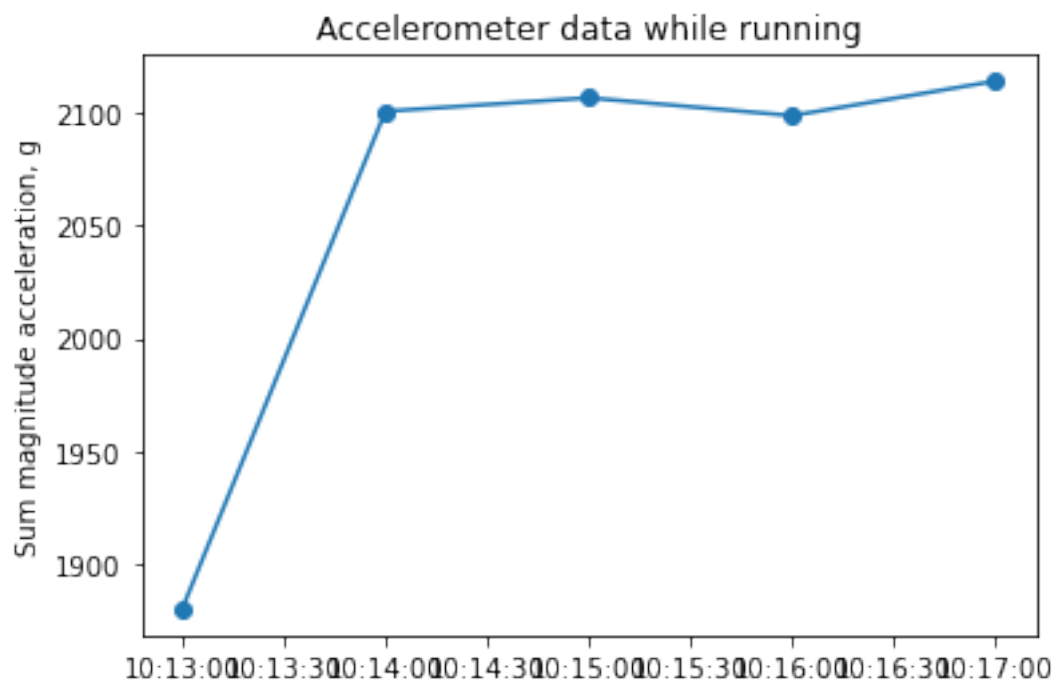
```

[10]: res30 = 'BMR030'
      df30 = get_regression_df(res30, activity_focus)
      plot_met(df30['mean_met'])

```

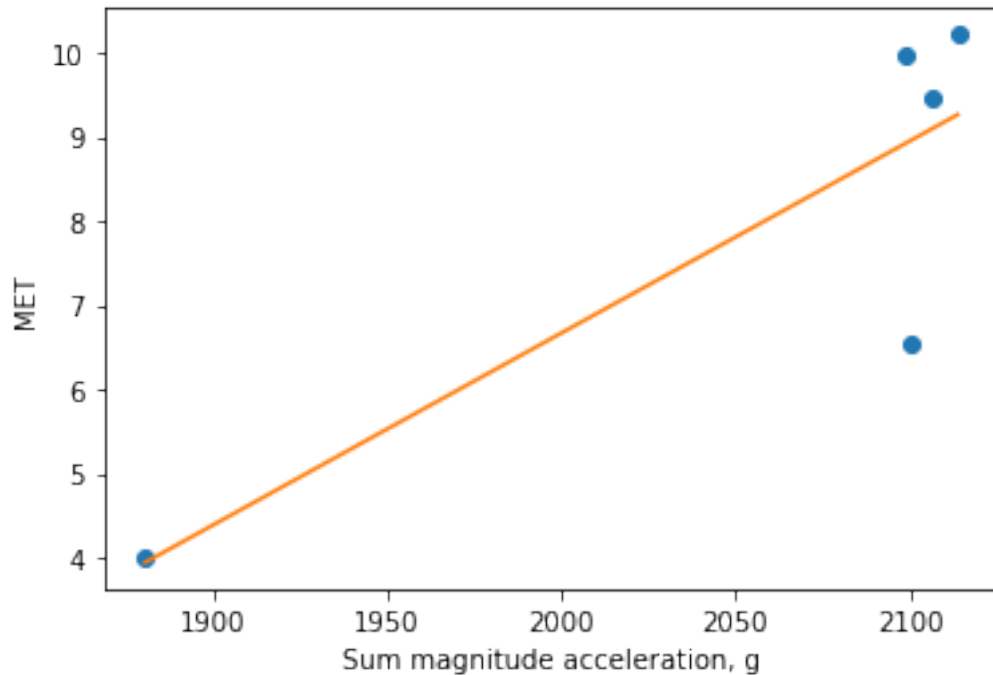


```
[11]: plot_mag_acc(df30['sum_mag_acc'])
```



```
[12]: print('r = ' + str(df30['sum_mag_acc'].corr(df30['mean_met'])))
plot_lin_reg(df30['sum_mag_acc'], df30['mean_met'], xlabel='Sum magnitude_
↳ acceleration, g')
```

r = 0.8519809576374388



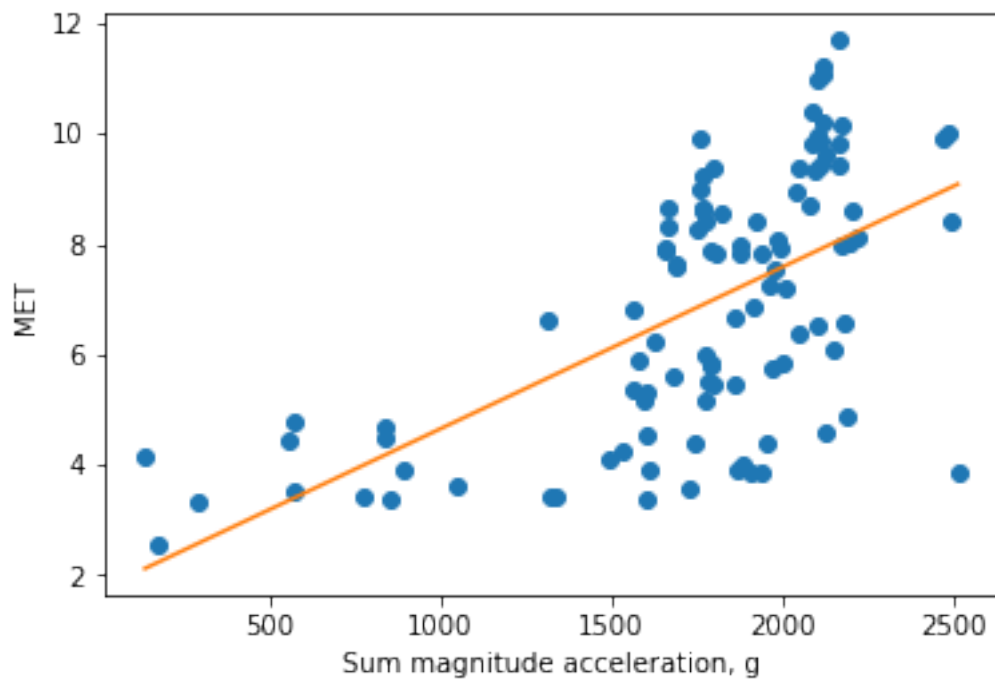
0.0.9 Single linear regression running for all respondents

```
[13]: respondents = ['BMR002', 'BMR011', 'BMR012', 'BMR014', 'BMR018', 'BMR030',
↳ 'BMR031', 'BMR032', 'BMR033', 'BMR034', 'BMR036', 'BMR040', 'BMR041',
↳ 'BMR042', 'BMR043', 'BMR044', 'BMR052', 'BMR053', 'BMR055', 'BMR058',
↳ 'BMR064', 'BMR098']
test_respondents = ['BMR004', 'BMR008', 'BMR097']

all_df = get_regression_dfs(respondents, activity_focus)
test_df = get_regression_dfs(test_respondents, activity_focus)
plot_lin_reg(all_df['sum_mag_acc'], all_df['mean_met'], xlabel='Sum magnitude_
↳ acceleration, g')
```

BMR002 - 0.7604436588214155
 BMR011 - 0.8710515338591658
 BMR012 - 0.9382351918324782
 BMR014 - 0.8229201713674288
 BMR018 - 0.6363136634612422

BMR030 - 0.8519809576374388
 BMR031 - 0.9858017796171098
 BMR032 - 0.533392608987768
 BMR033 - 0.7105151604293488
 BMR034 - 0.8809975508492734
 BMR036 - 0.9686160459508315
 BMR040 - 0.7845893831148268
 BMR041 - 0.7962626053235584
 BMR042 - 0.9037456529579025
 BMR043 - 0.5971276771813552
 BMR044 - 0.6887520108554969
 BMR052 - 0.6307604315802225
 BMR053 - 0.9157409236910437
 BMR055 - 0.9909409282615306
 BMR058 - 0.8709165391354554
 BMR064 - 0.554939177390738
 BMR098 - 0.9523867264859835
 0.6071923128712834
 BMR004 - 0.5688885536843495
 BMR008 - 0.9448485247069405
 BMR097 - 0.6386298365614895
 0.6410297308145375



1 Model training

1.1 Linear regression model

```
[14]: from sklearn.linear_model import LinearRegression
      from sklearn.model_selection import train_test_split
      from sklearn.metrics import mean_squared_error
```

```
[15]: cleaned_df = all_df.dropna(how='any')

      x = cleaned_df['sum_mag_acc'].to_numpy().reshape(-1, 1)
      y = cleaned_df['mean_met']

      train_x, valid_x, train_y, valid_y = train_test_split(x,y, test_size=0.2,
      ↪random_state=0)

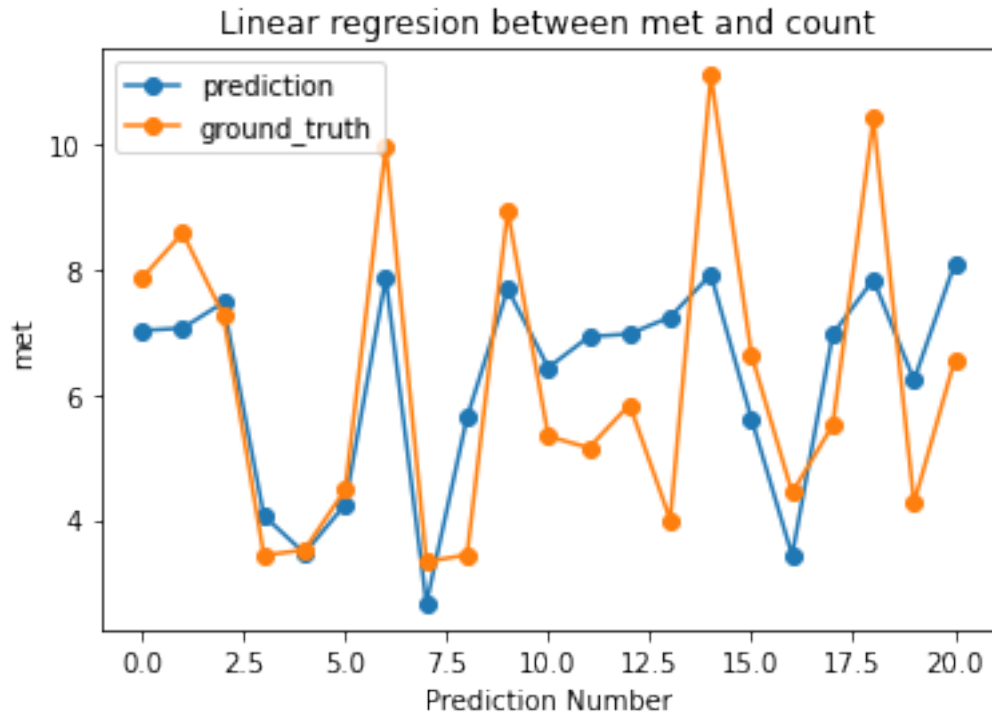
      lr = LinearRegression()
      lr.fit(train_x,train_y)

      pred_y = lr.predict(valid_x)

      plot_pred_truth(pred_y, valid_y, 'Linear regresion between met and count')

      print('mean squared error = ' + str(mean_squared_error(valid_y, pred_y)))
      print('r squared = ' + str(lr.score(train_x,train_y)))
```

```
mean squared error = 2.7625240088758565
r squared = 0.3072092362827551
```



1.2 Multivariant regression model

1.2.1 Added length

```
[16]: x = cleaned_df[['sum_mag_acc', 'length']]
      y = cleaned_df[['mean_met']]

      train_x, valid_x, train_y, valid_y = train_test_split(x,y, test_size=0.2,
      ↪random_state=0)

      mlr = LinearRegression()
      mlr.fit(train_x,train_y)

      pred_y = mlr.predict(valid_x)

      plot_pred_truth(pred_y, valid_y, 'Multivariant regression (count + length)')
      print('mean squared error = ' + str(mean_squared_error(valid_y, pred_y)))
      print('r squared = ' + str(mlr.score(train_x,train_y)))
```

```
mean squared error = 2.9020327065700764
r squared = 0.313448419984388
```



1.2.2 Added weight

```
[17]: x = cleaned_df[['sum_mag_acc', 'length', 'weight']]
      y = cleaned_df[['mean_met']]

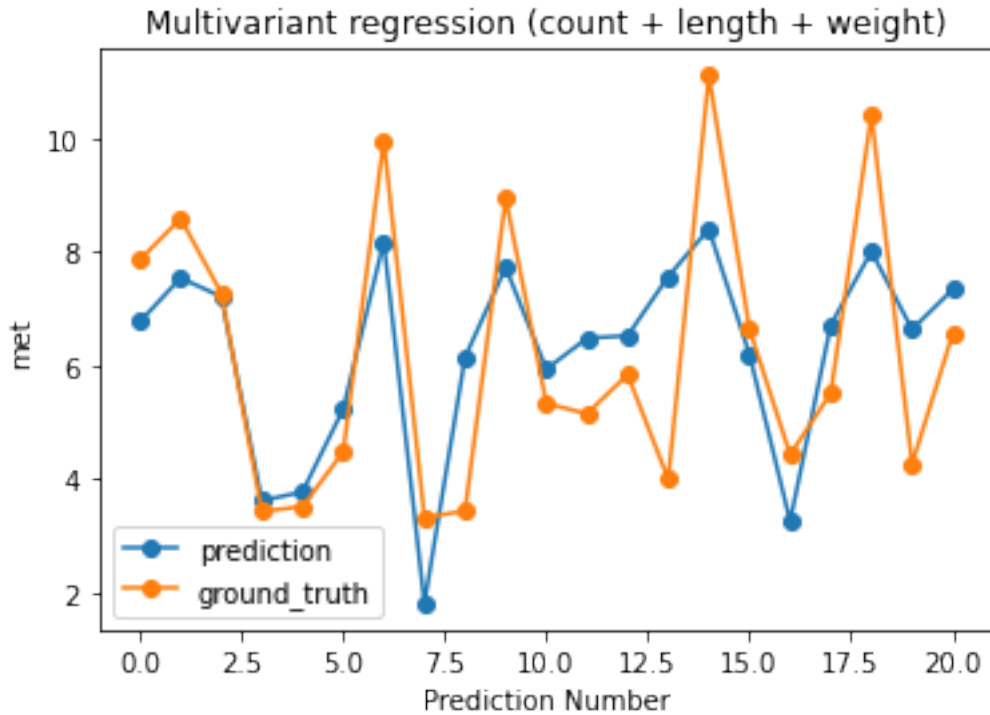
      train_x, valid_x, train_y, valid_y = train_test_split(x,y, test_size=0.2,
      ↪random_state=0)

      mlr = LinearRegression()
      mlr.fit(train_x,train_y)

      pred_y = mlr.predict(valid_x)

      plot_pred_truth(pred_y, valid_y, 'Multivariant regression (count + length +
      ↪weight)')
      print('mean squared error = ' + str(mean_squared_error(valid_y, pred_y)))
      print('r squared = ' + str(mlr.score(train_x,train_y)))
```

```
mean squared error = 2.6119813205614655
r squared = 0.3529565471841951
```



1.2.3 Added BMI with positive impact

```
[18]: x = cleaned_df[['sum_mag_acc', 'length', 'weight', 'bmi']]
      y = cleaned_df[['mean_met']]

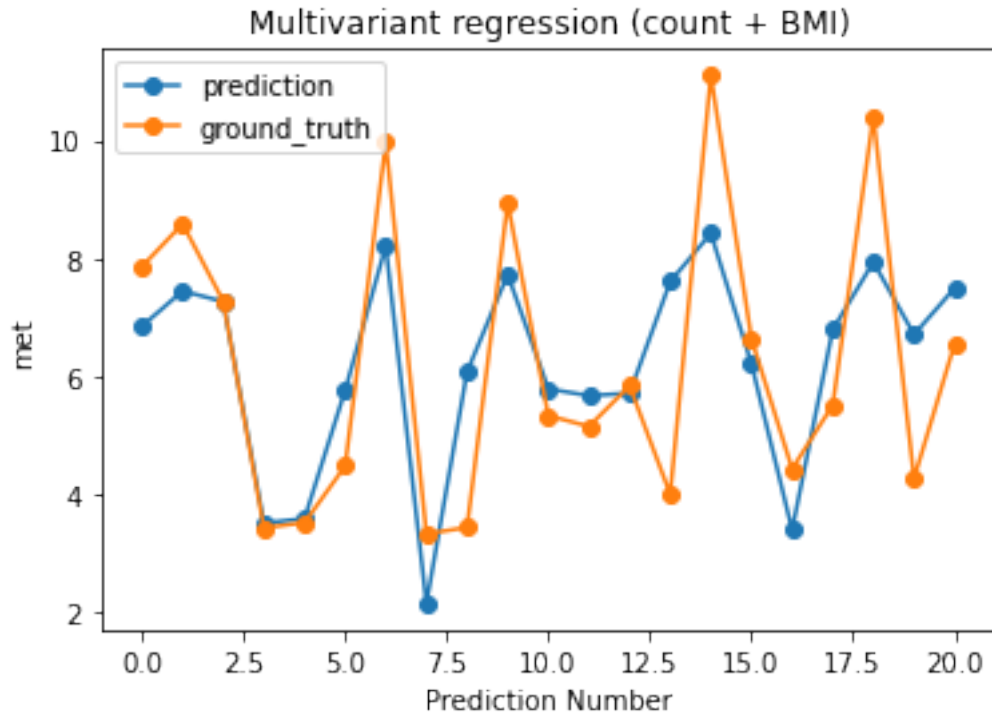
      train_x, valid_x, train_y, valid_y = train_test_split(x,y, test_size=0.2,
      ↪random_state=0)

      mlr = LinearRegression()
      mlr.fit(train_x,train_y)

      pred_y = mlr.predict(valid_x)

      plot_pred_truth(pred_y, valid_y, 'Multivariant regression (count + BMI)')
      print('mean squared error = ' + str(mean_squared_error(valid_y, pred_y)))
      print('r squared = ' + str(mlr.score(train_x,train_y)))
```

```
mean squared error = 2.5429756275184587
r squared = 0.3624908384603901
```



1.2.4 Added gender, with little positive impact

```
[19]: x = cleaned_df[['sum_mag_acc', 'length', 'weight', 'bmi', 'gender']]
      y = cleaned_df[['mean_met']]

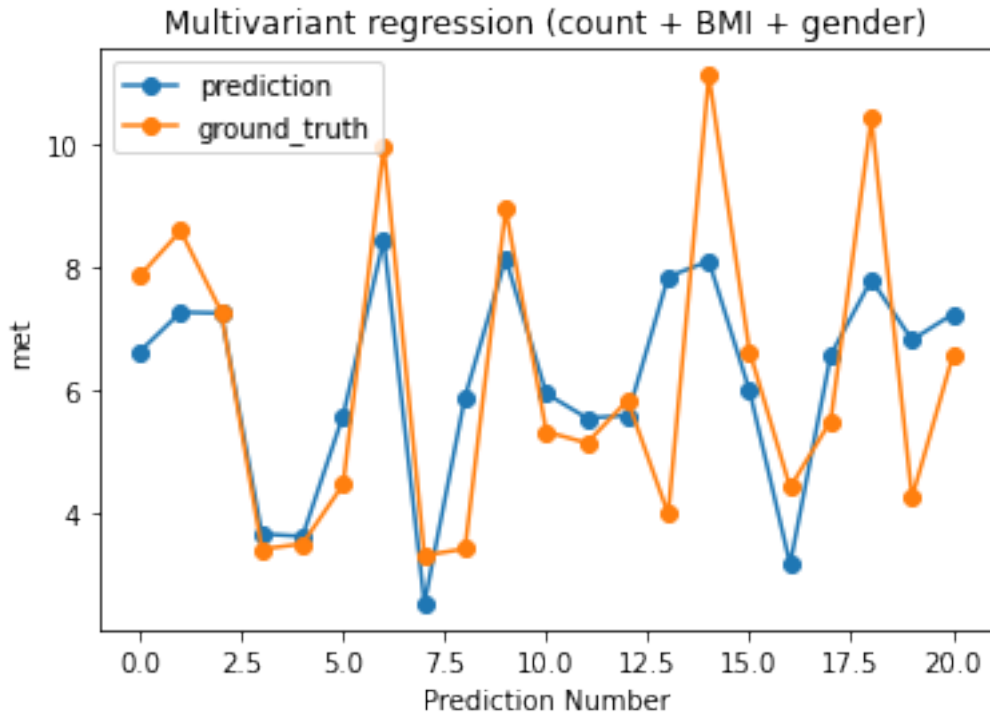
      train_x, valid_x, train_y, valid_y = train_test_split(x,y, test_size=0.2,
      ↪random_state=0)

      mlr = LinearRegression()
      mlr.fit(train_x,train_y)

      pred_y = mlr.predict(valid_x)

      plot_pred_truth(pred_y, valid_y, 'Multivariant regression (count + BMI +
      ↪gender)')
      print('mean squared error = ' + str(mean_squared_error(valid_y, pred_y)))
      print('r squared = ' + str(mlr.score(train_x,train_y)))
```

```
mean squared error = 2.6438630460900034
r squared = 0.3710888645564928
```



1.2.5 Added age category, with positive impact

```
[20]: x = cleaned_df[['sum_mag_acc', 'length', 'weight', 'bmi', 'gender', 'age_cat']]
      y = cleaned_df[['mean_met']]

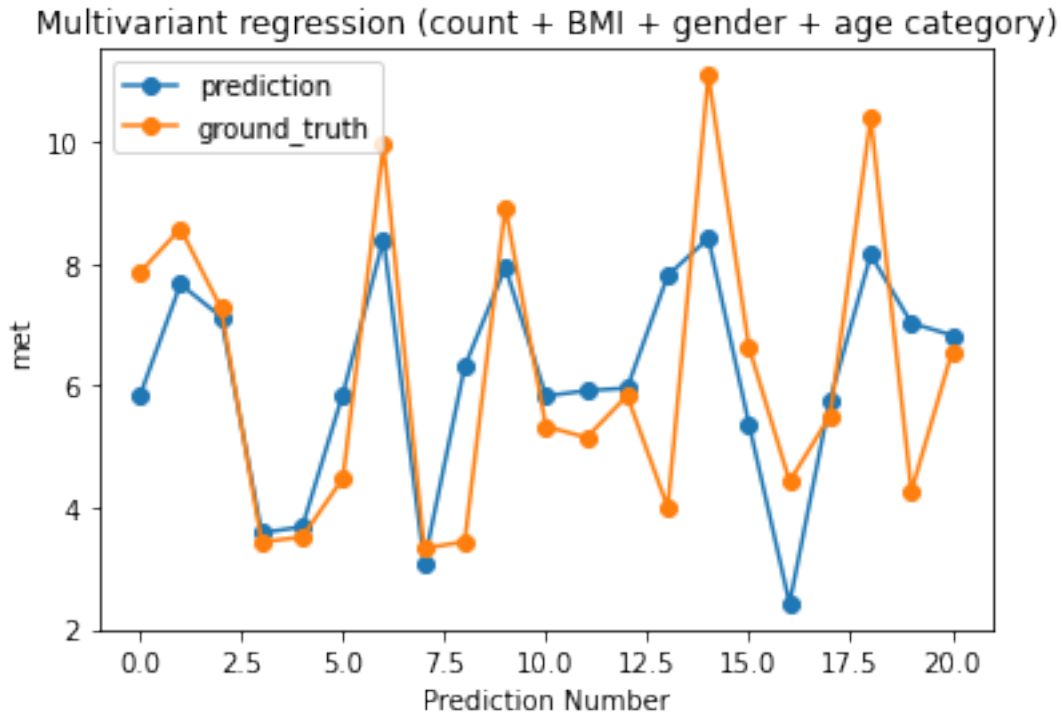
      train_x, valid_x, train_y, valid_y = train_test_split(x,y, test_size=0.2,
      ↪random_state=0)

      mlr = LinearRegression()
      mlr.fit(train_x,train_y)

      pred_y = mlr.predict(valid_x)

      plot_pred_truth(pred_y, valid_y, 'Multivariant regression (count + BMI + gender_
      ↪age category)')
      print('mean squared error = ' + str(mean_squared_error(valid_y, pred_y)))
      print('r squared = ' + str(mlr.score(train_x,train_y)))
```

```
mean squared error = 2.846289880686635
r squared = 0.3948639373573074
```



1.2.6 Added sporter, with positive impact

```
[21]: x = cleaned_df[['sum_mag_acc', 'length', 'weight', 'bmi', 'gender', 'age_cat',
↳ 'sporter']]
y = cleaned_df[['mean_met']]

train_x, valid_x, train_y, valid_y = train_test_split(x,y, test_size=0.2,
↳ random_state=0)

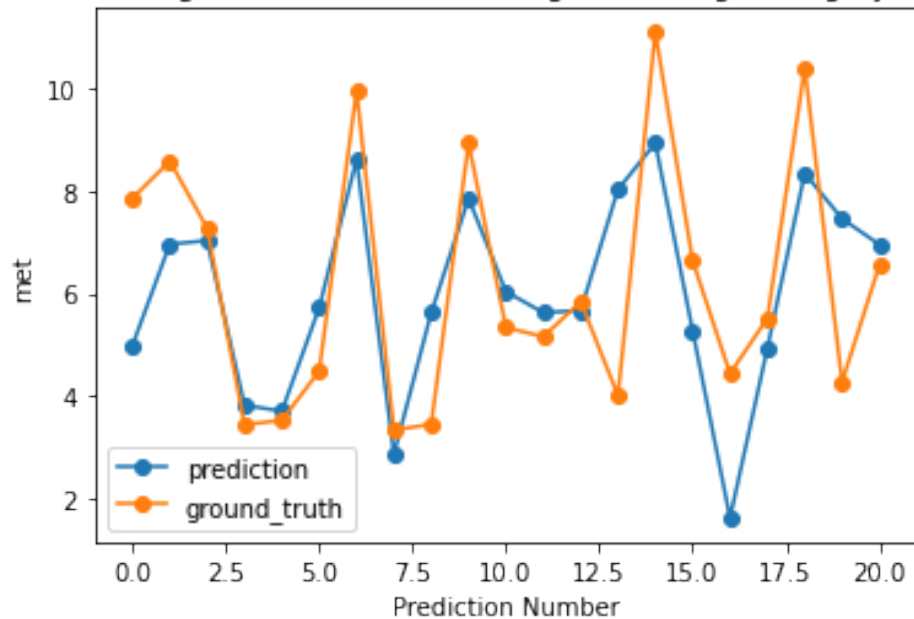
mlr = LinearRegression()
mlr.fit(train_x,train_y)

pred_y = mlr.predict(valid_x)

plot_pred_truth(pred_y, valid_y, 'Multivariant regression (count + BMI + gender,
↳ age category + sporter)')
print('mean squared error = ' + str(mean_squared_error(valid_y, pred_y)))
print('r squared = ' + str(mlr.score(train_x,train_y)))
```

```
mean squared error = 3.1972304987461477
r squared = 0.41441262201885576
```

Multivariant regression (count + BMI + gender + age category + sporter)



1.2.7 Added exercise guideline compliance

```
[22]: x = cleaned_df[['sum_mag_acc', 'length', 'weight', 'bmi', 'gender', 'age_cat', 'sporter', 'exercise_guideline_compliance']]
y = cleaned_df[['mean_met']]

train_x, valid_x, train_y, valid_y = train_test_split(x,y, test_size=0.2, random_state=0)

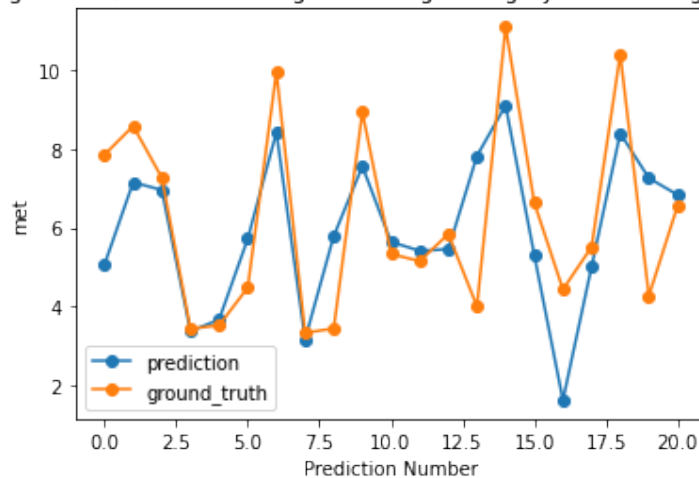
mlr = LinearRegression()
mlr.fit(train_x,train_y)

pred_y = mlr.predict(valid_x)

plot_pred_truth(pred_y, valid_y, 'Multivariant regression (count + BMI + gender + age category + exercise guideline compliance)')
print('mean squared error = ' + str(mean_squared_error(valid_y, pred_y)))
print('r squared = ' + str(mlr.score(train_x,train_y)))
```

```
mean squared error = 3.0124571137488316
r squared = 0.42730625758243346
```


Multivariant regression (count + BMI + gender + age category + exercise guideline compliance)



1.2.8 Added does muscle and bone exercises, with no impact

```
[23]: x = cleaned_df[['sum_mag_acc', 'length', 'weight', 'bmi', 'gender', 'age_cat',
↳ 'sporter', 'exercise_guideline_compliance', 'does_muscle_bone_exercises']]
y = cleaned_df[['mean_met']]

train_x, valid_x, train_y, valid_y = train_test_split(x,y, test_size=0.2,
↳ random_state=0)

mlr = LinearRegression()
mlr.fit(train_x,train_y)

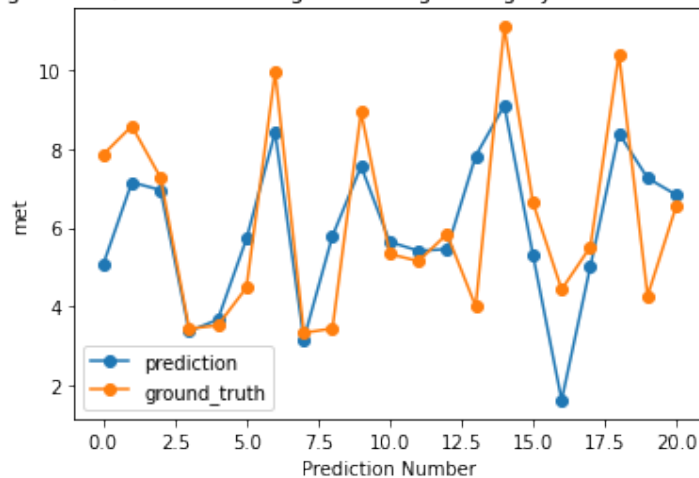
pred_y = mlr.predict(valid_x)

plot_pred_truth(pred_y, valid_y, 'Multivariant regression (count + BMI + gender,
↳ age category + does muscle & bone exercises)')
print('mean squared error = ' + str(mean_squared_error(valid_y, pred_y)))
print('r squared = ' + str(mlr.score(train_x,train_y)))
```

mean squared error = 3.012457113748813

r squared = 0.42730625758243324

Multivariant regression (count + BMI + gender + age category + does muscle & bone exercises)



1.2.9 Added balance guideline compliance, with positive impact

```
[24]: x = cleaned_df[['sum_mag_acc', 'length', 'weight', 'bmi', 'gender', 'age_cat',
    ↳ 'sporter', 'exercise_guideline_compliance', 'balance_guideline_compliance']]
y = cleaned_df[['mean_met']]

train_x, valid_x, train_y, valid_y = train_test_split(x,y, test_size=0.2,
    ↳ random_state=0)

mlr = LinearRegression()
mlr.fit(train_x,train_y)

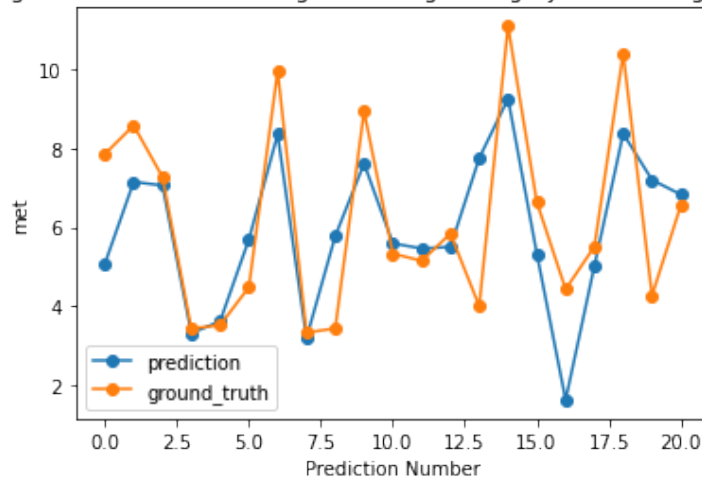
pred_y = mlr.predict(valid_x)

plot_pred_truth(pred_y, valid_y, 'Multivariant regression (count + BMI + gender,
    ↳ age category + balance guideline compliance)')
print('mean squared error = ' + str(mean_squared_error(valid_y, pred_y)))
print('r squared = ' + str(mlr.score(train_x,train_y)))
```

mean squared error = 2.932369368215337

r squared = 0.42783555119517547

Multivariant regression (count + BMI + gender + age category + balance guideline compliance)



1.2.10 Added speed, with positive impact

```
[25]: x = cleaned_df[['sum_mag_acc', 'length', 'weight', 'bmi', 'gender', 'age_cat',
↳ 'sporter', 'exercise_guideline_compliance', 'balance_guideline_compliance',
↳ 'speed']]
y = cleaned_df[['mean_met']]

train_x, valid_x, train_y, valid_y = train_test_split(x,y, test_size=0.2,
↳ random_state=0)

mlr = LinearRegression()
mlr.fit(train_x,train_y)

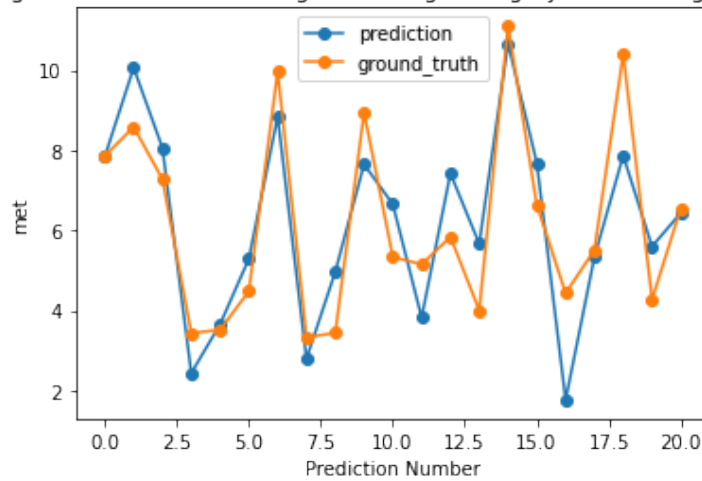
pred_y = mlr.predict(valid_x)

plot_pred_truth(pred_y, valid_y, 'Multivariant regression (count + BMI + gender_
↳ age category + balance guideline compliance)')
print('mean squared error = ' + str(mean_squared_error(valid_y, pred_y)))
print('r squared = ' + str(mlr.score(train_x,train_y)))
```

mean squared error = 1.689055862950689

r squared = 0.7199570904290664

Multivariant regression (count + BMI + gender + age category + balance guideline compliance)



1.2.11 Multivariate regression best features

```
[26]: x = cleaned_df[['sum_mag_acc', 'weight', 'length', 'age_cat', '
    ↳ 'balance_guideline_compliance', 'speed']]
y = cleaned_df[['mean_met']]

train_x, valid_x, train_y, valid_y = train_test_split(x,y, test_size=0.2,
    ↳ random_state=0)

mlr = LinearRegression()
mlr.fit(train_x,train_y)

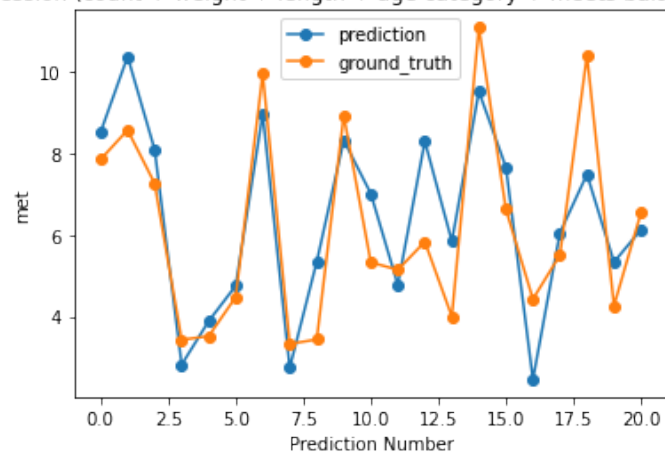
pred_y = mlr.predict(valid_x)

plot_pred_truth(pred_y, valid_y, 'Multivariant regression (count + weight +
    ↳ length + age category + meets balance guidelines + speed')
print('mean squared error = ' + str(mean_squared_error(valid_y, pred_y)))
print('r squared = ' + str(mlr.score(train_x,train_y)))
```

mean squared error = 1.9237933551147475

r squared = 0.678491718526422

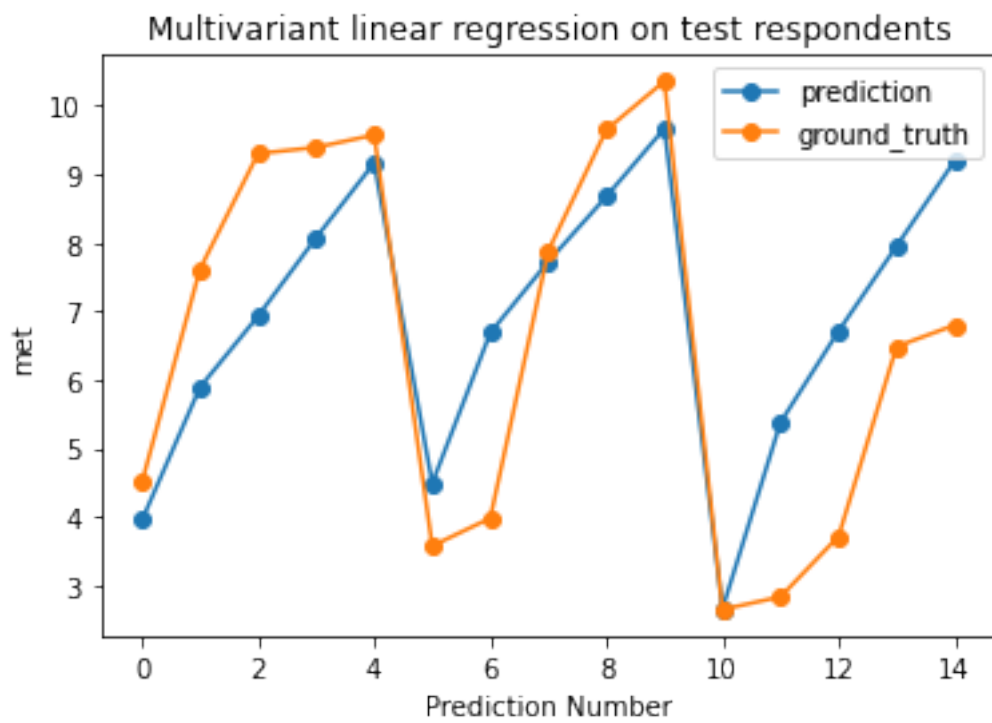
Multivariant regression (count + weight + length + age category + meets balance guidelines + speed



```
[27]: test_x = test_df[['sum_mag_acc', 'weight', 'length', 'age_cat',  
    ↳ 'balance_guideline_compliance', 'speed']]  
test_y = test_df['mean_met']  
pred_y = mlr.predict(test_x)  
  
plot_pred_truth(pred_y, test_y, 'Multivariant linear regression on test_  
    ↳ respondents')  
print('mean squared error = ' + str(mean_squared_error(test_y, pred_y)))  
print('r squared = ' + str(mlr.score(test_x, test_y)))
```

mean squared error = 2.9181938946666386

r squared = 0.596927478735471



[]: