Pay attention to include guards. They ensure that include files are only included once. For instance, the following code is from myfunctions.h.

```
#ifndef MYFUNCTIONDECLARATIONS_H_
#define MYFUNCTIONDECLARATIONS_H_

int myfunc1();
int myfunc2();
int myfunc3();

#endif /* MYFUNCTIONDECLARATIONS_H_ */
```

If you have the following in myfunctions.cpp

```
#include "myfunctions.h"
#include "myfunctions.h" //included twice
```

During preprocessing of these 2 statements

for the first include;

MYFUNCTIONDECLARATIONS_H_ is not defined so everything within the #ifndef and #endif is included in myfunctions.cpp.

Note also the #define MYFUNCTIONDECLARATIONS_H_ statement; MYFUNCTIONDECLARATIONS_H_ is now defined.

for the second include;

MYFUNCTIONDECLARATIONS_H_ is defined. So NOTHING within the #ifndef and #endif is included

So the contents of myfunctions.h are only included once.