Ideas for making an app by my own self:

1. Task-timer: It will have a task functionality that notes down my tasks and takes in the name when I will complete it and till when I should complete it. An optional input for the time instance of lockdown. The tasks can be sorted according to their importance.
2. Lockdown: The app will have a lockdown functionality that lockdowns the phone until a certain time limit. This function can be used for a time instance and when we are completing a certain task.
3. Report: The app can give a report of how much I have spent my time at my phone today and how many tasks did I complete.