

Welcome to

# Ins@fe Training Seminar

Secure browsing, plugins and privacy tools

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Key words: multiple browsers, crypto, Torproject and how to protect yourself



**Jacob Appelbaum** @j00b

Transparency and accountability are required properties of legitimate democratic institutions. "Anti-secrecy" rhetoric is hilariously tired.



In a democracy we need the citizens with freedom that can act without constant surveillance

Democracy requires that we can actively select which personal data to give up and to whom

Cryptography is peaceful protest against blanket surveillance

# Why think of security?



Privacy is necessary for an open society in the electronic age. Privacy is not secrecy. A private matter is something one doesn't want the whole world to know, but a secret matter is something one doesn't want anybody to know. Privacy is the power to selectively reveal oneself to the world. A Cypherpunk's Manifesto by Eric Hughes, 1993

Copied from <https://cryptoparty.org/wiki/CryptoParty>

# Security is not magic



.

Think security, it may seem like magic - but it is not

Follow news about security

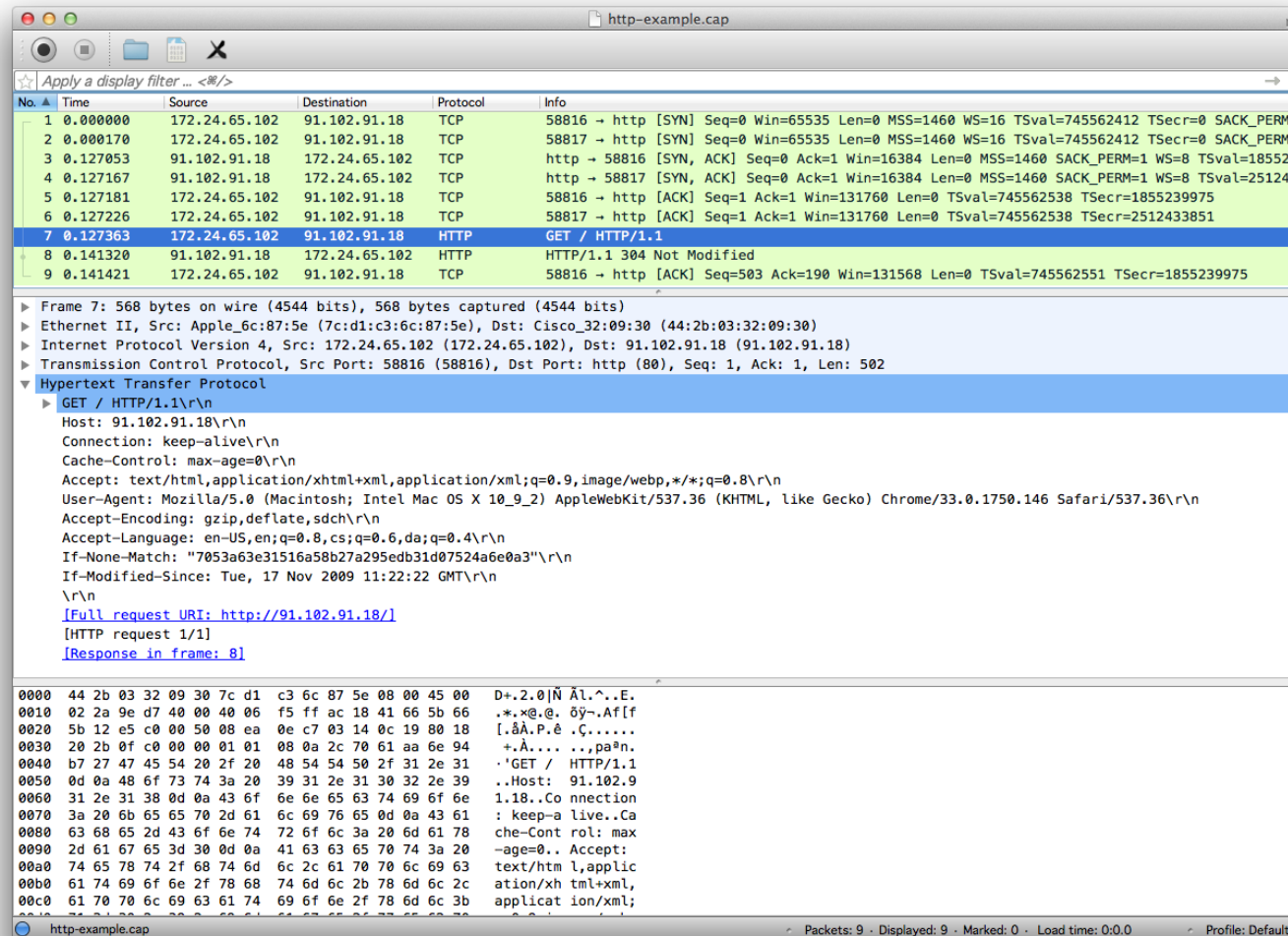
Support communities, join and learn





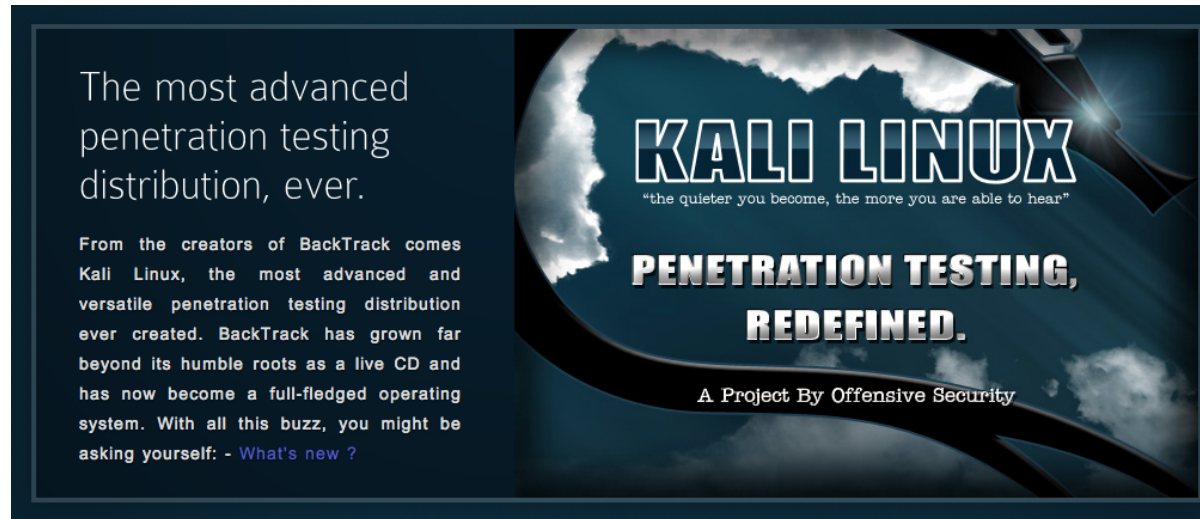
Hacking requires some ninja training

# Dive into the bitstream



Anyone in the network path can sniff this!





Hacking is fun and you can learn a lot

Remember to do it in a controlled environment lab setups

I recommend using Kali in a virtual environment, VMware Player, Virtualbox or similar

Kali Linux <http://www.kali.org/>

Then you can run other insecure virtual machines like Metasploitable for learning



# First advice use the modern operating systems

Newer versions of Microsoft Windows, Mac OS X and Linux

- Buffer overflow protection
- Stack protection, non-executable stack
- Heap protection, non-executable heap
- *Randomization of parameters* stack gap m.v.

Note: these still have errors and bugs, but are better than older versions

Always try to make life worse and more costly for attackers



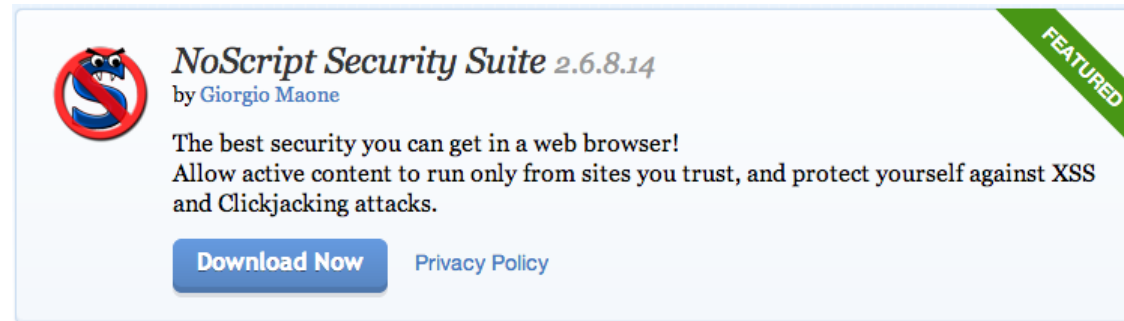
- Multiple browsers: one for facebook, one for net banking applications
- More strict secure settings and NoScripts for web surfing
- One browser with loose settings for: Netflix, and *trusted sites*
- Remember to install critical plugins like HTTPS Everywhere, NoScript, CertPatrol m.fl.



HTTPS Everywhere is a Firefox extension produced as a collaboration between The Tor Project and the Electronic Frontier Foundation. It encrypts your communications with a number of major websites.

`http://www.eff.org/https-everywhere`

Also in Chrome web store!



## NotScripts

A clever extension that provides a high degree of 'NoScript' like control of javascript, iframes, and plugins on Google Chrome.

## NoScripts for Firefox or NotScripts for Chrome

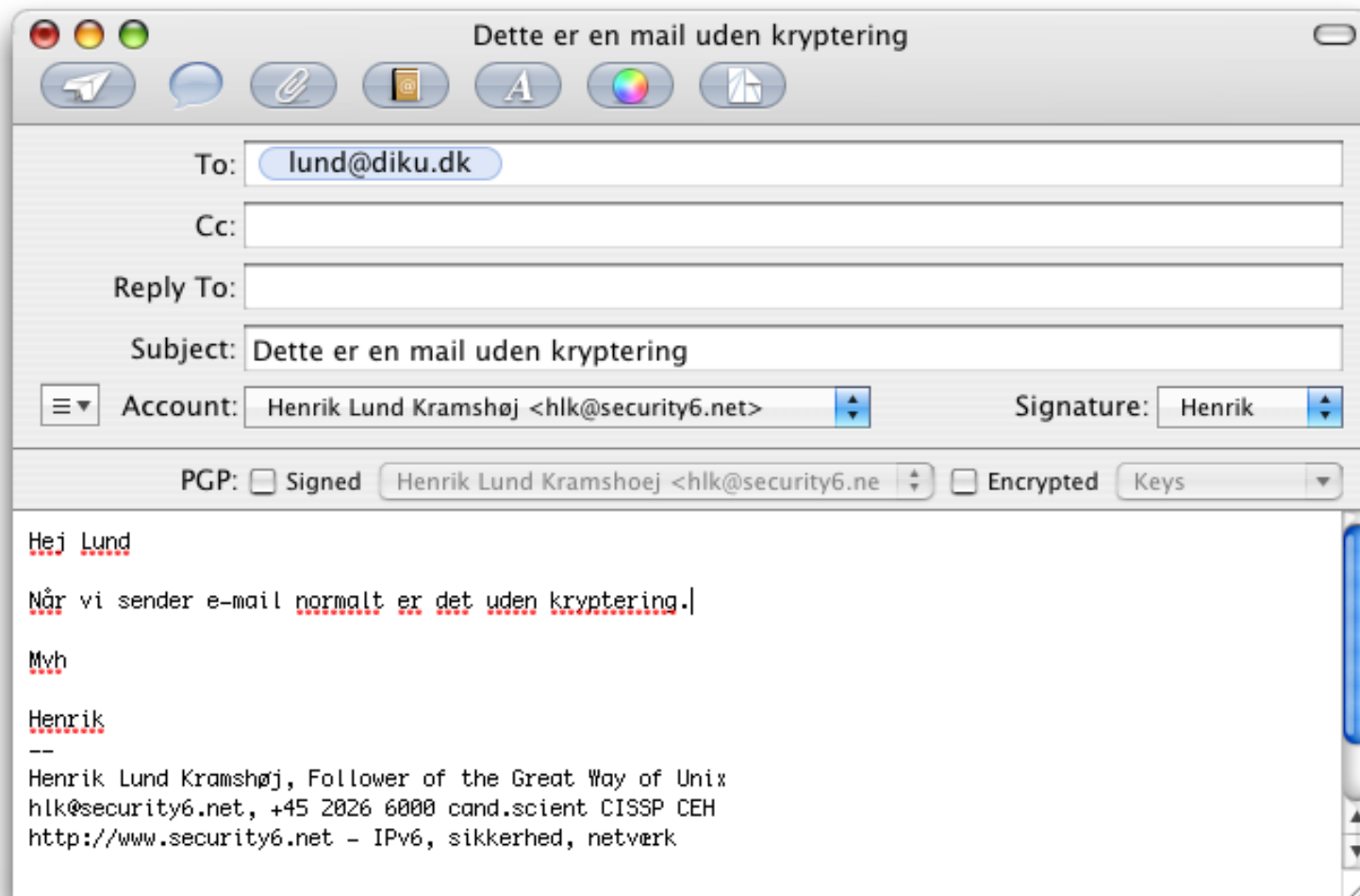
Only allow scripting and active content on pages where it is required

Pro tip: you can avoid lots of advertisements

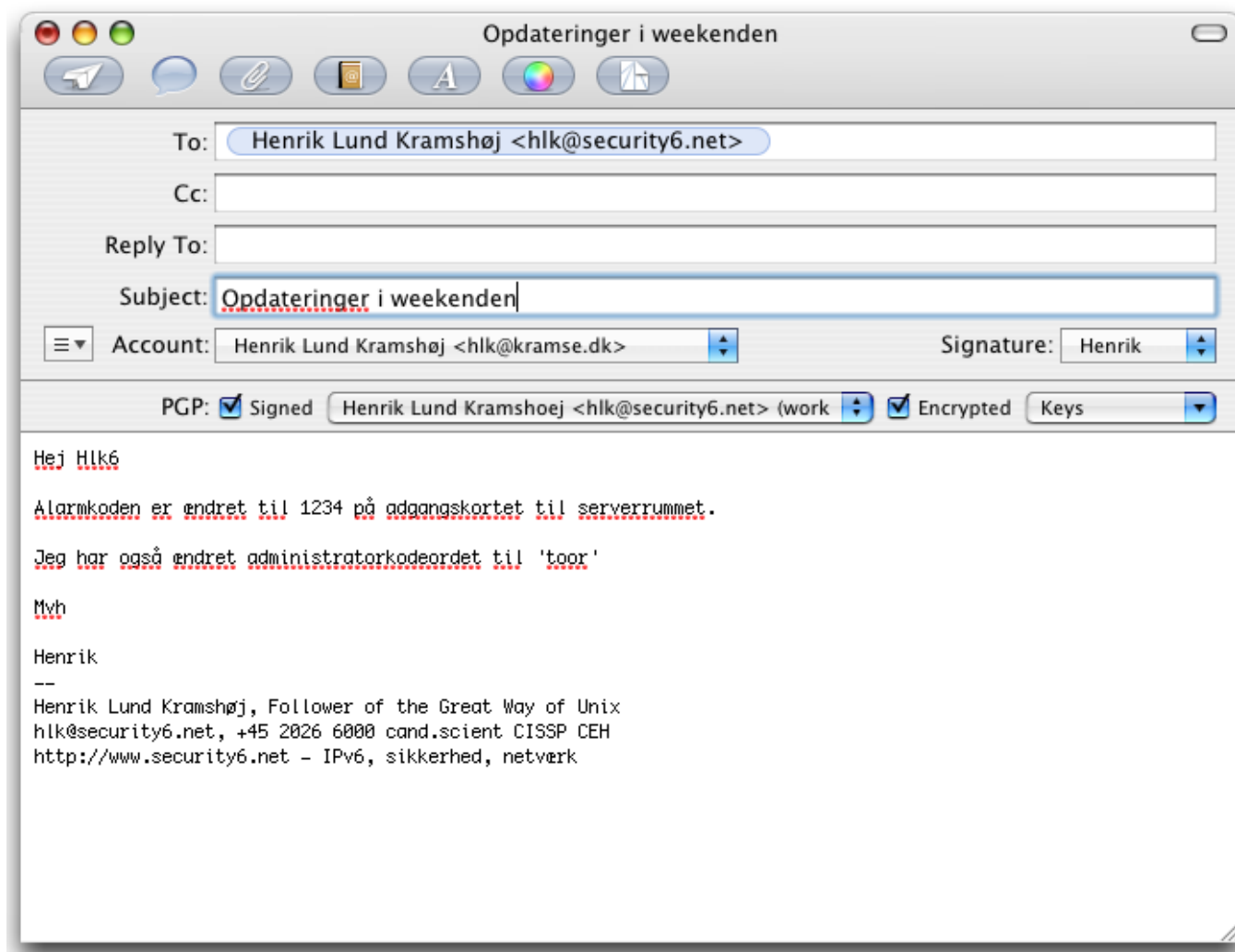


An add-on formerly considered paranoid: CertPatrol implements "pinning" for Firefox/Mozilla/SeaMonkey roughly as now recommended in the User Interface Guidelines of the World Wide Web Consortium (W3C).

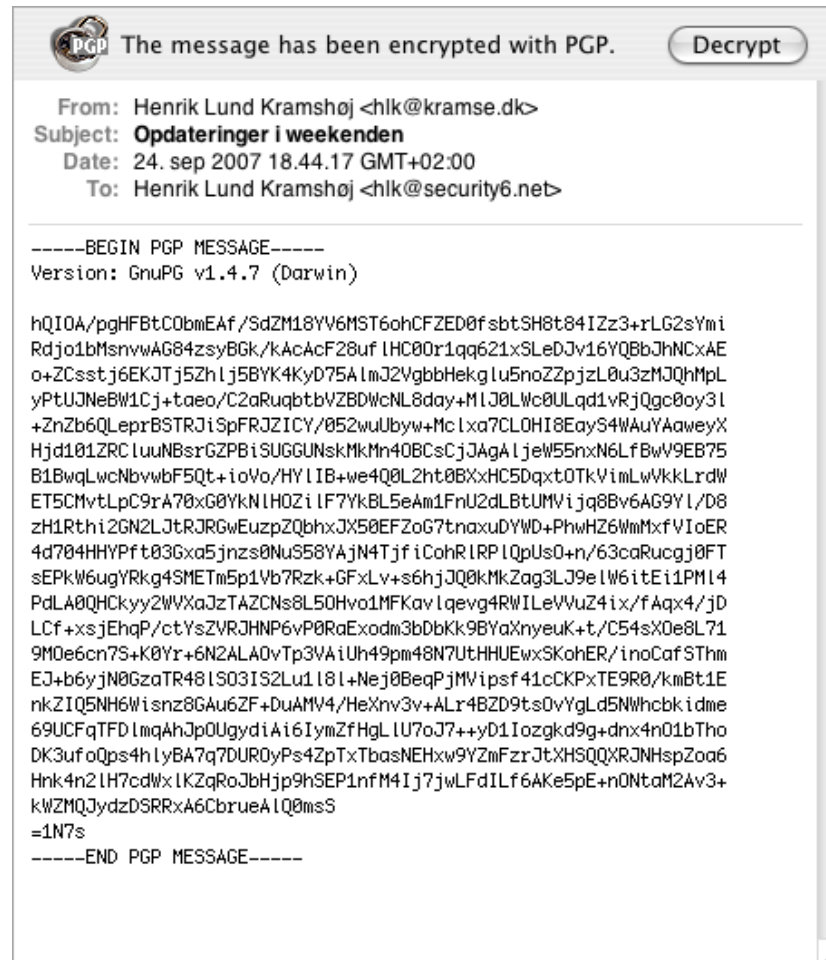
<http://patrol.psyced.org/>



Email without encryption is like an open post card

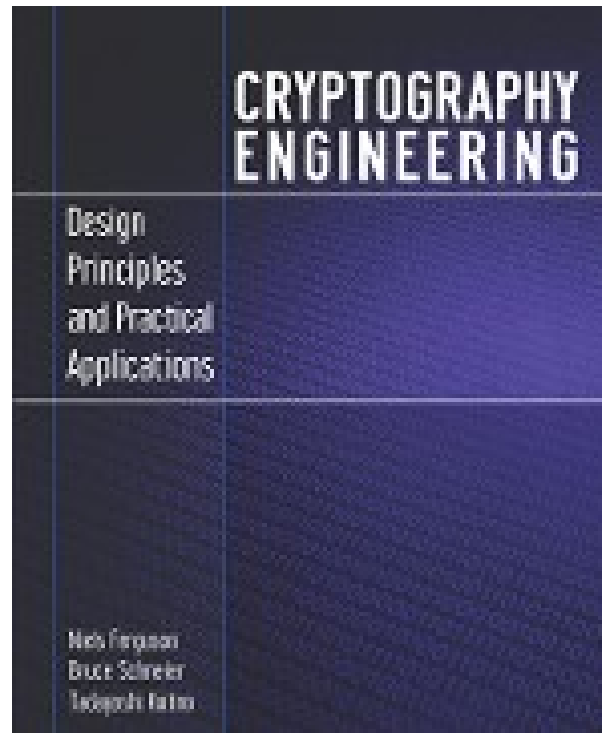


Sending a secure email is not hard



A secure email is protected while being transported





*Cryptography Engineering* by Niels Ferguson, Bruce Schneier, and Tadayoshi Kohno  
<https://www.schneier.com/book-ce.html>

Cryptography ensures confidentiality and integrity of messages

## FileZilla Features

### Overview

FileZilla Client is a fast and reliable cross-platform FTP, FTPS and SFTP client with lots of useful features

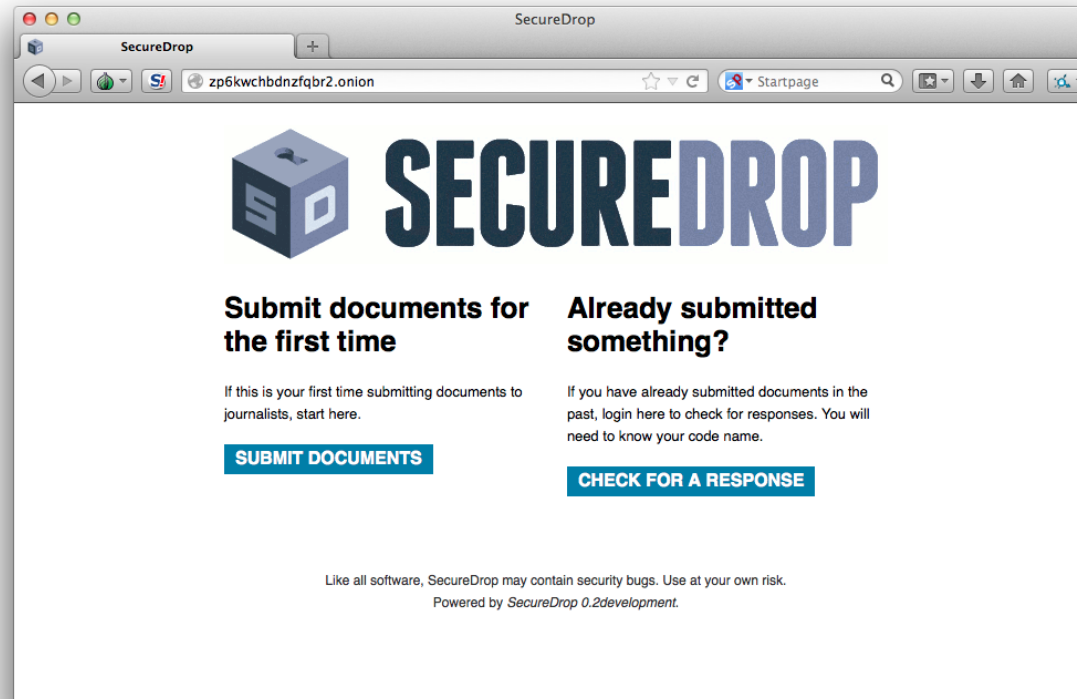
### Features

Among others, the features of FileZilla include the following:

- Easy to use
- Supports FTP, FTP over SSL/TLS (FTPS) and SSH File Transfer Protocol (SFTP)
- Cross-platform. Runs on Windows, Linux, \*BSD, Mac OS X and more
- IPv6 support
- Available in many languages
- Supports resume and transfer of large files >4GB
- Tabbed user interface
- Powerful Site Manager and transfer queue
- Bookmarks
- Drag & drop support
- Configurable transfer speed limits

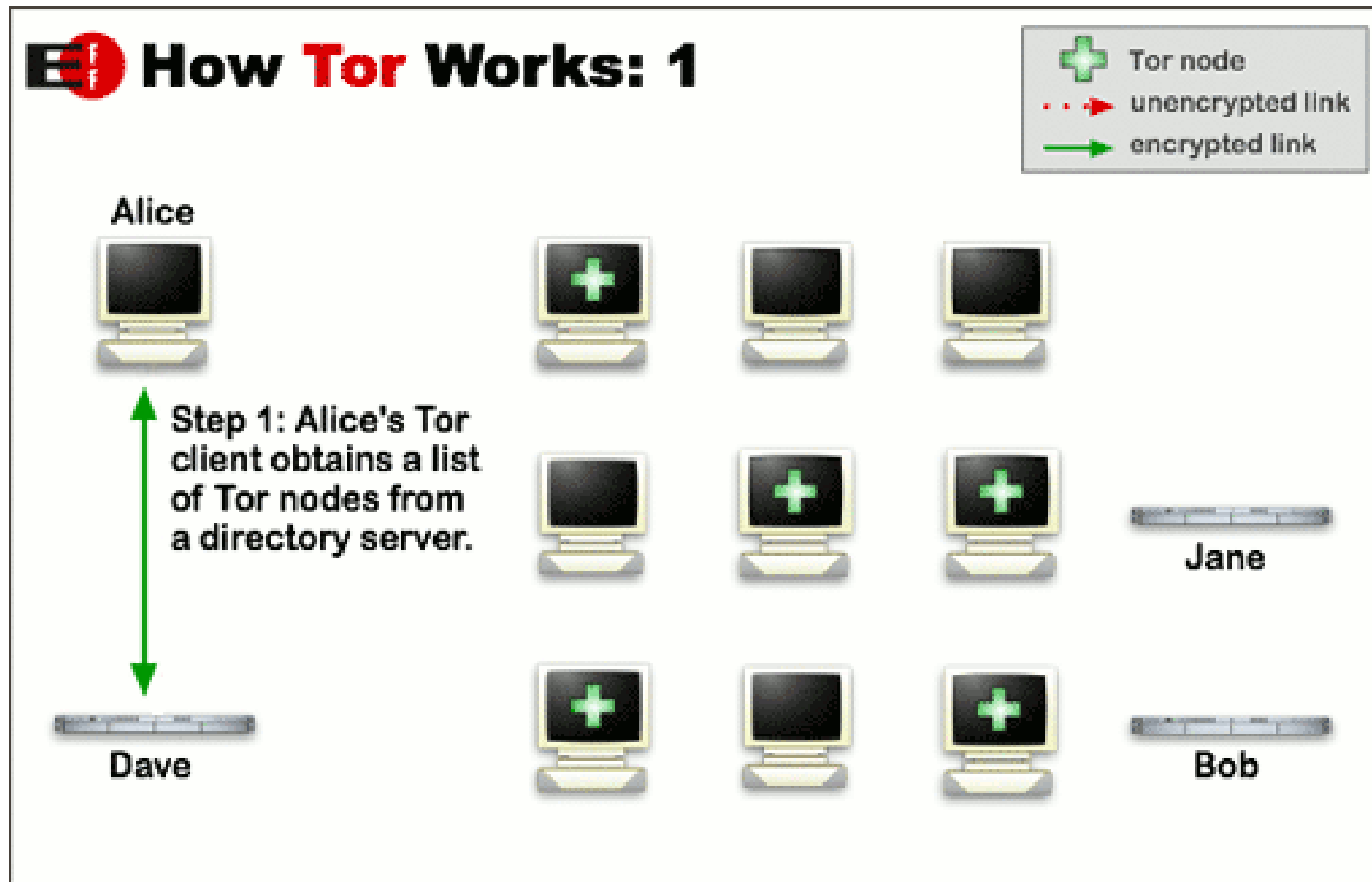
<http://filezilla-project.org/>

Stop using unencrypted FTP, use SSL/TLS or SFTP

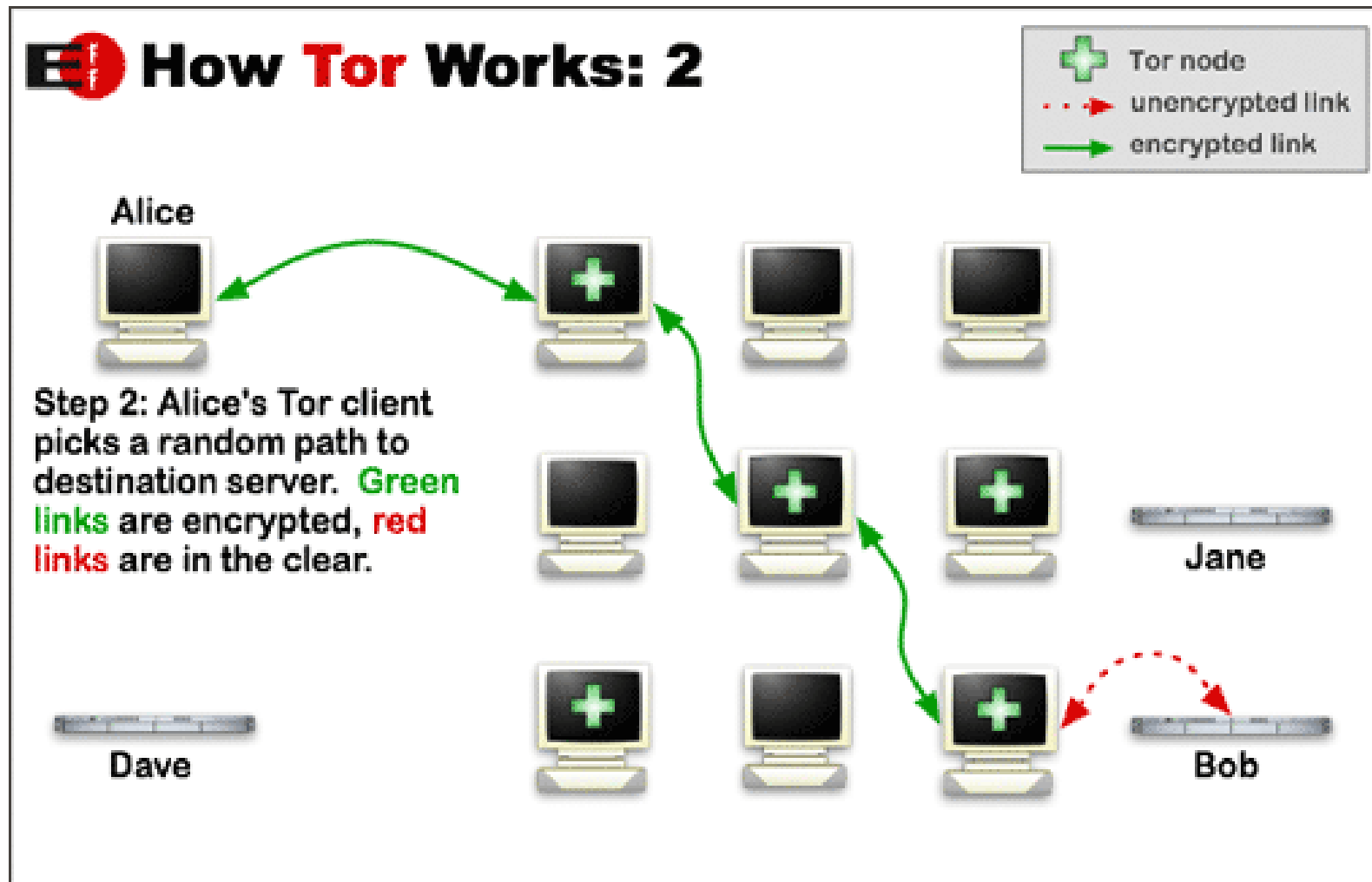


Sample site Secure Drop whistleblower site  
There are alternatives, but Tor is well-known

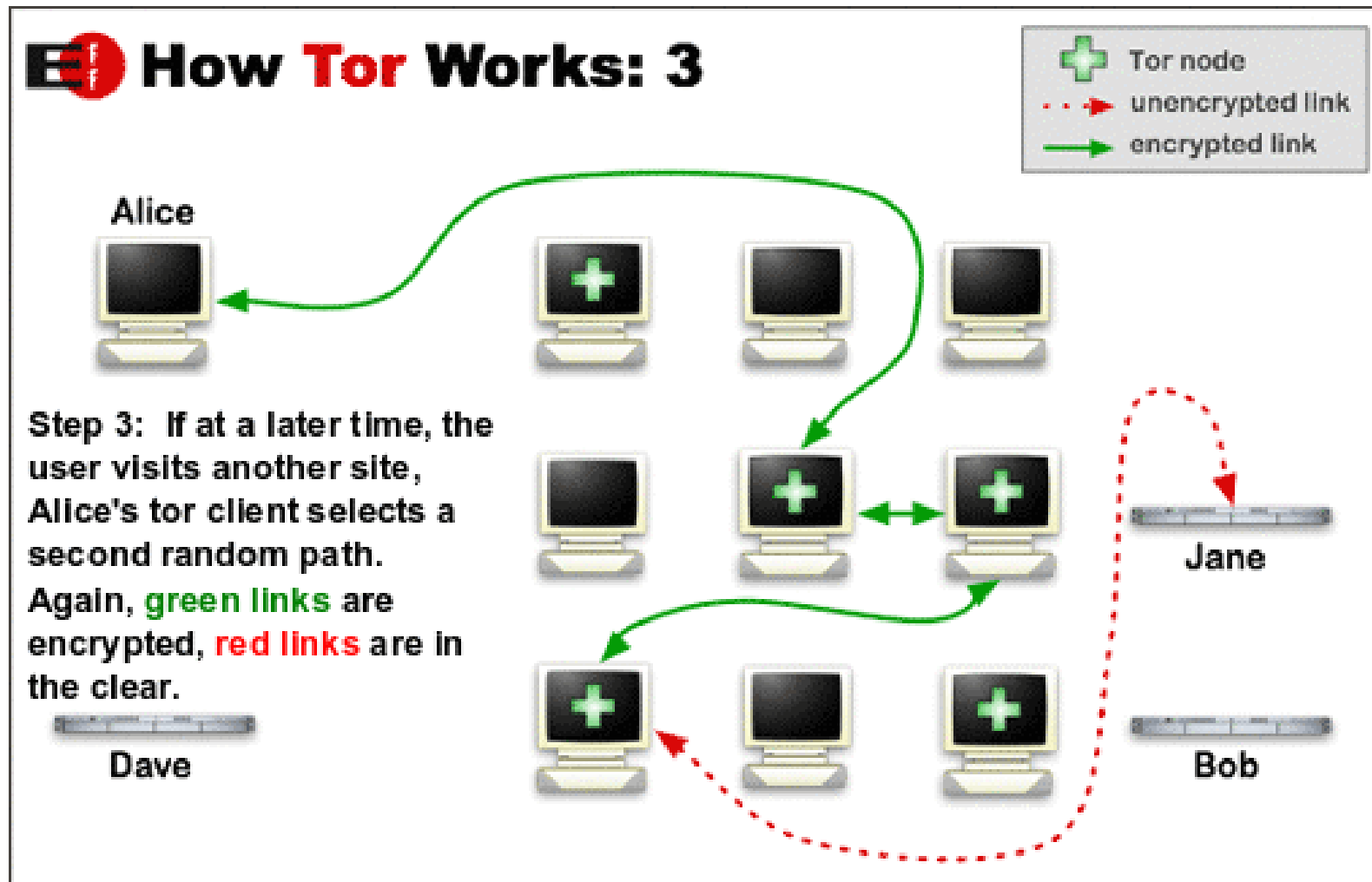
`https://www.torproject.org/`



pictures from <https://www.torproject.org/about/overview.html.en>



pictures from <https://www.torproject.org/about/overview.html.en>



pictures from <https://www.torproject.org/about/overview.html.en>



**Anonymity Online**  
Protect your privacy. Defend yourself against network surveillance and traffic analysis.

 **Download Tor** 

- Tor prevents anyone from learning your location or browsing habits.
- Tor is for web browsers, instant messaging clients, remote logins, and more.
- Tor is free and open source for Windows, Mac, Linux/Unix, and Android

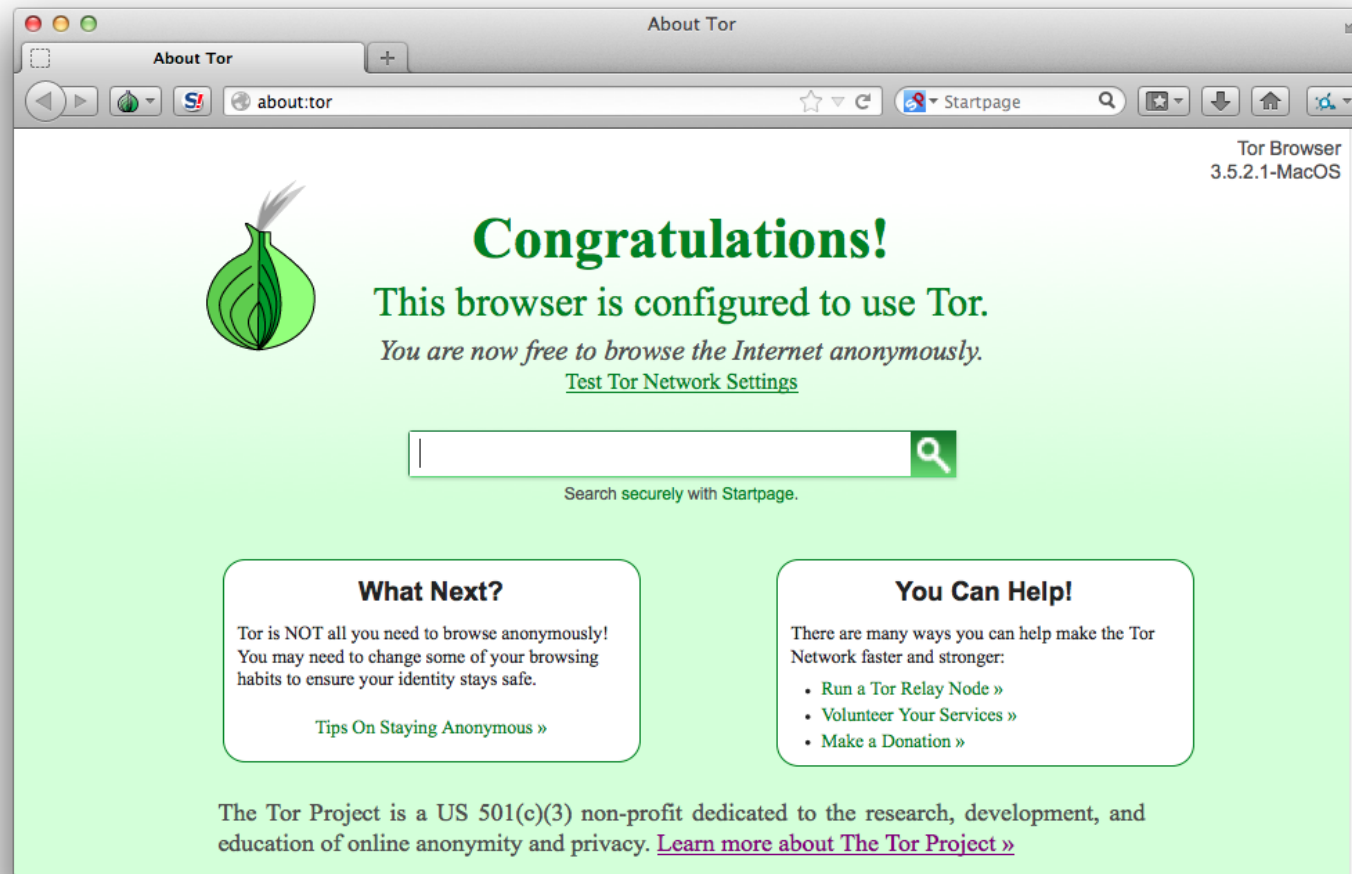
Multiple Tor tools, like Torbutton on/off for Firefox

We recommend starting out with the Torbrowser bundles from  
<https://www.torproject.org/>

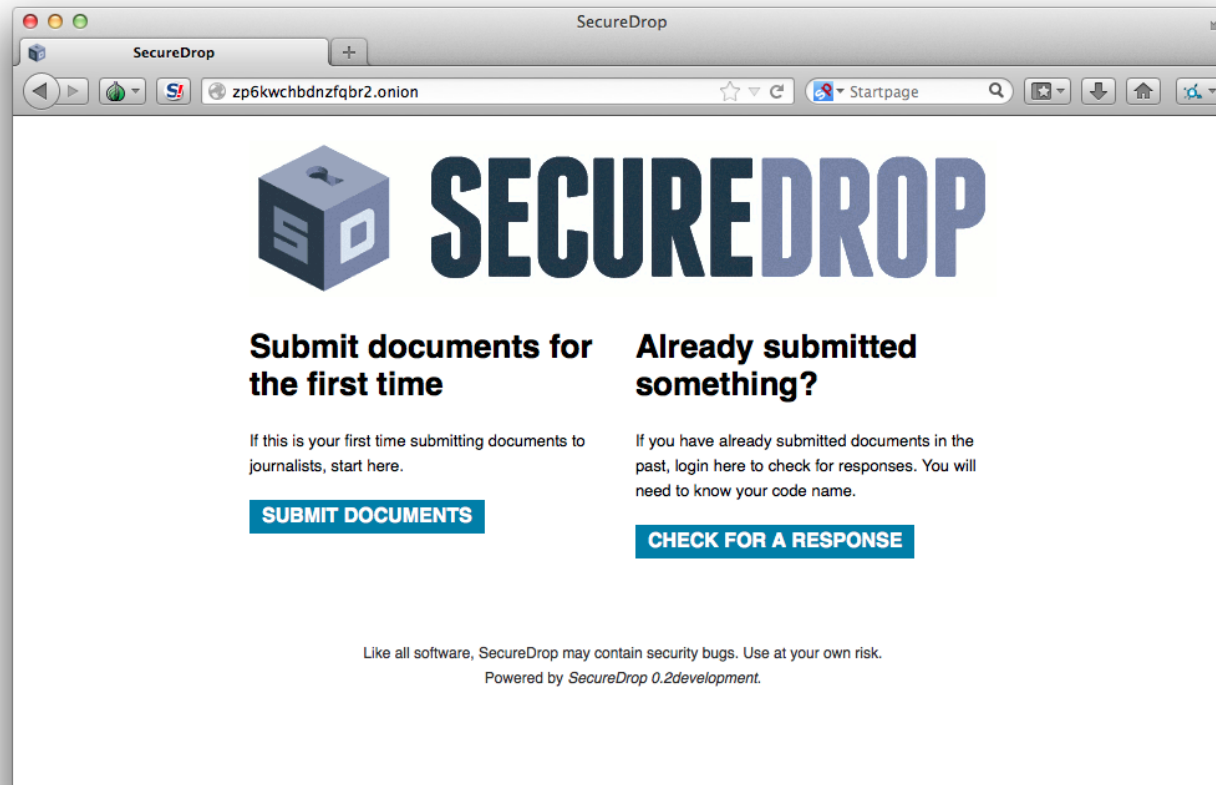


Missing an update!





More anonymized browsing - uses Firefox in disguise

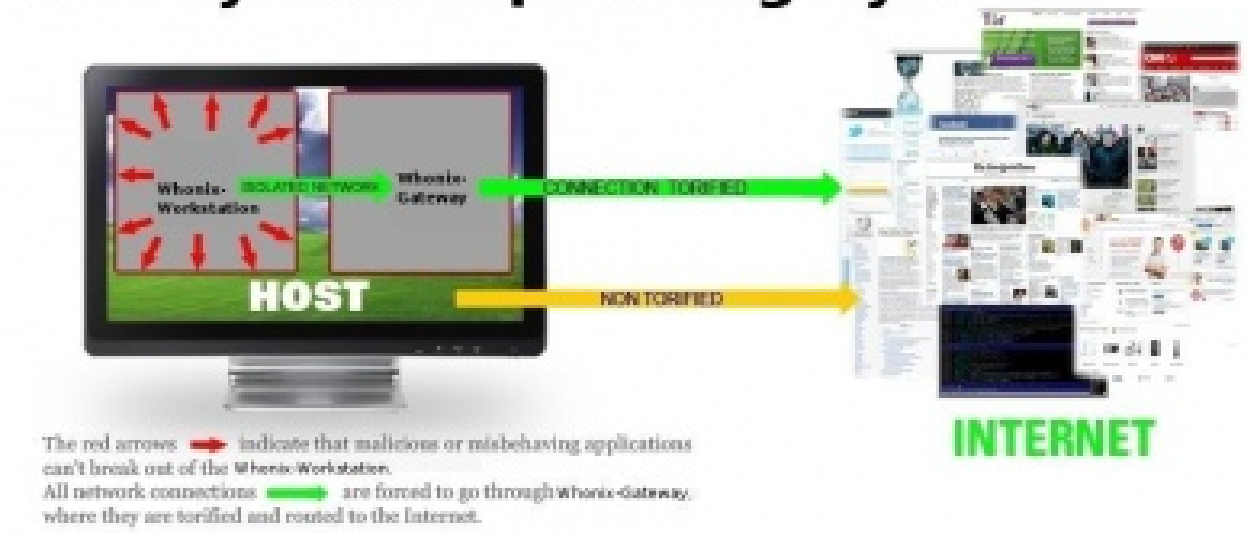


.onion er Tor adresser - hidden sites

Example SecureDrop from Radio24syv, danish media

<http://www.radio24syv.dk/dig-og-radio24syv/securedrop/>

## Whonix Anonymous Operating System



Whonix is an operating system focused on anonymity, privacy and security. It's based on the Tor anonymity network[5], Debian GNU/Linux[6] and security by isolation. DNS leaks are impossible, and not even malware with root privileges can find out the user's real IP. <https://www.whonix.org/>

Torbrowser is nice, but limited, Whonix Tor-encrypts all traffic

# Secure your mobile



**Orbot:**  
**Proxy With Tor**



**Orweb:**  
**Private Web Browser**



**ChatSecure:**  
**Private and Secure Messaging**



**ObscuraCam:**  
**The Privacy Camera**



**Ostel:**  
**Encrypted Phone Calls**



**CSipSimple:**  
**Encrypted Voice Over IP (VOIP)**



**K-9 and APG:**  
**Encrypted E-mail**



**KeySync:**  
**Syncing Trusted Identities**



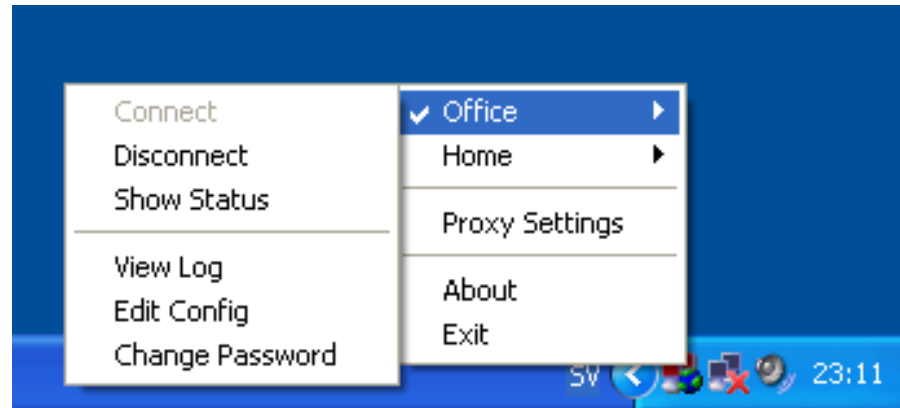
**TextSecure:**  
**Short Messaging Service (SMS)**



**Pixelknot:**  
**Hidden Messages**

Don't forget your mobile platforms <https://guardianproject.info/>

# VPN a tunnel for all your traffic



Virtual Private Networks are useful - or even required when traveling

VPN [http://en.wikipedia.org/wiki/Virtual\\_private\\_network](http://en.wikipedia.org/wiki/Virtual_private_network)

SSL/TLS VPN - Multiple incompatible vendors: OpenVPN, Cisco, Juniper, F5 Big IP



There is a lot of DNS tampering today, you can change to: Censurfridns.dk UncensoredDNS

- ns1.censurfridns.dk / 89.233.43.71 / 2002:d596:2a92:1:71:53::
- ns2.censurfridns.dk / 89.104.194.142 / 2002:5968:c28e::53

also see the web site and blog for more information:

<http://www.censurfridns.dk> and [blog.censurfridns.dk](http://blog.censurfridns.dk)

## DNS tampering is unacceptable



Using DNSSEC and DANE will help

I use DNSSEC-trigger secure local DNS server for your Windows or Mac laptop.

- **DNSSEC Validator for Firefox**  
<https://addons.mozilla.org/en-us/firefox/addon/dnssec-validator/>
- **OARC tools** <https://www.dns-oarc.net/oarc/services/odvr>
- <http://www.nlnetlabs.nl/projects/dnssec-trigger/>

# Follow Twitter Safety news



Twitter has become an important new resource for lots of stuff

Twitter has replaced RSS for me

The Twitter team actively promotes good security practices



- BIOS kodeord, pin for your phone
- Firewall - especially on laptops
- Install anti virus and anti-spyware if using Windows
- Use multiple browsers with different security settings
- Use OpenPGP and email encryption
- Use Password Safe, Keychain Access (OSX) or other password saving programs
- Consider using hard disk or file encryption like Truecrypt <http://www.truecrypt.org/>
- Keep systems and applications updated with security fixes
- **Backup your data** - perhaps the single most important point
- Secure wipe your devices when you stop using them



Team up!

We need to share security information freely

We often face the same threats, so we can work on solving these together



Hey, Lets be careful out there!

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Source: Michael Conrad <http://www.hillstreetblues.tv/>