

THE CASE AGAINST ARACHNOPHOBIA

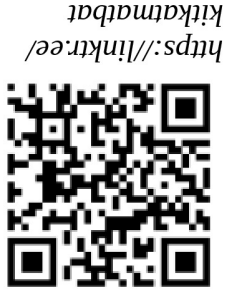
VANQUISH YOUR FEAR OF
SPIDERS WITH THIS NIFTY ZINE

BY KITKAT DAMBECK



pass it along, print
more, or Follow me on
social media!

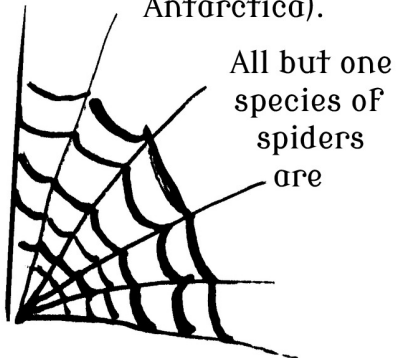
THANK YOU FOR
READING!



<https://linktr.ee/kitkatmatbat>

SPIDER SCIENCE!

Spiders are an Order of arthropods. They have eight legs, two body segments and have spinnerets. They are Found in every corner of the globe (except Antarctica, no one likes Antarctica).



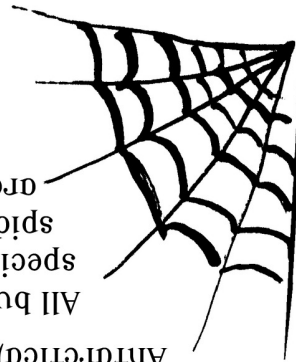
All but one
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principally on small
bugs, many of which are
considered pests.
In China specialized
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MYTHOLOGY!

From Anansi to *Charlotte's Web*, to animated Lucas, spiders are a significant symbol in our language. They are wise crafters and clever planners.

Once there was a skilled weaver, whose name was Arachne. Athena, jealous of her Fame,



disguised herself as a crone and

challenged Arachne to a weave off. Arachne accepted boastfully. Athena revealed her true Form but Arachne wouldn't back down.

When they Finished, Arachne's tapestry was so perfect that not even Athena could Find a single Flaw. Athena was so enraged that she turned Arachne into a spider.



DEALING WITH FEAR!

Brevity of zines aside, I hope you Feel more enlightened regarding spiders. I also wish to provide also a hands on way For you to act with more compassion For our eight-legged Friends.

DON'T GET SPOOKED!

Many of us jump the moment we see a creepy crawly. Next time you see a spider, try instead to watch them. Just look at them. Observer them. They can't move

particularly Fast, so stay calm. If it has a web, it will stay there. Take advantage of the opportunity when it comes.

TALK IT OUT!

This may Feel weird, but try it out! Simply talk to the spiders when

you see them. Just cutesy small talk. "Hey lil creepy guy... I'm going to put you in a glass and move you outside. You're a little spooky For me right now"

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