

I'M HAVING A MENTAL BREAKDOWN!



7:04pm

March 1993, 2023.

FOLLOW TO MAKE IT ALL GO AWAY!

Super Premium Snake Oil

DONT THINK

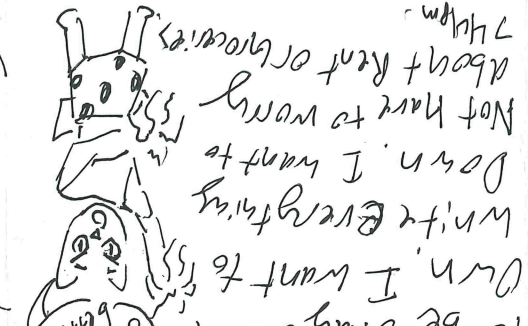
- there are clearer ways to do this
- Can you read my handwriting?
- It's spring break and I'm alone, broke, sober, and godless.
- Social media has fucked up my brain. I wish I could unplug and fill the empty space with glue.
- I wish I made more art.



7:08pm

IM TIRED AND CONFUSED

I want to be more motivated. I want more time to read. I want to be comfortable in my own skin. I want to be okay on my own. I want to write everything down. I want to not have to worry about rent or groceries.

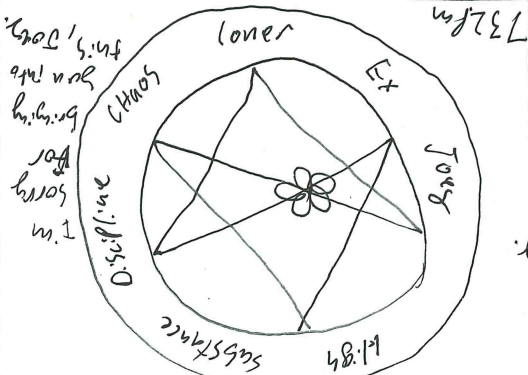


I'M NOT SOBER



7:14pm

I've quit. I'm cold turkey. Three cups of coffee. That's likely more than a ~~coffee~~ monster. Now monsters don't seem so bad anymore. How quickly we make friends with the dark thoughts.



7:32pm

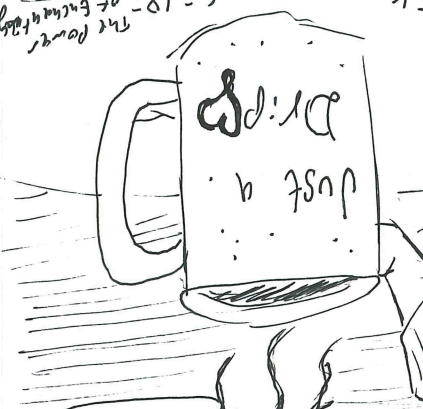
the average life expectancy is barely 80, AND its dropping fast. Im 25% of the way there. I might be 50!



7:18pm

IT'S ALL GOING TO END ONE DAY

Come on, wake up all you need is a coffee just a coffee



7 = 100 = 6.6 + 6.6 = 18 = 0.666666...
Coffee matters more alive, its why I had two coffee coffees. Every day. I turn every drink. Then I'll turn them up and take a break, through the day. I'll be.