

# Stevenson High School Student Menu September 2021

		1	2	3	
		<b>Comfort Food:</b> Beef and Mushroom Stroganoff w/ pasta <b>Mindful:</b> Veggie Lo Mein <b>Sides:</b> Roasted Vegetables, Egg roll <b>Soup:</b> Tomato Basil, Chicken Tortilla	<b>Comfort Food:</b> Home Made Chicken Pot Pie <b>Mindful:</b> Tofu Stir Fry <b>Sides:</b> Lemon Pepper Green Beans, Rice <b>Soup:</b> Tomato Basil, Chicken Tortilla	<b>Comfort Food:</b> Baked Battered Cod <b>Mindful:</b> Turkey Sloppy Joe <b>Sides:</b> Roasted Brocolini, Roasted Wedge Potatoes <b>Soup:</b> Tomato Basil, Chicken Tortilla	Macaroni & Cheese
6	7	8	9	10	
Labor day - No School	<a href="#">Non- Attendance Day</a>	<b>Comfort Food:</b> Baked Chicken Parmesean w/ Pasta <b>Mindful:</b> Turkey Breast Vesuvio <b>Sides:</b> Roasted Zucchini, Mashed Potatoes <b>Soup:</b> Veggie Chili, Chicken Noodle	<b>Comfort Food:</b> Roasted Italian Chicken Thigh <b>Mindful:</b> Maple Chili Glazed Pork Loin <b>Sides:</b> Brocolini, Cous Cous Primavera <b>Soup:</b> Veggie Chili, Chicken Noodle	<b>Comfort Food:</b> 3 cheese Penne <b>Mindful:</b> Chicken Tinga <b>Sides:</b> Azteca Corn, Mexican Rice <b>Soup:</b> Veggie Chili, Chicken Noodle	Mediterranean Week
13	14	15	16	17	
<b>Comfort Food:</b> Veggie Tikka <b>Mindful:</b> Dijon Crusted Salmon <b>Sides:</b> Brussel Sprouts, Rice <b>Soup:</b> Tomato Basil, Broccoli Cheddar	<b>Comfort Food:</b> Baked Cheese Enchiladas <b>Mindful:</b> Thai Chicken Stir Fry <b>Sides:</b> Roasted Carrots, Cilantro Lime Rice <b>Soup:</b> Tomato Basil, Broccoli Cheddar	<b>Comfort Food:</b> Chipotle & Orange Grilled Chicken <b>Mindful:</b> Tortilla Crusted Tilapia <b>Sides:</b> Sugar Snap Peas, Orzo <b>Soup:</b> Tomato Basil, Broccoli Cheddar	Non- Attendance Day	<b>Comfort Food:</b> Chopped Steak with Onions <b>Mindful:</b> Chicken w/Country Gravy <b>Sides:</b> Roasted Vegetables, Mashed Potatoes <b>Soup:</b> Tomato Basil, Broccoli Cheddar	Pasta Week
20	21	22	23	24	
<b>Comfort Food:</b> Open faced Pot Roast Sandwich <b>Mindful:</b> Chicken Breast with Bruchetta <b>Sides:</b> Snow Peas, Roasted Red Potatoes <b>Soup:</b> Veggie Chili, Corn Chowder	<b>Comfort Food:</b> Baked Beef Ravioli / Breadstick <b>Mindful:</b> Biryani Chicken <b>Sides:</b> Lemon Pepper Green Beans, Yellow Rice <b>Soup:</b> Veggie Chili, Corn Chowder	<b>Comfort Food:</b> Dijon Chicken <b>Mindful:</b> Baked Herbed Cod <b>Sides:</b> Asparagus, Scalloped Potatoes <b>Soup:</b> Veggie Chili, Corn Chowder	<b>Comfort Food:</b> Spicy Whole Wheat Spaghetti <b>Mindful:</b> Tempura Chicken Stir Fry w/ Rice <b>Sides:</b> Roasted Cauliflower, Spring Roll <b>Soup:</b> Veggie Chili, Corn Chowder	<b>Comfort Food:</b> 3 cheese Penne <b>Mindful:</b> Chicken Marsala <b>Sides:</b> Roasted Vegetables, Rice <b>Soup:</b> Veggie Chili, Corn Chowder	Burrito Bowl
27	28	29	30		
<b>Comfort Food:</b> BBQ Pulled Chicken Sandwich <b>Mindful:</b> Teriyaki Glazed Salmon <b>Sides:</b> Corn, Roasted Potatoes <b>Soup:</b> Tomato Basil, Chicken Tortilla	<b>Comfort Food:</b> Home Made Beef Meatloaf <b>Mindful:</b> Chicken Picata <b>Sides:</b> Roasted Carrots and Broccoli, Mashed Potatoes <b>Soup:</b> Tomato Basil, Chicken Tortilla	<b>Comfort Food:</b> Beef and Mushroom Stroganoff w/ pasta <b>Mindful:</b> Veggie Lo Mein <b>Sides:</b> Roasted Vegetables, Egg roll <b>Soup:</b> Tomato Basil, Chicken Tortilla	<b>Comfort Food:</b> Home Made Chicken Pot Pie <b>Mindful:</b> Tofu Stir Fry <b>Sides:</b> Lemon Pepper Green Beans, Rice <b>Soup:</b> Tomato Basil, Chicken Tortilla		Macaroni & Cheese