



Application of Deep Learning in Breast Cancer Imaging

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This review gives an overview of the current state of deep learning research in breast cancer imaging. Breast imaging plays a major role in detecting breast cancer at an earlier stage, as well as monitoring and evaluating breast cancer during treatment. The most commonly used modalities for breast imaging are digital mammography, digital breast tomosynthesis, ultrasound and magnetic resonance imaging. Nuclear medicine imaging techniques are used for detection and classification of axillary lymph nodes and distant staging in breast cancer imaging. All of these techniques are currently digitized, enabling the possibility to implement deep learning (DL), a subset of Artificial intelligence, in breast imaging. DL is nowadays embedded in a plethora of different tasks, such as lesion classification and segmentation, image reconstruction and generation, cancer risk prediction, and prediction and assessment of therapy response. Studies show similar and even better performances of DL algorithms compared to radiologists, although it is clear that large trials are needed, especially for ultrasound and magnetic resonance imaging, to exactly determine the added value of DL in breast cancer imaging. Studies on DL in nuclear medicine techniques are only sparsely available and further research is mandatory. Legal and ethical issues need to be considered before the role of DL can expand to its full potential in clinical breast care practice.

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Introduction

With 685,000 deaths, breast cancer is the leading cause of cancer mortality worldwide among women in 2020.¹ Breast cancer imaging plays a major role in reducing this excessive number of deaths. Screening programs have been set up to detect breast cancer early, enabling easier treatment and higher survival rates than to late-stage detected cancers.² Moreover, breast cancer imaging techniques are essential for the monitoring and evaluation of cancer treatment.

The screening programs, together with a rising amount of breast cancer incidences and consequential treatments, have been placing a high workload on (breast) radiologists over the last 2 decades.³ Artificial intelligence (AI) in the form of computer-aided detection/diagnosis (CAD) systems is used to assist radiologists and cut back workload. Conventional CAD systems are based upon traditional machine learning (ML) techniques; pre-defined (hand-crafted) features are the input to the system.⁴ However, large retrospective studies have shown that these conventional CAD systems do not improve diagnostic accuracy.⁵

Deep learning (DL), a subset of ML, operates directly on the image data, thereby defining (learning) appropriate features without human interference. In computer vision, outstanding achievements have been obtained with DL after the breakthrough of deep convolutional neural networks (CNNs) in 2012.⁶ Since then, DL techniques and, in particular, CNNs were rapidly implemented in medical image analysis⁴ and used in breast radiology to improve and elevate the conventional CAD systems to surpass the radiologist performance level.

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In recent years, many applications and submitted papers using DL in breast cancer imaging are still optimizing detection and diagnosis. However, the role of AI and DL has exceeded the early objective of CAD systems to aid radiologists only in these 2 tasks. Nowadays, DL is used in a plethora of different tasks, such as image reconstruction and generation, cancer risk prediction and prediction and assessment of therapy response. This review gives an overview of the current role of DL in the various tasks for different breast imaging modalities, and provides some insight in the future role of these DL techniques in clinical practice.

Introduction to Breast Imaging Modalities

Commonly, breast imaging is performed using digital mammography (DM), digital breast tomosynthesis (DBT), ultrasound (US), magnetic resonance imaging (MRI), or a combination of the mentioned. In DM, X-rays are sent through the breast and collected by a digital X-ray detector, creating a 2-dimensional (2D) image of the breast. It is a fast and easy technique. However, it suffers from the problem of tissue superposition. Especially in dense breasts (breasts with a high density of fibroglandular tissue), the chance that fibroglandular tissue masks lesions are high.⁷ To overcome this problem partially, 2 DM scans are made: the craniocaudal view and the mediolateral oblique view.

In DBT, multiple X-ray scans are taken from slightly different positions, resulting in a (partial) tomographic image with a reduced superposition effect compared to DM. A negative aspect of DBT is its more difficult interpretation, resulting in an increased reading time.⁸

When performing US, sound waves are sent through the breast while at the same time backscattered waves are detected. From the detected waves, a US image is constructed. Therefore, US uses no ionizing radiation, which is an important advantage. US images are shown in real-time, meaning that a US procedure needs to be performed by a

radiologist and is directly evaluated. However, it is difficult to document the entire breast with ultrasound. Furthermore, compared to DBT and DM, US images can be hard to interpret and the frequent detection of benign breast lesions leads to many unnecessary biopsies.

MRI uses a strong magnetic field, together with short-pulsed radio waves, to excite the water molecules inside specific places of the breast/human body, which transmit radio waves themselves when falling back to their ground state. These radio waves are detected and transformed into a 3D MRI scan. MRI is the most sensitive modality for breast cancer compared to DM, DBT, and US.⁹ However, breast MRI requires intravenous contrast administration and is a relatively expensive method.

Introduction to AI and DL

Artificial intelligence is the umbrella term for the ability of algorithms to do tasks that require a form of intelligence. A subset of AI is ML: algorithms belonging to ML gain knowledge (learn) from data to improve their performance. Data fed into an ML program can be represented in 2 forms: as features or as raw data. Features are variables in data that can be quantified, like lesion length, while raw data in breast cancer imaging are the DM/US/MRI scans.

If raw data is the input-form, the algorithms need to find features themselves. Although those learned features generally result in a better performance than using hand-crafted features, learning features is a problematic task for such algorithms.¹⁰ This problem can be solved by using a subset of ML techniques, collectively known as DL. In DL, features are expressed in terms of other, simpler features. DL algorithms are normally referred to as deep neural networks (DNNs), as they consist out of multiple (deep) layers of connected neurons. A special type of DNNs are CNNs (Fig. 2). CNNs are specifically designed to find useful features in images and are widely used in breast cancer image analysis.

To compare the performance of DL networks with human standards, different metrics are used for different tasks. In

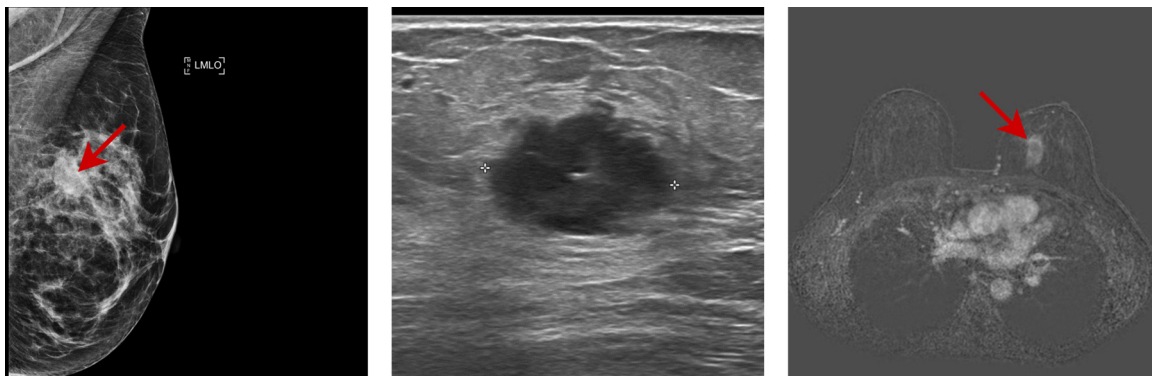


Figure 1 Digital mammography, ultrasound and magnetic resonance scans of a 45 y old woman with an infiltrating ductal carcinoma in the left breast, indicated with the red arrows. Left: digital mammography, middle: ultrasound, right: magnetic resonance.

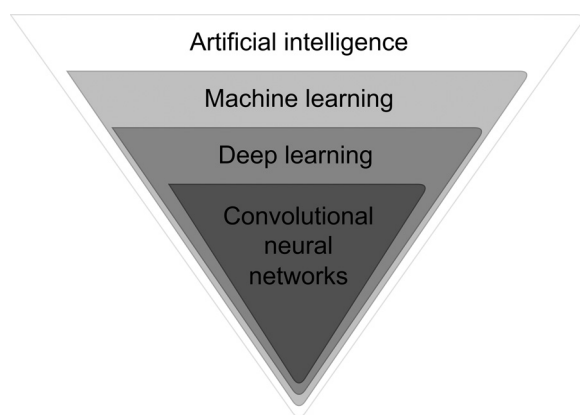


Figure 2 A Venn diagram showing the relationship between the different subsets of artificial intelligence.

classification, the metrics are based on receiver operating characteristic analysis. Here, accuracy, sensitivity, specificity, and area under the curve (AUC) play an important role. Accuracy gives the percentage of correctly classified samples, sensitivity the probability of a positive (thus malignant) output by the model/radiologist given that the sample is malignant, specificity the likelihood of a negative (thus benign) output by the model/radiologist given that the sample is benign, and AUC the average sensitivity for all possible values of the specificity.

In the case of segmentation/detection, the intersection over union and Dice similarity coefficient (DSC) are mostly used as metrics. These metrics both give a measure of the amount of spatial overlap between 2 samples. In detection, where the task is to draw an as-small-as-possible bounding box around the malignant lesions, the intersection over union/DSC score

is the amount of spatial overlap between the ground truth box and the predicted box. In segmentation, which outlines the contour of the malignant lesion, the IoU/DSC score is calculated between this predicted contour and the ground truth contour.

Digital Mammography and Digital Breast Tomosynthesis

The first CAD algorithms that implemented DL used CNNs to distinguish between the benign and malignant nature of suspicious candidate lesions.¹¹⁻¹³ However, these candidates, also called region of interests (ROIs), were first extracted from whole DM or DBT scans by hand¹³ or with conventional CAD methods,¹² without the use of DL methods. Kooi et al.¹¹ first extracted features directly from image patches by using a previously developed algorithm for mammographic lesions, using a random forest classifier to select the candidates. On those candidates, a CNN was trained. When comparing the results between the CNN and the reference system based on a conventional CAD method, the CNN had a non-significant higher AUC (0.929 vs 0.91, $P = 0.2$).

To fully exploit DL, it can also be used for candidate selection in whole images, thus consequently changing the input of the CAD systems from small patches containing suspicious regions to using the full DM and DBT scans¹⁴⁻¹⁶ (Fig. 3). For example, Al-Masni et al.¹⁵ implemented a CAD system based on YOLO, an algorithm that is capable of simultaneously performing classification and detection. They obtained an AUC of 0.965 on classifying masses on DM images as malignant or benign, showing that it can indeed be beneficial to use DL

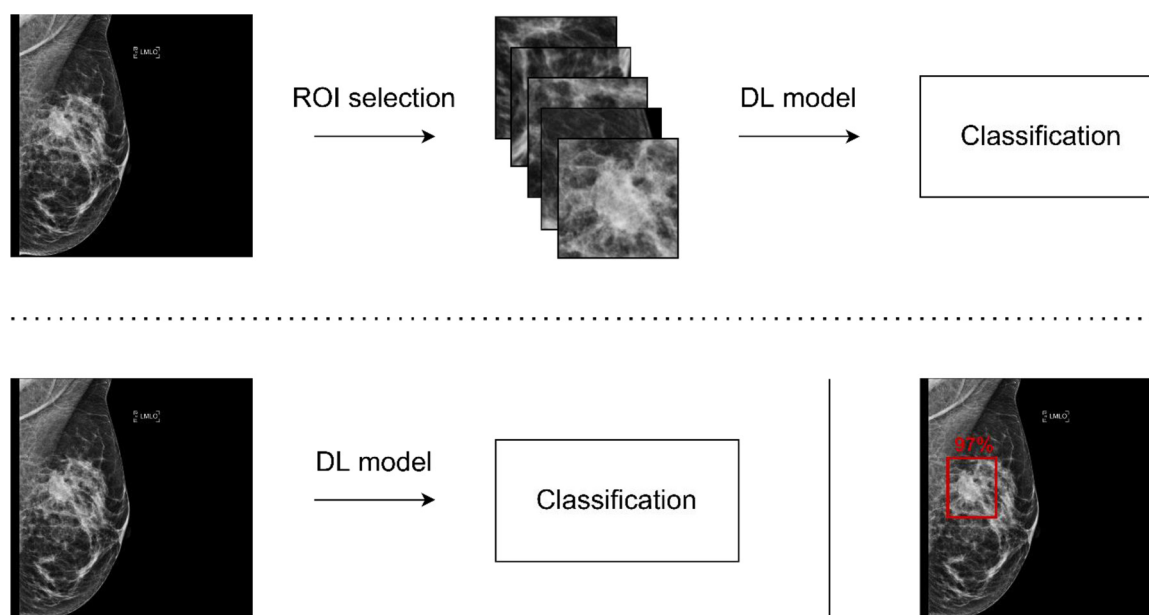


Figure 3 Two methods of using deep learning (DL) models for classification. Top: region of interests (ROIs) is selected first by hand or with conventional methods after which the DL model classifies the ROIs. Bottom: The DL model directly classifies the mammogram without ROI pre-selection. Bottom right: An example of the outcome of a DL model which classifies this lesion as malignant, with a certainty of 96%.

directly on mammograms instead of patches of suspicious lesions. When they compared the classification accuracy of their network with the accuracy of a CNN trained on suspicious patches, similar results are obtained: 97,0% (YOLO-based) vs 96,7%.

To make well-considered decisions about malignancy, radiologists not only use the image of the breast containing a suspicious lesion but also look at bilateral differences (differences between the left and right breast) and temporal differences (differences between last and previous scans). In an attempt to improve DL CAD systems, several authors created models which were capable of handling multiple input images (to include previous scans) and/or finding differences between the left and right breasts.¹⁷⁻²¹ Kim et al.,¹⁷ using DL and bilateral difference to classify DBT volumes, obtained an AUC of 0.847 with their 3D multi-view DCNN for classifying masses. This was an improvement relative to a CAD with hand-crafted features, which achieved an AUC of 0.826 ($P = 0.0102$). Yang et al.²¹ even included the possibility to detect ipsilateral (within the same breast) differences by using different views of the same breast as input. Their network achieved an AUC of 0.962 on their in-house dataset, which was a higher performance than single-view networks on the same dataset (AUC: 0.90-0.91).

A big downside of DL is its need for large datasets to achieve satisfactory performance. However, transfer learning, learning by using images from a different modality or field, can be used to overcome this problem. Huynh et al.¹³ were 1 of the first to use transfer learning in breast cancer imaging by using a network that was already trained on ~1M non-medical images from ImageNet. This type of transfer learning is nowadays an almost common practice due to its proven benefit. Similarly, due to the large similarities between digitized screen-film mammograms (SFM), DM scans, and DBT scans, DCNNs can be trained on a combination of these modalities, creating larger datasets and resulting in better performing CADs. For example, it was shown that using transfer learning between digitized SFM and DM, improved the AUC of DM classification statistically significantly.^{22,23} In another study, it was shown that the AUC could be significantly increased from 0.81 to 0.90 ($P < 0.05$) by training on both SFM and DBT images vs training on only DBT images.²⁴

Although some papers compare their DL CAD results with conventional CAD, the best way to evaluate new DL algorithms is by comparing them with the highest standard there is: radiologists. Some papers already included such comparisons in their initial evaluations,^{11,19} while other researchers set up special multi-reader multi-case studies specifically to evaluate already existing AI systems.²⁵⁻²⁸ The outcome of these reader studies is the same: AI is statistically non-inferior to radiologists for detecting and classifying breast lesions on DM and DBT images. For example, Romero-Martin et al.²⁸ investigated the stand-alone performance of an AI system for breast cancer screening on both DM and DBT scans. Their results show that the AI system can achieve comparable sensitivity as radiologists in a DM screening setting, while decreasing the recall rate. The

performance of the AI system on DBT scans was found to be non-inferior to radiologists, although recall rate increased.

These studies show the great potential for AI in DM and DBT. It however also questions whether AI could totally take over the radiologists' work or that it should be used as support. This support can be as an indicator of suspicious lesions (ie, providing CAD-marks)²⁹⁻³² or for preselection (reducing the amount of normal exams that need to be read)^{33,34} to improve radiologist performance and reduce workload. Rodriguez-Ruiz et al.²⁹ implemented AI support by providing the radiologists with an interactive tool that revealed the local cancer likelihood score calculated by the AI when clicked upon a region within the breast. This resulted in an improved AUC (Δ AUC: 0.02, $P = 0.002$), increased sensitivity (+0.03%, $P = 0.046$) and similar specificity and reading time. To decrease reading time, Yala et al.³⁴ reported a normal exam reduction by using an AI system that triaged ~20% of the test mammograms as cancer-free. This reduction in workload also improved specificity (+0.07%, $P = 0.002$) while maintaining a non-inferior sensitivity.

Next to (support in) detection and classification, in the last few years AI has also been used to develop more accurate risk prediction models.^{35,36} Whereas in the past most risk prediction models were based on amongst others mammographic density, these models use the actual mammograms to estimate whether a patient would develop cancer in the future. For example, Dombrower et al.³⁵ achieved an AUC of 0.65 compared to density-based models (0.57-0.60, $P < 0.001$), showing that DL models can be useful in breast cancer risk prediction.

However, the role of AI in DM and DBT continues to develop. As outside the medical world new DL models are developed, researchers are seeing possibilities for these new models to change breast cancer imaging. One of these models is the generative adversarial network (GAN), which can generate new images which have similar distributions as the images in the training set if trained properly. For example, GANs are now used in breast cancer imaging to generate synthetic digital mammograms (SDM) from DBT scans to decrease radiation dose³⁷ or to detect very small microcalcifications (at most 14 pixels wide) for which it is difficult to extract efficient features.³⁸

Ultrasound

Similar to DM and DBT, the first use of DL in US was for classifying tumors as either benign or malignant.³⁹⁻⁴¹ For example, in 2017, Han et al.⁴⁰ trained a modified GoogLeNet CNN on ROIs of suspicious lesions in US images, which achieved already outstanding performance with an AUC of 0.960. A conventional CAD based on hand-crafted features achieved an AUC of 0.90 on the same dataset. DL was later used to classify directly on the whole US image.⁴²⁻⁴⁴ This resulted in similar AUCs compared to ROI classification, ranging from 0.84 to 0.95.

However, datasets of US are in general smaller than DM sets, mainly due to the fact that US is not as extensively used for screening purposes. Apart from transfer learning, a well-known other or complementary method to enhance performance with small datasets is data augmentation. Data augmentation is the process of creating 'extra' data from existing data by rotating, flipping, shifting, etc. the available data. Actually, most mentioned research in this review makes use of a form of data augmentation. However, one should be careful which types of augmentation to use in US. As Byra et al.⁴¹ pointed out, performing image rotation or shift in the longitudinal direction can alter known attributes of breast masses, and thus lead to a potential decrease in classification performance. This is due to the fact that lesions that are "taller than wide" (ie, vertically oriented) are more often malignant than lesions that are "wider than tall".

Instead of classifying suspicious lesions between benign and malignant, radiologists classify lesions using the Breast Imaging-Reporting and Data System (BI-RADS).⁴⁵ This classification system ranges from BI-RADS 1 (no suspicious findings) to BI-RADS 5 (>95% probability of malignancy), thus incorporating a probability of malignancy and with that a management recommendation. For lesions classified as BI-RADS 3 watchful waiting is deemed appropriate as the probability of malignancy is less than 2%, whereas lesions classified as BI-RADS 4 and 5 in general should be biopsied. Despite this system, the classification in breast US suffers from inter-observer variability, and miss-classification of lesions. Therefore, CADs are developed to help radiologists select the appropriate BI-RADS classification. Some of these are based upon pathological classification, whereas others are based upon radiologists assessment.^{46,47} However, the latter approach is a bit questionable: The training data for these CADs already includes inter-observer variability, and potential structural misclassification of the likelihood of malignancy.

In US, besides lesion classification, DL is also used for lesion detection. For detection, relevant images are fed into the CAD system that subsequently determines whether a lesion is present. This can be done using normal US images⁴⁸ or 3D Automated Breast US scans.^{49,50} The latter has the advantage of capturing standardly the entire breast. In normal US imaging, however, an experienced US doctor needs to manually store and select images for CAD analysis, which implies that the lesion is in fact usually already detected. This is thus dependent on the availability of experienced US operators and likely leads to missed suspicious regions. Zhang et al.,⁵¹ however, developed a lightweight (low on GPU usage) CAD system that can detect lesions in real-time during US scanning, obtaining a 24 frames per second (fps) detection rate on US equipment.

Detection and classification can, as in DM, be combined into 1 single network.^{47,52,53} A very elaborate experimental study was conducted to explore which well-known CNN-based DL architectures achieved the highest performance in US detection and classification.⁵² Here, DenseNet appeared to be a good model with an accuracy of up to 85% for full images classification and 87.5% on pre-defined ROIs. Alternatively, Shin et al.⁵³ used semi-supervised learning to train a different network, based upon another well-known model

called Faster R-CNN, for the 2 tasks. Results show that training a network with both sparsely and highly annotated images can greatly boost performance compared to training on only the (same amount of) highly annotated images.

DL can also be used to perform segmentation of lesions in handheld US images,⁵⁴⁻⁵⁷ and 3D Automated Breast US images, to document their size and extent.^{58,59} A common network used for segmentation is the U-net,⁶⁰ a U-shaped network especially developed for the segmentation of biomedical images (Fig. 4). It is shown that the U-net also delivers in breast cancer imaging, as half of the earlier mentioned references regarding segmentation use a (modified) U-net. However, newly developed segmentation networks outside the biomedical imaging domain, like the earlier mentioned YOLO network, also show their great potential for this field. Such networks are approaching clinical practice as they would detect lesions, segment them and classify them as benign or malignant.

In analogy to the DL CADs system for DM, the effect of CADs in the interpretation of US images also needs to be evaluated. Various studies validate the performance of S-detect, a CAD system of which the model of Han et al.⁴⁰ is a DL component of.⁶¹⁻⁶³ All studies show that a DL CAD system can improve the performance of radiologists. This improvement is logically mostly due to an increased specificity as the system is used to help classify already detected lesions. However, compared to DM, studies are mostly small single center evaluations, and consequently there is a need for larger retrospective/multi-reader/multi-case studies and prospective validation to obtain clear results.

Upon observing a suspicious lesion in the breast, it is common for radiologists to check for metastasis in the axillary lymph nodes with US imaging. Therefore, DL is also used to classify lymph nodes in such axillary US images.⁶⁴ Analyzing lymph nodes of breast cancer patients with a DL based network was shown to yield an increased accuracy compared to expert radiologists from 77.9% to 87.0%, and may thus help selecting the most suspicious lymph nodes for biopsy. It is also known that breast US characteristics can be associated with lymph node metastasis, opening the possibility for DL to predict lymph node metastasis directly from observing US images of breast lesions only.^{65,66} Zhou et al.⁶⁶ trained a well-known CNN called InceptionV3 on US breast cancer images and compared its results with 5 radiologists, which too only had access to the breast cancer images. The network obtained both a higher sensitivity (85% vs 73%) as a higher specificity (73% vs 63%), although not statistically significant ($P > 0.05$) due to a small test set. In this way, DL can provide an alternative for checking lymph nodes for metastasis during examinations, lowering the total duration of these examinations.

DL can also be used for the prediction of molecular subtypes of breast cancer⁶⁷ and the prediction of response to neoadjuvant chemotherapy (NAC).⁶⁸ Predicting molecular subtypes can reduce unnecessary biopsies when the predictive ability of the model is at a high level and may be used to detect radiological-pathological discordance. Zhang et al.⁶⁷ obtained AUC values of 0.864, 0.811 and 0.837 for the

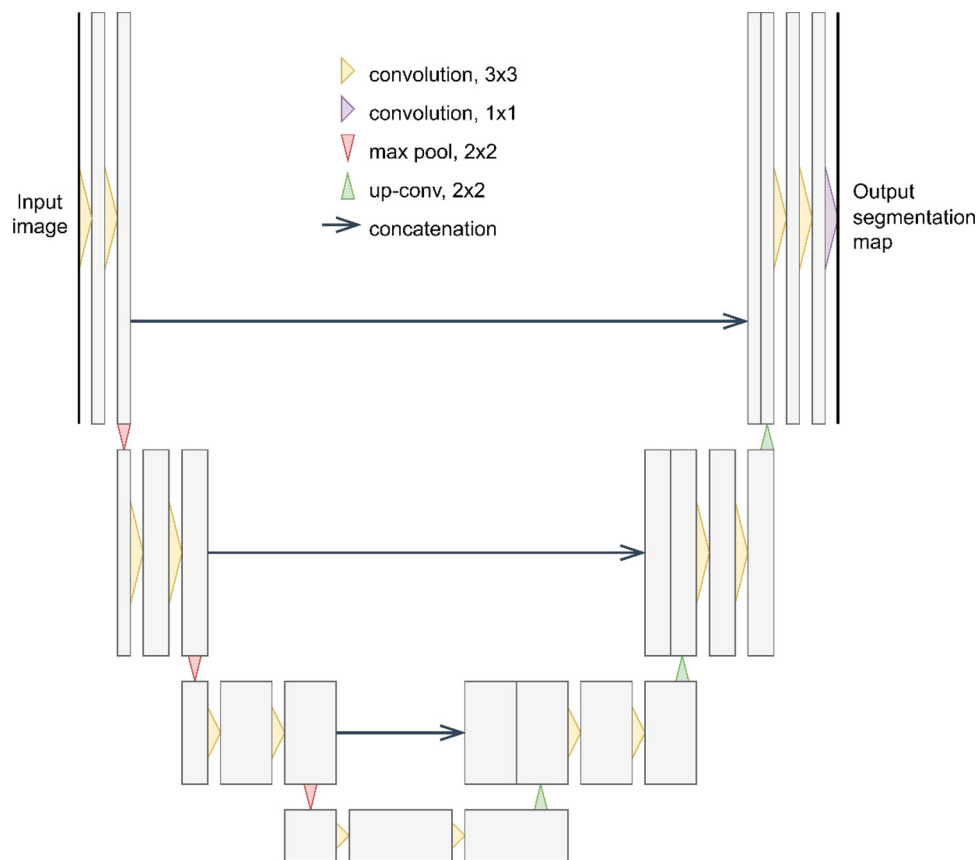


Figure 4 Schematic of U-net architecture. Grey boxes denote multi-channel feature maps; width indicates the number of feature maps, length the size of the image (in 2D). The triangles/arrow show the different operations, note that up-convolution (green triangle) halves the number of feature maps.

triple-negative, HER2 (+) and HR (+) subtype predictions, respectively, using standard ultrasound images of cancers as input. The early prediction of NAC can be crucial for the patient's health, for example, to stop ineffective chemotherapy treatment as early as possible. Byra et al.⁶⁸ developed 2 CNN models for NAC prediction: an *a priori* model and a Siamese model for prediction after the first or second course of NAC. The *a priori* model only sees the pre-NAC US images, while the Siamese model simultaneously looks at the pre-NAC and post NAC (after first or second course of NAC) US images. They obtained an AUC of 0.797 and 0.847, respectively.

GANs are also being used in US imaging. For example, GANs are used to reconstruct high-resolution images from low-resolution images,⁶⁹ lowering the 3D acquisition time and thus the burden on the patient. Furthermore, Fujioka et al.⁷⁰ implemented a GAN to generate synthetic US images with and without tumors, which can be used for strengthening DL models and educating radiologists.

Magnetic Resonance Imaging

In magnetic resonance imaging (MRI), similar to DM, DBT and US, DL is mostly used to perform or aid in classification, detection, and segmentation of breast lesions. However, the

big difference between these modalities and MRI is the dimensionality. Whereas DM, DBT, and US produce 2D images, MRI creates 3D scans. In addition, MRI sequences that also observe changes over time, for instance, the inflow or outflow of contrast agents (dynamic contrast-enhanced (DCE) MRI), further expand the dimensionality to 4D. Problems can arise when using DL models created outside the medical world on these 3D or 4D MRI scans, as most of those models are developed to operate on 2D images.

Various approaches have been introduced to overcome these problems. The most commonly used approach is to transform the 3D images into 2D ones, enabling the use of standard 2D DL models. This can be done by either dividing the 3D MR image into 2D slices or by using the maximum intensity projection (MIP). However, many standard DL models are developed for color images, for example, images with 3 channels for red, green and blue (RGB). This means that the input to these models is a 3D image, in which the third dimension is created by the 3 color channels. As MR scans are greyscale images, they consist of only 1 color channel, and thus 3 slices or MIPs can be used as 1 input image. This creates the possibility to have a semi 3D MRI input image with 3 consecutive slices, or to include multiple post-contrast slices or MIPs in 1 input image. Other approaches include the use of actual 3D MRI scans and modify already existing 2D DL models to deal with 3D data, or use models

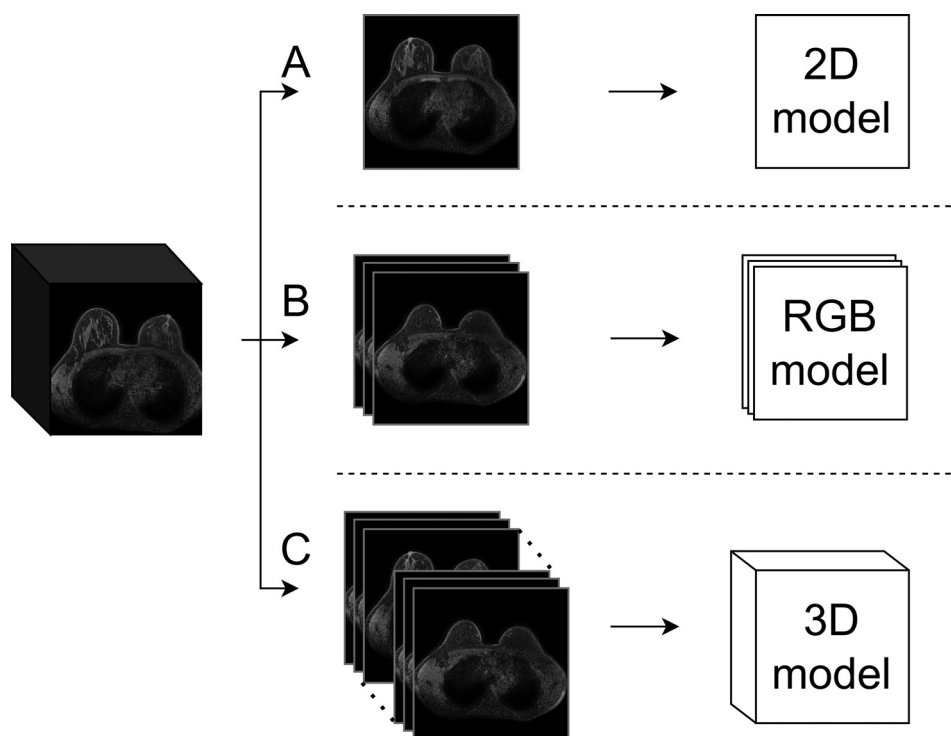


Figure 5 Different approaches to apply deep learning (DL) to 3D magnetic resonance (MR) scans. (A) 2D model approach. One 2D slice is input to the 2D DL model. (B) semi 3D (RGB) model approach. Three 2D slices are the input to the RGB model. (C) 3D model approach. Whole MR scan is directly fed into the 3D model.

like DenseNet that are specifically designed to work with 3D data (Fig. 5). It is expected that AI algorithms that can leverage the real 3D or even 4D input of breast MRI may increase performance over techniques that first apply dimension reduction, albeit so far this hasn't been shown.

Research into lesion classification in MRI has in fact made use of all of the above-mentioned approaches. Several groups used 2D slices of the ROIs as input.⁷¹⁻⁷³ They obtained AUCs ranging from 0.908 to 0.991. Other studies used MIPs as input,^{74,75} finding AUC values of 0.88 and 0.895, respectively. In research where the 3 RGB channels were used to include several post-contrast slices,⁷⁶⁻⁷⁸ the researchers obtained AUCs ranging from 0.84 to 0.92. Finally, some studies used the actual 3D MRI scans finding AUC values of 0.852 and 0.859, respectively.^{78,79} Areas under the curve for the different studies are similar and may even seem to decline when moving from simple 2D approaches towards more sophisticated 3D techniques, however, it needs to be noted that these values cannot be compared with each other, as all of the mentioned research made use of different datasets. However, studies using various kind of techniques did compare their own results with radiologists interpretation.^{75,77-79} In general, AI models had an improved specificity relative to radiologists' performance, and an equal or slightly lower sensitivity.

Next to lesion classification, DL is also been used in MRI to classify axillary lymph node metastasis.⁸⁰⁻⁸² Two of these studies used positron emission tomography (PET), as ground truth instead of biopsy results. They reasoned that a biopsy, while definitive as ground truth, leaves behind artifacts such

as needle marks or biopsy clips, which could undesirably move the DL algorithm in the direction of a malignant classification.^{81,82} By using PET as ground truth, which is also in clinical practice regularly used to determine the presence of pathological lymph nodes, they obtained accuracies of 84,8% and 88,5% compared to radiologists' performance of 78,0% and 65,8% respectively.

As in the other modalities, detection and segmentation of lesions are the other 2 tasks in which DL is already widely developed. Maicas et al.⁸³ were 1 of the first to build a DL-based lesion detection model for MRI. They created a network based on deep Q-networks (DQNs), which learned how to iteratively change an initial large bounding box to a smaller box containing a lesion, if this lesion exists in the initial bounding box of course. With their DQN, they achieved a similar performance compared to conventional exhaustive search methods, while significantly reducing the computation time with a factor >4. Ayatollahi et al.⁸⁴ took a different approach by modifying RetinaNet, a network specifically designed to detect small objects in images, for lesion detection on 4D MR scans. They achieved a sensitivity of 95% at 4 false positive per breast.

However, most research into lesion detection and segmentation implemented the earlier mentioned U-net.⁸⁵⁻⁸⁸ For example, Zhang et al.⁸⁶ implemented a multi-stage U-net and filled the 3 RGB channels with slices of the breast mask, post-contrast and subtraction images, obtaining a DSC of 72 for lesion segmentation. Alternatively, Piantadosi et al.⁸⁷ used the 3 channels to include the first and second post-contrast slides next to the pre-contrast slide as input, obtaining a

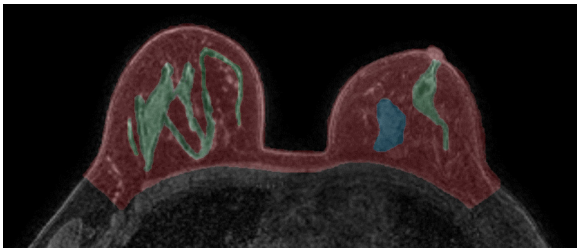


Figure 6 Example of segmented breasts in magnetic resonance (MR) scan of the patient from Figure 1. Red region: whole-breast segmentation. Green region: fibroglandular tissue. Blue region: Malignant lesion.

DSC of 61 for segmentation. In another approach with the U-net, Lu et al.⁸⁸ merged 4 different MRI sequences, namely T1-weighted, T2-weighted, diffusion weighted and dynamic-contrast-enhanced MRI, to achieve a DSC of 0.865.

It is important to note that in half of the above-mentioned detection and segmentation methods for MRI first a proper breast mask was used. These breast masks are segmentations of the whole breast region, which, when multiplied with an MRI scan, only pass-through pixels that belong to the breasts, while pixels outside the breasts are set to zero. These masks serve 2 purposes. Firstly, in the DL models for segmentation and detection, they can guide the models to focus on the right place. Secondly, the masks can be used to calculate the mammographic density, which is an important indicator for an increased risk of breast cancer. It is, therefore, no surprise that DL also plays a role in whole breast segmentation.⁸⁹⁻⁹¹ In these studies, Dice scores between 96 and 99 were obtained, showing that whole breast segmentation is an easier task than lesion segmentation.

Mammographic density is the percentage of fibroglandular tissue (FGT) in the breast region. This can be calculated when one has the breast mask and the segmented FGT. DL is also used to segment the FGT,⁹²⁻⁹⁴ enabling the possibility to calculate the mammographic density without human input. For example, Dalmis et al.⁹² compared their DL method using a U-net with older atlas-based methods, respectively finding DSCs of 0.850 vs 0.671. In another research, Parekh et al.⁹⁵ combined all of the tasks stated above, and segmented the breast, FGT, and lesion (if present) with 1 DL model, after which a standard ML classifier classified the lesion as benign or malignant. Their network obtained a DSC of 0.89 for segmenting lesions and a classification AUC value of 0.90 (Fig. 6).

Next to the 3 main tasks, namely, classification, detection, and segmentation, DL in MRI is also commonly used for the prediction of various variables. Multiple studies are investigating the possibility of predicting the breast cancer molecular subtype.⁹⁶⁻¹⁰⁰ In one of these studies, Sun et al.⁹⁹ tried to distinguish malignant lesions into 2 kinds of breast cancer subtypes, namely luminal or non-luminal. With their CNN based on the well-known Inception-v3 structure, they obtained an AUC of 0.958. The study of Liu et al.¹⁰⁰ is another study worth mentioning, as they tried to predict the recurrence of cancer (within 5 years) next to predicting the molecular subtype (HER2+). An AUC value of 0.781 was

found for molecular subtype prediction, while the prediction of recurrence had an even higher AUC value of 0.828.

Likewise, DL can be used to predict the response to neoadjuvant chemotherapy (NAC). This has great potential in reducing the physical and financial burden of treatments, as a good NAC response prediction may be used to personalize the NAC before the treatment has even started. There exist studies that use a combination of DCE-MRI scans from before and early in the NAC,^{101,102} and studies that only use DCE-MRI scans from before NAC treatment.^{103,104} Braman et al.¹⁰⁴ performed a retrospective multi-center study across 5 institutions to predict the pathological complete response (pCR) to NAC for HER2+ breast cancer patients. They found AUC values of 0.77 and 0.85 for 2 different testing datasets, which is a statistically better performance than conventional pCR NAC prediction methods, showing the potential for DL in these kinds of tasks.

GANs are also found to be useful in MRI. Since there exist differences in noise distribution and intensity values between MR scans from different vendors, models trained on 1 brand of scanners may struggle to generalize to another brand, causing a decrease in performance. To normalize the MR scans of different vendors, Modanwal et al.¹⁰⁵ implemented a GAN which learned the bidirectional mapping between MRI scans of 2 different vendors. They showed the potential role of DL in MRI normalization by obtaining DSCs of 0.98 (in both directions). Mori et al.¹⁰⁶ investigated a different type of GAN called pix2pix,¹⁰⁷ to solve another problem present in MRI, namely fat suppression in DCE-MRI images. The current fat suppression method is often inhomogeneous, mostly caused by an inhomogeneous magnetic field inside the MRI scanner. They generated synthetic fat-saturated T1-weighted images from non-contrast-enhanced T1-weighted images by training pix2pix to learn the mapping between those 2 kinds of images. Two breast radiologists scored the synthetic images on a scale of 1 (excellent) to 5 (poor), with 3 being equal to current fat-saturated T1-weighted images. On average, the synthetic images got a score of 3.12, showing again the potential role of DL in another area of breast cancer imaging.

Nuclear Medicine Imaging

Nuclear medicine imaging techniques like Positron Emission Tomography (PET) or scintigraphy are deemed less suitable for early-stage breast cancer evaluation as compared to the 4 earlier discussed imaging modalities, that is, DM, DBT, US and MRI. However, nuclear medicine techniques have added value for detection and classification of (extra-)axillary lymph nodes and distant staging.¹⁰⁸ It is therefore no surprise that DL is also implemented in this imaging area, albeit only marginally.

The quantification of the whole-body metabolic tumor volume (MTV) from PET/CT can give a measure of the tumor burden. If this task could be performed by a DL model, it greatly reduces the manual labor as in clinical practice all tumors need to be delineated to obtain the MTV. Weber

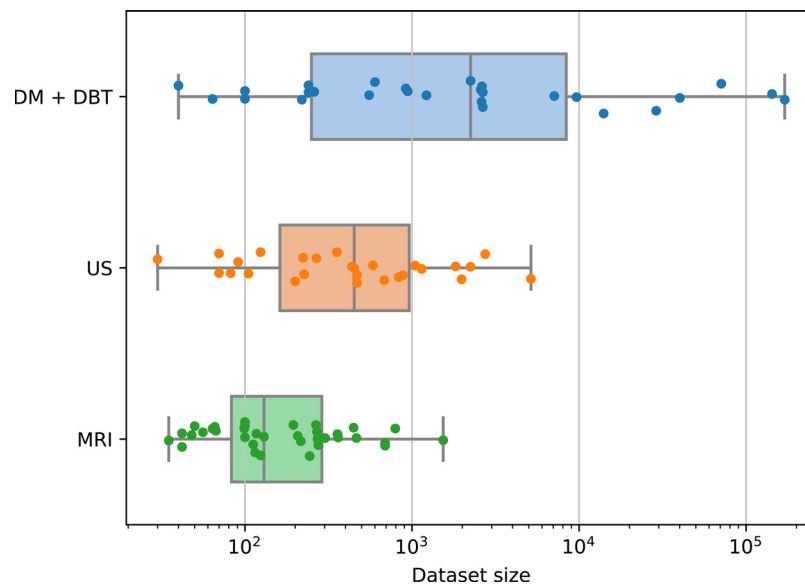


Figure 7 Dataset sizes per breast imaging modality for all research included in this review. DBT, digital breast tomosynthesis; DM, digital mammography; US, ultrasound; MRI, magnetic resonance imaging.

et al.¹⁰⁹ tested if a CNN, trained to obtain the MTV for lymphoma and lung cancer patients, could also accurately detect and segment lesions in whole-body PET/CT scans of breast cancer patients. They found that there was a statistically significant correlation between the DL derived and manually segmented MTV, showing the generalizability of this neural network. However, the DL model was having trouble detecting all lesions, although it detected 92% of PERCIST measurable lesions, the sensitivity for all detected lesions was only 39%.

Breast cancer and prostate cancer are the cause of most cases of bone metastasis.¹¹⁰ Therefore, Papandrianos et al.¹¹¹ proposed a robust CNN for diagnosing breast cancer metastasis on whole-body scintigraphy scans. They obtained a classification accuracy of 92.5% by labelling the whole-body scans as either benign or malignant. In addition, they compare their proposed network with well-known CNN architectures, from which DenseNet achieved the highest accuracy of 95%.

Furthermore, DL and nuclear medicine techniques are combined to improve tasks which are also implemented in the other breast cancer imaging techniques. Li et al.¹¹² created a 3D CNN model to assist clinicians in diagnosing axillary lymph node metastasis on PET/CT images. With the aid of their network, the sensitivity of the clinicians increased on average with 7.8 percentage points, while the specificity of the clinicians remained unaffected (at ~99.0%). The DL model on its own, however, was still outperformed by both clinicians. In another study, Choi et al.¹¹³ showed that PET/MRI scans can be used to train a DL model to predict pathological responses to NAC in patients with advanced breast cancer. Here, improved AUC values were found when comparing conventional indicators of response to NAC (eg, maximum standardized uptake value, metabolic tumor volume, etc.) to the CNN based on Alexnet. It needs to be said that

their dataset was very limited, with only 6 responders and fifty non-responders.

Perspectives on AI and DL in Clinical Breast Imaging Practice

Although the roles of AI and DL in the different imaging modalities are comparable, the difference in the size of the datasets, and level of validation and evaluation of the studies differ much. Whereas DM and DBT studies nowadays have large datasets in the order of (tens of) thousands of patients from different medical centers, MRI studies do only rarely exceed 500 patients and are often from a single center. The size of US datasets is in between the other 2 modalities dataset sizes, in the order of some thousands of patients (Fig. 7). This of course favors the AI performance in DM and DBT studies, as generally larger datasets and data from different centers lead to better performing and better generalizing DL models. And again, when looking at the level of validation and evaluation per modality, DM and DBT studies are leading. Whereas there already exist multiple large retrospective and multi-reader studies for the evaluation of DL CAD systems for DM and DBT, these do exist less for US, while, to the best of our knowledge, these do not yet exist for MRI.

DL research in US and MRI needs to invest in generating larger and more diverse datasets to elevate from proof-of-concept models to systems that are ready for large multi-reader multi-case studies, as is now the case for DM/DBT studies. However, this does not mean that all DM/DBT models are already sufficiently tested for implementation into clinical practice. As found by Gur et al.,¹¹⁴ the performance of radiologists can differ between case studies and the real clinical setting, the so-called ‘laboratory’ effect. It is thus

necessary to start up large-scale prospective trials to evaluate the performance of DL systems and the effect they have on human performance in clinical practice before one can undoubtedly show that DL systems can have a beneficial role in breast cancer imaging.

An obvious solution to overcome small datasets and grow large ones quickly, is to share data across medical centers. Unfortunately, this is often not possible due to patient-privacy policies. Approaches such as federated learning, where data remains locally, but the algorithm travels,¹¹⁵ or even swarm learning, where all participants contribute to both case collection and algorithm development,¹¹⁶ are poised to overcome this problem. However, thus far such approaches have not been widely implemented. This also induces another problem: validation of the exact results of DL studies in breast cancer imaging is generally not possible as (training) data cannot be shared. However, Norgeot et al.¹¹⁷ argued that exact validation of the results is of less importance compared to direct assessment of clinical impact of AI systems and rapid replication of the study. Therefore, they set up a checklist, indicating the minimal requirements for the transparent reporting of clinical AI studies. Other organizations provided similar checklists, that may enable more robust and consistent AI studies in the future, which is essential before they can be widely used.

At last, next to performance evaluation, legal and ethical issues need to be answered as well. Can final decisions be made by the DL CAD systems? Who has the liability for incorrect DL decisions? Will AI aid give a (negative) bias to radiologists? What is the public opinion of DL decision tools? Can DL CAD algorithms accurately clarify how they came to their decision? It is clear that these questions need to be discussed before DL models can be widely implemented in real clinical settings.

Conclusion

There are numerous possibilities for DL algorithms to elevate breast cancer imaging to a higher level. For all common breast cancer imaging modalities (eg, DM/DBT, US and MRI) many studies exist that use AI. Studies range from classification to segmentation, and from prediction to image generation. DL studies in MRI and PET/CT show a slightly greater variety in research directions compared to DM/DBT and US, mainly due to a stronger focus on prediction of therapy response and outcome. DM/DBT studies are further developed due to larger dataset sizes and larger validation studies. However, it is clear that large trials still need to be conducted and legal and ethical issues need to be considered before the role of AI and DL will expand to its full potential in the clinical breast cancer imaging practice.

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