



User Report

Komal

@Komal

Analysis Report

Anxiety

Normal

Depression

Suicidal

Stress



0%

0%

100%

0%

0%

Traits of depression are demonstrated, including persistent low mood and a lack of interest in activities.

1. Seek support from a trusted friend or a mental health professional.
2. Set small, achievable goals to regain a sense of accomplishment.
3. Incorporate physical exercise or hobbies you once enjoyed into your routine.

Refer these links:

- https://youtu.be/I_AxR-aHKaQ?si=-T3G1wxEKLCOMF3m
- <https://www.youtube.com/watch?v=d96akWDnx0w>
- https://www.youtube.com/watch?v=Xm_2zmX6Akc