

Cyber Hygiene

Final Evaluation



Presenter

Guided by

Nihar Zutshi 191203088

Mr Arjun Puri

DEPARTMENT OF COMPUTER SCIENCE AND ENGINEERING MIET(Autonomous), JAMMU





Nihar Zutshi
Former Gurugram Cyber Police Summer Intern
4th Year
Department of Computer Science and Engineering,
Model Institute Of Engineering And Technology (Autonomous)



01

About the seminar

02

What is It?

03

Do & Don't

04

Data Breach Live Test

05

Case Study

CONTENTS

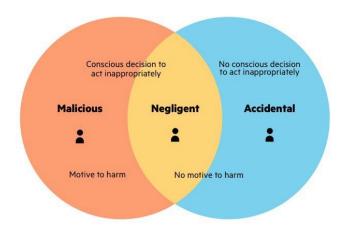
What is Cybersecurity Hygiene and How do I implement it?



Cybersecurity Hygiene is a set of basic practices that can be taken by all personnel to protect the health of hardware and software of computer-based systems.

Just as traditional hygiene measures are needed to limit the spread of virus and disease, cybersecurity hygiene is needed to limit the spread of computer viruses and cybersecurity attacks.

The importance of cyber hygiene, cyber hygiene basics, and implementation strategies.



Why is cybersecurity Hygiene important for automation systems?



Why is cybersecurity hygiene important for automation systems?



How to Implement Cybersecurity Hygiene?

WHY IS CYBERSECURITY HYGIENE IMPORTANT FOR AUTOMATION SYSTEMS

Why is cybersecurity hygiene important for automation systems?

- 1. Cyber security incidents can have major consequences for automation systems
- 2. Cybersecurity risks continue to rise for automation systems
- 3. the human elements is often the weakest point in security



Cybersecurity risks continue to rise for automation system.

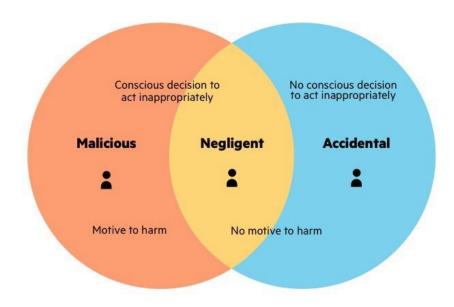
- 90% of OT organizations had experienced a "damaging attack" in the last two years1.
- More attackers can target OT systems with readily available hacking tools.
- Aging automation systems often have known vulnerabilities and are no longer patchable.
- Greater interconnectivity and remote access to systems increases possible entry points.





The human elements is often the weakest point in security

- 1. Nearly 80% of all insider cybersecurity attacks are unintentional 2
- 64% from employee/contractor negligence
 13% from credential theft
- 2. Many employees (incorrectly) believe their actions have no impact on security





WHAT IS CYBERSECURITY HYGIENE?



WHAT IS CYBERSECURITY HYGIENE?

Cybersecurity hygiene is a set of

basic practices that can be taken by
all personnel to protect the health of
hardware and software of
computer-based systems.





What does cybersecurity hygiene look like?

Awareness of potential sources of cybersecurity risk

- Phishing Emails
- Suspicious Websites
- USB Devices

Following best practices for security

- Using strong unique passwords
- Closing unused accounts
- Maintaining updated devices

Limiting how much personal information is available online



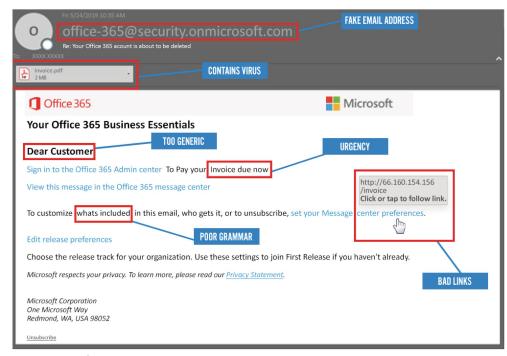
Phishing is still one of the most used (and effective) methods for compromising user accounts

- Phishing-using email to attempt to acquire sensitive information like passwords, or to tricks users into clicking on a link that downloads
- Without awareness training **37.9%** of employees clicked phishing links
- At large manufacturing companies the number was **48.8%**



These tips can help with detecting a phishing email.

- Be on alert when receiving external links
- Always check the entire email address
- Check for generic greeting
- Be cautious of urgent or demanding actions
- Look for incorrect spelling or grammar
- Check links for secure website



Reference:-

https://www.newcmi.com/blog/tips-for-detecting-a-phishing-email



Distributed via the CDC Health Alert Network February 13, 2020 CDCHAN-00426

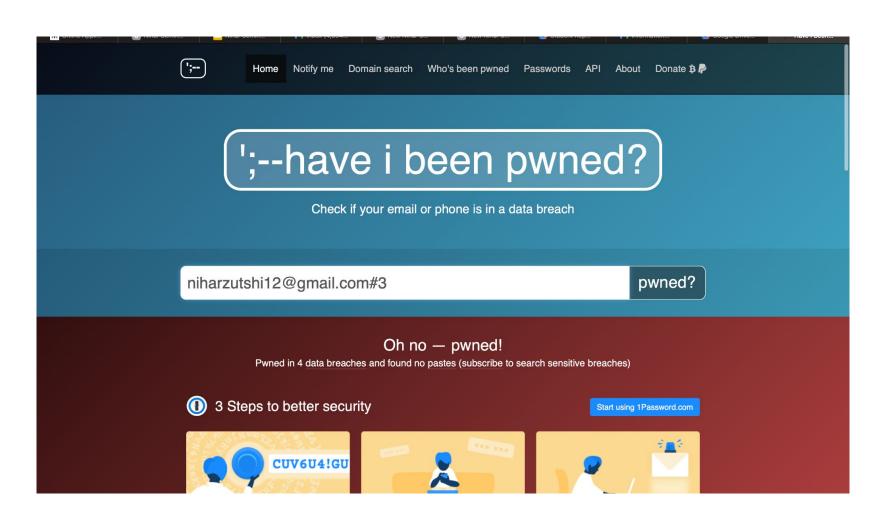
Dear

The Centers for Disease Control and Prevention (CDC) continues to closely monitor an outbreak of a 2019 novel coronavirus (2019-nCoV) in Wuhan City, Hubei Province, China that began in December 2019. CDC has established an Incident Management System to coordinate a domestic and international public health response.

Updated list of new cases around your city are available at (https://www.cdc.gov/coronavirus/2019-nCoV/newcases-cities.html)

You are immediately advised to go through the cases above to avoid potential hazards.

Sincerely,
CDC-INFO National Contact Center
National Center for Health Marketing
Division of eHealth Marketing
Centers for Disease control and Prevention



Breaches you were pwned in

A "breach" is an incident where data has been unintentionally exposed to the public. Using the 1Password password manager helps you ensure all your passwords are strong and unique such that a breach of one service doesn't put your other services at risk.



Domino's India: In April 2021, 13TB of compromised Domino's India appeared for sale on a hacking forum after which the company acknowledged a major data breach they dated back to March. The compromised data included 22.5 million unique email addresses, names, phone numbers, order histories and physical addresses.

Compromised data: Email addresses, Names, Phone numbers, Physical addresses, Purchases



Go Games: In approximately October 2015, the manga website Go Games suffered a data breach. The exposed data included 3.4M customer records including email and IP addresses, usernames and passwords stored as salted MD5 hashes. Go Games did not respond when contacted about the incident. The data was provided to HIBP by dehashed.com.

Compromised data: Email addresses, IP addresses, Passwords, Usernames



ixigo: In January 2019, the travel and hotel booking site ixigo suffered a data breach. The data appeared for sale on a dark web marketplace the following month and included over 17M unique email addresses alongside names, genders, phone numbers, connections to Facebook profiles and passwords stored as MD5 hashes. The data was provided to HIBP by a source who requested it to be attributed to "BenjaminBlue@exploit.im".

Compromised data: Auth tokens, Device information, Email addresses, Genders, Names, Passwords, Phone numbers, Salutations, Social media profiles, Usernames



Vedantu: In mid-2019, the Indian interactive online tutoring platform Vedantu suffered a data breach which exposed the personal data of 687k users. The JSON formatted database dump exposed extensive personal information including email and IP address, names, phone numbers, genders and

What Next?



Portable Media is another common source of unintentional malware introduction

- Do not plug in any "found" USBs
- Do not charge cell phones on IACS systems
- Dedicate USBs solely for the use on IACS
- Scan USBs for malware before use



Following security best practices for all employees can help limit cybersecurity exposure.

DO

- Use strong passwords
- Close any unused accounts
- Maintain updated devices
- Adheer to company policies (25% of employees admit to ignoring company security policies.
- Limit personal information on social media
- Report suspicious network activity

DON'T

- Reuse passwords for multiple accounts
- Share accounts with multiple people
- Use personal devices for business activities (56% of employees use personal computer for work from home)

Employees should be clearly informed for their responsibility for cybersecurity

- Formally define cyber hygiene requirement in terms of use.
- Clearly communicate expectations for all employees.
- Use flyer and bulletins to provide reminders.

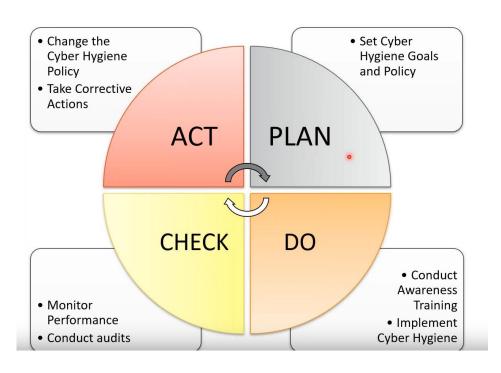


Enroll employees in periodic awareness training

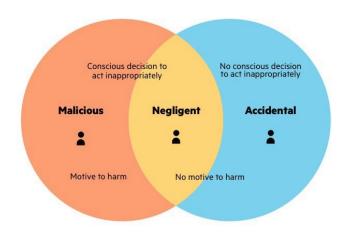
- Ensure all employees are given automation specific awareness training.
- Use questions to gauge understanding
- Revalidate training on a yearly basis
- Use Learning Management Systems (LMS) to share training and track compliance



Adopt a continuous improvements approach



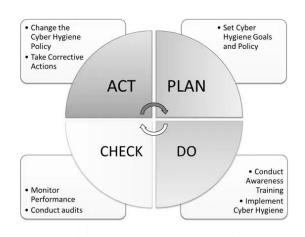
This presentation covered the importance of cyber hygiene cyber hygiene basics and implementation strategies



Why is cybersecurity Hygiene important for automation systems?



Why is cybersecurity hygiene important for automation systems?



How to Implement Cybersecurity Hygiene?

Case study time!



Home / India / 26-year-old's suicide in Bengaluru points to online 'sextortion' racket

Premium

26-year-old's suicide in Bengaluru points to online 'sextortion' racket

Several days after Avinash BS hanged himself at his home on March 23, an online gang contacted his elder sister on Facebook — without realising that their victim was dead — and demanded more money to ensure that a video is not posted online or shared with friends and family.

TECHNOLOGY

Customer of an electronics retailer in UAE calims to have mined ~\$2,500 worth of cryptocurrency using display laptops of the store







Reference:http://www.menabytes.com/sharaf-dg-mining-xmr/

Multi-crore Chinese loan app fraud, extortion racket busted in Delhi, 4 arrested

Delhi Police busted a multi-crore Chinese loan application fraud and extortion racket and arrested four people, including the mastermind behind the scam.





