



Middle School Years

I MAY NOT BE
PERFECT
BUT WHEN I LOOK AT
MY CHILDREN
I KNOW THAT I GOT
SOMETHING IN
MY LIFE
PERFECTLY RIGHT





Principal
Ms. Richa Sharma Agnihotri
principal@sanskritischool.edu.in

Vice-Principal
Ms. Poorni Rajesh
poornirajesh@sanskritischool.edu.in

Middle School In Charge
Ms. Abha Malik
abhamalik@sanskritischool.edu.in



Dream Team: Middle School

**Ms. Nayandeep Kaur
Counsellor**

nayandeepkaur@sanskritischool.edu.in

**Ms. Kavita Verma
Academic Coordinator**

academics@sanskritischool.edu.in

Special educators:

Ms. Rashmi Dhawan

Ms. Prachi Chawla

Ms. Akshita Arora

Ms. Ishita Nagpal

Ms. Shashi Singh

Ms. Charlotte Thomas

Need to talk to us?

We're listening...



SPECIAL



Ms. Rashmi Dhawan	rashmidhawan@sanskritischool.edu.in
Ms Akshita Arora	akshitaarora@sanskritischool.edu.in
Ms Shashi Singh	shashisingh@sanskritischool.edu.in
Ms Shikha Chopra	shikhachopra@sanskritischool.edu.in
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Ms Charlotte Thomas	charlottethomas@sanskritischool.edu.in

Need to talk to us?

We're listening...

Class VII



VII A	Ms. Japneet Kaur	japneetkaur@sanskritischool.edu.in
VII B	Ms. Mona Singh Rekhi	monasingh@sanskritischool.edu.in
VII C	Ms. Monika Arora	monikaarora@sanskritischool.edu.in
VII D	Ms. Neelima Gupta	neelimagupta@sanskritischool.edu.in
VII E	Ms. Swati Mathur	swatimathur@sanskritischool.edu.in
VII F	Ms. Nidhi Bajaj Anand	nidhibajaj@sanskritischool.edu.in
VII G	Ms. Shivani Gulati	shivanigulati@sanskritischool.edu.in
Grade Rep	Ms. Anjali Tulsiani	anjalitulsiani@sanskritischool.edu.in

Need to talk to us?

We're listening...

Class VIII



VIII A	Ms Ruchi sinha	ruchisinha@sanskritischool.edu.in
VIII B	Ms Nisha Sharma	nishasingh@sanskritischool.edu.in
VIII C	Ms Pritha Singh	prithasingh@sanskritischool.edu.in
VIII D	Ms Kanika Malhotra	kanikamalhotra@sanskritischool.edu.in
VIII E	Ms Sangeeta Kumar	sangeetakumar@sanskritischool.edu.in
VIII F	Ms Meenakshi Kachroo	meenakshikachroo@sanskritischool.edu.in
VIII G	Ms Snehajit Kar	snehajitkar@sanskritischool.edu.in
Grade Rep	Ms Swati Shukla	swatishukla@sanskritischool.edu.in



Daily Schedule

CTIP + HPE

6-7 academic periods per day.

Two activity periods per day.

Two PE/Games periods per week

One Work-Ed period per week.

Two IT periods per week.

One Library period per week.



Well Planned Daily Schedule

CTIP+HPE	7:30-7:55
Slot I	7:55-8:30
Slot II	8:30-9:05
Slot III	9:05-9:40
Slot IV	9:40-10:15
BREAK	10:15-10:35
Slot V	10:35-11:10
Slot VI	11:10-11:45
Slot VII	11:45-12:20
Slot VIII	12:20-12:55
Slot IX	12:55-1:30



SCHOOL POLICY

- ID cards are mandatory for the students. Please update us immediately if any change happens in the information. Loss brings on a penalty. Please ensure all **CORRECT DETAILS ARE uploaded on the school portal.**
- Students should attend school in proper school uniform.
- Regularity and punctuality is important.
- We have zero tolerance for bullying.
- Language change /section changes will not be entertained.
- No mobile phones and smart watches to be carried to school.
- Maintain hygiene while using washrooms.
- Show respect for school property and others.





Keep yourself updated

- A daily look into the website and Google Classroom.
- Kindly look at your ward's almanac, time table and school bag on a daily basis.
- Any note written by a teacher in the almanac needs to be acknowledged.
- In case you do not have login for the school parent portal, please contact Ms Renu in the admin (renubudhimania@sanskritischool.edu.in)
- Avoid communication via whatsapp communication instead drop a mail to the class teacher/rep/middle school incharge in case of any urgency.
- You can also write a note in the Almanac for the class teacher.



Attendance- on account of leave

- Leave during an Exam/UT due to a medical reason to be followed up by a Medical Certificate from a registered medical practitioner (to be considered for a medical leave). Please discourage a child from writing an exam if he/ she is unwell.
- Leave taken due to any other reason should be informed to the class teacher before availing it.
- If the child is taking part in any inter school competition or representing school on state or National level then the child will be granted permission and will be counted as permitted leave. All requisite documents to be submitted in that case.
- Club level participation will not be given accommodations.

WORK SUBMISSION



- 
- Notebooks are equipped with a checklist at the beginning and students are encouraged to ensure that their work meets the requisites.
 - Homework is staggered and coordinated between different subjects in order to avoid pressure of submissions on students.



Integration of technology

Innovative ways are used to gauge the understanding and conceptual clarity of students.

- Collaborative assignments
- Edpuzzles
- Kahoot
- Quizizz
- Nearpod
- Google forms





Points to be flagged

- Syllabus is updated regularly under the curriculum tab on the school website.
- Summer break will start from 28th May, 2022 and we rejoin on the 6th of July.
- A short holiday homework will be assigned for the children during the summer break to keep them in touch with the school curriculum via fun activities/ revision worksheets.
- First Round of Unit Test will begin from 13th July.
- Open House on 23rd July, 2022.



Some more Important Dates-non scholastic days 2022

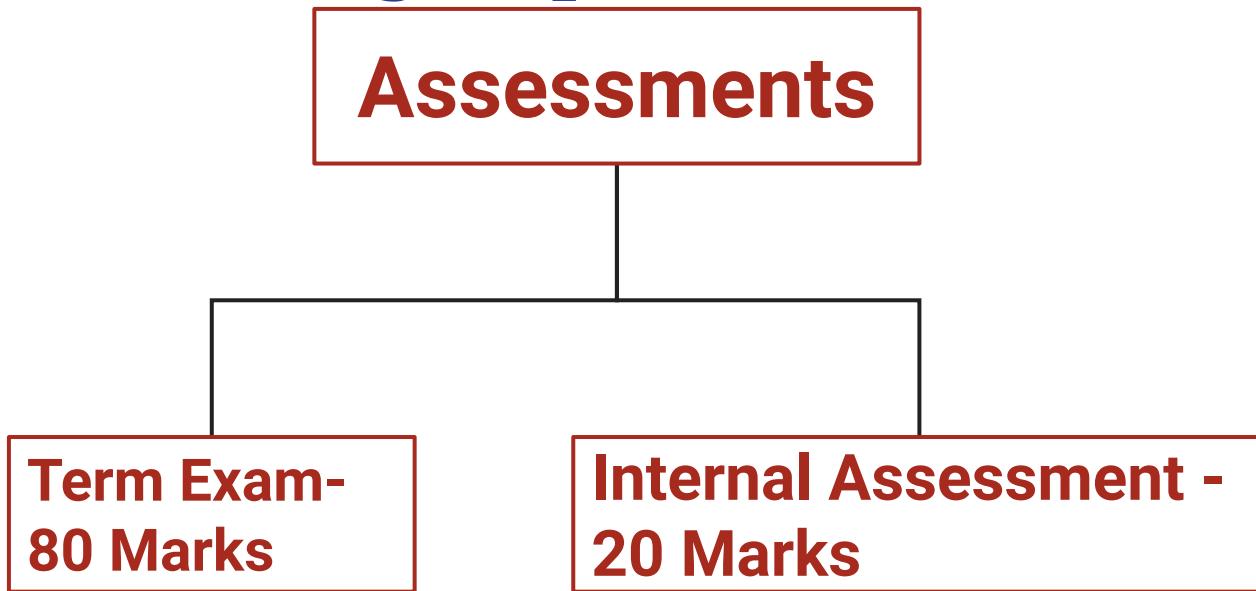
- Language Day was celebrated on 21st April
- International Dance Day- 29th April
- International Music Day - 6th July.
- Yoga Day-21 June
- MUN /CLUB DAY/ Assembly
- School Birthday/Cultural Fest- 12th August
- Teachers day/Annual day/ Science, math, literary days
- School calendar and personal calendars should be synced
- *Please look at the School Calendar on the Website or in the School Almanac for other important dates.*



Structure of Assessment

Grades VII & VIII

Grading as per CBSE/DOE





Assessment Grades VII & VIII

Internal Assessment

- Projects for each subject paced over the year
- Work submission
- Class participation
- Subject-specific enrichment activities
- Portfolio
- ASL-English, Hindi & Language
- Science Experiments

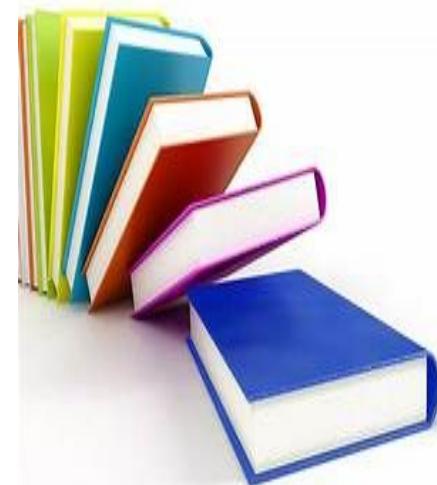
Unit Tests and Term Exams

- One round of Unit Test per term
- Term-end exams
- Exams are a blend of objective and subjective questions
- Planned revision for the exams
- Notebook correction is done systematically and supervised by Principal and incharges



Academics-Supplements to make learning enjoyable

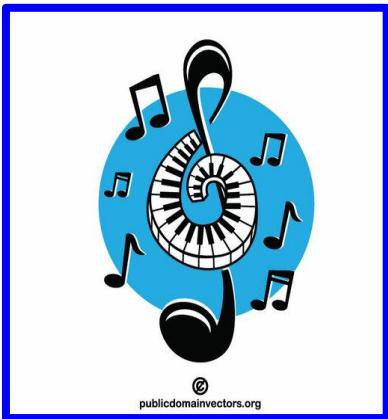
- Atal Tinkering Labs-ATL
- Supplementary reader in English-Great Expectations by Charles Dickens
- Social science-Let's go time travelling by Subhadra Sen Gupta
- Movies, links and IT related teaching
- Subject based outings
- Science laboratory for hands on experience



PA- VA OPTIONS IN MIDDLE SCHOOL



CHESS



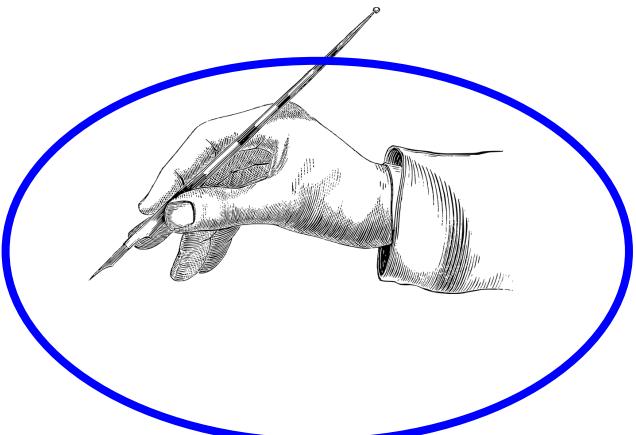
VOCAL MUSIC



GUITAR



THEATRE



ART



JAZZ

WE SEND A GOOGLE FORM EACH YEAR TO ASK YOU ABOUT YOUR WARD'S PREFERENCE



Co Scholastics

MUN

Club Days

Safety and
Wellness
workshops

Reading Months

Chess

Yoga

Jazz

Physical
Education

Atal Labs

Theatre

Visual Arts

Indian Vocal

Work Education





Google Classroom

Google Classroom is a Google for Education (web and mobile) app that lets students join classes, see subject resources, attempt assignments, connect with classmates, send private comments to teachers and see everything in one place.

- Sanskriti School is a proud user of Google Workspace for Education Fundamentals.
- Each student has been given a unique School email id and they can access Google Classroom through the same:
(admissionnumber@sanskritischool.edu.in)
- **Key to communication**
- **School recommends that the mobile app of Google Classroom is downloaded on the phone**

Guardians Summaries

- Guardians can get an email summary of their student's work. If you are not receiving as yet then give your email id to the class teacher.
- Guardian email summaries include:
 - Missing work**—Work that's late at the time the email was sent
 - Upcoming work**—Work that's due today and tomorrow (for daily emails) or work that's due in the upcoming week (for weekly emails)
 - Class activity**—Announcements, assignments, and questions recently posted by teacher
- Guardians **can't sign in to Classroom** directly.
- You will receive email summaries by **accepting the invite** from the teacher.
 - You can choose the frequency of the emails, such as daily or weekly.
- Ensure that the **details submitted** by you (Parent) on school website are complete and updated.

- Did you mean: [Google Classroom](#)
-   **Google Classroom** Inbox Weekly summary for Guneet - , 2021 Class activity CCTIP Class 9 Yashoda Pramod Announcement Dear students Hope all o...
 -   **Google Classroom** Inbox Weekly summary for Guneet - , 2021 Class activity 99E - Geo/ Eco Yogita Gautam Assignment – due Jul 16 Summer holiday...
 -   **Google Classroom** Inbox Weekly summary for Guneet - april 20 Class activity CCTIP Class 9 Yashoda Pramod Announcement Dear Students Sending ...
 -   **Google, me 3** Inbox Weekly summary for Guneet - From: Google Classroom Date: Fri, Apr 23, 2021 at 4:34 PM Subject: Weekly summary for Gun...
 -   **Mansi Arora (Classr.** Inbox Get Google Classroom email summaries for Guneet - guardian in Google Classroom You'll get a weekly summary of Guneet's...
 -   **Lori Gracey** Inbox TechNotes Blog for 12/24/2020: Updates to Google Workspace - Updates to Google Workspace (<https://blog.tcea.org/upda...>
 -   **Sanchita** Inbox  Have you tried Digital Storytelling? - conduct a class you are telling a story. Irrespective of what subject you teach, Huma...
 -   **Sanchita Ghosh** Inbox Newsletter: October 2020 Vol.1 - is a Google Chrome Extension which you can use to record yourself or your screen or both ...
 -   **Lori from TCEA** Inbox Learn how to teach effectively in your hybrid classroom - hybrid-classroom /?utm_source=TCEA+Emails&utm_campaign=ca...



 Google Classroom

Mansi Arora invited you as a guardian in Google Classroom

You'll get a weekly summary of Guneet's progress with missing and upcoming work, and new teacher posts.

 **Guneet**

ACCEPT

I'M NOT THE
GUARDIAN

 You don't need Gmail or a Google Account to accept.

If you accept, your contact information will be shared with Guneet, Guneet's teachers and domain administrators, and applications they authorize for use

 Classroom
classroom.google.com 



Get Classroom email summaries

You've been invited to get email summaries. You're signed in as Geeta Mudhar (mgeeta1710@gmail.com).

SWITCH ACCOUNT **ACCEPT**

← 🔒 Email settings classroom.google.com ⌂ ⋮

Email settings 

Google Classroom email summaries

Email summaries are sent to mgeeta1710@gmail.com. [Learn more](#)

Frequency

How often would you like to receive an email summary of your student's activity?

 Guneet Kaur 7807@sanskritischool.edu.in 

Weekly 

Timezone

Daily summaries are sent each afternoon, and weekly summaries are sent on Friday afternoons.

(GMT+05:30) India Standard Time 

②

← 🔒 Email settings classroom.google.com ⌂ ⋮

Email settings

Google Classroom email summaries

Email summaries are sent to mgeeta1710@gmail.com. [Learn more](#)

Frequency

How often would you like to receive an email summary of your student's activity?

 Guneet Kaur 7807@sanskritischool.edu.in 

Weekly  Daily No summaries 

Time: Daily summaries are sent each afternoon, and weekly summaries are sent on Friday afternoons. (GMT+05:30) India Standard Time 

②

← ⌂ ⌂ ⌂ ⋮

Hi Guneet,

Mansi Arora added a guardian to your account.

 **Geeta Mudhar** mgeeta1710@gmail.com

They will get a weekly email summary of your progress with missing and upcoming work, class announcements, and more.

Guardians Summaries- Examples



Google Classroom

Weekly summary for Guneet

Apr 16 – Apr 23, 2021

Student work

Missing from last week

IX-E English – due Apr 21

Reading Comprehension_April

Please find attached the comprehension exercise to be done this month. You could write your answers in the Smart Skills and upload a scanned copy of the same here.

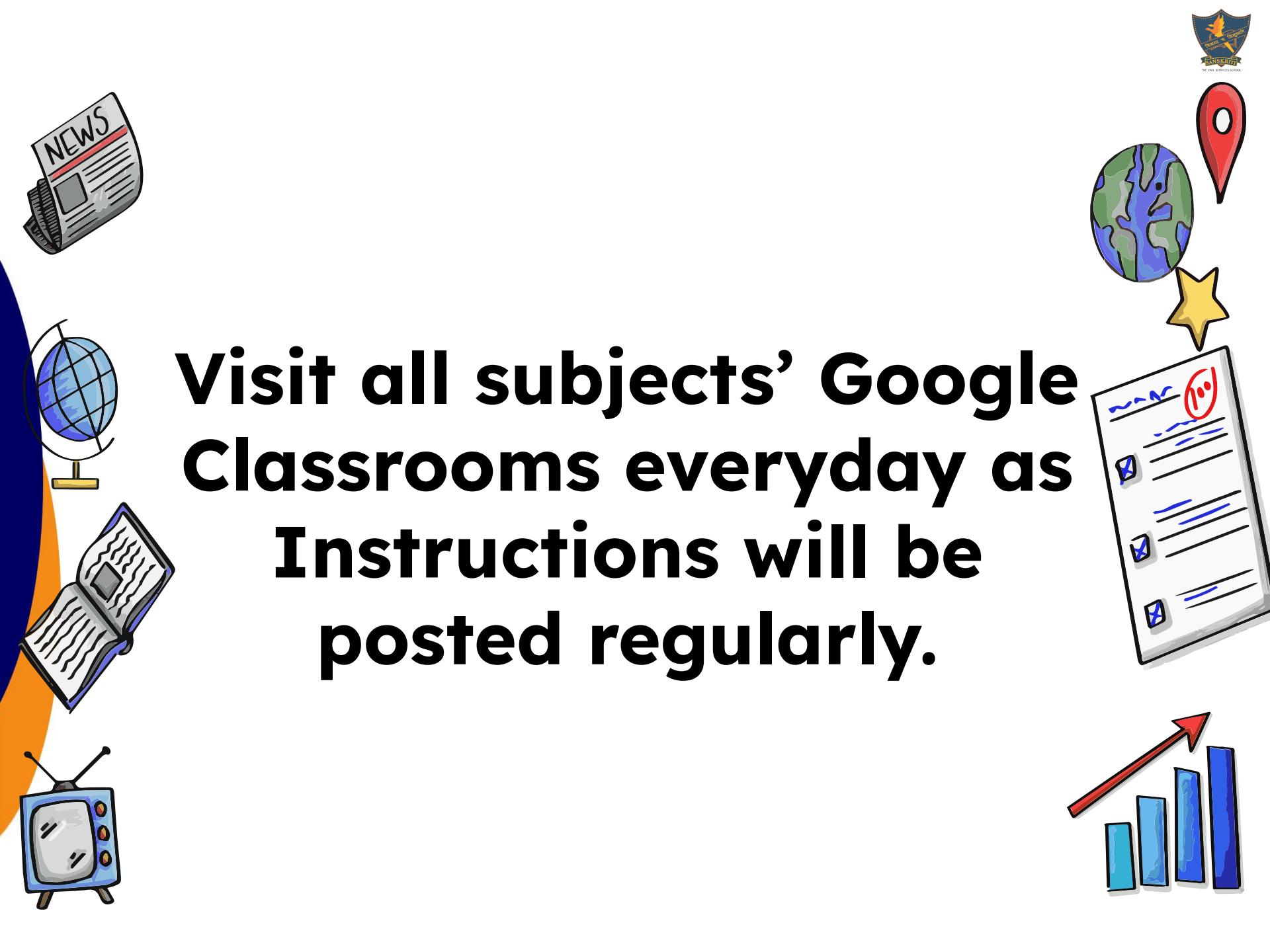
Due next week

9 E work Ed 2021-22 – due Apr 24

Heming work given on april 20

IX-E English – due Apr 29

Visit all subjects' Google Classrooms everyday as Instructions will be posted regularly.



Guardians Summaries- Video Tutorial



GUARDIAN EMAIL SUMMARIES
PARENT GUIDE

Accept Google Classroom's privacy settings
Google Classroom
ACCEPT FIND THE SUMMARY

Email settings
Frequency
Weekly Daily No summaries

EVERYTHING PARENTS NEED TO KNOW



Middle School Counsellor

Ms Nayandeep Kaur



Believe In Your Child



BEHIND EVERY CHILD WHO
BELIEVES
IN HIMSELF IS A
PARENT
WHO BELIEVED IN THEM FIRST

Conscious Parenting

- ★ Help your child SEEK beauty in small moments
- ★ Allow your child to EXPRESS his/her feelings freely
- ★ LISTEN to your child with undivided attention
- ★ Teach them how to THINK, not what to think
- ★ Teach them the skill to WAIT
- ★ Teach them importance of HONESTY & INTEGRITY
- ★ Help your child EXPLORE his/her interests, strengths and talents
- ★ Reward & CELEBRATE smallest of efforts and victories
- ★ Encourage PLAY & EXERCISE
- ★ Help your child to become INDEPENDENT
- ★ Let your actions teach your child values like RESPECT, EMPATHY, GRATITUDE & ACCEPTANCE



“

“Don't raise your kids to have more than you had. Raise them to be more than you were.”





Celebrate Failures to Value Success

"Our greatest glory
is not in never falling, but
in rising every time we fall."

- Confucius

F - First

A - Attempt

I - I

L - Learning



Help Foster Your Child's Mental Health

- Provide a safe environment
- Engage in your own self-care & mental health
- Have your child practice affirmations
- Actively talk about emotions and feelings
- Respond calmly during elevated emotions
- Teach them healthy coping mechanisms
- Model positive behaviours
- Accept your mistakes
- Teach to say and accept 'No'
- Teach patience & self-control
- Avoid the temptation to give in to instant gratification
- Avoid threats of punishment
- Don't nag or taunt
- Encourage learning from natural consequences
- Praise effort, not achievements
- Show unconditional love and positive regard

Supervise Screen Time

“Screen time is an obsolete concept when screen time is all around us. It is the content we consume and the context in which we consume it that affects our well being.”



Dr. Michael Rich, Director of the Center
Media and Child Health at Boston's
Children's Hospital /Harvard Media School





Responsible Parenting

- Limit your own media use
- Negotiate screen time
- Control access to devices/ gadgets
- Install parental controls & password protect streaming media
- Review their search histories
- Monitor chat groups
- Feed their curiosity with age appropriate information
- Teach them appropriate behaviours for online & in-person interactions
- Do not encourage children to carry lot of cash or expensive items to school
- Look out for any drastic changes in your child's personality or behaviour

Key to Wellness & Academic Success

A Healthy & Consistent Routine

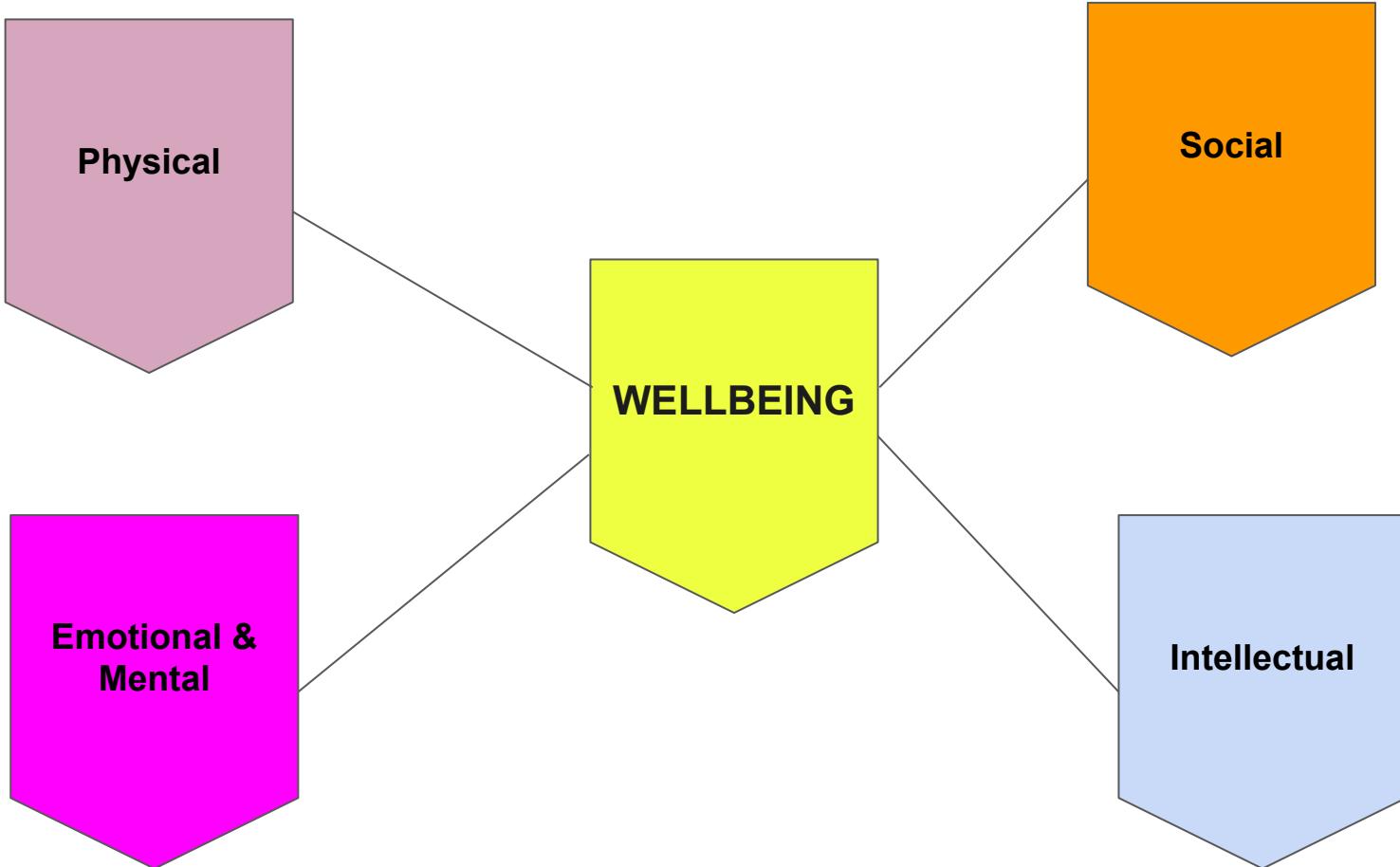


Set boundaries and build a routine together

- Healthy diet
- Hydration
- Adequate sleep
- Study time
- Exercise
- Recreation time
- Family time



Creating safe spaces and ensuring holistic development





Socio-Emotional Learning

- Social and Emotional Learning (SEL) is a process through which children acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, control temptations, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.
 - CTIP
 - Circle Time
 - Awareness Talks
 - Workshops
 - PA/VA
 - Assemblies based on grade level themes
- School counselor is available at all times for any support required by the students.

Safety & Wellness Workshops

- ❖ Manas Mental Health Program
- ❖ Anti-bullying Awareness
- ❖ Rainbow Awareness/ Gender Sensitivity
- ❖ Circle Time For New Admissions
- ❖ Child Personal Safety & POCSO
- ❖ Cyber Safety & Digital Netiquette
- ❖ Study Habits & Exam Skills
- ❖ Mental Health Day
- ❖ Adolescence Sex Education Program for Grade VIII



help!
**WHY AM I
CHANGING?**

GRADE VI

Demystifying Growing Up and Adolescence

GRADE VII

My 'I' - Self-development

GRADE VIII

My Self - In the World

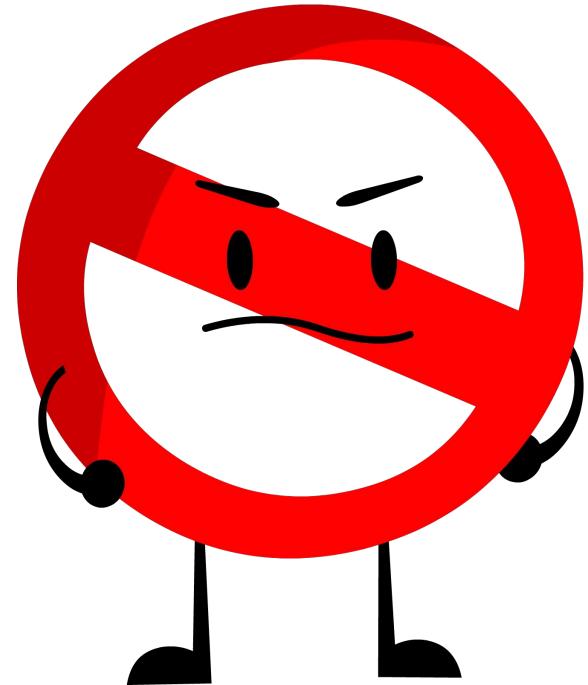
We Celebrate Diversity

- ❖ Children from diverse backgrounds & abilities
- ❖ Every strength has a liability and every weakness has an opportunity
- ❖ Focus on ABILITY, not on inability
- ❖ Inclusion allows every child to have access to the same opportunities to learn, play & grow
- ❖ The idea of belonging shouldn't be considered a privilege available to only some students rather it should be a basic human right
- ❖ Integrated Support Systems



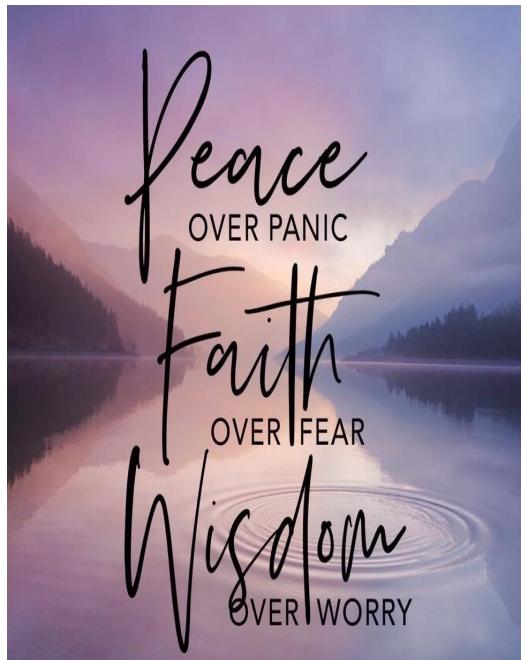
Non-Negotiables

- Bullying of any kind - physical, verbal or cyber
- Abusing verbally, physically or sexually
- Using any kind of offensive gesturing, language or inappropriate behaviour offline and online
- Stealing
- Tampering/defacing/destroying school property
- Misusing social media to defame peers, teachers or school.





Things to Remember



- Nothing about the past has been normal
- There is still a lot of uncertainty
- We will have to continue to take necessary precautions
and learn to live with the virus

You do not have to do it all alone

- Create a community of support and communication
- Don't be afraid to seek help
- Reach out to
 - Family
 - Friends
 - Teachers
 - Counselor
 - Professionals





THANK YOU
for joining us!

