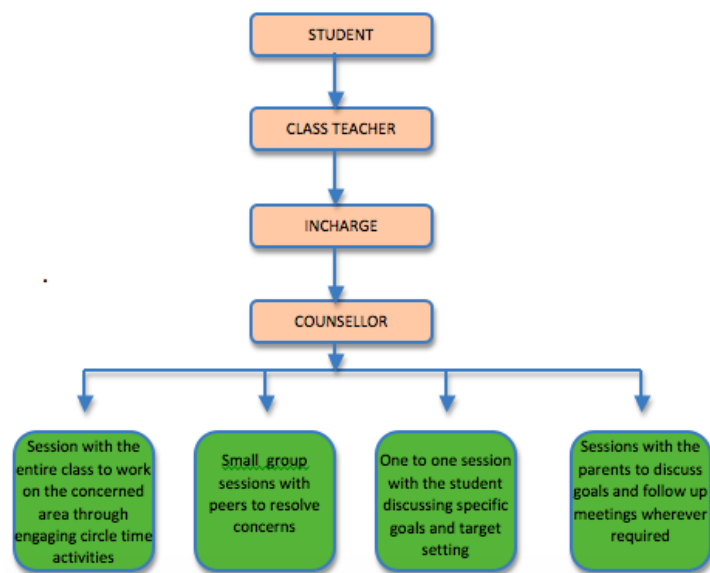


ROLE OF A JUNIOR SCHOOL COUNSELLOR

Counselling Services

- Cater to the Social-Emotional needs of children along with active behavioral interventions.
- Provides in-class support to children to deal with their transitional phases specifically during their pre-adolescent age focusing on their physical and psychological development and discover themselves, also assists in solving relationship problems in class.
- Focus on teaching Life Skills through Role Play. Addressing challenging situations involving Bullying and Peer Pressure. Enabling children to stand up for themselves and build resilience.
- Keeping in mind the present day situation reiterating the importance of maintaining personal hygiene and importance of eating healthy to build immunity and to feel good about themselves. All this helps boost confidence.
- Need based one-on-one work to develop social skills and communication skills are also looked into.
- Address students on sensitive topics through group counseling during Circle Time.
- The following flow chart gives you an insight into the counseling process.



Learning Support Provided

- First Generation Learners are provided support in every possible way in the Junior School. The importance of routine, diet, regularity, punctuality and neatness is explained and stressed upon. Support is provided to make them comfortable with the process of schooling and also to bridge learning gaps as and when they are seen. They are monitored and guided at every step in school. Frequent parent interactions are scheduled, daily work is given where required, buddy system both for the student and the parent are organised.
- Wherever required a modified curriculum is administered to support the First Generation Learners, keeping in mind their skills, ability and exposure.
- Support provided to First generation learners and all those who struggle with grade level academics
 1. For Prep and Class 1 a Parent support programme is run where the teacher the child and the parent sit together once a week and the teacher explains how and what should be taught.
 2. Daily work is set based on the level of the child
 3. In Grade 1 & 2 a leveled English programme is run. To determine the level of the child the teacher does an exhaustive assessment. After that the entire group is divided into levels and their English class is conducted accordingly. This helps not only to support all first generation learners at their level but also to challenge those who operate at a higher level
 4. Parallel English and Maths classes are held for Grade 3,4& 5. Here the teacher works with the students in smaller groups and aims to support them to fill the gaps and help them reach class level

- Fast track classes are held in the afternoon after school to help bridge the language gap where we feel additional input is needed and just the support during school hours will not suffice.
- Students who are showing soft signs of any kind of a disability are monitored closely and early intervention is provided by our team of Special Educators. Necessary accommodations and support is provided in a timely manner.

Counselling Calendar

In the Junior wing counseling support is an active and ongoing process provided not only by the counselor but the class teachers on a continuous basis. Certain workshops that are scheduled in the calendar are listed below.

Counseling Calendar for Junior School

Work shops	Dates	Class
Growing Up Workshop	20 th & 21 st July, 2020	V
	1 st & 2 nd March, 2021	V
Manas Workshop	10 th September, 2020	IV
	11 th September, 2020	V
Anti- Bullying	Ongoing and as and when required	All Classes
Safe Touch-Unsafe Touch	Ongoing and as and when required	All Classes
Maintaining hygiene and good nutrition	Ongoing and as and when required	All Classes

The Manas Foundation with the support of Junior School Counselor conducts the MANAS workshop. They conduct sessions for children of class 4 & 5 wherein they talk to children about specific issues and challenges they face in their day today life, like bullying, using abusive language, body shaming etc.

GROWING UP Workshop for class 5 focuses on preparing the young minds to deal with the challenges of growing up into informed adolescents by explaining to them about the physical, biological, social and emotional changes that they would undergo at the advent of their teenage years.

HOW TO BE SAFE?

Apart from Circle Time the students learn to differentiate between **safe** and **unsafe** touch through stories, roleplays, enactments, discussions etc. Age appropriate presentations too are shown to help create awareness in the young learners.

PROFILE



Ms Mamta Praveen looks after the behavioural and developmental concerns faced by the students by providing in-class support. She also helps students to achieve mental, social and emotional development and a positive attitude towards Life.