



**JUNIOR HEALTH WEEK 24/25**

## **1. PRACTICE INTRODUCTIONS**

**NAMASTE/AVAJO = HELLO/GOODBYE**

**TAMAARU NAAM SU CHHE? WHAT'S YOUR NAME?**

**MAARU NAAM CHHE = MY NAME IS**

**TAME KEM CHHO = HOW ARE YOU?**

**HU MAJAMA CHHU = I AM FINE**

**TAME KETLA VARAS NA CHHO? HOW OLD ARE YOU?**

**HU X VARAS NI(NO) CHHU I AM X YEARS OLD**

**ANE = AND**

**MANE XX BADHU BHAVE CHHE I REALLY LIKE XX**

**HU XX SCHOOL MA JAAVU CHHU (I GO TO XX SCHOOL)**

**ADD**

**MAARU FAVOURITE PHOOL EK GULABI, GULAB CHHE - MY FAVOURITE FLOWER IS PINK ROSE**

**MAARI PASSE EK LILO JHAAD CHHE - I HAVE A GREEN TREE**

## **2. LEARN SONG - HEALTH**

**MAARU MATHU DUKHE CHHE MY HEAD HURTS**



**MAARU GHADU DUKHE CHHE** THROAT IS SORE

**MANE DAANT NO DHUKAO CHHE** MY TOOTH HURTS

**MANE DAVA APPHO!** GIVE ME MEDICINE (MORE)!

**MANE TAAV CHHE** I GOT A FEVER

**(MANE) PARASEVO BI AAVE CHHE** I'M SWEATING (TOO)

**MANE CHAKKAR AAVE CHHE** I AM DIZZY

**DOCTOR NE BOLAVO** CALL DOCTOR, DO

**BREAK**

**HU BIMAAR CHHU,** I'M NOT WELL

**CHISO NAHI PADHO,** PLEASE DON'T YELL

**MANE OODHRHUS CHHE** I HAVE A COUGH

**MANE TRHAAS AAVI GAYO** I'VE REALLY HAD ENOUGH!

**MANE OOLTHI AAVE CHHE** I FEEL SICK

**JALDI DOCTOR NE BOLAVO** PLEASE CALL A DOCTOR QUICK!

**MANE KHANJVAR AAVE CHHE** I GOT AN ITCH

**HASWANHU NATHI/ NAHI (DON'T LAUGH)** PLEASE I MIGHT NEED A STITCH



**MANE CHEENKH AAVE CHHE** I WANT TO SNEEZE

**MANE TISSUE APPHO** TISSUE NOW PLEASE

**MANE BAGASHU AAVE CHE** I JUST WANT TO YAWN

I'M GOING TO BED **HU SU(V)I JAA(V)U CHHU**

**HU BIMAAR CHHU**, I'M NOT WELL

**CHISO NAHI PADHO**, PLEASE DON'T YELL

**HU BIMAAR CHHU**, I'M NOT WELL

**CHISO NAHI PADHO**, PLEASE DON'T YELL

**3. PLAY DOCTOR DOCTOR/ TAME KEM CHHO, WITH A FAMILY MEMBER!**

WHOEVER CAN SAY THE MOST AILMENTS IN 10 SECONDS  
GUJARATI IS THE WINNER!

**LEARNING TASK** LEARN THESE 2 SENTENCES FOR NEXT WEEK

- **MAARU MATHU DUKHE CHHE MY HEAD HURTS** **WEEK 24**
- **MANE CHEENKH AAVE CHHE I WANT TO SNEEZE** **WEEK 25**



## KEY WORDS

MAARU MATHU DUKHE CHHE MY XX HURTS

DAVA MEDICINE

TAAV FEVER

PARSEVO SWEAT

CHAKKAR DIZZY

OODHRUS COUGH

OOLTHI SICK /VOMIT

KHANJVAR ITCH

CHEENKH SNEEZE

BAGASHU YAWN