

米

米

米

米

米

米米

米

米

米米

米

米

米

米

米

米

米

米

米

※ ※

米

米

米米

米

米

米

米

米

米

米

米

3. MUJHE XX (FOOD) BILKUL PASANDH NAHIN HAIN I REALLY DON'T LIKE XX

4. MUJHE JOR SE BOLNA ACHHA NAHIN LAGTA I DON'T LIKE TALKING LOUDLY

CULTURE TOPIC

米

米

米

米

米米

Eating with hands

Eating with hands has not only been a part of our culture but is still being practiced by many across the country.

It's usually considered that using hands for eating is healthy for your gut, as the good bacteria on your hands gets into your tummy and help to fight bad bacteria.

Eating with hands also helps in forming a connection with food, which makes food seem tastier.

Eating with silver cutlery

Eating in silver plates has been a part of Indian tradition since long.

米

米

米

*

米

米

米

米

※

米米

米

米 米

米米

米

米

※

米米

米

米米

※

米

米

米

米

米米

You will find several mentions of people eating with silver spoons and plates in historical scriptures as well.

Traditionally, it's belived that eating with silver cutlery is actually good for your body as silver has anti-viral and anti-bacterial properties, which helps to fortifying the food you

©SMILE 4 Kids Ltd 2018 - 2021

米

米
