



PRE-PREP HEALTH /EMOTIONS 1 8

1. HEALTH RECAP AND PRACTICE

TAKE TURNS WITH A FAMILY MEMBER TO RUN A DOCTORS SURGERY!

DOCTOR TAME KEM CHHO?

PATIENT HU BIMAAR CHHU /HU MAJAMA NAHI!

WHOEVER IS ACTS CONVINCINGLY AND SAYS MOST PROBLEMS ILLEST .. WINS A HOLIDAY TO HAWAI! (DAVA WILL BE SENT THERE!!)

MAARU MATHU DUKHE CHHE MY HEAD HURTS

MAARU GHADU DUKHE CHHE THROAT IS SORE

MANE DAANT NO DHUKAO CHHE MY TOOTH HURTS

MANE DAVA APPHO! GIVE ME MEDICINE (MORE)!

HU BIMAAR CHHU, I'M NOT WELL

CHISO NAHI PADHO, PLEASE DON'T YELL

MANE BAGASHU/CHEENKH AAVE CHHEI I WANT TO YAWN/ SNEEZE

THEN ADD

2. EMOTIONS SAY THESE SENTENCES WITH EMOTION

HU UDHAAS CHHU I FEEL **SAD**



HU GUSSEH CHHU, I AM **ANGRY**

MANE TARAS LAAGE CHHE, I'M **THIRSTY**

MANE BUKH LAAGE CHHE, I'M **HUNGRY**

HU KHUSH CHHU, I AM **HAPPY**

AA SUADHIST CHHE, THIS IS **TASTY**

PLAY GAME - WHAT MAKES YOU!

HOW DO YOU FEEL WHEN YOU GET ICE CREAM? **HU KHUSH CHHU!**

IF YOU FALL OVER AND HURT YOURSELF? **HU UDHAAS CHHU**

IF YOU GET ACCUSED OF SOMETHING YOU HAVEN'T DONE /ANGRY

HU GUSSEH CHHU

NOW

COMBINE HEALTH WITH FEELINGS

MAARU MATHU DUKHE CHHE MY HEAD HURTS

MAARU GHADU DUKHE CHHE THROAT IS SORE

ADD

MANE TARAS LAAGE CHHE, I'M **THIRSTY**

MANE PANI PEEVU CHHE I WANT TO DRINK WATER

AFTERWARDS WHEN BETTER

HU KHUSH CHHU! I AM HAPPY !

PRACTICE SENTENCES TEST NEXT WEEK

- **MAARU MATHU DUKHE CHHE MY HEAD HURTS**
- **MAARU GHADU DUKHE CHHE THROAT IS SORE**

ADD

- **MANE TARAS LAAGE CHHE, I'M THIRSTY**
- **MANE PANI PEEVU CHHE I WANT TO DRINK WATER**

CULTURE TOPIC

HIMALAYAS

- World's highest mountain range and most famous for the highest mountain, Mount Everest.
- The peak is 29,000 feet! It's the only place on the planet with any mountains so tall. No wonder the Himalayas are called the "rooftop of the world."
- These mountains house some of India's rarest animals and plants like Snow leopard. Bears live lower down and Tigers live in northeast

GEOGRAPHICAL FACTS OF India

Where does the name 'India' come from?

- The name 'India' is derived from the river Indus which also flows through India?

What's the highest mountain in India? PART OF HIMALAYAS

- The highest mountain in India is the Kangchenjunga. This is also the 3rd highest mountain in the world with 8 586 m/28 169 ft.

What's the largest desert in India and which part of India is it in?

- The Thar Desert is a large region in the northwest of the country and forms a natural border between India and Pakistan.

What's its ranking in size in the world?

- It's the 17th largest desert in the world!!!

Did you know?

- About 3 quarters of the deserts are located in India.

What's the Longest River in India?

- Ganges River.

What's so important about it?



- This is the holiest and most sacred river to the Hindus.

SMILE4KIDS