



ADULT

HOMEWORK 21

EMOTIONS

1. PRACTICE INTRODUCTIONS

SAT SRI AKAL = HELLO /GOODBYE

THUHADA NAH KI HAI ? WHAT IS YOUR NAME ?

MERA NAH HAI = MY NAME IS

TUSI KINNE SAL DHE HO ? HOW OLD ARE YOU ?

MEH X SAL DHI/DHA HA = I AM X YEARS OLD

TUSI KIDHA HO? HOW ARE YOU ?

MEH THEEK HA – I AM FINE

THUNNO KI CHANGA LAGDHA HAI ? WHAT DO YOU LIKE ?

MENOO XX CHANGEH LAGDHE HAI = I LIKE XX

TUSI KITHE REHNDHE HAI ? WHERE DO YOU LIVE ?

MEH LONDON VICH REHNDHA/I HAI I LIVE IN LONDON

MENOO CHAMCHA DHEDHO PLS GIVE ME A CHAMCHA

**Add SADDE DHAS VAJ GAYE/GIAARA VAJJ GAYE IT'S 10.30/11 O
CLOCK**

2. **PRACTICE SONG**

MENOO **PHIKAR** HOGAYA , I AM **WORRIED**

MENOO **DARR** LAGDHA, I AM **SCARED**

PHIKAR IS **WORRIED**, **DARR** IS **SCARED**

AJH MEH THEEK NAHI ,I'M NOT GREAT!

MENOO **PYACE** LAGDHI , I AM **THIRSTY**

MENOO **PUKH** LAGDHI, I AM **HUNGRY**

PYACE IS **THIRSTY** ,**PUKH** IS **HUNGRY**

I WANT WATER, MEH PEENA PANI

BREAK

MENOO **DUKH** LAGDHA , I FEEL **HURT**

MENOO **GUSSA** CHARD-DHA, I'M GETTING **ANGRY**

GUSSA IS **ANGRY**, **DUKH** IS **SAD**

AJJ MEH THEEK NAHI, I FEEL BAD!

MEH KHUSH HAI, I AM **HAPPY**

MENOO **SUADH** LAGDHA, THIS IS **TASTY**

KHUSH(I) IS HAPPY, SUADH IS TASTY

I FEEL GREAT, MEH THEEK HOGAY(I) (A)

BREAK

MENOO PHIKAR HOGAYA , I AM WORRIED

MENOO DARR LAGDHA, I AM SCARED

PHIKAR IS WORRIED, DARR IS SCARED

AJJ MEH THEEK NAHI , I'M NOT GREAT!

MENOO PYACE LAGDHI , I AM THIRSTY

MENOO PUKH LAGDHI, I AM HUNGRY

PYACE IS THIRSTY , PUKH IS HUNGRY

I WANT WATER, MEH PEENA PANI

**3. TRY TO ENGAGE IN CONVERSATION, WITH FAMILY MEMBERS,
ABOUT YOUR DAILY FEELINGS**

FOR EXAMPLE

AHJ MEH KHUSH/GUSSEH HAI – TODAY I'M HAPPY/ANGRY!

AND ASK

TUSI KI PEENA/KHANNA? WHAT WOULD YOU LIKE TO DRINK?

MENOO PYACE LAGGI/DHI HAI

MEH PAANI PEENA

THEN GET THEM TO ASK YOU

EXTRA WORDS

LEARNING TASK Learn these sentences for next week's lesson

AHJ MEH KHUSH HAI! TODAY I'M HAPPY!

PLEASE SAY TO 5 PEOPLE THIS WEEK.

MENOO PUKH LAGDHI HAI I'M HUNGRY !

SAY AT DINNER TIME EVERYDAY!

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