

ADULT **VERBS** 1 **LESSON 8**

1. PRACTICE

THUHADA NAH KI HAI ? WHAT'S YOUR NAME ?

MEHA NAH HAI IS MY NAME IS

TUSI KIDHA HO ? HOW ARE YOU ?

MEH THEEK HAI I AM FINE

TUSI KINNE SAAL DHE HO? HOW OLD ARE YOU

MEIN XX SAAL DHA/DHI HAI I AM XX YEARS OLD

TUSI KI KHANNA HAI ? WHAT DO YOU WANT TO EAT ?

MEH XX KHANNA /PEENA HAI (ADD A FRUIT DRINK) I WANT TO EAT/DRINK XX

NOTE THE PRONOUNS IN ABOVE SENTENCES /GREETINGS

MEH

MEHA

THUHADA

TUSI

2. **VERBS** 1

SAAF KARLO = CLEAN

(DHO LO) = WASH

NAAL = WITH (PANI /SABUN – SOAP)

(PANI NAAL) MOOH SAAF KARLO /DHO LO/LA

PLEASE NOTE WE USE

LO (Polite)

LA (Peer group)

TUSI HAATH DHO LO /LA – WASH YOUR HANDS

TUSI DHANDH SAAF KARLO /LA – CLEAN YOUR TEETH

TUSI BAAL BAH LO /LA – BRUSH YOUR HAIR

TUSI KAPPDE PAH LO/LA – PUT YOUR CLOTHES ON

TUSI KAPPDE LAH LO/LA – TAKE YOUR CLOTHES OFF

TUSI PANEE PEELO/LA - DRINK WATER

TUSI ROTI KHA LO /LA - EAT DINNER

TUSI ETHE BEHTH JAYO/A SIT HERE

TUSI OTHE JAYO – GO OVER THERE

NOTE SAAF KARLO = CLEAN

(DHO LO) = WASH

PRACTICE VERBS SONG WITH ACTIONS !

NAKH SAAF KARLA **NAKH** SAAF KARLA (CLEAN YOUR NOSE)

MOOH DHO LAH **MOOH** DHO LAH (WASH YOUR FACE)

HAHTH DHO LAH **HAHTH** DHO LAH (WASH YOUR HANDS)

DANDH SAAF KARLA **DANDH** SAAF KARLA (BRUSH/CLEAN YOUR TEETH)

BAAL BAH LA **BAAL** BAH LA (BRUSH YOUR HAIR)

KAPPDE LAH LA **KAPPDE** LAH LA (TAKE OFF YOUR YOUR CLOTHES)

KAPPDE PAH LA **KAPPDE** PAH LA (PUT ON YOUR CLOTHES)

PANEE PEEH LA **PANEE** PEEH LA (DRINK SOME WATER)

ROTI KHA LA **ROTI** KHA LA (EAT YOUR DINNER)

ETHE BAITHJA **ETHE** BAITHJA SIT OVER HERE

OTHE JA **OTHE** JA (GO OVER THERE)

LEARNING TASK SENTENCES DAILY PRACTICE

A.MEH PEELI TOPI POHNI HAI – I WANT TO WEAR YELLOW HAT

B TUSI DHANDH SAAF KARLO – BRUSH YOUR TEETH

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