



JUNIOR EMOTIONS /FEELINGS HOMEWORK 20

1. INTRODUCE YOURSELF

NAMASTE/AVAJO = HELLO/GOODBYE

TAMAARU NAAM SU CHHE? WHAT'S YOUR NAME?

MAARU NAAM CHHE = MY NAME IS

TAME KEM CHHO = HOW ARE YOU?

HU MAJAMA CHHU = I AM FINE

TAME KETLA VARAS NA CHHO? HOW OLD ARE YOU?

HU X VARAS NI(NO) CHHU I AM X YEARS OLD

ANE = AND

MANE XX BADHU BHAVE CHHE I REALLY LIKE XX

HU XX SCHOOL MA JAAVU CHHU (I GO TO XX SCHOOL)

AND

JAAVU/JAIS = TO GO/WILL GO **KHAAVU/KHAIS** TO EAT /WILL EAT

ADD **MANE TARAS /BUKH LAAGE CHHE** I'M HUNGRY/THIRSTY

2. LEARN SONG

HU **CHINTA** KARU CHHU, I AM **WORRIED**

MANE **BIK** LAAGE CHHE, I AM **SCARED**



CHINTA IS WORRIED, BIK IS SCARED

HU MAJAMA NAHI, I'M NOT GREAT!

MANE TARAS LAAGE CHHE, I AM THIRSTY

MANE BUKH LAAGE CHHE, I AM HUNGRY

TARAS IS THIRSTY, BUKH IS HUNGRY

MANE PANI PEEVU CHHE I WANT A DRINK

BREAK

HU UDHAAS CHHU I FEEL SAD

HU GUSSEH CHHU, I'M ANGRY

GUSSEH IS ANGRY, UDHAAS IS SAD

HU MAJAMA NAHI, I FEEL SAD

HU KHUSH CHHU, I'M HAPPY

AA SUADHIST CHHE, THIS IS TASTY

KHUSH IS HAPPY, SUADHIST IS TASTY

HU MAJAMA CHHU! I AM FINE!

BREAK



HU **CHINTA** KARU CHHU, I AM **WORRIED**

MANE **BIK** LAAGE CHHE, I AM **SCARED**

CHINTA IS WORRIED, **BIK** IS SCARED

HU MAJAMA NAHI I'M NOT GREAT!

MANE TARAS LAAGE CHHE, I'M **THIRSTY**

MANE BUKH LAAGE CHHE, I'M **HUNGRY**

TARAS IS THIRSTY, **BUKH** IS HUNGRY

MANE PANI PEEVU CHHE, I WANT A DRINK!

EXTRA WORDS

SHARAAM =SHY

NARAM= CALM

3. USE EXPRESSIONS TO TELL YOUR PARENTS HOW YOU FEEL THAT DAY



LEARNING TASK. LEARN THESE SENTENCES FOR NEXT WEEK'S LESSON

- AAJE, HU **KHUSH** CHHU = **TODAY, I'M HAPPY**
- MANE TARAS/BUKH LAAGE CHHE = **I'M THIRSTY/HUNGRY**

PARENTS

TRY TO ENGAGE IN CONVERSATION WITH CHILDREN ABOUT THEIR FEELINGS ASK THEM AS EXAMPLE

- **TAM(N)E BUKH LAAGE CHHE?** **ARE YOU HUNGRY? (PARENT)**
VICE VERSA IE THEN GET THEM TO ASK YOU
- **TAM(N)E SU KHAUVU/PEEVU CHHE?** **WHAT WOULD YOU LIKE TO DRINK?**