

PANJABI



Week 8

Write each letter on print out and say the sound

WEEK 8

1. ਪ **P** PA-PPA

ਪਾਣੀ (PA-NI) = WATER

ਪੀਲਾ (PI-LA) = YELLOW

2. ਫ **PH** PHA-PHA

ਫਲ (PHALL) = FRUIT

ਫੁੱਲ (PHULL) = FLOWER

3. **ਬ B** BA-BAA

ਬਿੱਲੀ (BILLI) = CAT

ਬਾਂਦਰ (BAN-DHAR) = MONKEY

4. **ਭ BH** BHA-BAA

ਭੂਆ (BHUA) = AUNTY

ਭੂਤ (BHOOT) = GHOST

5. **ਮ M** MA-MMA

ਮੋਰ (MOR) = PEACOCK

ਮਟਰ (MAT-TAR) = PEAS

MATRA

MUKTA A (NO SIGN)

ਮਟਰ (MAT-TAR) = PEAS

ਘਰ (GHAR) = HOUSE

HOMEWORK

Practice on writing/saying the 6 letters/Matra at home and bring to class next week

DANCE OF INDIA

ODISSI originated in [Orissa, India](#)

Odissi is a major ancient [Indian classical dance](#) that originated in the [Hindu temples](#) of [Odisha](#) – an eastern coastal state of [India](#).

Odissi, in its history, was performed predominantly by women and expressed [religious](#) stories and spiritual ideas.

Odissi performances have also expressed ideas of other traditions such as those related to Hindu gods [Shiva](#) and [Surya](#), as well as Hindu goddesses.

It was suppressed under the [British Rule](#). The suppression was protested by the Indians, followed by its revival, reconstruction and expansion since [India](#) gained independence from the colonial rule.

Odissi is traditionally a dance-drama genre of [performance art](#), where the artist(s) and musicians play out a story, a spiritual message or

devotional poem from the [Hindu texts](#), using symbolic costumes, body movement, [abhinaya](#) (expressions) and [mudras](#) (gestures and [sign language](#)) set out in ancient Sanskrit literature.

Odissi was the only Indian dance form present in [Michael Jackson's](#) 1991 hit single [Black or White](#).

Show video and ask them to pose

Who can hold the pose longest wins!

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