

PANJABI



Week 4

Write each letter on print out and say the sound

1. ਚ **CH** CH-CHA

ਚਮਚਾ (**CH**AM-CHA) = SPOON

ਚਾਰ (**CH**AAR) = FOUR

2. ਛ **CHH** CHHCH-CHA

ਛਤਰੀ (**CHH**-ATRI) = UMBRELLA

ਛੋਟਾ (**CHH**O-TTA) = SMALL

3. ਜ **J** JAJ-JA

ਜਾਮਨੀ (**JAA**-MNI) = PURPLE

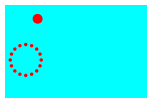
ਜੁੱਤੀ (JUTI) = SHOE

4. **ਝ JH** JHA-JHA

ਝੰਡਾ (JHN-DHA) = FLAG

ਝੂਠ (JHOO-TH) = LIE

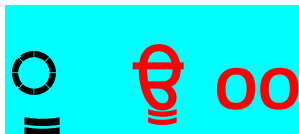
5. MATRA



BINDI

ਝੰਡਾ (JHN-DHA) = FLAG

6. MATRA



DULAINKAR(D)

ਝੂਠ (JHOO-TH) = LIE

7. **ਞ NJA** N'YER

ਞ Only used at the end of word with  
silent (N)

ਜੰਝ (JUNJ) = GROOM SIDE ( WEDDING)

## HOMework

Practice on writing/saying the 7 letters/Matra at home and bring to class next week

## DANCE OF INDIA

### DANDIYA /GARBA DANCE

A type of traditional Gujarati dance in which pairs of dancers hold a short stick in each hand and strike one another's sticks in time to the music

The difference between Garba and Dandiya is Garba is performed before Aarti (worshipping ritual), while Dandiya is performed after the Aarti, as a part of the merriment. Men and women join in for both Raas Dandiya and Garba.

### Navratri – 9 days of Dandiya Ras and Garba

Dandiya Ras, Garba, Men and Women in colorful attire and music playing with live Orchestra. It's Navratri time. The launching of festivities begins with Navrathri, which goes on for 9 days.

It culminates into the 10<sup>th</sup> day as Dussehra.” Celebrating the Hindu deity Shakti, meaning Strength or Power, ‘Nava’ means ‘Nine’ and ‘Ratri’ means nights in Sanskrit.

**The nine forms of Shakti/Devi are worshipped with Dandiya Raas a traditional folk dance of Vrindavan. Dandiyas (the colorful wooden sticks), the costume (chaniya choli) and the dance (Garba) the Navrathri combination is incomplete without them.**

**The Dandiya Raas has men and women in two circles, dancing to the beats of the Dhol (drum) with the sticks (dandiya) colliding to produce a uniform sound. The Live orchestra is the real essence of Navrathri, with special singers brought in for the occasion.**

**From the oldest member of the family to kids, the entire family participates in the Navrathri event with gaiety. The origin of Garba is for devotional reasons which was performed in honor of Goddess Durga. The dance form is a mock fight between the Goddess and Mahishasura, the mighty demon-king.**

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