



JUNIOR CLASS MATERIALS AND OPPOSITES WEEK 10

1. OPPOSITES RECAP AND PRACTICE

UCHAA HIGH	NEEVA LOW	AAJO COME
JAYO GO	SHOOROO START	KHATHAM FINISH
UGGEH FRONT	PICHHEH BACK	RAWLA NOISE
CHUP QUIET	TEHDA BENT	SIDDHA STRAIGHT
PUH-TAH UPSIDE DOWN, INSIDE OUT	BECH-NA SELL	
SUCH TRUTH	KHARIDNA BUY	CHOOHT LIE
MEHENGHA COSTLY	SASTA CHEAP	DHE DHO GIVE
RAKH LO KEEP	NEHRA DARK	CHANAN LIGHT

THEN PLAY

GAME 1 MATCH THE OPPOSITE!

ONE PERSON HAS TO SAY ONE AND OTHER HAS TO SAY OPPOSITE
TO GET A POINT

WHOEVER GETS POINT, WINS!

UCHAA /NEEVA

BINGA / SIDDHA

PUTT-HA /SIDDHA



NEHRA /CHANAN

SHOOROO/KHATAM

MEHNGHA/ SASTA

RAKHLO/DHEDHO

CHUP/RAWLA

KHARIDNA /BECHNA

GAME 2 BEAT THE CLOCK

10 SECONDS TO SAY AS MANY OPPOSITES AS POSSIBLE, WITH ACTIONS! WHOEVER SAYS MOST PAIRS ..IS WINNER

2. MATERIALS RECAP AND PRACTICE

LAKURD IS WOOD	SOIL /CLAY is MITTI	STONE IS PATHAR
IRON IS LOHA	SUE-EE IS NEEDLE	THREAD IS THAAGA
SILVER IS CHANDHI	GOLD IS SAUNA	PEARL IS MAU-THEE,
DIAMOND IS HEERA	GLASS IS KUTCH	PAPER IS KAGAZ
BRICK IS CALLED IIT	LEATHER CHAMDA	HALF IS AADHA
WHOLE IS POORA	QUARTER IS SAVVA	WEIGHT IS PAHR
HEIGHT IS LAMBAYI	WIDTH IS CHAUDAYI	



GAME 3 WHAT AM I MADE OF? PLAY WITH A FAMILY MEMBER

TABLE/CHAIR = LAKURDI

HOUSE = IIT

SHOES = CHAMDA

HAMMER = LOHA

BOOK = KAGAZ

CLOTHES ARE MADE BY? SU-EE AND THAAGA

JEWELLERY = HEERA/SAUNA/CHANDHI

WINDOW = KUTCH

BRIDGES /TUNNEL = PATHAR

WHAT IS HEIGHT /WEIGHT WIDTH /HALF/QUARTER/WHOLE IN PANJABI

WINNER IS ONE WITH MOST CORRECT ANSWERS

LEARN SENTENCES THESE WILL BE TESTED NEXT WEEK

- **TUSI SHOROO KARO /KHATAM KARO** – YOU START /FINISH
- **MEH XX KHARIDNA /BECHNA HAI** – I WANT TO BUY/SELL



CULTURE TOPICS

SIKH WEDDINGS

- A Sikh wedding ceremony, often held at a Sikh place of worship, is less than an hour.
- **CHUNNI CHADAI**: After the engagement, the groom's family visits the bride and his mother symbolically covers the bride's head with a **CHUNNI**. His family also gifts the bride with clothes, jewellery, etc.
- **MEHNDI AND CHOODA CEREMONY**: **MEHNDI** and **CHOODA** ceremonies are often done together. Mehndi is when the bride gets her hands and feet decorated in beautiful henna/mehndi designs.
- **CHOODA CEREMONY**: The bride's maternal uncle gifts the bride with a set of red and white bangles, that are to be dipped in milk before presenting. Golden ornaments called **KALIREs**, are tied to the bangles.
- **VATNA**: A paste of turmeric powder and mustard oil, is applied to the bride and groom before the wedding for a natural glow.

GOLDEN TEMPLE

WHERE IS IT?

In Amritsar, Punjab.NW OF INDIA



WHAT IS IT?

Holiest most religious Gurdwara for Sikhs

ANOTHER NAME FOR IT?

Also known as DARBAR SAHIB (SACRED AUDIENCE)/HARMANDER SAHIB

WHEN WAS IT BUILT?

Was initiated by Guru Arjan (5th Sikh Guru) Built around man made river in 1581 - 1589

It was destroyed many times by Afghan invaders and finally rebuilt during the reign of Maharaja Ranjit Singh (1801-39)

WHAT IS IT MADE OF?

Made of Marble and Copper and overlaid with Gold Foil

WHAT IS SO SPECIAL ABOUT THE WATER AROUND IT

The water is believed to have healing powers, for those who bathe in it

INTERESTING FACTS

It's the largest FREE kitchen in the world!

More than 50,000 vegetarian meals are served and cooked by volunteers in one day

Long before it was built, Guru Nanak Dev Ji (1st Gur) used to meditate at this site



LANGAR means a communal meal /kitchen

SEWA means selfless service (to perform an act without expecting reward)

SMILE4KIDS