



## **PRE-PREP HEALTH /EMOTIONS 1 8**

### **1. HEALTH RECAP AND PRACTICE**

TAKE TURNS WITH A FAMILY MEMBER TO RUN A DOCTORS SURGERY!

**DOCTOR:** AAP KAISE HO? **HOW ARE YOU?**

**PATIENT:** MEIN THEEK NAHI!! **I'M NOT WELL**

**JOR SE MAT BOLO** **PLEASE DON'T YELL**

**DOCTOR KO BULAO** **CALL DOCTOR**

WHO EVER IS ACTS CONVINCINGLY AND SAYS MOST PROBLEMS ILLEST .. WINS A HOLIDAY TO HAWAI! (DAWA WILL BE SENT THERE!!)

**MERE SIHR/DAANT MEIN DHARDH HAI** **MY HEAD/TOOTH HURTS**

**MERA GALLA KHARAAB HAI** **MY THROAT IS SORE**

**MUHJE UBASI /CHEENK AATI HAI** **I WANT YAWN/SNEEZE**

**MUHJE KHANSI HAI** **I HAVE A COUGH**

**MEIN THEEK NAHI HOON,** **I'M NOT WELL**

THEN ADD

### **2. EMOTIONS** GO THROUGH ALL EMOTIONS USING FLASH CARDS

MUJHE **DUKH** HO RAHA HAI, I FEEL **SAD**



MUJHE GUSSA ARAHA HAI, I'M GETTING ANGRY

MUJHE PAYAS LAGGI HAI, I AM THIRSTY

MUJHE BHOOKH LAGGI HAI, I AM HUNGRY

MEIN KHUSH HOON, I AM HAPPY

YEH HAI SAWAD (ISHT), THIS IS TASTY

PLAY A GAME WHAT MAKES YOU!

MUJHE XX LAGTA HAI JABB (WHEN)

HOW DO YOU FEEL WHEN YOU GET ICE CREAM? MEIN KHUSH HOON!

IF YOU FALL OVER AND HURT YOURSELF? MUJHE DUKH HO RAHA /HOTA HAI

IF YOU GET ACCUSED OF SOMETHING YOU HAVEN'T DONE /ANGRY

MUJHE GUSSA ARAHA /AATA HAI

NOW

3. COMBINE HEALTH WITH FEELINGS

MUJHE KHANSI HAI I GOT A FEVER/COUGH

ADD



**MUHJE PAANI DHO/ MUHJE PYACE LAG RAHI HAI**

**GIVE ME WATER /I'M THIRSTY**

**MERE SIHR/DAANT MEIN DHARDH HAI MY HEAD/TOOTH HURTS**

**MUJHE DUKH HO RAHA HAI I FEEL SAD**

**AFTERWARDS WHEN BETTER**

**MEH THEEK HOON! MEH KHUSH HOON! I'M FINE! / I'M HAPPY**

**PRACTICE SENTENCES THESE WILL BE TESTED NEXT WEEK**

- **MUHJE KHANSI HAI**  
**I GOT A FEVER/COUGH**
- **MUHJE PAANI DHO/ MUHJE PYACE LAG RAHI HAI**  
**GIVE ME WATER /I'M THIRSTY**
- **MERE SIHR/DAANT MEIN DHARDH HAI**  
**MY HEAD/TOOTH HURTS**
- **MUJHE DUKH HO RAHA HAI**  
**I FEEL SAD**

## CULTURE TOPIC

### HIMALAYAS

- World's highest mountain range and most famous for the highest mountain, Mount Everest.
- The peak is 29,000 feet! It's the only place on the planet with any mountains so tall. No wonder the Himalayas are called the "rooftop of the world."
- These mountains house some of India's rarest animals and plants like Snow leopard. Bears live lower down and Tigers live in northeast

### GEOGRAPHICAL FACTS OF India

#### Where does the name 'India' come from?

- The name 'India' is derived from the river Indus which also flows through India?

#### What's the highest mountain in India? PART OF HIMALAYAS

- The highest mountain in India is the Kangchenjunga. This is also the 3<sup>rd</sup> highest mountain in the world with 8 586 m/28 169 ft.

#### What's the largest desert in India and which part of India is it in?

- The Thar Desert is a large region in the northwest of the country and forms a natural border between India and Pakistan.

**What's its ranking in size in the world?**

- It's the 17<sup>th</sup> largest desert in the world!!!

**Did you know?**

- About 3 quarters of the deserts are located in India.

**What's the Longest River in India?**

- Ganges River.

**What's so important about it?**

- This is the holiest and most sacred river to the Hindus.