

1. PRACTICE ASK SOMEONE

THUNNO KI CHANGA LASGDHA HAI WHAT DO YOU LIKE ?

MENOO XXX CHANGEH LAGDHE(A) HAI I LIKE XX

TUSI KI KHANNA / PEENA HA ? WHAT DO YOU WANT TO
EAT/DRINK?

MEH XX KHANNA / MEH XX PEENA HA – I WANT TO EAT/DRINK XX

TEH = AND

2. PRACTICE FRUITS/VEG AND COLOURS

NOTE EH TO BECOME PLURAL(IF MORE THAN ONE)

PEELA/HARA/NEELA/CHITTA/KALA

BECOMES

PEELEH/NEELEH/HARREH/KALEH

(LAL /JAMANI/GULABI/ SANTRI STAY SAME)

3. THEN USE THESE 2 SENTENCES TO PRACTICE SAYING FRUITS,
VEGETABLES, DRINK AND COLOURS

MENOO XXX(ENGLISH) CHANGEH LAGDHE HAI I LIKE XX

MEH KHANNA / PEENA HAI – I WANT TO EAT/DRINK XX

TRY THE FOLLOWING

MEH IKK LAL SEB /KHARBOOJA KHANNA HAI

MEH DHO PEELEH KELEH KHANNEH HAI

MEH PANJ HARREH MUTTAR KHANNEH HA

MEH CHAAR SANTRI GAJJAR /AMB KHANNEH HA

MEH CHITTA DUDH/DHAHI PEENA HAI

ADD EH IS FOR MORE THAN 1

4. PRACTICE SONG

MENOO CHANGEH LAGDHE I LIKE THEM ALL

I like Peas that are Muttar

Carrots that are Gaajar

Aam that is Mango

Aaloo is Potato

Spinach, Lemon, Cucumber

Palak, Nimboo, Khira

MENOO CHANGEH LAGDHE I LIKE THEM ALL

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Ask for fruits/vegetables everyday in PANJABI

Eg. Can I please have PaanJ Gajjar sticks

I like Milk that is Dudh

Water that is Paanee

Tea that is Chaa (chai)

Yoghurt that is Dahi

Seb, SANTRA and Kela

Apple, Orange, Banana

Melon THAT IS KHARBOOJA

Eggs are called Unda

MENOO CHANGEH LAGDHE I LIKE THEM ALL

MENOO CHANGEH LAGDHE I LIKE THEM ALL

5. MAKE A FRUIT SALAD/SMOOTHIE AND NAME ALL ITEMS USED INCLUDING YOGURT/MILK/WATER, IN PANJABI!

6. CREATE THE LONGEST SENTENCE USING COLOURS/ NUMBERS/FRUIT OR VEG AND DRINK

EG

MENOO PANJ LAL SEB TEH IKK PEELA KELA CHANGA LAGDHA MEH XX KHANNA /PEENA HAI

LEARNING TASK Learn these 2 sentences for next week

1. MENOO XX CHANGEH LAGDHE HAI = I LIKE X

2. MENOO PANJ SANTREH DHEDHO? CAN YOU PLEASE GIVE ME 5 ORANGES ?

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