



WEEK 8

ADD TEH = AND

PRACTICE THESE SENTENCES WITH SOMEONE

MY FAVOURITE ANIMAL

MEERA FAVOURITE JAANVAR XX HAI MY FAVOURITE  
ANIMAL IS XX

MENOO XX CHANGA LAGDHA HAI KYO KAI OH  
(TEJ/HAULI,BUDDAH/CHOTAH ) HAI I LIKE XX BECAUSE IT IS  
FAST/SLOW, BIG/SMALL

MEH ZOO/PARK VICH DHEKIA HAI I HAVE SEEN IN THE  
ZOO/PARK

OHDHA RUNG XX TEH XX HAI IT'S COLOUR IS XX AND XX

OH XX (COUNTRY) VICH REHNDHA HAI IT LIVES IN XX  
COUNTRY

OH XX KHANDHA HAI IT EATS XX

OHDHE KAUL CHAAR LAHTHA TEH DHO KUHN HAI

IT HAS 4 LEGS AND 2 EARS

**OH GARAM/TAHNDE MULAK VICH REHNDHA HAI** IT LIVES  
IN A HOT/COLD COUNTRY

### **QUESTIONS TO ASK OTHERS**

**THUHADA FAVOURITE JAANVAAR KI HAI ?** WHAT'S YOUR  
FAVOURITE ANIMAL ?

**OHDHA RUNG KI HAI ?** WHAT IS IT'S COLOUR?

**OH KITHE REHNDHA HAI , THURTHI KE PANI VICH ?** WHERE  
DOES IT LIVE , GROUND OR IN WATER ?

**OH KERDI COUNTRY VICH REHNDHA HAI?** WHICH COUNTRY  
DOES IT LIVE IN?

**OH KI KHANDHA HAI ?** WHAT DOES IT EAT ?

### **CULTURE TOPIC**

#### **Indian Traditions and Customs**

If you look back in India's history, you will find it is full of traditions and customs. These traditions might look ordinary but have several health benefits attached to

them. These traditions are still practiced and hold a similar relevance, as they did back in those days.

### Ear piercing

With most parents getting their child's ears pierced at a young age, ear piercing is being practiced in India since time immemorial.

According to Ayurveda, the lobe of the ear has an important point right in the center.

It's believed to stimulate the surrounding nerves and sends a flow of energy through the body

### Drinking water from copper utensils

You might have noticed your grandparents storing and drinking water from copper utensils.

This practice has 'n' number of health benefits associated with it.

It's believed that drinking water from a copper vessel can boost your immune system, aid digestion, decrease wound healing time, strengthen joints and improves digestion as well.

©SMILE 4 Kids Ltd 2018 - 2021