



PLEASE PRACTICE THESE SENTENCES WITH SOMEONE

WEEK 3

ADD ANE = AND

AT THE PARK

CHALLO PARK JAIE LET'S GO TO THE PARK!

MARE RAMVU CHHE IS I WANT TO PLAY XX

MARE PARK MA DODVU CHHE I WANT TO RUN IN THE PARK

MANE BALL/SKIPPING ROPE AAPO PLEASE? CAN YOU PLEASE GIVE ME A BALL/SKIPPING ROPE? (DEHDHO = GIVE)

MANE TARAS LAGI CHHE I'M THIRSTY

MANE PANI AAPO PLEASE GIVE ME WATER PLEASE

MARE ICE CREAM KHAVO CHHE – I WANT TO EAT ICE CREAM

AAJE ME PARK MA XX JOYU(NUMBER)/(COLOUR) OBJECT/ANIMAL

TODAY, I SAW XX (ANIMAL/OBJECT) IN THE PARK

ANDHARU THAI GYU IT'S DARK NOW

CHALO GHARE JAIE – LET'S GO HOME

CULTURE TOPIC

MANIPURI DANCE(MANIPUR)

MANIPUR (BASANTI) RAAS LEELA

The **Manipuri Dance**, also referred to as the **Manipuri Raas Leela**, is one of the eight major Indian classical dance forms, originating in the state of Manipur. The dance form is exclusively attached to the worship of Radha Krishna. It is a portrayal of the dance of divine love of Lord Krishna with Radha and the cowherd damsels of Vrindavan, famously known as the Raas Leela.

Music and instruments

The musical accompaniment for Manipuri dance comes from a percussion instrument called the **PUNG** (a barrel drum), a singer, small **KARTALS** (cymbals), **SEMBONG**, harmonium, and wind instrument such as a flute.

COSTUMES

Female garments include

- **CHOLI** - A velvet blouse adorns the upper part of the body. The choli is embellished with zari, silk or gota embroidery.
- **GOPIS** are dressed in red blouses, while Radha stands out in green. For **PANGALS**, the sleeves were extended to cover the arms.

They all wear anklets and foot ornaments that flow with the dress symmetry. The face is decorated with the sacred Gaudiya Vaishnava **TILAK** on the forehead and **GOPI DOTS** made of sandalwood above the eyebrows.

Male

Characters dress in a **DHOTI** (also called *dhotra* or *dhora*) – a brilliantly coloured broadcloth pleated, wrapped and tied at waist and allowing complete freedom of movement for the legs.

Dancers wear a bright yellow-orange dhoti while playing Lord Krishna and a green/blue dhoti while playing Balaram.

A crown decorated with peacock feather adorns the dancer's head, who portrays Lord Krishna.

For Pangal dancers, the sleeves covered their arms.