



JUNIOR CLASS **FRUITS /FOOD /PRONOUNS** WEEK 2

1. PRONOUNS RECAP AND PRACTICE

PERSONAL PRONOUNS

- I = MEH
- TU/TUSI(POLITE) =YOU
- EH = HE /SHE /IT(CLOSE)
- OH =HE SHE IT (FAR)

EXTRA words

- KHANNA = TO EAT
- TEH = AND
- ASI = WE
- JHANNA = TO GO
- EHDHAR = HERE OHDHAR=THERE

MAKE SENTENCES CHANGE THE PRONOUN

I AM/WE ARE GOING TO THE CINEMA

MEH/ASI XX CINEMA JHANNA/KHANNA HAI

WHAT DO YOU WANT TO EAT?

TU/TUSI KI KHANNA HAI?

MEH XX KHANNA/PEENA XX

BELONGING PRONOUNS

- THUHADA = yours (polite)
- MERA = mine
- TERA = yours
- SADA= ours
- EH NA DHA =Theirs (close)
- OH NA DHA= Theirs (Far)
- EHDHA =his/hers/its (close)
- OHDHA =his /hers/its (far)

MAKE SENTENCES CHANGE THE PRONOUN

- **WHAT'S YOUR NAME?**
- **THUHADA NAH KI HAI?**
- **MERA NAH XX HAI**

2. FRUITS RECAP AND PRACTICE

MUTTAR = PEAS

GAJJAR = CARROTS

ALOO = POTATO

AMB = MANGO

PALAK = SPINACH

NIMBOO = LEMON

KHIRA = CUCUMBER

DHUD = MILK

PANI = WATER

CHA = TEA

DHAHI= YOGURT

KELA= BANANA



SEB= APPLE

SANTRA = ORANGE

KHARBOOJA = WATERMELON

EXTRA

TEH = AND /NAAL= WITH /VICH = IN

CHANGE THE PRONOUN AND FRUIT /DRINK/VEG

MEH/TUSI/EHNA NEH / XX KHANNA /PEENA

AND MENOO XX CHANGAH LAGDHA (CHANGEH LAGDHE /PLURAL)

OPTIONAL

- **THUHADA FAVOURITE FRUIT KI HAI?**
- **SADA/TERA /MERA /EHNA DHA /EHDHA FAVOURITE FRUIT XXX HAI**

MAKE ONE SMOOTHIE DRINK USING MILK,YOUGURT AND 3 FRUITS OR VEGETABLES AND SAY THE INGREDIENTS IN PANJABI

WHAT'S LAL? WATERMELON/APPLE

HARA (PEAS/SPINACH/CUCUMBER)

PEELA (LEMON/MANGO/KELA)

SANTRI (ORANGES/CARROTS)

CHITTA (MILK/YOUGURT)

3. CONDIMENTS RECAP AND PRACTICE

LOON SALT, CHEENEE SUGAR

MIRCH IS A CHILLI, ATTA IS FLOUR

PUDHINA AND THANIA

MINT AND CORIANDER

CHOLLE IS CHICKPEAS

ADRAK IS GINGER

LASUN IS GARLIC

AACHAR IS PICKLE

HALDI IS TURMERIC

TEIL IS OIL

MAKHAN IS BUTTER

JEERA IS CUMIN

GUNDA IS ONION

WHAT WOULD YOU PUT IN YOUR MASALA?



LEARN SENTENCES THESE WILL BE TESTED NEXT WEEK

MEH XX KHANNA /PEENA HAI

I WANT TO EAT/DRINK XX

MENOO XX CHANGAH LAGDHA (CHANGEH LAGDHE /PLURAL)

I LIKE XX

CULTURE TOPIC

INDIAN FOOD

India is a large and very diverse country, with a wide variety of agricultural products, which differ from region to region.

WHAT ARE THE MAIN INDIAN STAPLE FOODS?

Indian staple food is rice, lentils, breads (roti/naan) and spices.

Many dishes contain vegetables, such as spinach, peas or mustard greens as well as fruit such as mango, pineapple or bananas.

WHAT ARE THE COMMONLY USED SPICES?

Indian food is generally famous for being spicy. Commonly used spices are chilli and ginger, cardamon, cinnamon, cumin, coriander and cloves.



OTHER FACTS

Many dishes also use yoghurt, cottage cheese or paneer

Fish and seafood at the coastal regions

TAJ MAHAL

Attracts over million tourists a year!

WHAT DOES IT MEAN?

In Arabic means Crown of Palaces

WHERE IS IT?

- Built in Agra (Uttar Pradesh) in 1632

WHAT'S IT MADE OF?

- Ivory/ white marble building

WHY WAS IT BUILT/WHO?

- Built by Emperor Shah Jahan in honour of his wife (tomb)

HOW LONG DO YOU THINK IT TO BUILD?

- 17 years