



PRE-PREP OPPOSITES WEEK 30

1. PRACTICE INTRODUCTIONS

SAT SRI AKAL = HELLO / GOODBYE

THUHADA NAH KI HAI? WHAT IS YOUR NAME?

MERA NAH HAI = MY NAME IS

TUSI KINNE SAL DHE HO? HOW OLD ARE YOU?

MEIN X SAL DHI/DHA HA I AM X YEARS OLD

TUSI KIDHA HO? HOW ARE YOU?

MEIN THEEK HA – I AM FINE

MEH MUNJE THE' SOHNA HAI - I WANT TO SLEEP ON BED

DARVAJA BUNDH KARO SHUT THE DOOR

ADD

MEH HASANA CHUANDHA/I HAI I WANT TO LAUGH

2. LEARN PRESCHOOL OPPOSITES SONG

UCHAA IS HIGH NEEVA IS LOW

AAJA IS COME, JAYO GO

START IS SHOOROO, SHOOROO KARLO

STOP IS KHATHAM FINISH KARLO



BENT IS BINGA, STRAIGHT IS SIDDHA

UPSIDE DOWN, INSIDE OUT IS PUH-TAH

UCHAA IS HIGH NEEVA IS LOW

AAJA(O) IS COME, JAYO GO

START IS SHOOROO, SHOOROO KARLO

STOP IS KHATHAM FINISH KARLO

BENT IS BINGA, STRAIGHT IS SIDDHA

UPSIDE DOWN, INSIDE OUT IS PUH-TAH

PUT IN FRONT UGGEH RAKHDHO

PUT IN THE BACK PICHHEH RAKHDHO

DON'T MAKE NOISE RAWLA NAH PAH-O

PLEASE BE QUIET CHUP KURRO

BENT IS BINGA, STRAIGHT IS SIDDHA

UPSIDE DOWN, INSIDE OUT IS PUH-TAH

BREAK

PUT IN FRONT UGGEH RAKHDHO



PUT IN THE BACK **PICHHEH RAKHDHO**

DON'T MAKE NOISE **RAWLA NAH PAH-O**

PLEASE BE QUIET **CHUP KARRO**

BENT IS BINGA, STRAIGHT IS SIDDHA

UPSIDE DOWN, INSIDE OUT IS PUH-TAH

BENT IS BINGA, STRAIGHT IS SIDDHA

UPSIDE DOWN, INSIDE OUT IS PUH-TAH

3. SAY THE OPPOSITE, IN PANJABI, FOR THE FOLLOWING WORDS

UCHA

BINGA

PUH-TAH

SHURU

UGGEH

RAWLA

AAJO

4. DO ACTIVITY ON ACTIVITY PAGE



LEARNING TASK Learn this sentence for next week

- MERA SCHOOL BAG PICHHE RAKH/DHO PLEASE = PLEASE PUT
MY SCHOOL BAG AT THE BACK

KEY WORDS

UCHA HIGH NEEVA LOW

TEJ FAST HAULI SLOW

SHOOROO START KHATAM FINISH

UGGEH FRONT PICHHEH BACK

RAWLA NOISE CHUP QUIET

BINGA BENT SIDDHA STRAIGHT

PUH TAH UPSIDE DOWN, INSIDE OUT