

PRE-PREP MATERIALS AND OPPOSITES WEEK 10

1. OPPOSITES RECAP AND PRACTICE

- UCHA HIGH
- NEEVA LOW
- TEJ FAST
- HAULI SLOW
- SHOOROO START
- KHATAM FINISH
- UGGEH FRONT
- PICHEH BACK
- RAWLA NOISE
- CHUP QUIET
- BINGA BENT
- SIDDHA STRAIGHT
- PUH TAH UPSIDE DOWN, INSIDE OUT

THEN PLAY

GAME 1 MATCH THE OPPOSITE!

PLAY WITH A FAMILY MEMBER

ONE PERSON SAYS A WORD AND OTHER HAS TO MATCH THE OPPOSITE TO GET A POINT. WHOEVER GETS MORE ANSWERS WINS!

UCHAA/NEEVA

BINGA/SIDDHA

PUTT-HA/SIDDHA

SHOOROO/KHATAM

RAKHLO/DHEDHO

CHUP/RAWLA

GAME 2 BEAT THE CLOCK

10 SECONDS TO SAY AS MANY OPPOSITES AS POSSIBLE, WITH ACTIONS. WHOEVER SAYS MOST PAIRS ..IS THE WINNER!

2. MATERIALS RECAP AND PRACTICE

WOOD IS LAKURD

NEEDLE IS SUE-EE

THREAD IS THAAGA

SILVER IS CHANDHI

GOLD IS SAUNA ,

GLASS IS KUTCH

BRICK IS IIT

HALF IS UDDHA

WHOLE IS POORA

GAME 3 WHAT AM I MADE OF?

PLAY WITH A FAMILY MEMBER. WINNER IS ONE WITH MOST CORRECT ANSWERS



TABLE/CHAIR = LAKURDI

HOUSE = IIT

CLOTHES ARE MADE BY? SU-EE AND THAAGA

JEWELLERY = SAUNA/CHANDHI

WINDOW = KUTCH

WHAT IS HALF/ WHOLE IN PANJABI?

3. PRACTICE SENTENCES THESE WILL BE TESTED NEXT WEEK

TUSI SHOROO KARO /KHATAM KARO – YOU START/FINISH

MEH XX KHARIDNA /BECHNA HAI – I WANT TO BUY/SELL

CULTURE TOPICS

SIKH WEDDINGS

- A Sikh wedding ceremony, often held at a Sikh place of worship, is less than an hour.
- **CHUNNI CHADAI**: After the engagement, the groom's family visits the bride and his mother symbolically covers the bride's head with a **CHUNNI**. His family also gifts the bride with clothes, jewellery, etc.
- **MEHNDI AND CHOODA CEREMONY** **MEHNDI** and **CHOODA** ceremonies are often done together. Mehndi is when the bride gets her hands and feet decorated in beautiful henna/mehndi designs.

- **CHOODA CEREMONY**

The bride's maternal uncle gifts the bride with a set of red and white bangles, that are to be dipped in milk before presenting. Golden ornaments called **KALIRES**, are tied to the bangles.

- **VATNA**

A paste of turmeric powder and mustard oil is applied to the bride and groom before the wedding for a natural glow.

GOLDEN TEMPLE

WHERE IS IT?

- In Amritsar, Punjab. NW OF INDIA

WHAT IS IT ?

- Holiest most religious Gurdwara for Sikhs

ANOTHER NAME FOR IT ?

- Also known as DARBAR SAHIB (SACRED AUDIENCE)/HARMANDER SAHIB

WHEN WAS IT BUILT?

- Was initiated by Guru Arjan(5th Sikh Guru) Built around man made river in 1581 - 1589
- It was destroyed many times by Afghan invaders and finally rebuilt during the reign of Maharaja Ranjit Singh (1801-39)

WHAT IS IT MADE OF ?

- Made of Marble and Copper and overlaid with Gold Foil

WHAT IS SO SPECIAL ABOUT THE WATER AROUND IT ?

- The water is believed to have healing powers, for those who bathe in it

INTERESTING FACTS

- It's the largest FREE kitchen in the world!
More than 50,000 vegetarian meals are served and cooked by volunteers in one day
- Long before it was built, Guru Nanak Dev Ji (1st Guru used to meditate at this site
- **LANGAR** means a communal meal /kitchen
- **SEWA** means selfless service (to perform an act without expecting reward)