



## 10. ADULT VERBS 2 WEEK 10

### 1. PRACTICE

THUHADA NAH KI HAI ? WHAT'S YOUR NAME ?

MERA NAH HAI IS MY NAME IS

TUSI KIDHA HO ? HOW ARE YOU ?

MEH THEEK HAI I AM FINE

TUSI KINNE SAAL DHE HO? HOW OLD ARE YOU

MEIN XX SAAL DHA/DHI HAI I AM XX YEARS OLD

TUSI KI KHANNA HAI ? WHAT DO YOU WANT TO EAT ?

MEH XX KHANNA /PEENA HAI (ADD A FRUIT DRINK ) I WANT TO EAT/DRINK XX

### 2. VERBS 2 PRACTICE THE FOLLOWING

MEH XX HAI (FUTURE TENSE)

MEH BEHTNA /UHTNA HAI I WANT TO SIT /STAND

MEH BUNDH KARNA/KOLNA HAI I WANT TO OPEN /CLOSE

MEH LEHNA/DHENA HAI I WANT TO TAKE/ GIVE

MEH PARDNA/LIKHNA HAI I WANT TO READ/WRITE

MEH THURNA/PUJJNA /MUDNA HAI I WANT TO WALK/RUN/TURN AROUND

**MEH AUNA/JHANNA HAI** I WANT TO COME /GO

**MEH BOLNA HAI** I WANT TO TALK

**MEH PHARDNA HAI** I WANT TO HOLD

MEH PEN **PHARDNA** ... I WANT TO HOLD A PEN

### 3. PRACTICE THE VERBS 2 SONG

#### **MOVE MOVE MOVE! LEARN SONG**

MOVE MOVE MOVE !

MEH **BEHT-NA BEHT-NA BEHT-NA** IS TO SIT SIT DOWN

MEH **MUR(D)NA MUR(D)NA MUR(D)NA** IS TO TURN AROUND

MEH **LENA LENA LENA** IS TAKE TAKE TAKE

MEH **DHENA DHENA DHENA** IS TO GIVE GIVE GIVE

MEH **PARDNA PARDNA PARDNA** IS TO READ READ READ

MEH **LIKHNA LIKHNA LIKHNA** IS TO WRITE WRITE WRITE

OPEN KARNA IS TO KholNA KholNA

MEH PANJABI **SIKHNI MEH PANJABI BholNI**

MEH **BholNA BholNA BholNA** IS TO TALK TALK TALK

MEH **THUR-NA THUR-NA THUR-NA** IS TO WALK WALK WALK

MEH **BUNDH KARNA** IS TO CLOSE CLOSE CLOSE

MEH **JHANNA JHANNA JHANNA** IS TO GO GO GO

MEH HOLD KARNA MEH **PHAR(D)NA PHAR(D)NA**

MEH **OOHT-NA OOHT-NA** MEH GET UP KARNA

MEH **PUJJ-NA PUJJ-NA** IS TO RUN RUN RUN

MEH **AUNA AUNA** IS TO COME COME COME

**REPEAT**

4. **GUESS THE OPPOSITE**

WHAT'S OPPOSITE OF

BEHTNA ?

KHOLNA?

JHANNA?

LENA?

**LEARNING TASK** SENTENCES DAILY PRACTICE

1. TUSI ETHE BEHT-NA HAI? – **DO YOU WANT TO SIT HERE?**

2. MEH FRIDGE KHOLNA TEH MEH DUDH PEENA HAI - **I'M GOING TO OPEN THE FRIDGE AND DRINK SOME MILK**

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