



PRE-PREP FEELINGS/EMOTIONS HOMEWORK 21

1. PRACTICE INTRODUCTIONS WITH EACH OTHER

SAT SRI AKAL = HELLO /GOODBYE

THUHADA NAH KI HAI? WHAT'S YOUR NAME?

MERA NAH HAI = MY NAME IS

TUSI KINNE SAL DHE HO? HOW OLD ARE YOU?

MEIN X SAL DHI/DHA HA = I AM X YEARS OLD

TUSI KIDHA HO? HOW ARE YOU?

MEIN THEEK HA – I AM FINE

MENOO XX CHANGEH LAGDHE HAI = I LIKE XX

MEH LONDON VICH REHNDHA/I HAI I LIVE IN LONDON

MEIN PUNJABI SCHOOL JHANDHA(I) HAI = I GO TO PUNJABI
SCHOOL

MENOO CHAMCHA /KAULI DHEDHO PLEASE - PLEASE GIVE ME
SPOON /BOWL

ADD MEIN KAL/SAVERE SCHOOL JHANNA HAI /JAOON GA(GI)

I'M WILL GO/GOING TO SCHOOL TOMORROW MORNING



2. LEARN SONG - EMOTIONS

MEH KHUSH HAI, I AM **HAPPY**

MENOO SUADH LAGDHA, THIS IS TASTY

KHUSH(I) IS HAPPY, **SUADH** IS TASTY

MEH KHUSH HAI, I AM HAPPY!

MENOO PYACE LAGDHI, I AM **THIRSTY**

MENOO PUKH LAGDHI, I AM **HUNGRY**

PYACE IS THIRSTY, **PUKH** IS HUNGRY

MENOO PUKH LAGDHI, I AM HUNGRY

MENOO DUKH LAGDHA I AM **SAD**

MENOO **GUSSA** CHARDHA I AM **ANGRY**

DUKH IS SAD **GUSSA** IS ANGRY

MENOO DUKH LAGDHA, I AM SAD

BREAK

MEH KHUSH HAI, I AM **HAPPY**

MENOO SUADH LAGDHA, THIS IS TASTY



KHUSH(I) IS HAPPY, SUADH IS TASTY

MEH KHUSH HAI, I AM HAPPY!

MENOO PYACE LAGDHI, I AM THIRSTY

MENOO PUKH LAGDHI, I AM HUNGRY

PYACE IS THIRSTY, PUKH IS HUNGRY

MENOO PUKH LAGDHI, I AM HUNGRY

MENOO DUKH LAGDHA, I AM SAD

MENOO GUSSA CHARDHA, I AM ANGRY

DUKH IS SAD GUSSA IS ANGRY

MENOO DUKH LAGDHA, I AM SAD

EXTRA WORDS

DUKHI = HURT/SAD ANGRY = GUSSA

LEARNING TASK LEARN THESE SENTENCES FOR NEXT WEEK

- **I'M HAPPY! MEH KHUSH HAI**
PLEASE SAY TO 5 PEOPLE THIS WEEK!



- I'M HUNGRY **MENOO PUKH LAGDHI HAI**
PLEASE SAY AT EVERY EVENING MEAL THIS WEEK

PARENTS

PLEASE ENCOURAGE CHILDREN TO TELL/DISCUSS THEIR FEELINGS IN PANJABI.

ASK THEM WHAT THEIR FAVOURITE FOOD IS AND GET THEM TO SAY

- **MENOO KELA SUADH LAGDHA HAI** = I THINK BANANA IS TASTY!

EVERYDAY ASK THEM TO TELL YOU IN PANJABI WHEN THEY ARE HUNGRY/THIRSTY

- **MENOO PUKH/PYACE LAGDHI HAI** = I'M HUNGRY/THIRSTY