



## **ADULT PROUD TO BE PANJABI! WEEK 3/4**

### **1. PRACTICE INTRODUCTIONS WITH EACH OTHER**

**SAT SRI AKAL** = HELLO

**TUSI KIDHA HO?** HOW ARE YOU?

**MEH THEEK HA** – I AM FINE

**TUSI KI KARDHE HO?** WHAT ARE YOU DOING ?

**MEH XX KARDH/DHI HA** I AM XX

**TUSI KERDE SCHOOL JANDHE HO?** WHICH SCHOOL DO YOU GO TO?

**MEH XX SCHOOL JANDHA/DHI HAI** GO TO XX SCHOOL

### **2. PRACTICE VERBS**

**THURNA** = TO WALK ( MEH BAHAR THURNA HAI)

**BHOL-NA** = TO TALK (MEH PANJABI BOLNI HAI )

**NOH-NA** = TO BATH ( MEH NOHNA HAI)

**SOH-NA** = TO SLEEP ( MEH SOHNA HAI)

**BEH -TNA** = TO SIT ( MEH BEH-TNA HAI)

**OOHT-NA** = TO GET UP ( MEH OOH –TNA HAI)

**KHAN-NA** = TO EAT ( MEH KHANNA HAI)

**NACH-NA** = TO DANCE ( MEH NACHNA HAI)

### 3. **PRACTICE SONG** **PROUD TO BE PANJABI!** **PERFORM TO FAMILY MEMBERS!!**

ASI HAI PANJABI (**WE ARE PROUD PANJABI'S**)

KUCHBEEE SAANOO PUCHLO (**ASK US ANYTHING**)

SAANOO SARA PAH-THA (**WE KNOW IT ALL /EVERYTHING**)

#### **CHORUS**

ASI

**THURNA** LIKE A PANJABI **WALK** LIKE A PANJABI

**BHOLNA** LIKE A PANJABI **TALK** LIKE A PANJABI

**NOHNA** LIKE A PANJABI **BATH** LIKE A PANJABI

**SOHNA** LIKE A PANJABI **SLEEP** LIKE A PANJABI

**BEH-TNA** LIKE A PANJABI **SIT** LIKE A PANJABI

**OOHTNA** LIKE A PANJABI **GET UP** LIKE A PANJABI

**KHANNA** LIKE A PANJABI **EAT** LIKE A PANJABI

**NACHNA** LIKE A PANJABI **DANCE** LIKE A PANJABI..ASI HAI PANJABI!

ASI HAI PANJABI!

WE'RE PROUD TO BE PANJABI, PROUD TO BE PANJABI

#### **VERSE**

WE REALLY LIKE TO EAT A LOT, **ASI SARA KUCH KHANDHE**

WE LIKE TO GO OUT ALL DAY, **ASI SAARE PASSE JHANDHE**

WE LIKE TO LAUGH ALL DAY, **ASI SARRA DHIN HUSSDHE**

WE LIKE TO TALK A LOT, **ASI SARA KUCH DUSSDHE**

WE REALLY HAVE A LOT OF FRIENDS, **SADDE DHOST BAHUT HAI GAI**

ASI BAHUT PARD-DHE HAI, **ASI FULL MARKS LAI GAI**

### **CHORUS**

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ASI HAI PANJABI!

WE'RE PROUD TO BE PANJABI, PROUD TO BE PANJABI

WE'RE PROUD TO BE PANJABI

PROUD TO BE PANJABI!

**ASI SAR-RAH KUM KARDHE HAI (SLOW PART)**

WE CAN DO ANYTHING

**SAR-REH GHANNE GOHN DHE HAI**

WE REALLY LOVE TO SING!!

ASI

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ASI HAI PANJABI!

**WE'RE PROUD TO BE PANJABI**

**PROUD TO BE PANJABI**

**ASI HAI PANJABI!!!**

**4. LEARNING TASK** TESTED NEXT WEEK

**LEARN THE SONG! WITH ACTIONS!!!**

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