

**JUNIOR CLASS OPPOSITES WEEK 30**

**1. PRACTICE INTRODUCTIONS**

**SAT SRI AKAL** = HELLO /GOODBYE

**THUHADA NAH KI HAI?** WHAT IS YOUR NAME?

**MERA NAH HAI** = MY NAME IS

**TUSI KINNE SAL DHE HO ?** HOW OLD ARE YOU?

**MEIN X SAL DHI/DHA HA** I AM X YEARS OLD

**TUSI KIDHA HO?** HOW ARE YOU?

**MEIN THEEK HA** – I AM FINE

**ADD**

**AH BAHUT VADHYA HAI** = THIS IS REALLY GOOD!

**MEH BAHUT KHUSH HAI** = I'M REALLY HAPPY!

**2. LEARN JUNIOR OPPOSITES SONG**

**UCHAA** IS HIGH **NEEVA** IS LOW

**AAJA(O)** IS COME, **JAYO**, GO

**START** IS **SHOOROO**, **SHOOROO** KARLO

**STOP** IS **KHATHAM** FINISH KARLO

**BENT** IS **BINGA**, **STRAIGHT** IS **SIDDHA**

**UPSIDE DOWN**, **INSIDE OUT** IS **PUH-TAH**



PUT IN FRONT **UGGEH RAKHDHO**

PUT IN THE BACK **PICHHEH RAKHDHO**

DON'T MAKE NOISE **RAWLA NAH PAH-O**

PLEASE BE QUIET **CHUP KARROH**

**BENT IS BINGA, STRAIGHT IS SIDDHA**

**UPSIDE DOWN, INSIDE OUT IS PUH-TAH**

**BREAK**

MEH **BECH-NA** HAI I WANT TO **SELL**

**SUCH** DHASSO **TRUTH** TELL

MEH **KHARIDNA** HAI I WANT TO **BUY**

**CHOOHT** NAH BOLO PLEASE DON'T **LIE**

**MEHNGA** IS COSTLY **SASTA** IS **CHEAP**

**MENOO DHEDHO** GIVE ME

**TUSI RAKHLO** YOU JUST KEEP

**MENOO NAH DEYOH** DON'T GIVE ME

**NEHRA HOGAYA** IT'S GOT DARK

**CHANAN HOGAYA** IT IS LIGHT

**CHANAN** MORNING, **NEHRA** AT NIGHT

**RAHT IS NIGHT TOO AM I RIGHT?**

**BENT IS BINGA STRAIGHT IS SIDDHA**

**UPSIDE DOWN/ INSIDE OUT IS PUH-TAH**

**BENT IS BINGA STRAIGHT IS SIDDHA**

**UPSIDE DOWN/ INSIDE OUT IS PUH-TAH**

**3. SAY THE OPPOSITE, IN PANJABI, FOR THE FOLLOWING WORDS**

UCHAA

BINGA

PUH-TAH

NEHRA

SHOOROO

MEHNGHA

RAKHLO

CHUP

KHARIDNA

**4. DO ACTIVITY ON ACTIVITY PAGE**

**LEARNING TASK** LEARN THESE 2 SENTENCES FOR NEXT WEEK'S  
LESSON

- **MEH XX KHARIDNA HAI** = I WANT TO BUY XX
- **NEHRA HO GAYA** = IT'S DARK NOW

**KEY WORDS**

**UCHAA** HIGH

**NEEVA** LOW

**AAJO** COME

**JAYO** GO

**SHOOROO** START

**KHATHAM** FINISH

**UGGEH** FRONT

**PICHHEH** BACK

**RAWLA** NOISE

**CHUP** QUIET

**TEHDA** BENT

**SIDDHA** STRAIGHT

**BECH-NA** SELL

**SUCH** TRUTH

**KHARIDNA** BUY

**CHOOHT** LIE

**MEHENG** COSTLY

**SASTA** CHEAP

**DHE DHO** GIVE

**RAKH LO** KEEP

**NEHRA** DARK

**CHANAN** LIGHT

**PUH-TAH** UPSIDE DOWN, INSIDE OUT