



PRE-PREP PROUD TO BE PANJABI WEEK 3/4

1. PRACTICE INTRODUCTIONS

SAT SRI AKAL = HELLO

TUSI KIDHA HO? HOW ARE YOU?

MEH THEEK HA I AM FINE

TUSI KERDE SCHOOL JANDHE HO? WHICH SCHOOL DO YOU GO TO?

MEH XX SCHOOL JANDHA/DHI HAI GO TO XX SCHOOL

2. PRACTICE

MEH XX HAI

XX = ANY BELOW

THURNA = TO WALK

BHOL-NA = TO TALK

NOH-NA = TO BATH

SOH-NA = TO SLEEP

BEH -TNA = TO SIT

OOHT-NA = TO GET UP

KHAN-NA = TO EAT

NACH-NA = TO DANCE



3. LEARN AND SING SONG - PROUD TO BE PANJABI!

ASI HAI PANJABI (WE ARE PROUD PANJABI'S)

KUCHBEEE SAANOO PUCHLO (ASK US ANYTHING)

SAANOO SARA PAH-THA (WE KNOW IT ALL/EVERYTHING)

CHORUS

ASI

THURNA LIKE A PANJABI **WALK** LIKE A PANJABI

BHOLNA LIKE A PANJABI **TALK** LIKE A PANJABI

NOHNA LIKE A PANJABI **BATH** LIKE A PANJABI

SOHNA LIKE A PANJABI **SLEEP** LIKE A PANJABI

BEH-TNA LIKE A PANJABI **SIT** LIKE A PANJABI

OOHTNA LIKE A PANJABI **GET UP** LIKE A PANJABI

KHANNA LIKE A PANJABI **EAT** LIKE A PANJABI

NACHNA LIKE A PANJABI **DANCE** LIKE A PANJABI

ASI HAI PANJABI! ASI HAI PANJABI!

WE'RE PROUD TO BE PANJABI, PROUD TO BE PANJABI

VERSE 2

ASI SAR-RAH KUM KARDHE HAI (SLOW PART)

WE CAN DO ANYTHING



SAR-REH GHANNE GOHN DHE HAI

WE REALLY LOVE TO SING!!

ASI

THURNA LIKE A PANJABI **WALK** LIKE A PANJABI

BHOLNA LIKE A PANJABI **TALK** LIKE A PANJABI

NOHNA LIKE A PANJABI **BATH** LIKE A PANJABI

SOHNA LIKE A PANJABI **SLEEP** LIKE A PANJABI

BEH-TNA LIKE A PANJABI **SIT** LIKE A PANJABI

OOHTNA LIKE A PANJABI **GET UP** LIKE A PANJABI

KHANNA LIKE A PANJABI **EAT** LIKE A PANJABI

NACHNA LIKE A PANJABI **DANCE** LIKE A PANJABI

ASI HAI PANJABI! ASI HAI PANJABI!

WE'RE PROUD TO BE PANJABI, PROUD TO BE PANJABI

ASI HAI PANJABI!!!

LEARNING TASK TESTED NEXT WEEK

LEARN THE SONG! WITH ACTIONS