



JUNIOR HEALTH /EMOTIONS 1 WEEK 8

1. HEALTH RECAP AND PRACTICE

RUN A SURGERY! PLAY WITH A FAMILY MEMBER

DOCTOR TAME KEM CHHO?

PATIENT HU BIMAAR CHHU/HU MAJAMA NAHI!!

WHO EVER IS ACTS CONVINCINGLY AND SAYS MOST PROBLEMS ILLEST .. WINS A HOLIDAY TO HAWAI! (DAVA WILL BE SENT THERE!!)

MAARU MATHU DUKHE CHHE MY HEAD HURTS

MAARU GHADU DUKHE CHHE THROAT IS SORE

MANE DAANT NO DHUKAO CHHE MY TOOTH HURTS

MANE DAVA APPHO! GIVE ME MEDICINE (MORE)!

MANE TAAV CHHE I GOT A FEVER

AAVE IT'S COMING!

(MANE) PARASEVO BI AAVE CHHE I'M SWEATING (TOO)

MANE CHAKKAR/OOLTHI/KHANJVAR AAVE CHHE I AM DIZZY
/SICK/ITCHY

ADD

DOCTOR NE BOLAVO CALL DOCTOR, DO

HU BIMAAR CHHU, I'M NOT WELL



CHISO NAHI PADHO, PLEASE DON'T YELL

THEN ADD

2. EMOTIONS RECAP AND PRACTICE

HU CHINTA KARU CHHU, I AM WORRIED

MANE BIK LAAGE CHHE, I AM SCARED

MANE TARAS LAAGE CHHE, I'M THIRSTY

MANE BUKH LAAGE CHHE, I'M HUNGRY

MANE PANI PEEVU CHHE I WANT TO DRINK WATER

HU UDHAAS CHHU I FEEL SAD

HU GUSSEH CHHU, I'M ANGRY

HU MAJAMA NAHI, I FEEL BAD

HU KHUSH CHHU, I'M HAPPY

AA SUADHIST CHHE, THIS IS TASTY

THEN

PLAY GAME WHAT MAKES YOU! (PLAY WITH A FAMILY MEMBER)

HU CHINTA KARU CHHU, WHEN I XXXX

HOW DO YOU FEEL WHEN YOU GET ICE CREAM? HU KHUSH CHHU!

HOW DO FEEL BEFORE AN EXAM? HU CHINTA KARU CHHU

ASK VOLUNTEERS TO TELL YOU WHAT ARE YOU SCARED OF ?



MANE BIK LAAGE CHHE WHEN I XXXXXX

IF YOU FALL OVER AND HURT YOURSELF? **HU UDHAAS CHHU**

IF YOU GET ACCUSED OF SOMETHING YOU HAVEN'T DONE / **AMANE TAAV CHHE** I GOT A FEVER

ADD

- MANE PANI PEEVU CHHE / MANE TARAS LAAGE CHHE
- **MAARU MATHU DUKHE CHHE** MY HEAD HURTS
- **HU UDHAAS CHHU**, I FEEL **SAD**
- **[AFTERWARDS]** WHEN BETTER

HU MAJAMA CHH!

PRACTICE SENTENCES THESE WILL BE TESTED NEXT WEEK

- MANE PARSEVO /CHAKKAR AAVE CHHE
I AM SWEATING/DIZZY
- **MANE TAAV CHHE** I GOT A FEVER

ADD MANE PANI PEEVU CHHE / MANE TARAS LAAGE CHHE

- **MAARU MATHU DUKHE CHHE**
MY HEAD HURTS
- **HU UDHAAS CHHU**, I FEEL **SAD**

AFTERWARDS WHEN BETTER HU MAJAMA CHHU!



CULTURE TOPIC

SPORT IN INDIA

WHAT IS THE NATIONAL SPORT OF INDIA?

- CRICKET

HOW MANY TIMES AND WHEN DID INDIA WIN THE CRICKET ICC WORLD CUP?

- 1983 AND 2011.

WHO ARE THE MOST FAMOUS INDIAN CRICKETERS?

- Sachin Tendulkar, Kapil Dev and Sunil Gavaskar

WHAT IS IPL?

- INDIAN PREMIER LEAGUE.
- India has invested a lot of money in Cricket after the introduction of the attracts cricketers from all over the world

WHAT IS THE SECOND MOST POPULAR SPORT IN INDIA?

- FOOTBALL
- Although the Indian national football team does not have much success at the international level, the Indian national football team ranks 96th in FIFA rankings.

WHAT OTHER SPORTS ARE POPULAR IN INDIA?

- Other popular sports in India include, FIELD HOCKEY, TENNIS AND BADMINGTON



INDIAN GAMES

WHAT ARE THE MAIN GAMES PLAYED IN INDIA ?

- KHO KHO, KABBADI, KITH KITH, CARROM

KHO KHO

- The game requires a very small piece of evenly surfaced ground, rectangular in shape, and 2 two poles.
- The game lasts no more than 37 minutes, which in its simplest form involves chasing and touching a person.

KABBADI

- 2 teams of seven players compete with each other for higher scores, by touching or capturing the players of the opponent team.

KITH KITH

- Cricket played with a stick instead of a bat is exactly the structure of Gilli Danda.

CARROM

- Carrom is similar to Pool but instead of pool cues, you use your fingers and a striker. The game can be played by either two people (singles) or four people (doubles)