

***************** 米 米 米 米 YEH XX BAHUT SWADH HAI THIS XX IS REALLY TASTY 米 米 米 米 **YEH RESTAURANT BAHUT BUSY /NOISY HAI THIS RESTAURANT IS** 米 米 **VERY BUSY /NOISY** 米 米 米 米 米 米 **MUJHE WASHROOM JHANNA HAI I WANT TO GO TO THE WASH** 米 米 **ROOM** 米 米 米 米 **WASH ROOM KAHAAN HAI?** WHERE IS THE WASH ROOM? 米 米 **MEINE BAHUT KHAA-LIYA** – I'VE EATEN TOO MUCH !!! 米 米 **※** 米 **MERA PEHT BHAR GAYA!** I'M FULL 米 米 **CHALLO GHAR CHALLEH LET'S GO HOME** 米 米 米 米 米 米 米 DANCE OF INDIA 米 米 THE BIHU DANCE 米 米 米 米 The **Bihu dance** is an indigenous <u>folk dance</u> from 米 米 the **Indian** state of **Assam** related to 米 米 the **Bihu** festival and an important part of **Assamese** 米米 米 culture. 米 Performed in a group, the Bihu dancers are usually 米 米 young men and women, and the dancing style is 米米 米 characterized by brisk steps, and rapid hand 米 movements. 米 米 米 The traditional costume of dancers is colorful and 米 米 centred round the red colour theme, signifying joy 米 米 and vigour. 米 米 米

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The earliest depiction of Bihu dance is found in the 9th century

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The dance begins with the performers, young men and women, slowly walking into the performance space.

The men then start playing musical instruments, like drums (particularly the double-headed <u>dhol</u>), horn-pipes and flutes, while the women place their hands above their hips with their palms facing outwards, forming an inverted triangular shape.

The women then start to slowly move in tune with the music by swaying, while bending slightly forward from the waist. Gradually, they open up the shoulders and place their legs slightly apart, adopting the main posture used in the Bihu dance. Meanwhile, the music played by the men picks up in temp and intensity, leading women to move to the tune.

Bihu is performed by groups of young men and women and in earlier times it served principally as a courtship dance.

The first time that the Bihu dance was performed on a stage was in 1962, part of a cultural event that took place in <u>Guwahati</u>.

Show video and ask them to pose

Who can hold the pose longest wins!

