



PANJABI

WEEK 3

ADD TEH = AND

PRACTICE THESE SENTENCES WITH SOMEONE

AT THE PARK

AHJ AITVAAR HAI, CHALLO PARK CHALLYEH TODAY IS SUNDAY,
LET'S GO TO THE PARK!

MEH XX KHEDNA HAI IS I WANT TO PLAY XX

MEH XX KHED DHA(I) HAI IS I AM PLAYING XX

MEH XX KHEDLEYA IS I HAVE PLAYED XX

MEH PARK VICH PUJJ NA HAI I WANT TO RUN

MENOO BALL/SKIPPING ROPE DEHDHO PLEASE? CAN YOU PLEASE
GIVE ME A BALL/SKIPPING ROPE? (DEHDHO = GIVE)

MENOO PYACE LAGGI HAI I'M THIRSTY

MENOO PANI DHEDHO PLEASE GIVE ME WATER PLEASE

MEH ICE CREAM KHANNI HAI – I WANT TO EAT ICE CREAM

EHS PARK VICH (DHAS GULABI) PHULL THE IK LAMBAH DRUKTH HAI

IN THIS PARK, THERE ARE 10 PINK FLOWERS AND A TALL TREE

AHJ MEH PARK VICH XX DHEKIA SI (NUMBER)/(COLOUR)
OBJECT/ANIMAL

TODAY, I SAW XX (ANIMAL/OBJECT) IN THE PARK

TIME KI HAI? PANJ VAJJ GAYE – IT'S 5 O' CLOCK

NEHRA HO GAYA IT'S DARK NOW

GHAR CHALLIYE – LET'S GO HOME

CULTURE TOPIC

MANIPURI DANCE(MANIPUR)

MANIPUR (BASANTI) RAAS LEELA

The *Manipuri Dance*, also referred to as the *Manipuri Raas Leela*, is one of the eight major [Indian classical dance](#) forms, originating in the state of [Manipur](#). The dance form is exclusively attached to the worship of Radha Krishna. It is a portrayal of the dance of divine love of Lord Krishna with Radha and the cowherd damsels of Vrindavan, famously known as the [Raas Leela](#).

Music and instruments

The musical accompaniment for Manipuri dance comes from a percussion instrument called the [PUNG](#) (a barrel drum), a singer, small [KARTALS](#) ([cymbals](#)), [SEMBONG](#), harmonium, and wind instrument such as a [flute](#).

COSTUMES

Female garments include

- **CHOLI** - A velvet blouse adorns the upper part of the body. The choli is embellished with zari, silk or gota embroidery.
- **GOPIS** are dressed in red blouses, while Radha stands out in green. For **PANGALS**, the sleeves were extended to cover the arms.

They all wear anklets and foot ornaments that flow with the dress symmetry. The face is decorated with the sacred Gaudiya Vaishnava **TILAK** on the forehead and **GOPI DOTS** made of sandalwood above the eyebrows.

Male

Characters dress in a **DHOTI** (also called *dhotra* or *dhora*) – a brilliantly coloured broadcloth pleated, wrapped and tied at waist and allowing complete freedom of movement for the legs.

Dancers wear a bright yellow-orange dhoti while playing Lord Krishna and a green/blue dhoti while playing Balaram.

A crown decorated with peacock feather adorns the dancer's head, who portrays Lord Krishna.

For Pangal dancers, the sleeves covered their arms.