



JUNIOR CLASS BODY PARTS(SAREER) HOMEWORK 4

1. PRACTICE INTRODUCTIONS:

SAT SRI AKAL = HELLO, GOODBYE, GOOD MORNING, GOOD AFTERNOON,

THUHADA NAH KI HAI? = WHAT'S YOUR NAME?

MERA NAH HAI = MY NAME IS

TUSI KINNE SAL DHE HO? HOW OLD ARE YOU?

MEH X SAL DHI(DHA)HAI = I AM **XX** YEARS OLD

TEH = **AND**

GENERAL RULE ON PLURALS

ADD AN A TO MAKE PLURAL

EXAMPLE: IK LAHTH/AHK

DHO LAHTHA/AHKA

EXCEPTIONS: IK MOHDAH/GOHDAH

DHO MOHDEH/GOHDEH

NOTE: PEHR/NAKH/SEER/KUHN STAY SAME WHEN PLURAL

2. LEARN SONG (WITH ACTIONS) - MERA SAREER!

SEER MODEH AHK (AHK teh LAKH)



SEER MODEH AHK (AHK teh LAKH)

PHER BAAL, MOOH, PEHR teh LAHTH

SEER MODEH AHK (AHK teh LAKH)

SEER MODEH AHK (AHK teh LAKH)

SEER MODEH AHK (AHK teh LAKH)

BREAK

SEER GOHDEH AHK (AHK teh NAKH)

SEER GOHDEH AHK (AHK teh NAKH)

PHER KUHN, BULL, DANDH teh HAHTH

SEER GOHDEH AHK (AHK teh NAKH)

SEER GOHDEH AHK (AHK teh NAKH)

SEER GOHDEH AHK (AHK teh NAKH)

Pher KUHN, BULL, DANDH teh HAHTH

SEER GOHDEH AHK (AHK teh NAKH)

SEER MODEH AHK (AHK teh LAKH)

SEER MODEH AHK (AHK teh LAKH)



PHER BAAL, MOOH, PEHR teh LAHTH

SEER MODEH AHK (AHK teh LAKH)

EXTRA

SEER MODEH AHK (AHK teh LAKH)

SEER MODEH AHK (AHK teh LAKH)

PHER BAH KOOHNI NAWH TEH OONGALI

SEER MODEH AHK (AHK teh LAKH)

EXTRA WORDS PARTS OF ARM

BAHA = 2 ARMS

BAH = 1 ARM

OONGAL(I) = FINGER

NAWH = FINGERNAIL

KOOHNI = ELBOW

PARTS OF THE LEG

LAHTH(A) = LEG

PEHR = FOOT/FEET

GOHDHA(EH) = KNEE(S)

**3. TRY TO SAY THE BODY PARTS IN PANJABI, WHEN TALKING TO
YOUR FAMILY**



LEARNING TASK Learn these 2 sentences for next week

- (MERE KAUL) I HAVE DHO HAHTH HAI = I HAVE 2 HANDS
- (MERE KAUL) I HAVE DHO GOHDEH HAI = I HAVE 2 KNEES

4. TRY LABELLING THE BODY PARTS IN PUNJABI, ON HOMEWORK PICTURE WITHOUT LOOKING AT THE ANSWER SHEET!

PARENTS TIPS

- PLEASE USE THE PANJABI PHRASES HOMEWORK, DAILY
- MEALTIMES ARE A GOOD TIME TO PRACTICE
- ASK CHILDREN TO SAY THESE SENTENCES AND REFER TO BODY PARTS IN PANJABI
 1. I'M BRUSHING MY BAAL/DANDH
 2. I'M WAVING MY HAHTH
 3. I'M CLOSING MY AHK/A
 4. I'M MOVING MY MODAH/EH
 5. I HEAR WITH MY KUHN
 6. I WALK USING MY LAHTHA

USE PANJABI MUSIC AND GET THEM TO MOVE ALL THEIR BODY PARTS AND SAY THEM IN **PANJABI!**