

PRE-PREP MATERIALS AND OPPOSITES 10

1. OPPOSITES RECAP AND PRACTICE

OONCHA = HIGH

NEECHE = LOW

AAVO = COME

JAAVO = GO

SHARUVAAT = START

BHUS = FINISH

AVAJ = NOISE

SHAANT = QUIET/CALM

VANKA = BENT

SEEDHU = STRAIGHT

UNDHU CHAATHU = UPSIDE DOWN, INSIDE OUT

GAME 1 BEAT THE CLOCK PLAY WITH FAMILY MEMBER

EACH PLAYER HAS 10 SECONDS TO SAY AS MANY OPPOSITES AS POSSIBLE WITH ACTIONS! WHOEVER SAYS MOST PAIRS ... IS THE WINNER

2. MATERIALS RECAP

NEEDLE IS SOYEH

THREAD IS DHORO

SILVER IS CHANDHI

GOLD IS SONU

WOOD IS LAKADU

BRICK IS EIT

GLASS IS KACH

ARD - DHU IS HALF

ALL IS AKHU

GAME 2 WHAT AM I MADE OF? PLAY WITH FAMILY MEMBER

TABLE/CHAIR = LAKADU

HOUSE = EIT

CLOTHES ARE MADE BY? SOYEH AND DHORO

JEWELLERY = SONU/CHANDHI

WINDOW = KACH

WHAT IS HALF/ WHOLE IN GUJARATI

WINNER IS ONE WITH MOST CORRECT ANSWERS

CULTURE TOPIC

GOLDEN TEMPLE

WHERE IS IT?

- In Amritsar, Punjab. NW OF INDIA

WHAT IS IT?

- Holiest most religious Gurdwara for Sikhs

ANOTHER NAME FOR IT?

- Also known as DARBAR SAHIB (SACRED AUDIENCE)/HARMANDER SAHIB

WHEN WAS IT BUILT?

- Was initiated by Guru Arjan (5th Sikh Guru) Built around man made river in 1581 - 1589
- It was destroyed many times by Afghan invaders and finally rebuilt during the reign of Maharaja Ranjit Singh (1801-39)

WHAT IS IT MADE OF?

- Made of Marble and Copper and overlaid with Gold Foil

WHAT IS SO SPECIAL ABOUT THE WATER AROUND IT?

- The water is believed to have healing powers, for those who bathe in it

INTERESTING FACTS

- It's the largest FREE kitchen in the world!
More than 50,000 vegetarian meals are served and cooked by volunteers in one day
- Long before it was built, Guru Nanak Dev Ji (1st Guru used to meditate at this site
- **LANGAR** means a communal meal /kitchen
- **SEWA** means selfless service (to perform an act without expecting reward)

LOHRI

WHEN IS IT CELEBRATED?

- A Punjabi festival celebrated on January 13th each year.
- Lohri is celebrated to mark the end of peak winter.

WHAT IS IT'S SIGNIFICANCE?

- The traditional time to harvest sugarcane crops is January, therefore, Lohri is seen by some to be a HARVEST FESTIVAL.
- And thus, Punjabi farmers see the day after Lohri (Maghi) as the financial New Year.
- Traditionally to mark the arrival of a new baby boy but times have changed
- Punjabi families have started celebrating Lohri, for any new baby born into the family

WHAT HAPPENS?

- Families DANCE around the bonfire and eat GUR, REWRI, PEANUTS AND POPCORN.
- Besides these, in Punjab's villages, it is a tradition to eat GAJJAK, SARSON DA SAAG AND MAKKI DHI ROTI on the day of Lohri.