



**JUNIOR HEALTH WEEK 24/25**

## **1. PRACTICE INTRODUCTIONS**

**NAMASTE** = HELLO

**AAP KA NAAM KYA HAI?** WHAT'S YOUR NAME?

**MERA NAAM HAI** = MY NAME IS

**AAP KAISE HO?** HOW ARE YOU?

**MEIN THEEK HOON** – I AM FINE

**AAP KITNE SAL KE HO?** HOW OLD ARE YOU?

**MEIN X SAL KA(KI) HOON** = I AM X YEARS OLD

**AAP KA SCHOOL KOHN SA HAI** - WHICH IS YOUR SCHOOL?

**MEIN JUNIOR SCHOOL MEIN HOON** - I'M IN JUNIOR SCHOOL

**AAP KAHA REHATE HO?** - WHERE DO YOU LIVE?

**MEIN LONDON MEI REHATA/I HOON** I LIVE IN LONDON

## **2. LEARN SONG - HEALTH**

**MERE SIHR MEIN DHARDH HAI** MY HEAD HURTS

**MERA GALLA KHARAAB HAI** THROAT IS SORE

**MERE DAANT MEIN DHARDH HAI** MY TOOTH HURTS

**AUR DAWAI DHENA!** GIVE ME MEDICINE MORE!



**MUJHE BHUKHAAR HAI I GOT A FEVER**

**PASEENA BHI AA RAHA HAI I'M SWEATING TOO**

**MUJHE CHAKKAR AA RAHA HAI I FEEL DIZZY**

**DOCTOR KO BULAO CALL DOCTOR, DO**

**BREAK**

**MEIN THEEK NAHI HOON, I'M NOT WELL**

**JOR SE MAT BOLO, PLS DON'T YELL**

**MUJHE KHANSI HAI I HAVE A COUGH**

**KAAFI HOGAYA HAI I'VE REALLY HAD ENOUGH!**

**MUJHE OOLTI AATI HAI I FEEL SICK**

**JALDI DOCTOR KO BULAO PLEASE CALL A DOCTOR QUICK!**

**MUJHE KHUJLI HOTI HAI I GOT AN ITCH**

**HASON NAHI (DON'T LAUGH) PLEASE I MIGHT NEED A STITCH!**

**MUJHE CHEENK AATI HAI I WANT TO SNEEZE**

**MUJHE TISSUE DHO TISSUE NOW PLEASE**

**MUJHE UBASI AATI HAI I JUST WANT TO YAWN**

**I'M GOING TO BED MEIN SONE JA RAHA(I) HOON**



**MEIN THEEK NAHI HOON, I'M NOT WELL**

**JOR SE MAT BOLO, PLS DON'T YELL**

**MEIN THEEK NAHI HOON, I'M NOT WELL**

**JOR SE MAT BOLO, PLS DON'T YELL**

### **3. PLAY DOCTOR DOCTOR / AAP KAISE HO WITH A FAMILY MEMBER!**

**WHOEVER CAN SAY THE MOST AILMENTS, IN 10 SECONDS HINDI, IS THE WINNER!**

### **4. DO ACTIVITY ON LEARNING PAGES**

**LEARNING TASK** LEARN THESE 2 SENTENCES FOR NEXT WEEK

- MERE XX MEIN DHARDH HAI – **MY XX HURTS** WEEK 24
- MUHJE CHEENK AATI HAI **I WANT TO SNEEZE** WEEK 25

### **KEY WORDS**

**MERA GALLA KHARAAB HAI** THROAT IS SORE

**MERE XX MEIN DHARDH HAI** MY XX HURTS

**DAWAI** MEDICINE



**BHUKHAAR** FEVER

**PASEENA** SWEAT

**CHAKKAR** DIZZY

**KHANSI** COUGH

**OOLTI** SICK/VOMIT

**KHUJLI** ITCH

**CHEENK** SNEEZE

**UBASI** YAWN