

**CENTRAL TRIBAL UNIVERSITY OF ANDHRA PRADESH**  
**Semester - II**  
**Skill Development Course : Emotional Intelligence**  
**(For B.Sc. Chemistry, B.Sc. Geology, B.Sc. Botany, B.Sc. AI and BBA)**  
**1<sup>st</sup> Mid -Semester Question paper**

**Max Marks : 20**

**Section - A**

**Answer all the five multiple-choice questions. All questions carry equal marks**

**5q x 1m = 5**

1. What is emotional intelligence (EI)?

- A) Ability to understand and manage one's own emotions
- B) Ability to understand and manage others' emotions
- C) Ability to understand and manage both one's own and others' emotions
- D) Ability to ignore emotions

2. Self-awareness in emotional intelligence refers to:

- A) Understanding others' emotions
- B) Understanding and recognizing one's own emotions
- C) Understanding and managing others' emotions
- D) Ignoring one's emotions

3. Emotional regulation involves:

- A) Ignoring emotions
- B) Amplifying emotions
- C) Understanding and managing emotions
- D) Being reactive to emotions

4. Which of the following is a type of emotional intelligence?

- A) Social intelligence
- B) Emotional awareness
- C) Emotional regulation
- D) All of the above

5. Relationship management in emotional intelligence involves:

- A) Ignoring relationships
- B) Amplifying conflicts
- C) Building and maintaining positive relationships
- D) Being reactive in relationships

**Section-B**

**Answer any one question from the below two.**

**1q x 5m = 5m**

6 (a). What is the meaning of Empathy ? Explain ?

OR

6 (b). Types, triggers & responsibilities of emotional intelligence

**Section – C**

**Answer any one question from the below two.**

**1q x 10m = 10m**

7 (a). Explain about Meaning & definition of emotional intelligence ?

OR

7 (b). Explain in detail about Relationship management & conflict resolution ?