

Dr Sanjat Chiwane

MD, DM, FESC

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For Appointment: +91-7 062 061 060



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Email- info@medsarc.com

Name : Mr.Rajan Bhardwaj (47y, Male)

Phone : 9312444986

ID : MGN-00321

Date : 18-Sep-2023

#Visit : 4

BP 114 / 80⁺ mmHg **Pulse** 79 bpm

PAST HISTORY: DM TYPE II

ESSENTIAL HTN

IHD-AWMI

CAD: NON CRITICAL CAD

MILD LV DYSFUNCTION

SURGICAL HISTORY: CAD--> NON CRITICAL TO BORDERLINE DISEASE

R_x

Medicine	Dose	Timing - Freq. - Duration
1 CAP. ROZAGOLD 20 * <i>Composition:</i> ASPIRIN 75 MG + CLOPIDOGREL 75 MG + ROSUVASTATIN 20 MG <i>Timing :</i> 1 CAP - After Breakfast <i>Note :</i> BLOOD THINNER	1 — 0 — 0 (cap)	After Food - daily - 90 Days
2 TAB. CORBIS 5MG * <i>Composition:</i> BISOPROLOL 5 MG <i>Timing :</i> 1 TAB - After Breakfast <i>Note :</i> BP/HEART RATE	1 — 0 — 0	After Breakfast - daily - 90 Days
3 TAB. RYBELSUS 14 MG * <i>Composition:</i> SEMAGLUTIDE 14 MG <i>Timing :</i> 1 TAB - Before Breakfast <i>Note :</i> 30 MINUTES BEFORE	1 — 0 — 0	Before Breakfast - daily - 90 Days
4 TAB. DIAMICRON 80MG * <i>Composition:</i> GLICLAZIDE 80 MG <i>Timing :</i> 1 TAB - Before Lunch	0 — 1 — 0	Before Lunch - daily - 90 Days
5 TAB. GLYXAMBI 25/5MG * <i>Composition:</i> EMPAGLIFLOZIN 25 MG + LINAGLIPTIN 5 MG <i>Timing :</i> 1 TAB - After Dinner <i>Note :</i> URINE INFECTIONS, HYPOGLYCEMIA	0 — 0 — 1	After Breakfast - daily - 90 Days
6 CAP. QUVENTOR ** <i>Timing :</i> 1 CAP - After Breakfast	1 — 0 — 0 (cap)	After Food - Daily - 90 days



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7 **CAP. PROVIDAC ***

1 — 0 — 0 (cap)

After Food - daily - 30 Days

Composition: LACTOBACILLUS ACIDOPHILUS 1 MILLION SPORES

Timing : 1 CAP - After Breakfast

Advice: DAILY 45 MINUTES WALKS

SMBG

MONITOR BP TWICE A WEEK AND MAKE A LOG

LOW CARB, LOW FAT, NORMAL PROTEIN DIET

Tests Prescribed: HBA1C, HSCRP, LIPID PROFILE

Next Visit : 18-Dec-2023 - Monday

Dr. Sanjat Chiwane

