




# LEAN – IN

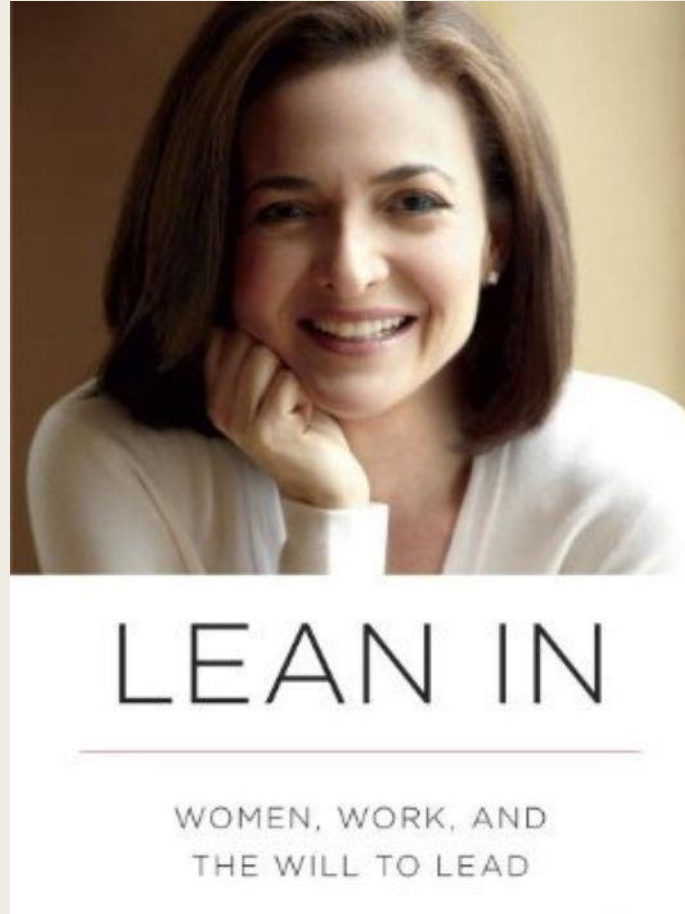
Share, Empower,  
Better the World !



~ WCS , UIUC

# What is Lean-In? Sheryl Sandberg?

- Started by Sheryl Sandberg
- COO of Facebook
- Lean In Circles are small groups who meet regularly to learn and grow together.



- All people in a circle share a common bond – the Power of Peer Support.
- More than 25,000 Circles in 126 countries ...and growing

# Sheryl's TED Talk

- Believe in yourself ! Don't let anyone put limits on you!
- Be ambitious! Don't give up before even trying.
- Don't ask yourselves why, ask yourselves why not!

# About the book..

- Fear is the largest internal barrier for women
- Women are generally less confident, more likely to attribute their successes to luck/hard work/connections
- In general, women are more risk-averse
- The Famous Heidi – Howard Case
- Seeking and Speaking the Truth
- “If you please everyone, you aren’t making enough progress.” – Mark Zuckerberg

# Let it out!

## Empower each other!

- Being Bossy vs Being Confident – Grace Hopper Conference 2015
- What would you do if you weren't afraid?



# Start a Circle ! Start Leaning – In !

- Develop Leadership qualities
- Help your peers
- Discuss problems – stop hiding or over looking them!  
Find solutions instead
- Take the initiative – it will pay off !
- Link : <http://leanincircles.org/>

**#LeanInTogether**