1. BLOOD VESSELS TO AND FROM THE LIVER



• The hepatic artery:

- carries oxygenated blood to the liver from the heart for aerobic respiration (via the aorta).
- may also carry lactic acid (lactate) from anaerobic respiration, which can be broken down into glucose, pyruvate or carbon dioxide and water.

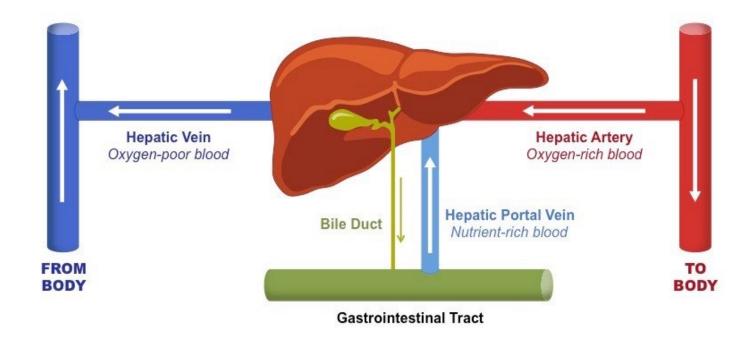
The hepatic portal vein:

- carries deoxygenated and nutrient-rich blood from the stomach/intestine to the liver
- prevents glucose entering the general circulation immediately
- helps maintain the osmotic potential of blood
- allows **toxins** to be **removed**

The hepatic portal vein intercepts blood from the gut, before it reaches the general circulation.

This way, it can control the level of specific nutrients in the outgoing blood.

• The hepatic vein carries deoxygenated blood from the liver to the heart (via the vena cava).

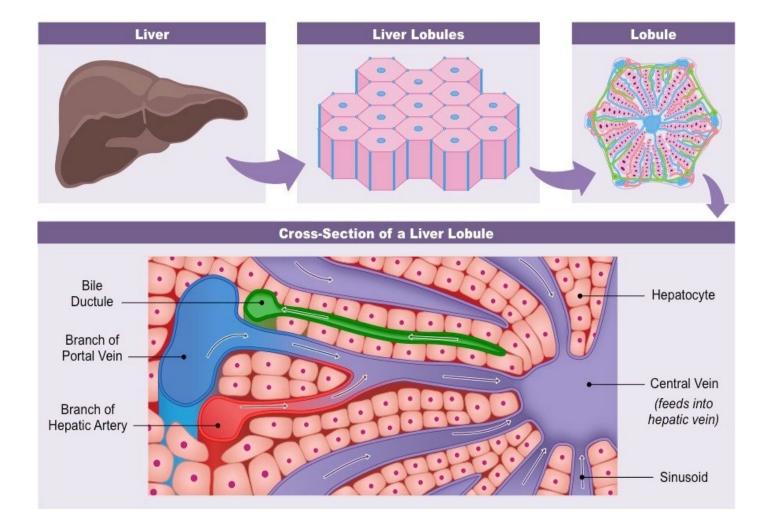


2. LIVER SINUSOIDS

Where they are in the liver

The liver is composed of smaller structures called **lobules**, which are roughly **hexagonal** in shape.

- Each lobule is surrounded by branches of the **hepatic artery** (provide oxygen) and the **hepatic portal vein** (provide nutrients)
- These blood vessels drain into capillary-like structures called sinusoids, which exchange
 materials directly with the hepatocytes (liver cells)
- The sinusoids drain into a central vein, which feeds deoxygenated blood into the hepatic vein
- Hepatocytes also produce bile, which is transported by vessels called canaliculi to bile ducts, which surround the lobule

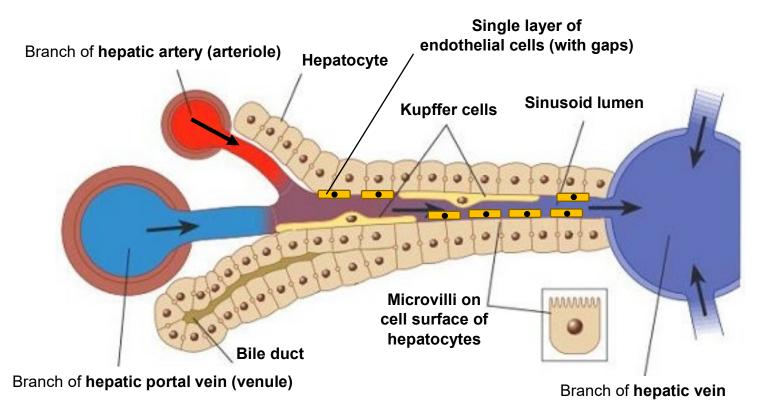


This page is just so you can visualise where sinusoids are in the liver

What you are expected to know about them for IB is shown next

Structure and function of a sinusoid

- The hepatic artery and hepatic portal vein drain into vessels called sinusoids.
- **Sinusoids** are a type of small blood vessel found in the liver that perform a **similar function** to capillaries (**exchange**).
- Sinusoids are where the exchange of materials occur between hepatocytes (liver cells) and blood.

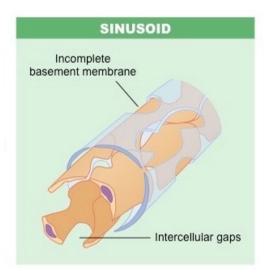


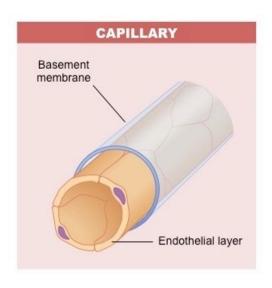
- Hepatic artery brings oxygenated blood to the liver from the heart via the aorta
- Hepatic portal vein brings digested food to the liver
- This allows hepatocytes to carry out aerobic respiration
- Blood from both blood vessels mixes in the sinusoid
- Blood is in **contact** with **hepatocytes** here
- Hepatocytes (liver cells) change the chemical composition of the blood in several ways:
 - releasing glucose or storing it as glycogen
 - removing toxins from the blood
 - producing plasma proteins
 - producing cholesterol/phospholipids/bile salts
- Kupffer cells are phagocytes that break down erythrocytes (red blood cells)
- The sinusoid wall is also lined with a single layer of very thin endothelial cells
- There are many gaps between these endothelial cells we say it has a fenestrated endothelium
- Hepatic vein carries deoxygenated blood from the liver to the heart via the vena cava

How sinusoids are different to capillaries

This is a popular exam question.

SINUSOIDS	CAPILLARIES
Larger in diameter	Smaller in diameter
Kupffer cells are located inside	Kupffer cells are not located inside
Have open pores/fenestrations	Do not have open pores/fenestrations
Basement membrane is incomplete	Basement membrane is complete





3. FIVE FUNCTIONS OF THE LIVER

- **Hepatocytes** carry out functions 1, 2, 3 and 5.
- **Kupffer cells** carry out function 4.

1. DETOXIFICATION

 Hepatocytes absorb toxins from the blood and convert them by chemical reactions into less/non-toxic substances e.g. alcohol; excess amino acids; lactate

2. PRODUCTION OF PLASMA PROTEINS

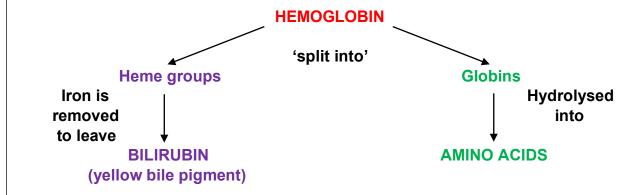
- Rough ER of hepatocytes produces
 90% of the plasma proteins in blood, including fibrinogen and albumin
- Golgi body of hepatocytes processes and modifies plasma proteins before they are released into the blood

3. CONVERTING CHOLESTEROL TO BILE SALTS

- Bile salts emulsify large fat droplets into many smaller fat droplets, increasing their surface area.
- This increases the rate of lipid digestion by lipase.
- **Hepatocytes** can also **make cholesterol** if there is **not enough** in the diet.

4. BREAKDOWN OF ERYTHROCYTES (THEIR SHORT LIFE SPAN IS 120 DAYS)

- Specialised phagocytes called Kupffer cells are in the walls of liver sinusoids.
- These break down red blood cells by phagocytosis and absorb the useful products.



- Iron, bilirubin and amino acids are released into the blood.
- Most **iron** is carried to the **bone marrow** and used to produce **new** red blood cells.
- Bilirubin is carried to the liver and used to produce bile.

5. NUTRIENT STORAGE & REGULATION

Absorbed food is first taken to the liver, which allows the levels of some nutrients to be regulated by hepatocytes. Example:

- If blood glucose level is **too high**, **insulin** stimulates **hepatocytes** to **absorb** glucose and **convert** it to **glycogen** for **storage**.
- If blood glucose level is too low, glucagon stimulates hepatocytes to break down glycogen and release glucose into the blood.

4. JAUNDICE



CAUSED BY AN ACCUMULATION OF BILIRUBIN (YELLOW BILE PIGMENT) IN BLOOD PLASMA

THE SKIN AND EYES BECOME YELLOW

With normal red blood cell production:

- **Kupffer cells** break down red blood cells (in the liver)
- By phagocytosis in the sinusoids
- •. Heme groups are converted to bilirubin (yellow bile pigment)
- . Bilirubin is transferred to bile
- (So) bilirubin (in bile) leaves the body in faeces (so it does not accumulate)

With jaundice:

- Bilirubin is not transferred to bile by the liver
- (So excess) bilirubin accumulates in the blood
- Causes of this include:
 - liver disease (hepatitis, liver cancer, cirrhosis, chronic alcoholism)
 - **immaturity** of the liver
 - blocked bile ducts
 - gallstones
 - increased numbers of red blood cells are broken down
- In infants, if bilirubin levels remain high for long periods, a form of brain damage can occur
 that can lead to deafness and cerebralpalsy.
- In adults, jaundice usually just results in itchiness.

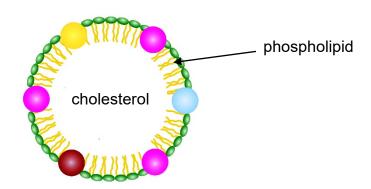
5. HIGH DENSITY LIPOPROTEIN (HDL) v LOW DENSITY LIPOPROTEIN (LDL)

- **Cholesterol** is **needed** by the body for many purposes, such as making **steroid hormones** and **plasma membranes**.
- The liver can **produce** cholesterol (if in short supply) or **convert** it to **bile salts** (if in excess).
- **High levels** of blood cholesterol are **not** automatically worrying:

IT DEPENDS ON WHETHER THE CHOLESTEROL IS BEING CARRIED

TO OR FROM BODY TISSUES

• Cholesterol is transported in **lipoproteins**, which are **small spheres** coated in **phospholipid**.



• These can be high-density lipoproteins (HDLs) or low-density lipoproteins (LDLs).

HIGH-DENSITY LIPOPROTEINS (HDLS)	LOW-DENSITY LIPOPROTEINS (LDLS)
'Good' cholesterol	'Bad' cholesterol
Collects cholesterol from body tissues and carries it back to the liver for removal from the blood	Carries cholesterol from the liver to body tissues

• HDL **lowers** blood cholesterol levels and is therefore 'good', while LDL is considered 'bad' as it **raises** blood cholesterol levels.