Assignment Name: Problem Statement

Group Name: The Struggle Bus

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The 4 W's

Topic - Food

<u>Problem statement:</u> Many college students are unable to manage their time and incoorporate eating a balanced meal into their daily lives.

Who?: College students feel sluggish and unable to manage their time to eat enough in one day.

<u>What?</u>: Many people do not have enough time or energy to eat which causes them to be more sluggish.

Where?: Students on campus are unable to find time in their schedule to eat a proper amount of food.

<u>Why?</u>: Without a sufficient amount of nourishment our minds and bodies cannot function at their fullest capabilities.