

## Lecture 6: Concentration Inequalities

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## 1 Markov's Inequality

**Lemma 1** (Markov's Inequality). *Let  $X$  be a non-negative random variable with mean  $\mu = \mathbb{E}X$ . Then we have*

$$\forall a \geq 0 : \Pr(X \geq a\mu) \leq \frac{1}{a};$$

*Equivalently,  $\forall a \geq 0 : \Pr(X \geq a) \leq \frac{\mu}{a}$ .*

*Proof.* We have

$$\begin{aligned} \mathbb{E}X &= \Pr(X < a) \mathbb{E}[X \mid X < a] + \Pr(X \geq a) \mathbb{E}[X \mid X \geq a] \\ &\geq \Pr(X \geq a) \mathbb{E}[X \mid X \geq a] \\ &\geq \Pr(X \geq a) \cdot a. \end{aligned}$$

The lemma then follows. □

**Example 2.** Suppose we toss a fair coin  $n$  times. What is the probability that we get at least  $0.6n$  Heads? How fast does the probability diminish as  $n$  grows?

Let  $X_i = 1$  if the  $i$ th toss is Head and  $X_i = 0$  otherwise. So  $\mathbb{E}X_i = 1/2$ . Let  $X = \sum_{i=1}^n X_i$  be the number of Heads in  $n$  tosses. So  $\mathbb{E}X = n/2$ . By Markov's Inequality, we have

$$\Pr(X \geq 0.6n) \leq \frac{0.5n}{0.6n} = \frac{5}{6}.$$

## 2 Chebyshev's Inequality

**Lemma 3** (Chebyshev's Inequality). *Let  $X$  be a random variable with mean  $\mu = \mathbb{E}X$  and variance  $\sigma^2 = \text{Var}(X)$  where  $\sigma \geq 0$  is the standard deviation. Then we have*

$$\forall a \geq 0 : \Pr(|X - \mu| \geq a\sigma) \leq \frac{1}{a^2};$$

*Equivalently,  $\forall a \geq 0 : \Pr(|X - \mu| \geq a) \leq \frac{\sigma^2}{a^2}$ .*

*Proof.* Let  $Y = (X - \mu)^2$ . Note that  $Y \geq 0$  and  $\mathbb{E}Y = \mathbb{E}[(X - \mu)^2] = \sigma^2$ . We then have

$$\begin{aligned} \Pr(|X - \mu| \geq a) &= \Pr(Y \geq a^2) \\ &\leq \frac{\mathbb{E}Y}{a^2} && \text{(Markov's Inequality)} \\ &= \frac{\sigma^2}{a^2}, \end{aligned}$$

as wanted. □

**Example 4.** As in [Example 2](#), each  $X_i$  has variance  $1/4$  and hence  $\text{Var}(X) = n/4$ . By Chebyshev's Inequality, we have

$$\begin{aligned}\Pr(X \geq 0.6n) &= \Pr(X - \mathbb{E}X \geq 0.1n) \\ &= \frac{1}{2} \Pr(|X - \mathbb{E}X| \geq 0.1n) \\ &\leq \frac{1}{2} \frac{n/4}{(0.1n)^2} = \frac{12.5}{n} \xrightarrow{n \rightarrow \infty} 0.\end{aligned}$$

### 3 Chernoff Bounds

**Lemma 5** (Chernoff Bounds). *Let  $X_1, \dots, X_n$  be independent random variables taking values in  $[0, 1]$ . Let  $X = \sum_{i=1}^n X_i$  be their sum with mean  $\mu = \mathbb{E}X = \sum_{i=1}^n \mathbb{E}X_i$ . Then we have*

$$\forall \delta \geq 0 : \Pr(X \geq (1 + \delta)\mu) \leq \left( \frac{e^\delta}{(1 + \delta)^{1 + \delta}} \right)^\mu \quad (1)$$

$$\text{and } \Pr(X \leq (1 - \delta)\mu) \leq \left( \frac{e^{-\delta}}{(1 - \delta)^{1 - \delta}} \right)^\mu. \quad (2)$$

A looser but simpler version is

$$\forall \delta \in (0, 1) : \Pr(X \geq (1 + \delta)\mu) \leq e^{-\frac{\delta^2 \mu}{3}} \quad (3)$$

$$\text{and } \Pr(X \leq (1 - \delta)\mu) \leq e^{-\frac{\delta^2 \mu}{2}}. \quad (4)$$

*Proof.* Our plan is to pick a “nice” auxiliary function  $\varphi$  and apply Markov's inequality to  $Y = \varphi(X)$ . Namely, we expect to have

$$\begin{aligned}\Pr(X \geq (1 + \delta)\mu) &\stackrel{(i)}{\leq} \Pr(\varphi(X) \geq \varphi((1 + \delta)\mu)) \\ &\stackrel{(ii)}{\leq} \frac{\mathbb{E}[\varphi(X)]}{\varphi((1 + \delta)\mu)} \quad (\text{Markov's Inequality}) \\ &\stackrel{(iii)}{\leq} \text{nice bound},\end{aligned}$$

where (i) requires  $\varphi$  is monotone increasing, (ii) requires  $\varphi \geq 0$  since Markov's inequality applies only to non-negative random variables, and (iii) requires we can upper bound  $\mathbb{E}[\varphi(X)]$  nicely.

Our choice of  $\varphi$  is the exponential function  $\varphi(x) = e^{tx}$  where  $t \geq 0$  is a parameter to be decided. Note that

$$\mathbb{E}[\varphi(X)] = \mathbb{E}[e^{tX}] = \mathbb{E}\left[e^{t \sum_{i=1}^n X_i}\right] = \mathbb{E}\left[\prod_{i=1}^n e^{tX_i}\right] = \prod_{i=1}^n \mathbb{E}[e^{tX_i}],$$

where the last equality is because  $X_1, \dots, X_n$  are independent.

**Fact 6.** *Suppose  $Z$  is a random variable taking values in  $[0, 1]$ . Then we have*

$$\mathbb{E}[e^{tZ}] \leq 1 + (e^t - 1)\mathbb{E}Z.$$

*Proof.* For all  $x \in [0, 1]$ , it holds  $e^{tx} \leq 1 + (e^t - 1)x$ . Therefore,

$$\mathbb{E}[e^{tZ}] \leq \mathbb{E}[1 + (e^t - 1)Z] = 1 + (e^t - 1)\mathbb{E}Z$$

as claimed. □

By [Fact 6](#), we deduce that

$$\begin{aligned}
\mathbb{E}[e^{tX}] &= \prod_{i=1}^n \mathbb{E}[e^{tX_i}] \leq \prod_{i=1}^n (1 + (e^t - 1)\mathbb{E}X_i) \\
&\leq \prod_{i=1}^n e^{(e^t - 1)\mathbb{E}X_i} \\
&= e^{\sum_{i=1}^n (e^t - 1)\mathbb{E}X_i} \\
&= e^{(e^t - 1)\mu}.
\end{aligned} \tag{5}$$

Therefore,

$$\begin{aligned}
\Pr(X \geq (1 + \delta)\mu) &\leq \Pr(e^{tX} \geq e^{t(1+\delta)\mu}) && (\text{since } t \geq 0) \\
&\leq \frac{\mathbb{E}[e^{tX}]}{e^{(1+\delta)t\mu}} && (\text{Markov's Inequality}) \\
&\leq \frac{e^{(e^t - 1)\mu}}{e^{(1+\delta)t\mu}} && (\text{by Eq. (5)}) \\
&= e^{(e^t - 1 - (1+\delta)t)\mu}.
\end{aligned} \tag{6}$$

Notice that [Eq. \(6\)](#) holds for all  $t \geq 0$ . We would pick a best  $t \geq 0$  that minimizes the exponent  $e^t - 1 - (1+\delta)t$ . By Calculus our choice is  $t = \log(1 + \delta) \geq 0$ , and for this  $t$  [Eq. \(6\)](#) becomes

$$\Pr(X \geq (1 + \delta)\mu) \leq \left( \frac{e^\delta}{(1 + \delta)^{1+\delta}} \right)^\mu,$$

which establishes [Eq. \(1\)](#).

The proof of [Eq. \(2\)](#) is very similar. Let  $t \leq 0$  to be decided, and we have

$$\begin{aligned}
\Pr(X \leq (1 - \delta)\mu) &\leq \Pr(e^{tX} \geq e^{t(1-\delta)\mu}) && (\text{since } t \leq 0) \\
&\leq \frac{\mathbb{E}[e^{tX}]}{e^{(1-\delta)t\mu}} && (\text{Markov's Inequality}) \\
&\leq \frac{e^{(e^t - 1)\mu}}{e^{(1-\delta)t\mu}} && (\text{by Eq. (5)}) \\
&= e^{(e^t - 1 - (1-\delta)t)\mu}.
\end{aligned} \tag{7}$$

We choose  $t = \log(1 - \delta) \leq 0$  which minimizes the exponent  $e^t - 1 - (1 - \delta)t$ , and then [Eq. \(7\)](#) becomes

$$\Pr(X \leq (1 - \delta)\mu) \leq \left( \frac{e^{-\delta}}{(1 - \delta)^{1-\delta}} \right)^\mu,$$

establishing [Eq. \(2\)](#).

The bounds [Eqs. \(3\)](#) and [\(4\)](#) are obtained by upper bounding the right-hand sides of [Eqs. \(1\)](#) and [\(2\)](#) with simpler functions.  $\square$

**Example 7.** As in [Example 2](#), by Chernoff Bound we have

$$\Pr(X \geq 0.6n) = \Pr(X \geq (1 + 0.2)\mathbb{E}X) \leq \left( \frac{e^{0.2}}{1.2^{1.2}} \right)^{0.5n} \leq 0.991^n \xrightarrow{n \rightarrow \infty} 0.$$

In particular, the probability decays to zero exponentially fast.