



# ACSC PRACTICES FOR SECURE PASSWORDS



1

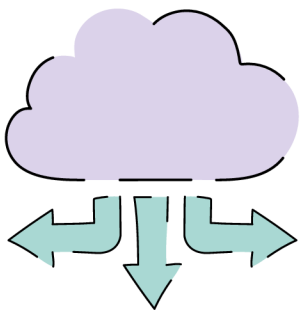
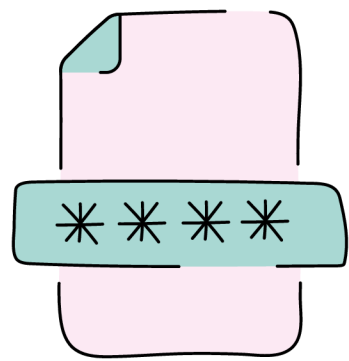
## USE A PASSPHRASE, NOT A PASSWORD

Passphrases are longer and typically easier to remember than random character strings. A passphrase is a sequence of words or a sentence that is both long and complex enough to be secure.

2

## USE LONG & COMPLEX PASSPHRASES

A passphrase should be at least 14 characters long. Use a mix of uppercase, lowercase letters, numbers and symbols. And avoid common and predictable passphrases.



3

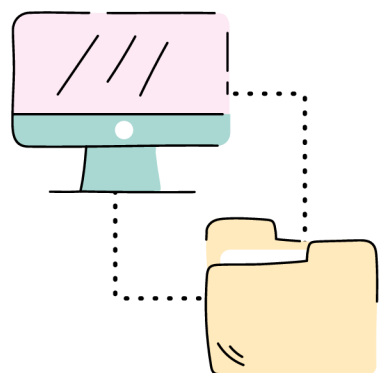
## DO NOT REUSE PASSPHRASES

Use unique passwords or passphrases for each account, especially for critical services like email, banking, and social media.

4

## USE A PASSWORD MANAGER

To manage multiple complex passwords, use a password manager. This tool can securely store and generate strong, unique passwords for each of your accounts.



5

## ENABLE MULTI-FACTOR AUTHENTICATION (MFA)

Wherever possible, enable multi-factor authentication (MFA) in addition to your password. This adds an extra layer of security by requiring a second factor of authentication.

**Follow the Australian Cyber Security  
Center on their website to stay up to date  
on the latest digital security news and  
developments.**