## **AMERICAN MARTIAL ARTS ACADEMY**

TESTING FORM: 2<sup>nd</sup> GUP RED BELT W/ WHITE STRIPE TO 1<sup>ST</sup> GUP TEMP RED W/BLACK STRIPE

W/BLACK STRIPE		PD
Student's Name:	TESTING FEE: \$ 30.00	CK #
Date:	BELT SIZE:	
Instructor:	Current Rank	

TECHNIQUE	SCORE	COMMENTS
BLOCKS		
1) LEG AND FOOT CHECKS	0 1 2 3 4	
STRIKES	1	
2) DOUBLE SUDO HAND TO NECK	0 1 2 3 4	
3) THROAT STRIKE/PUSH	0 1 2 3 4	
KICKS	I	
4) TRIPLE CRESCENT (hurricane kick)	0 1 2 3 4	
5) ROUND HOUSE SPIN/ ROUND HOUSE (both sides)	0 1 2 3 4	
FORM		
6) Ba Sa Hee Hyung ANY LOWER FORM MAY ALSO BE REQUESTED	0 1 2 3 4	
SELF DEFENSE		
7) 2 HAND LAPEL GRABS front/back	0 1 2 3 4	
8) DEFEND WITH EYES CLOSED 5 times	0 1 2 3 4	
ONE STEPS	1	
9) 15 COMBOS BOTH SIDES, 5 TAKEDOWNS BOTH SIDES	0 1 2 3 4	
BREAKING		
10) HAND Elbow Strike	0 1 2 3 4	
2 FOOT Roundhouse or Side kick	0 1 2 3 4	
SPARRING		
11) JUMPING & FLYING	0 1 2 3 4	
OTHER		
12) WRITTEN PAPER	0 1 2 3 4	

JUDGE NAME:		JUDGE INITIALS:			
RANK EARNED:	COMMENTS:				
CIRCLE RANK EARNED:					