

# KONTROL

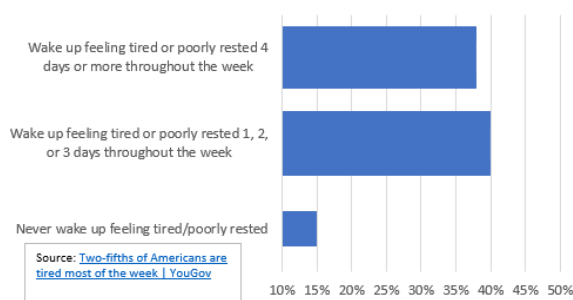
For more information on this product, contact

[biomedpharmawustl@gmail.com](mailto:biomedpharmawustl@gmail.com)

Have you ever felt like you lack control over your day? Like your body and mind are not working at their absolute best, with sluggish mornings and a clouded brain ruining your productivity?

Well over 35% of Americans say they wake up feeling tired and poorly rested most days of the week!

YouGov Sleep and Tiredness Poll



Try KONTROL!



The one-of-a-kind oral spray that works to fight off general morning drowsiness and sleep inertia to help you be your best!



Source: [Berlinpackaging.com](#)

## Sleep Inertia:

Sleep inertia can be described as the grogginess felt upon awakening which drastically decreases cognitive performance and overall energy. These affects can last anywhere from a few minutes to several hours and can be detrimental to one's efficiency. While the exact function of sleep inertia is currently unknown, we decided to engineer a product that would alleviate these early morning symptoms and boost your energy.

## KONTROL Ingredients:

KONTROL is made up of only THREE all-natural ingredients:

1. Water – used as the primary liquid in the spray bottle.
2. Vitamin B12 – one of the most widely used supplements in the world for creating energy, which does so by fostering the creation of red blood cells.
3. Sucrose – which is humans' primary source of energy and critical for brain function.

## How KONTROL Combats Sleep Inertia and Morning Drowsiness

### Vitamin B-12:

Vitamin B-12 is essential for cellular energy production in the body. As a coenzyme, it is used by methionine synthase to create homocysteine, which then generates tetrahydrofolate (THF) and methionine. THF is then critical in making red blood cells which produce the energy carrier ATP and carry oxygen throughout the body. With one spray of our product, energy will surge through your body and work against that persistent drowsiness!

### Sucrose:

When digested, sucrose travels through the stomach to the small intestine. Enzymes in the small intestine break down sucrose into glucose and fructose molecules which are absorbed into the bloodstream and carried to the liver. Here, the liver releases glucose back into the bloodstream for use throughout the body. Glucose is our primary source of energy and a substantial component of cerebral circulation which helps the brain to function at its maximum potential. Without sufficient glucose supply in the brain, you may struggle with impaired memory and lack the ability to focus.

### The Effects:

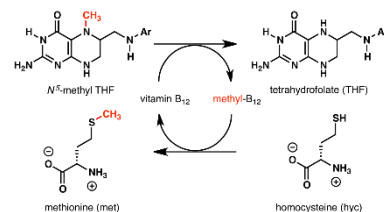
With the combination of vitamin B-12 and sucrose, your body and brain will receive the energy it needs to function.

Energy is morning drowsiness and sleep inertia's worst nightmare!

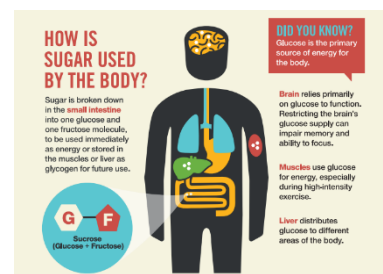
## How to Use KONTROL:

Spray (orally) 3 times right after you wake up and let the ingredients do the work. Let us help you be at your best!

[Simplified diagram of the creation of THF by vitamin B-12](#)



[How sucrose and glucose are used to create energy](#)



Source: [Sugar.ca](#)