



SECOND SEMESTER 2018-2019

Course Handout Part II

Date: 07-01-2019

In addition to part-I (General Handout for all courses appended to the time table) this portion gives further specific details regarding the course.

Course No. : GS F232
Course Title : Introductory Psychology
Instructor-in-Charge : Santosh Mahapatra

Scope and Objectives of the Course: The course aims to introduce students to the field of Psychology. They will get exposure to a variety of theoretical perspectives, some of the most important psychologists and their research findings which have contributed to the making of modern psychology. This course also looks into a few major psychological tools that have been used extensively for measuring human behaviour, personality, intelligence, etc.

The main objectives of the course are to:

- introduce students to the broad field of psychology;
- expose them to a broad range of theories in the field;
- help them understand the applications of psychological tools;
- enable students to evaluate the contributions of various theories of psychology to the understanding of human psyche;
- help students explore the validity of psychometric tests meant for measuring intelligence, personality, behaviour, etc.

Textbooks:

1. T1. Robert A. Baron, "Psychology", Revised 5th Edition, Pearson, 2009

Reference Books:

1. Ceccarelli & Meyer, Psychology, South Asian Edition, Pearson Longman, 2006
2. James W. Kalat, Introduction to Psychology, Cengage Learning, 2016

Course Plan:

Lecture No.	Learning objectives	Topics to be covered	Chapter in the Text Book
1-3	Define Psychology, describe its evolution, gain an understanding of Psychology in India	The development of Psychology as a science: Definition, origin, classical studies, issues and perspectives, trends, Psychology in India	Ch. 1
4-6	Describe biological bases of human behaviour and critique	Nature: Human nature, biological bases, brain, heredity, genetics, nature-nurture debate	Ch. 2



	the arguments related to nature-nurture debate		
7-12	Differentiate between sensation and perception, describe functions of senses, analyze theories of cognition and explain how thinking leads to decision-making, problem-solving and communication	Individual and environment: Sensation, raw materials for understanding; vision; hearing; touch, smell and taste; perception; plasticity of perception, extrasensory perception Cognition: Thinking, forming concepts and reasoning to conclusions; making decisions; problem solving; language: the communication of information	Ch. 3 & 7
13-16	Describe biological rhythms, levels of consciousness and explain how drugs alter consciousness	States of consciousness: Biological rhythms; waking states of consciousness, sleep, dreams, hypnosis and consciousness- altering drugs	Ch. 4
17-19	Explain motivation and assess its impacts	Motivation: Theories of motivation; motives & motivation- hunger, aggression, achievement; extrinsic and intrinsic motivation	Ch. 10
20-23	Describe and apply theories of learning	Learning: Classical and operant conditioning; reward-punishment; behaviorism, cognitivism, sociocultural theory, neuroscience of learning, etc.	Ch. 5
24-26	Explain the process of memory and apply memory enhancement strategies	Memory: Human memory; kinds of information stored in memory, forgetting, memory & brain; memory enhancement strategies	Ch. 6
27-29	Describe theories of intelligence, analyze and critique intelligence tests	Intelligence: Contrasting views of its nature; measuring intelligence; human intelligence: role of heredity and environment; group differences in intelligence; emotional intelligence; intelligence tests; creativity: generating the extra ordinary	Ch. 11
30-35	Define personality, describe and discuss personality tests	Personality: Definition; the psychoanalytic approach; humanistic theories, trait theories; personality tests; personality disorders, sociopathy, psychopathy, applications to personal health and behavior in work	Ch. 12
36-40	Define mental disorders, describe abnormality and explain psychotherapy	Mental disorders: Models of abnormality; mood disorders; anxiety disorders; sexual and gender identity disorders; substance related disorders, psychotherapy	Ch. 14 & 15

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Evaluation Scheme:

Component	Duration	Weighting (%)	Date & Time	Nature of Component
Mid-semester Examination	90 minutes	30	15/3 9.00 - 10.30AM	Open book
Assignments 1 & 2		30		
Comprehensive Examination	3 hours	40	10/05 FN	Open book

Chamber Consultation Hour: The slot will be decided during the first class.

Notices: Notices concerning the course will be displayed on the CMS.

Make-up Policy: Make-up will be given only in genuine cases (subject to verification).

Academic Honesty and Integrity Policy: Academic honesty and integrity are to be maintained by all the students throughout the semester and no type of academic dishonesty is acceptable.

Santosh Mahapatra
INSTRUCTOR-IN-CHARGE

