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PASTRIES LESSON - 10

Strawberry Almont Tart

Ingredients:

Tart crust:

Flour – 1 ½ cup
Salt- ½ tsp
Butter – ½ cup
Vegetable shortening – 2 tbs
Cold water accordingly

Strawberry Almond filling

Almond paste – 7 oz
Butter or margarine – 4 tbs
Sugar – ½ cup
Salt- ¼ tsp
Eggs – 2 large
Vanilla – 1 tsp
Flour – ¼ cup
Strawberries

Method:

Prepare tart crust:

In medium bowl, mix flour and salt. Then add the butter with shortening until mixture resembles coarse crumbs. Add water 1 tsp at a time until dough is just moist enough to hold together. Warp in a paper and keep in the fridge for 30 minutes. Then roll the crust to a pie dish and press against of tart to form a rim above edge of pan. Refrigerate 15 minutes to firm pastry slightly before baking.

Preheat the oven to 375 F and bake for 8 to 10 minutes.

Prepare Strawberry Almond filling

In a large bowl, with mixer at medium speed, beat almond paste, margarine or butter, sugar and salt until evenly blended, add eggs and vanilla. Increase speed to medium high, and beat until blended, at last fold in flour. Pour almond mixture into warm tart shell, spread evenly. Scatter strawberries in even layer over filling. Bake tart 40 to 45 minutes, until golden. Cool tart in pan on wire rack, carefully, remove side from pan.

Fresh Cream – 5 tbs Egg - 1