

# Castella Dixie

Physical Education Teacher

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📍 123 Maple Street, Hartford,  
CT 06105

## Education

**Bachelor of Science in  
Physical Education at Central  
Connecticut State University,  
New Britain, CT**

Aug 2017 - May 2021

Relevant Coursework: Anatomy  
and Physiology, Kinesiology,  
Exercise Science, Motor Learning,  
Sports Psychology, Adapted  
Physical Education, Fitness  
Assessment, Health and  
Wellness, Nutrition, and  
Teaching Methods in Physical  
Education.

## Links

[linkedin.com/in/castelladixie](https://www.linkedin.com/in/castelladixie)

## Skills

Motivation

Adaptability

Communication

Organization

Leadership

Assessment

CPR/First Aid

## Languages

English

Bengali

## Profile

Dedicated Physical Education Teacher with 2 years of experience in fostering students' physical fitness and well-being. Proficient in developing engaging lesson plans, promoting sportsmanship, and implementing various teaching styles to cater to diverse learning needs. Demonstrates excellent communication skills and a strong commitment to fostering a supportive and inclusive learning environment for all students.

## Employment History

**Physical Education Teacher at Connecticut PE Teachers, Inc., CT**

Apr 2023 - Present

- Developed and implemented a new physical education curriculum for Connecticut PE Teachers, Inc., resulting in a 25% increase in student engagement and participation in physical activities over a two-year period.
- Successfully organized and coordinated an annual district-wide sports event, involving over 1,000 students from 12 schools, achieving a 95% satisfaction rate from participants and attendees.
- Trained and mentored 15 new physical education teachers at Connecticut PE Teachers, Inc., contributing to a 30% improvement in the overall teaching quality and student performance within the organization.

**Assistant Physical Education Teacher at PE Educators of CT, LLC, CT**

Jul 2021 - Feb 2023

- Successfully implemented a new fitness program for over 200 students, resulting in a 15% overall improvement in physical fitness scores within one academic year.
- Developed and organized an annual school-wide sports day event, involving the participation of over 500 students and staff members, which increased student engagement in physical activities by 20%.
- Collaborated with fellow PE teachers to redesign the physical education curriculum, incorporating new sports and activities that led to a 10% increase in student participation and satisfaction rates.

## Certificates

**Adapted Physical Education National Standards (APENS) Certification**

Sep 2021

**American Council on Exercise (ACE) Group Fitness Instructor Certification**

Dec 2019

## Memberships

**National Association for Sport and Physical Education (NASPE)**

**American Alliance for Health, Physical Education, Recreation and Dance  
(AAHPERD)**