

# Jessica Claire

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## SUMMARY

State Board Certified Registered Nurse with over 25 years of experience delivering high-quality care to patients in care units. Focused on continuously advancing expertise in while driving innovation.

## SKILLS

- Patient Care
- Ventilator care
- Patient care planning
- Advanced Cardiac Life Support (ACLS) certification
- Emotional awareness
- Electronic Health Records Management
- Long-Term Care
- Laparoscopic procedures familiarity
- Post-Anesthesia Care Unit (PACU) Certification
- Inpatient and outpatient care
- Infectious disease control
- Psychiatric and Mental Health Care
- Gastrostomy tube care
- Direct and Indirect Patient Care
- Medical assessment
- Critical care
- Nursing Plan Development and Modification
- Strong medical ethic
- Life-sustaining machines
- IV drug therapy management
- Taking vitals
- Documenting vitals
- Culturally-sensitive care
- Nursing Plan Development
- Tracheostomy care
- SBAR communication
- BLS
- Intake and discharge
- Medication and IV administration

## EXPERIENCE

**RN-COVID 19 TESTING AND VACCINATIONS** 05/2020 to CURRENT

Cleveland Clinic | Huntsburg, OH

- Performed covid 19 testing
- Performed giving covid 19 vaccinations.
- Performed preparing/ prepping 19 vaccinations.

**RN-PACU** 03/2012 to CURRENT

Ascension (System Office) | San Antonio, TX

- Evaluate patients recovering from surgeries and coming out of anesthesia.
- Employ nursing best practices and clinical judgment to continuously evaluate patients' progress and employ intervention to achieve desired outcomes.
- Complete direct patient care tests to determine current conditions, responses and needs.
- Deliver individualized care to post-operative patients by monitoring pain levels, checking vital signs and explaining next steps to recovery.
- Administer medications to manage progression off anesthesia medications, deal with side effects and promote recovery.
- Utilize effective communication skills to educate patients and family members on side effects from both surgery and anesthesia.
- Support physicians completing patient examinations and procedures.
- Monitor patient pain levels and administer medication to diminish patient discomfort.
- Coordinate with healthcare team to establish, enact and evaluate patient care plans.
- Utilize computerized Resource and Patient Management System (RPMS) and Electronic Health Record (EHR) system.
- Assess patient conditions, monitor behaviors and update supervising physicians with observations and concerns.
- Respond to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions.
- Maintain strict patient data procedures to comply with HIPAA laws and prevent information breaches.
- Evaluate and adjust life support equipment, tubing and peripheral devices providing critical assistance to fragile patients.

**RN-ICU** 03/1997 to 03/2012

Bakersfield Memorial Hospital | City, STATE

- Initiated action to reduce or correct risk in response to emergent data visualized on assessment tools and clinical observation.
- Performed therapeutic nursing care interventions for patients with neurosurgical and neurological injuries, including stroke, brain hemorrhage, trauma and tumors.
- Informed treating team of subtle changes indicative of derangement of cerebral hemodynamics, intervening appropriately.
- Executed oral care, endotracheal suctioning, repositioning and chest physiotherapy for critically ill patients.
- Assessed patients for delirium risk factors, managing pain, sedation and agitation.
- Monitored critical patient safety utilizing validated assessment tools such as continuous infusions, patency of intravenous lines.
- Responded to codes or patient crises as part of rapid-response team.
- Imparted medical, operational and patient care knowledge to junior nurses, supporting personal growth and enhancing professional development.
- Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries.
- Updated patient charts to reflect changes to care plans, interventions and observations.
- Collaborated with interdisciplinary personnel to create, implement and manage patient care plans suiting individual needs and preferences.
- Maintained strict patient data procedures to comply with HIPAA laws and prevent information breaches.
- Coordinated with healthcare team to establish, enact and evaluate patient care plans.
- Executed appropriate steps for patient treatment following careful review of physician medical regimen.
- Observed strict safety measures, including checking medication dosages before administration to patients.
- Evaluated and adjusted life support equipment, tubing and peripheral devices providing critical assistance to fragile patients.
- Helped patients and families feel comfortable during challenging and stressful situations, promoting recovery and reducing compliance issues.
- Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions.
- Assessed patient conditions, monitored behaviors and updated supervising physicians with observations and concerns.
- Monitored post-op vitals, set up PCA, fluids, reviewed post-op orders and assimilated patients to unit.
- Monitored diet, physical activity, behaviors and other patient factors to assess conditions and adjust treatment plans.
- Administered oral, IV and intra-muscular medications and monitored patient reactions.
- Documented all therapies to keep patient charts up-to-date.

## EDUCATION AND TRAINING

**Associate of Arts | Nursing** 12/1997  
**Bakersfield College, Bakersfield, CA**