

# JESSICA CLAIRE

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## PROFESSIONAL SUMMARY

Diligent, organized, and personable Registered Nurse providing compassionate, individualized patient care and accurate medication implementation with a commitment to patient satisfaction. Agile and responsive to dynamic patient needs and environmental conditions. Team-oriented and reliable with expert healthcare knowledge, clear verbal and written communication skills and sound clinical judgment. Looking to implement skills in a diverse RN Case Management or Nurse Educator position.

## SKILLS

- Chronic disease management
- Patient and family advocacy
- Preventative health
- Relationship building
- Regulatory compliance
- Patient assessments
- Patient management
- High level of autonomy
- Medication administration
- Strong clinical judgment
- Care plan development
- Infection control and aseptic procedures
- Charting and clinical documentation
- Professional bedside manner
- Data collection
- HIPAA education
- Procedure preparations
- Managing deadlines
- Case management
- Precepting
- Emotional intelligence

## WORK HISTORY

- 09/2017 to Current     **Consultant**  
**Benz Communications** – NY, State
- Assess, plan, implement, document, coordinate, monitor, evaluate, update client plans and goals
  - Establish client management plans, interventions, and self- management goals with results since clients are actively participating
  - Assess educational, emotional, physical, and spiritual needs of client
  - Assist clients with self- management through evaluation, weekly or bi-weekly telephonic/ video meetings, encourage and support client to adhere to plans
  - Encourage open dialogue with clients to ensure participation in plan
  - Research and take active role in identifying problems and possible solutions with client
  - Recommend resources to client to meet medical and non-medical needs of clients
  - Established business with no marketing instead all new clients referred by satisfied previous clients
- 06/2015 to 09/2017     **Travel Staff RN**  
**Southcoast Health System** – Swansea, MA
- Assigned as PRN and Contract Staff Nurse at University Hospital, Boone Hospital, and Landmark. University Hospital is a level 1 trauma hospital, teaching hospital specializing in treating severe illness and injury with 247 beds. Boone Hospital is a level 2 trauma hospital, rated # 5 hospital in the state of Missouri with 392 beds. Landmark is a small 42 bed acute care long term facility with 4 ICU rooms
  - Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans. Incorporated previous learned skills to assist with variety of bedside procedures including lumbar puncture, wound vacuum assistant closure placement, Peripherally inserted central catheter line placement, wound debridement, conscious sedation, various IV drips
  - Utilized clinical reasoning to develop, implement and evaluate nursing plan of care, manage both emotional and physical patients, assessed patient and family level of understanding to provide effective communication and education. Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom recurrence
  - Emphasized working collaboratively with medical staff providing quality care in compassionate and professional manner, possess excellent verbal and written communication skills, able to work in fast paced, constantly changing environment
  - Authorized to continue to be preceptor at University Hospital as travel nurse with new hires and nursing students
  - Acknowledged at Landmark for utilizing critical thinking skills, notifying charge nurse, and having patients with complicated medical issues transferred to larger facilities for care of internal bleeds, and heart related issues. Frequently assigned ICU rooms at Landmark
- 01/2013 to 06/2015     **RN Staff Nurse**  
**University Of Missouri Hospital** – City, STATE
- Staff Nurse providing care for Oncology, Hematology, ENT, Orthopedic, Plastics, and Urology patients including preoperative and postoperative care for all specialties
  - Developed and implemented plan of care for each patient, made recommendations for patient interventions, and collaborated with other health care providers to deliver care and document outcomes. Prioritized safe compassionate patient care with accurate, timely completion of all documentation
  - Established and maintained cooperative working relationships with various departmental personnel, patients and their families, Physicians, and outside agencies to exchange information, resolve operational problems, and improve quality of patient care
  - Created open communication with patients and families to allow for advanced directives, wills, and end of life planning to be completed. Organized resources for death and dying counseling, hospice care, support groups for patients and families. Participated in ethical decision making, patient & family education, teaching of self-care and coping skills
  - Successfully completed 180-hour BICU practicum and Graduated from Nurse Residency Program at University of Missouri Hospital
  - Skills: assist with chest tube insertion, chest tube care, remove chest tubes, gastrointestinal drainage tubes care and removal, colostomy care, colostomy irrigation and patient teaching, reconstructive surgery, wound drains and tubes care and removal, wound debridement, wet to dry dressing changes, management of sudden wound dehiscence, administration blood and blood products, care of diabetic patient, administration of SQ insulin, use of blood glucose monitors, TPN/PPN administration, G-Tubes/J-Tubes site care and feeding through, NG tube insertion, tube feeding assessments residual checks, irrigation, accessing port lines, obtain blood specimens, PICC line care/ sterile dressing changes, de-clot occluded ports or catheters, flush lumens and change caps, assessment of breathing patterns, tracheostomy suctioning and care, foley catheter insertion/care/removal, continuous bladder irrigation.

## EDUCATION

- 12/2020     **Master of Science: Nursing Informatics**  
**WGU** - Austin, TX
- 07/2012     **Bachelor of Science: Nursing**  
**University of MO Sinclair School of Nursing** - Columbia, MO
- 07/2007     **Bachelor of Arts: Psychology**  
**Columbia College** - Columbia, MO

## CERTIFICATIONS

- Registered Nurse in Texas, License number 927626
- BLS certified