

CASEY BARTELL

452 Cletus Skyway, Detroit, MI

p: +1 (555) 507 2578

EXPERIENCE

WIEGAND AND SONS Dallas, TX

Fitness Specialist. 05/2018 – present

- Assists annually with the delivery of wellness and prevention programs or presentations sponsored by Wesley Medical Center
- Presents data, education or research information at least at one of the staff-meetings
- Establishes, develops and maintains a positive relationship with physicians, physician assistants and physician's RNs, whose practice involves potential referrals to the Cardiac Rehab program, encouraging them to utilize the services available
- Experience with and comfortable in front of the camera
- Certification from ACSM, NSCA, ACE, NASM or comparable certifying body

WILKINSON-RENNER Dallas, TX

Fitness Specialist. 08/2015 – 03/2018

- Specialty certifications in yoga for seniors, Pilates, Zumba Gold and line dancing
- Prior Leadership and oversight experience
- BA/BS in Exercise Science or related field
- Personal training certification by ACSM, ACE, AFAA, NSCA, or NASM
- National Group Fitness Certification
- CRT-Clinical Exercise Physiologist, Certified (CEP) - ACSM American College of Sports Medicine
- CRT-Personal Trainer - ACSM American College of Sports Medicine

EDUCATION

MASSACHUSETTS COLLEGE OF ART Bachelor's in Exercise Science

SKILLS

- One year experience in a Fitness Center environment with a background in program management and/or exercise testing desirable
- Maneuver, carry, lift, bend, stoop, swim, walk and sit for extended periods of time
- Exercise/Health related
- Assisting Manager in monitoring the daily operations of the Fitness Center
- Scheduling appointments, processing membership agreements
- Assisting with the promotion, coordination and implementation of exercise programs