

Jessica Claire

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SUMMARY

Experienced nursing professional bringing demonstrated clinical expertise, leadership skills and technical knowledge. Proficient in updating charts, monitoring medications and working with multidisciplinary teams to optimize patient care. Quality-driven and efficient with strong interpersonal abilities.

SKILLS

- Clinical leadership and supervision
- Medication and IV administration
- Charting and documentation
- HIPAA and confidentiality
- Staff Development and Precepting
- Talented in minor surgery assistance
- Medication administration expert
- Computerized charting specialist
- Triageing patient concerns
- IV drug therapy management
- Building trust and rapport

EXPERIENCE

RN STAFF NURSE PRE-OP/PRE-ADMISSION TESTING 01/2017 to 04/2019

Baylor Scott & White Health | San Antonio, TX

- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Served as primary coordinator of all disciplines to promote comprehensive patient care across multi-disciplined healthcare teams.
- Routinely audited charting to ensure conformance with best practices.
- Interfaced with patients to complete comprehensive assessments to determine needs, document medical information and communicate findings with healthcare team to ensure continuum of care.
- Administered medications, tracked dosages and documented patient conditions.
- Jumped in to perform individual or team functions when short-staffed or advanced nursing situations required.
- Documented nursing care provided in patients' medical record.
- Administered medications, IVs, and injections in accordance with treatment plan directions.
- Counseled and educated patients and caregivers on diagnoses, chronic disease self-management, wound management and medications.
- Measured and monitored patient EKGs.
- Delivered care and treatment reflective of appropriate infection control techniques and universal precautions.
- Monitored and observed patients' to accurately records changes in condition and reaction to medications and treatment.
- Trained new staff on facility policies, procedures and electronic medical record management systems.
- Served as resource to provide comprehensive information on patient care, hospital policies and nursing best practices to newly hired RNs.
- Monitored patient interactions to medications, therapies and changes in plans of care.
- Assisted physician with examinations, tests, and procedures.
- Updated medical records with current vitals, behavioral observations and medication details.
- Performed assessment planning, implementation and evaluation of care for assigned patients, including discharge planning, utilizing interdisciplinary team approach.
- Answered patient questions and provided take-home materials for further information.
- Prepared for HIPAA and Joint Commission reviews, making required brochures and pamphlets available to patients in all clinics.

RN ER 04/2010 to 02/2017

UCH/Advent Health Carrollwood | City, STATE

- Triageed and treated high-volume caseload in busy emergency room setting.
- Used facility EMR system to update patient records, transmit prescriptions and transfer files.
- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Answered patient questions and provided take-home materials for further information.
- Performed triage on all incoming patients and determined severity of injury and illnesses.
- Maintained open and clear communication with physicians to coordinate effective patient care.
- Treated patients by administJessicag various types of medications and therapies.
- Administered critical IV medications to stabilize patients for assessment and treatment.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Responded quickly to codes and coordinated efficient and skilled care.
- Maintained adequate unit supplies to meet expected patient demands.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.

RN CARDIAC CATH LAB/IR 02/2015 to 01/2017

St. Josphe Hospital-South | City, STATE

- Assessed patients before and after procedures and offered specialized care targeted on individual needs to achieve optimal recoveries.
- Tracked oxygenation, blood pressure and heart rate during procedures.
- Employed sound nursing practice to carry out nursing assessments, procedures and treatments for cardiac cath lab patients.
- Administered medications during procedures to reduce problems from anxiety, blood pressure and other conditions.
- Used fluoroscopy and contrast dye to identify narrowing or blockages affecting cardiac function.
- Prepared patients for procedures such as stents, IVC filters and pacemaker installations.
- Maintained strict patient data procedures to comply with HIPAA laws and prevent information breaches.
- Communicated with primary care physicians or emergency care providers to relay patient needs.
- Utilized computerized Resource and Patient Management System (RPMS) and Electronic Health Record (EHR) system.
- Stocked clinical workstations and procedure rooms with necessary supplies.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Answered patient questions and provided take-home materials for further information.
- Administered oral, IV and intra-muscular medications and monitored patient reactions.
- Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions.
- Monitored post-op vitals, set up PCA, fluids, reviewed post-op orders and assimilated patients to unit.
- Coordinated with healthcare team to establish, enact and evaluate patient care plans.
- Assessed patient conditions, monitored behaviors and updated supervising physicians with observations and concerns.
- Advocated for patient needs with interdisciplinary team and implemented outlined treatment plans.
- Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries.
- Counseled patients and caregivers, providing emotional, psychological and spiritual support.
- Evaluated and adjusted life support equipment, tubing and peripheral devices providing critical assistance to fragile patients.
- Helped patients and families feel comfortable during challenging and stressful situations, promoting recovery and reducing compliance issues.
- Delivered quality care and comfort to patients with heart failure, pulmonary hypertension, pulmonary embolisms and end-stage renal disease.
- Used facility EMR system to update patient records, transmit prescriptions and transfer files.
- Treated patients by administJessicag various types of medications and therapies.
- Managed and provided leadership to help staff with direct and indirect patient care and telemetry monitoring.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Counseled caregivers and families on end-of-life planning and educated on patient care options.
- Trained and mentored new RNs on best practices, hospital policies and standards of care.
- Observed strict safety measures, including checking medication dosages before administration to patients.
- Administered oral, intramuscular and IV medications to patients and monitored responses.

EDUCATION AND TRAINING

Associate of Science | Registered Nurse 2010
Hillsborough Community College, Tampa, FL

Bachelor of Science | RN 2018
Grand Canyon University, Phoenix, AZ