



# RUSSEL MATHEW

YOUR PERSONAL FITNESS TRAINER

800 +123 4567 89

mathew@russelmathew.com

www.russelmathew.com

Lorem ipsum dolor sit amet, consetetur adipisicing elit, sed do eiusmod magna aliqua. Ut enim ad minim veniam, quis Duis aute veniam, quis Duis aute

## Specialities

- ☐ Yoga
- ☐ Weight Loss
- ☐ Aerobics
- ☐ Swimming
- ☐ Nutrition
- ☐ Physocology
- ☐ Fitness

## Hobbies

- ☐ Photography
- ☐ Long Drives
- ☐ Swimming
- ☐ Coffee

## Languages

- ☐ English
- ☐ Spanish
- ☐ French
- ☐ German



456, Candid Lade,  
Super Building,  
Arizona, 76543  
+44 123456 7890

## Professional Work

(2018)  
**Personal Trainer**  
College of london

Lorem ipsum dolor sit amet, consetetur reprehenderit in voluptate velit esse Lorem ipsum dolor sit amet, consetetur reprehenderit in voluptate

velit esse cillum dolore eu fugiat nulla pariatur. dolore eu fugiat nulla pariatur.

(2018)  
**Trainer**  
College of london

Lorem ipsum dolor sit amet, consetetur reprehenderit in voluptate velit esse Lorem ipsum dolor sit amet, consetetur reprehenderit in voluptate

velit esse cillum dolore eu fugiat nulla pariatur. dolore eu fugiat nulla pariatur.

(2018)  
**Health Instruct**  
College of london

Lorem ipsum dolor sit amet, consetetur reprehenderit in voluptate velit esse Lorem ipsum dolor sit amet, consetetur reprehenderit in voluptate

velit esse cillum dolore eu fugiat nulla pariatur. dolore eu fugiat nulla pariatur.

Ps

W

A4

1

1

## Certifications & Education Background

**Certified Personal Instructor**  
College of london (2018)

Lorem ipsum dolor sit amet, consetetur adipisicing elit, sed do to the eiusmod magna aliqua. Ut enim ad minim veniam, quis Duis aute irure dolor in reprehenderit in voluptate velit esse cillum...

**Certified Personal Instructor**  
College of london (2018)

Lorem ipsum dolor sit amet, consetetur adipisicing elit, sed do to the eiusmod magna aliqua. Ut enim ad minim veniam, quis Duis aute irure dolor in reprehenderit in voluptate velit esse cillum...

## Additional Skills & Specialities

- ☐ Lorem ipsum dolor sit amet,
- ☐ Consec tetur adipisicing elit, sed
- ☐ Do to the eiusmod magna aliqua
- ☐ Lorem ipsum dolor sit amet,
- ☐ Consec tetur adipisicing elit, sed
- ☐ Do to the eiusmod magna aliqua

## Perfections & Techniques

Body

Mind

Soul