

New York, New York | [REDACTED] | [REDACTED]

EDUCATION

New York University, School of Public Health

New York, NY

Master of Public Health (MPH) | GPA: 3.5

May 2023

Relevant Coursework: Epidemiology, Biostatistics, Public Health Nutrition, Global Issues in Social and Behavior Health, Essentials of Public Health Biology, Research Methods in Public Health, Global Issues in Public Health Nutrition

Certificates: Global Health Policy

Activities: African Students Union

University of Nottingham, School of Biosciences

Nottingham, U.K

Bachelor of Science in Nutrition | GPA: 3.6

July 2021

Relevant Coursework: Biochemistry, Metabolism and Disease, Practical Techniques in Human Nutrition, Global Issues in Nutrition, Nutrition and Health of Populations, Introduction to Health Behaviors & Computer Modeling in Science

Thesis: To what extent can the consumption of dietary polyphenols found in food plants benefit the gut microbiome?

Leadership Roles: African and Caribbean Society, Treasurer and Welfare Officer; Nutrition and Dietetics Society

EXPERIENCE

National REACH Coalition - Bronx Health REACH

New York, NY

Outreach Intern

6/2022 - 08/2022

- Developed and implemented two programs addressing poverty and inequality, benefiting 200+ community members
- Facilitated and planned food pantry and meal services for 8 Bronx churches, serving 500+ individuals per week
- Partnered with Equity Design, to design Community Walking Groups
- Facilitated online meetings with senior citizen groups to plan and market upcoming programs
- Cultivated strong relationships with community leaders, fostered trust, and recruited participants for health programs
- Led development effort to secure \$30,000 in funding for the 'Healthy Bodega Program' business education campaign
- Developed social media content and posted daily across platforms to market Bronx Health REACH

Daallo Airlines

Dubai, United Arab Emirates

Health and Dietetic Specialist

3/2021- 8/2021

- Partnered with the Marketing Team on a joint effort with Jubba Airlines, and travel agencies to promote flights during pilgrimage season; created social media content including videos and posts to market travel packages
- Developed educational materials, reaching an audience of 1,000+ and promoting health awareness and COVID-19 preventive practices; released across social media platforms
- Designed and implemented a customer survey in Google Forms. Assessed feedback on meal plans, compiling a comprehensive report with recommendations that ultimately led to a significant increase in customer satisfaction
- Leveraged customer feedback to create a senior management proposal to shift menu options to include more and varied options and collaborated with DNATA Catering Company to modify meal plans serving 1K passengers weekly; resulting in increased customer satisfaction by 30%
- Provided administrative support to leadership: developed tracking spreadsheets for process monitoring and reporting; streamlined and organized files, trained staff to leverage technology resulting in a reduction in errors and improved data accuracy

Mediclinic City Hospital

Dubai, United Arab Emirates

Dietetics Intern

7/2019 – 08/2019

- Provided support to ward dietitians serving in-patients, addressing critical issues such as obesity, eating disorders, tube feeding management, failure to thrive, and feeding dysfunction, an average of 15 patients per week
- Evaluated client-specific nutrient requirements, considering lifestyle, physiology, and medical concerns. Developed nutritious meal options, improving patient satisfaction by 30%
- Developed recommendations for patient referrals to outpatient and community services, benefiting 10+ patients

SKILLS & INTERESTS

Citizenship/Languages: U.S. Citizen; Fluent in English and Somali, with limited proficiency in Arabic and Spanish

Technology Skills: R; Python, Stata; C++; CANVA; Excel; Word; PowerPoint; Outlook; Java; MATLAB; SQL

Interests: Personal Fitness; Travel; Non-Fiction Reading