

# ALAN STEVENS

## GENERAL LABORER RESUME

### Career Summary

A quick learner who is physically strong and able to work on any building, highway and heavy construction site. Alan has a positive attitude and is confident that he can assist experienced trades people in a high pressurized environment that involves hands on work. He is safety conscious and able to fully concentrate on tasks, he can also understand and communicate information well. He is available for immediate start, and is currently looking for a suitable general labouring position with a well established company.

### Academic Qualifications

<b>Coventry North College</b>	<b>2011 - 2012</b>
Diploma in Building & Construction	Pass
<b>Birmingham South High School</b>	<b>2008 - 2011</b>
Maths	Pass
English	Pass
Geography	Pass
Physics	Pass
Business Studies	Pass
Physical Education	Pass

### Labouring skills acquired whilst studying

- Knowledge of mixing plaster, mortar and HOD carrying.
- Using breakers, jack hammers and other plant machinery.
- Driving site van for distribution of waste materials.
- Using floats, trowels, screeds, or powered cement finishing tools to smooth and finish freshly poured cement or concrete.
- Operating jackhammers and drills to break up concrete or pavement.
- Working in flood damaged domestic & commercial buildings.
- Shovelling cement and other materials into portable cement mixers.
- Looking after, maintaining and cleaning specialist construction machinery, equipment, and tools.
- Controlling traffic in and out of a construction site.
- Using picks and shovels to dig holes, ditches and trenches.
- Installing sewer and storm drain pipes.

## Key skills

### KNOWLEDGE OF

- Landscaping
- Demolition work
- Bricklaying
- House renovations
- Block paving
- Scaffolding
- Floor laying
- Plastering

### KEY COMPETENCIES

- Physically fit and able to lift heavy loads.
- Willing to work weekends as well as travel and stay overnight in different locations.
- Able to start at 6.30am and able to commit to a long day.
- Can work in all kinds of weather.
- A lot of physical strength, superb hand-eye coordination and high endurance levels.

### PERSONAL SKILLS

- Can work as part of a team or on own initiative.
- Able to communicate well with colleagues and managers.
- Highly disciplined and able to follow instructions.
- A good attitude to health and safety.

### SELECTED ACHIEVEMENTS

- Trained in removing lead, asbestos and other hazardous materials.
- Possessing a valid CSCS or CPC card.
- Passed a course Building site safety.
- IT skilled and able to use technical equipment.

### HOBBIES AND INTERESTS

Alan likes to keep physically fit and does this by regularly going to the gym. He also enjoys playing team sports and is the captain of his local pub soccer team. He relaxes by going to the cinema watching the latest science fiction releases.

### REFERENCES

Available on request.

### CONTACT DETAILS