

Jessica Claire

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Professional Summary

Adaptable and motivated registered nurse with 7 months of healthcare experience as a nurse and history of valuable contribution to diagnosis and treatment plan development processes. Works effectively within teams to provide quality, individualized care to patients. Organized and dependable candidate successful at managing multiple priorities with a positive attitude. Willingness to take on added responsibilities to meet team goals.

Skills

- Companionship and emotional support
- Documenting behaviors
- Supporting personal needs
- Transporting patients
- Recording vital signs
- Direct Patient Care
- Medical Procedure Preparation
- Patient Care Assessment
- Medication Administration
- Patient Condition Monitoring
- Accurate Documentation
- Diet and Nutrition
- Attention to Detail
- Critical Thinking
- Creative Problem Solving
- Decision Making
- Patient Care Oversight
- Clear Patient Communication
- Patient Examination
- Routine Examinations
- Student Precepting

Work History

- 11/2021 to Current

Neuroscience Nurse

Bjc Healthcare – Shiloh, IL

 - Monitored and tracked vital signs and symptoms in neurological patients, alerting neurologist of significant changes.
 - Administered pre- and post-operative care to patients with behavioral, physical and cognitive ailments relating to brain and nervous system.
 - Facilitated therapeutic communication, conflict resolution and crisis intervention by redirecting negative behaviors and helping patients regain or improve coping abilities.
 - Evaluated patient histories, complaints and current symptoms.
 - Participated in evidence-based practice project implementation, nursing competency development and nursing simulation activities.
 - Monitored patient reactions after administering medications and IV therapies.
 - Equipped patients with tools and knowledge needed for speedy and sustained recovery.
 - Advocated for and strived to protect health, safety and rights of patient.
 - Followed all personal and health data procedures to effectively comply with HIPAA laws and prevent information breaches.
 - Communicated with healthcare team members to plan, implement and enhance treatment strategies.
 - Educated family members and caregivers on patient care instructions.
 - Managed patients recovering from medical or surgical procedures.
 - Relief charge nurse experience
 - Dobhoff certified

12/2021 to 08/2022

PACU Registered Nurse

MaineGeneral Health – Winthrop, ME

- Evaluated patients' pain levels, implementing correct dosage of medication to alleviate discomfort.
- Took vitals and assessed patients in recovery room following surgical procedures.
- Evaluated cardio-respiratory systems for deviations, providing appropriate treatment as necessary.
- Supported healthy working environment, adhering to patient safety protocol, complying with hospital policies and maintaining situational awareness.
- Collaborated with patients and healthcare teams to assess, plan, implement and evaluate custom care plans for each individual.
- Educated family members and caregivers on patient care instructions.
- Evaluated patient histories, complaints and current symptoms.
- Advocated for and strived to protect health, safety and rights of patient.

04/2020 to 06/2021

Healthcare Assistant

Ayers Health & Rehabilitation Center – City, STATE

- Assisted with patient hygiene, physical comfort, eating and drinking and mobility while observing and reporting specific changes.
- Lifted patients using appropriate equipment in accordance with moving and handling policy.
- Adhered to patient dietary needs, including special diets and supplementary drinks under direction of nursing staff.
- Delivered high standard of holistic care to patients to promote equality and dignity at all times.
- Supervised patients on commodes, in toilets and bathrooms and assisted patients with hygiene needs.
- Maintained clean environment with due consideration to health and safety issues and infection control policy.
- Observed patient skin conditions and reported findings to registered nurse.
- Promoted good oral and personal hygiene by aiding patients with shaving, bathing and teeth brushing.
- Wiped down equipment with proper cleaning products after each patient transport to reduce instances of infection.
- Maximized patient satisfaction by helping individuals carry out personal tasks such as dressing and walking.
- Employed mobility devices and equipment to lift patients from chairs to beds, following all safety procedures to avoid injuries.
- Supported nursing staff with care of incontinent patients and promotion of continence care.
- Arranged bedding and cushions to enhance patient comfort in bed and chairs.
- Agreed to take on additional shifts and extra hours during busy periods and holidays to maintain proper staffing and floor coverage.
- Transported patients between rooms and appointments or testing locations.
- Reduced risks of patient infection and cross-contamination by cleaning and sterilizing equipment.
- Facilitated activities of daily living, including personal hygiene management, feeding and ambulation.
- Answered call lights and supported patient comfort and safety by adjusting bed rails and equipment.

08/2015 to 04/2020

Agricultural Worker

Dr. T.L. Andrews – City, STATE

- Examined livestock animals for signs of illness and injury.
- Operated and serviced farm machinery, implements and farm vehicles.
- Branded or tagged livestock with name and grade.
- Cared for livestock by cleaning and disinfecting pens and facilities.
- Made minor adjustments and repairs to agricultural equipment.
- Used critical thinking to break down problems, evaluate solutions and make decisions.
- Worked flexible hours; night, weekend, and holiday shifts.
- Worked to maintain outstanding attendance record, consistently arriving to work ready to start immediately.
- Administered vaccinations to animals to prevent spread of disease.

Education

- 05/2021

Associate of Science: Registered Nursing

Florida Gateway College - Lake City, FL
- 12/2018

Associate of Arts: General Studies

Florida Gateway College - Lake City, FL