

# Ilysa Dahlstrand

## Youth Advocate

### Details

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### Profile

Dedicated Youth Advocate with 1 year of experience in providing comprehensive support and guidance to young individuals facing various challenges. Adept at developing and implementing targeted programs, facilitating group discussions, and fostering positive relationships. Skilled in collaborating with multidisciplinary teams and community partners to promote youth empowerment and well-being. Strong interpersonal, communication, and problem-solving skills contribute to effectively engaging and motivating youth towards personal growth and success.

### Employment History

#### Youth Advocate at Maine Youth Action Network, ME

Mar 2023 - Present

- Successfully implemented a youth-led community project that engaged over 150 young people in Maine, resulting in a 30% increase in local youth activism and civic participation within one year.
- Developed and facilitated 20 workshops on topics such as substance abuse prevention, mental health awareness, and leadership skills for over 500 Maine youth, leading to an overall 25% improvement in participants' knowledge and self-reported confidence in addressing these issues.
- Established partnerships with 10 local schools and organizations to expand the reach of Maine Youth Action Network's programs, increasing the number of active youth members by 40% within two years.

#### Assistant Youth Advocate at The Opportunity Alliance, ME

Aug 2022 - Jan 2023

- Successfully implemented a new youth outreach program, resulting in a 25% increase in engagement and participation from at-risk youth within the community.
- Established partnerships with over 15 local businesses and organizations to provide resources and support for The Opportunity Alliance's youth programs, leading to a 40% increase in available funding and resources for participants.
- Coordinated and managed a team of 10 volunteers for various youth advocacy events and activities, leading to a 30% increase in overall event attendance and community awareness of the organization's mission.
- Developed and led a series of workshops focused on life skills and career development for over 100 youth participants, resulting in an 80% improvement in participants' self-reported confidence and preparedness for future educational and career pursuits.

### Education

#### Bachelor of Social Work with a focus on Youth Advocacy at University of Maine, Orono, ME

Aug 2018 - May 2022