

# Alexis Stanley

Lactation Consultant

## Profile

Passionate and experienced Lactation Consultant with over five years of helping women succeed on their breastfeeding journeys. Dedicated to promoting awareness about the importance of breastfeeding, and committed to providing clients with the necessary education and resources to reach their breastfeeding goals. Adept in coordinating lactation services in maternity settings while serving as a consultant for medical professionals and patients.

## Employment History

### Lactation Consultant at Radcliffe Medical Center, Radcliffe

May 2015 — April 2022

- Worked with pregnant women and new mothers to educate them about breastfeeding and mother and infant nutrition.
- Performed daily lactation visits to provide instruction and support to new mothers in the medical center.
- Served as an important resource to medical staff in the maternity ward.
- Developed individualized breastfeeding plans for patients.
- Assisted mothers dealing with lactation related problems due to cesarean deliveries, NICU assignments, mastitis, and breast engorgement.
- Held breastfeeding workshops at the medical center.
- Provided new mothers and families with resources and follow-up support regarding their progress.
- Created and distributed quarterly breastfeeding newsletters containing pertinent information and lists of resources for mothers and families.

### Lactation Consultant at Auburn Midwives Center, Auburn

June 2010 — April 2015

- Served as a consultant and mentor for expectant and new mothers choosing to breastfeed their infants.
- Provided patients with knowledge regarding the benefits of breastfeeding, and the fundamental aspects of it as well.
- Worked one-on-one with patients as needed to address any breastfeeding concerns.
- Made home-visits to new mothers experiencing feeding difficulties and offered ideas and techniques for solutions and remedies.

## Education

### Master of Science in Nursing, Frontier Nursing University, Hyden

August 2007 — May 2010

### Bachelor of Biology, University of Rhode Island, Kingston

August 2003 — May 2007

## Details

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## Skills

Advanced Breastfeeding Knowledge

Lactation Nutrition

Prenatal and Postpartum Care

Excellent Communication Skills