

Robert Smith

Fitness Professional

CONTACT DETAILS

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PERSONAL STATEMENT

Seeking a career where one can be challenged further in employee benefits while still gaining personal development.

WORK EXPERIENCE

Fitness Professional

ABC Corporation - June 2013 - October 2014

Responsibilities:

- Have a one-on-one basis with clients, instructing them with exercises and nutrition advice to reach their weight loss goals or other fitness goals.
- Sell training packages to members and makes monthly quotas.
- Treat every individual client with special priority and with top customer service.
- Helped many clients reach their fitness goals and give them incredible transformations.
- Brought sales into the gym from personal friends/family giving the owners of the gym more business.
- Worked as a team with other employees.
- Showed hard work through personalizing every clients special needs and desires.

Fitness Professional

Delta Corporation - 2012 - 2013

Responsibilities:

- Fitness Consultant (May 2014 - November 2014) Drove training & sales revenue with a focus on the members needs Set up internal & external marketing .
- Columbia, MD As a certified personal trainer by the National Academy of Sport Sciences, I guide clients throughout the week in safe exercise, weight .
- My skill set in this realm also includes administering fitness assessments, seven point skin-fold body fat measurements, blood pressure, VO2 capacity .
- Managed satellite locations ex John Hancock, Chatham Centre, The Streeter Generated clientele, solved client concerns, and scheduled consultations .
- Develop and deliver comprehensive training programs to help individuals meet their fitness goals, promote company products and services, exceed .
- Provide specific exercise and meal plans for clients.
- Lead group exercises Skills Used NASM certified.

SKILLS

Organization, Inventory Management, Coordinating, Planning.

LANGUAGES

English (Native)
French (Professional)
Spanish (Professional)

INTERESTS

Climbing
Snowboarding
Cooking
Reading

REFERENCES

Reference - 1 (Company Name)
Reference - 2 (Company Name)