

Tobin Schowalter

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EXPERIENCE

SENIOR HEALTH FITNESS PROGRAM MANAGER

Houston, TX

12/2013 – present

- Develop safe and effective exercise programs; provide general supervision
- Work with the client to establish goals for the facility
- Assist members with reaching their personal training goals
- Manage facility budgets for supplies, programming and group exercise
- Working knowledge of computers; Word, Excel and PowerPoint
- Administer fitness assessments; provide results counseling
- Develop and implement creative incentive and health promotion programs

HEALTH FITNESS PROGRAM MANAGER

Dallas, TX

06/2010 – 09/2013

- Create, market and manage recreation programs and camps
- Supervise all facility staff and provide ongoing training and growth opportunities
- Interact with client and members; establish mutually beneficial relationships
- Develop annual program plans to ensure ongoing member engagement
- Develop and implement membership promotion and retention programs
- Provide superior customer service
- Assist members with reaching their personal fitness goals

FITNESS PROGRAM MANAGER

Phoenix, AZ

09/2005 – 03/2010

- Submits employment forms, payroll records and billing worksheets accurately and according to contract provisions and HealthFitness policies
- Manages all program activities in accordance with HealthFitness operational, quality, safety and service standards
- Ensures contract compliance. Manages client relationship to ensure that high customer satisfaction is maintained and HealthFitness value is reinforced
- Manages all fitness center program activities in accordance with HealthFitness operational, quality, safety and service standards
- Lead ongoing client communication including; reports and meetings
- Monitor and evaluate all aspects of the program to ensure program success
- Growth oriented

EDUCATION

BALL STATE UNIVERSITY

Bachelor's Degree in Fitness

SKILLS

- Strong leadership, team management, interpersonal and customer service skills including the ability to motivate others
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- Excellent customer service skills
- Good computer literacy and skills
- Ability to teach multiple group exercise formats; yoga
- Personable, positive attitude
- Good organizational skills
- Strong communication skills
- Ability to lead, manage and operate a fitness center
- Highly organized