

Loretta Abernathy

📍 8297 Fahey Estates, Los Angeles, CA



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EXPERIENCE

Health Fitness Assistant – Wuckert and Sons, *Boston, MA*

06/2019 – Present

- Bachelor's Degree in Exercise Science, Health Promotion, Kinesiology or related discipline OR Health Fitness recognized industry certifications in Group Exercise (ACE, AFAA, or NETA) and/or Personal Training (ACE, AFAA, NSCA, NASM, or ACSM) and 2+ years related industry experience
- Plan cooperatively and on a regular basis with the Health Fitness Specialist

Health Fitness Assistant – Emard, Cummerata and Larkin, *Boston, MA*

09/2014 – 12/2018

- Assist children in participating in a variety of activities
- Cooperatively plan for and assist children in participating in a variety of activities and provide independent instruction
- Maintain records and perform clerical duties related to health fitness classes



EDUCATION

Columbus College of Art and Design – Bachelor's in Exercise Science



SKILLS

- Prescribe and implement assessment
- Order materials/supplies and prepare and organize materials and equipment daily
- Perform and demonstrate activities that involve a variety of materials and equipment and/or activities that are physically active