

Summary

Hardworking and reliable Adapted Physical Education Specialist with a strong ability in working with students of different disabilities from mild to moderate and moderate to severe, Autistic, Down Syndrome, CP, etc. I am a highly-motivated employee with a strong work ethic, adaptability, and great interpersonal skills. I am capable of working unsupervised or with a team, creating my own schedule, staying organized, structured, creative and self motivated. I have a great rapport with students, teachers, aids, staff, and parents. I love what I do.

Skills

- Reliable
 - Creative
 - Organized
 - Structure
 - Problem solver
- Adapt on the spot
 - Patient
 - Teachable
 - Create own schedule

Experience

Adapted Physical Education Specialist, 10/2019 to Current

Temecula Unified School District – City, STATE

- Taught students of different disabilities gross motor, object control, and fitness skills.
- Monitored student skill level with standard assessments and advised appropriate benchmarks and goals.
- Instructed students on safety.
- Devised safe and effective exercise strategies based on knowledge of kinesiology, anatomy and biology.
- Created lesson plans based on standards and benchmarks.
- Documented individual data on progress, goals, and skills worked on.
- Worked with IEP team on IEP plans to develop objectives and assess progress.
- Adapted teaching methods and instructional strategies to promote learning in students of differing skill levels.
- Managed consistent, learning-focused classroom environments by establishing and communicating clear objectives for students.
- Assessed student progress with documentation and standardized assessments when necessary.
- Conferred with other APE specialists and other specialists to support the needs of students with individualized educational plans.
- Planned and updated curricula and lesson plans to continuously improve subject coverage.
- Differentiated instruction to meet the needs of each individual student and their learning style.
- Cultivated collaborative and innovative learning environment to meet each student's unique educational needs.
- Participated in on-campus activities to support students outside of the classroom.
- Promoted safe and clean classroom environment conducive to individualized and small group needs.
- Collaborated with all grade-level teachers when needed to build complementary educational frameworks for students.

Adapted Physical Education Specialist, 08/2014 to 10/2019

Hemet Unified School District – City, STATE

- Taught students of different disabilities gross motor, object control, and fitness skills.
- Monitored student skill level with standard assessments and advised appropriate benchmarks and goals.
- Instructed students on safety.
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Adapted Physical Education Specialist, 09/2005 to 09/2013

Los Angeles County Office Of Education – City, STATE

- Taught students of different disabilities gross motor, object control, and fitness skills.
- Monitored student skill level with standard assessments and advised appropriate benchmarks and goals.
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Education and Training

Master of Science: Kinesiology, 05/2022

California Baptist University - Riverside, CA

Associate of Science: Kinesiology, 05/2005

California Polytechnic State University-Pomona - Pomona, CA