

# JESSICA CLAIRE

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## Summary

Resourceful nurse with over 20 years of experience caring for patients and working closely with other healthcare staff. Well-rounded individual skillful in providing emotional support to patients and families, performing various diagnostic tests and administering medication. In-depth knowledge of emergency care and nursing care techniques and methods. Caring and hardworking with desire to positively impact patients and families with expert, compassionate care. Well-versed in handling needs in both highly-structured and unstructured environments while calmly coordinating simultaneous patient needs.

## Skills

- Charting and documentation
- Medication and IV administration
- Building trust and rapport
- HIPAA and confidentiality
- Intake and discharge
- Dispensing medication
- Wound care
- Taking vital signs
- Triage patient concerns
- Diabetes management
- Broad medical terminology knowledge

## Experience

### RN Staff Nurse- Pre Admission Testing, 09/2017 to Current

Northshore – Bannockburn, IL

- Promoted healthy lifestyle choices to reduce re-emergence of painful or dangerous symptoms.
- Answered patient questions and provided take-home materials for further information.
- Reviewed physician orders to optimize patient safety.
- Facilitated strategic goals aimed at increasing satisfaction and improving outcomes through compassionate, precise and high-quality nursing care.
- Mentored new nurses on practices and procedures to drive patient outcome goals.
- Used facility EMR system to update patient records.
- Recorded patients' medical history, vital statistics and test results in electronic medical records.
- Conducted patient assessments and diagnostic tests to provide physician with important patient health information.

### High School Nurse- Sparkman and James Clemons , 04/2009 to 09/2017

Madison County Schools – City, STATE

- Assisted in development of school safety plans.
- Evaluated students with health concerns or injuries to develop plan of care or provide reference to appropriate healthcare providers.
- Addressed patient care needs, collected vitals, dressed wounds and managed catheters.
- Coordinated with families, school personnel and healthcare professionals on behalf of students to advocate for healthcare needs and provide medical information to appropriate parties.
- Used facility EMR system to update patient records, transmit prescriptions and transfer files.
- Monitored diet, physical activity, behaviors and other patient factors to assess conditions and adjust treatment plans.
- Stocked clinical workstations and procedure rooms with necessary supplies.
- Communicated with primary care physicians or emergency care providers to relay patient needs.
- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Counseled patients and caregivers, providing emotional, psychological and spiritual support.
- Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions.
- Conducted patient assessments and diagnostic tests to provide physician with important patient health information.
- Treated patients by administering various types of medications and therapies.
- Administered oral and intra-muscular medications and monitored patient reactions.
- Immunized patients against influenza and pneumonia to protect vulnerable populations from serious illnesses.
- Maintained strict patient data procedures to comply with HIPAA laws and prevent information breaches.
- Helped pediatric patients understand and feel at ease with vaccines, tests and minor procedures.
- Observed strict safety measures, including checking medication dosages before administration to patients.

### RN Staff Nurse- Pre-Op/Post Recovery, 01/1999 to 04/2009

Huntsville Hospital – City, STATE

- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Answered patient questions and provided take-home materials for further information.
- Explained treatment procedures, medication risks, special diets and physician instructions to patients.
- Circulated throughout multiple hospital departments.
- Administered medications, tracked dosages and documented patient conditions.
- Reviewed physician orders and participated in medication management to optimize patient safety.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Used facility EMR system to update patient records, transmit prescriptions and transfer files.
- Reviewed physician orders and administered therapies, treatments and medications.
- Monitored patient vitals post-surgery, managed medical equipment and administered medications and IVs.
- Recorded patients' medical history, vital statistics and test results in electronic medical records.
- Addressed rapid response and code situations by strategically organizing and delegating tasks.

### Staff Nurse- Emergency Room, 08/1996 to 01/1999

Huntsville Hospital – City, STATE

- Triage incoming patients and communicated with doctors to encourage timely attention to urgent situations.
- Managed complete processing of patients, including initial admission, preliminary diagnosis, treatment, documentation and discharging.
- Proposed interpretations of symptoms, suggested interventions and target outcomes in advance of physician consultation with patients.
- Followed standard procedures for collecting personal information, contacting relatives and transferring patients better accommodated at outside facilities.
- Cared for patients of all ages
- Instructed patients and caregivers or friends on proper care of injuries after treatment, educating on proper medication use, dressing changes and signs of complications.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Answered patient questions and provided take-home materials for further information.
- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Used facility EMR system to update patient records, transmit prescriptions and transfer files.
- Triage and treated high-volume caseload in busy emergency room setting.
- Conducted patient assessments and diagnostic tests to provide physician with important patient health information.
- Treated patients by administering various types of medications and therapies.
- Stabilized patients, determined health needs and provided direct patient care.
- Responded quickly to codes and coordinated efficient and skilled care.
- Supported criminal inquiries by reporting injuries and completing evidence collection kits.
- Performed triage on all incoming patients and determined severity of injury and illnesses.
- Maintained open and clear communication with physicians to coordinate effective patient care.
- Rendered direct patient care, including stabilizing patients and determining course of action based on triage.

## Education and Training

### Bachelor of Science: Health Information Technology, 05/1993

University Of Alabama At Birmingham - Birmingham, AL

### Bachelor of Science: Nursing, 05/1996

Auburn University - Auburn, AL

### Master of Science: Education, 05/2002

Alabama A & M University - Normal, AL