

New York, New York | ~~REDACTED~~

EDUCATION

New York University, School of Public Health

New York, NY

Master of Public Health (MPH) | GPA: 3.5

May 2023

Relevant Coursework: Epidemiology, Biostatistics, Public Health Nutrition, Global Issues in Social and Behavior Health, Essentials of Public Health Biology, Research Methods in Public Health, Global Issues in Public Health Nutrition

Certificates: Global Health Policy

Activities: African Students Union

University of Nottingham, School of Biosciences

Nottingham, U.K.

Bachelor of Science in Nutrition | GPA: 3.6

July 2021

Relevant Coursework: Biochemistry, Metabolism and Disease, Practical Techniques in Human Nutrition, Global Issues in Nutrition, Nutrition and Health of Populations, Introduction to Health Behaviors & Computer Modeling in Science

Thesis: To what extent can the consumption of dietary polyphenols found in food plants benefit the gut microbiome?

Leadership Roles: African and Caribbean Society, Treasurer and Welfare Officer; Nutrition and Dietetics Society

EXPERIENCE

National REACH Coalition - Bronx Health REACH

New York, NY

Outreach Intern

6/2022 – 08/2022

- Developed and implemented two programs addressing poverty and inequality, benefiting 200+ community members
- Facilitated and planned food pantry and meal services for 8 Bronx churches, serving 500+ individuals per week
- Partnered with Equity Design, to design Community Walking Groups
- Facilitated online meetings with senior citizen groups to plan and market upcoming programs
- Cultivated strong relationships with community leaders, fostered trust, and recruited participants for health programs
- Led development effort to secure \$30,000 in funding for the 'Healthy Bodega Program' business education campaign
- Developed social media content and posted daily across platforms to market Bronx Health REACH

Daallo Airlines

Dubai, United Arab Emirates

Health and Dietetic Specialist

3/2021- 8/2021

- Partnered with the Marketing Team on a joint effort with Jubba Airlines, and travel agencies to promote flights during pilgrimage season; created social media content including videos and posts to market travel packages
- Developed educational materials, reaching an audience of 1,000+ and promoting health awareness and COVID-19 preventive practices; released across social media platforms
- Designed and implemented a customer survey in Google Forms. Assessed feedback on meal plans, compiling a comprehensive report with recommendations that ultimately led to a significant increase in customer satisfaction
- Leveraged customer feedback to create a senior management proposal to shift menu options to include more and varied options and collaborated with DNATA Catering Company to modify meal plans serving 1K passengers weekly, resulting in increased customer satisfaction by 30%
- Provided administrative support to leadership: developed tracking spreadsheets for process monitoring and reporting; streamlined and organized files, trained staff to leverage technology resulting in a reduction in errors and improved data accuracy

Mediclinic City Hospital

Dubai, United Arab Emirates

Dietetics Intern

7/2019 – 08/2019

- Provided support to ward dietitians serving in-patients, addressing critical issues such as obesity, eating disorders, tube feeding management, failure to thrive, and feeding dysfunction, an average of 15 patients per week
- Evaluated client-specific nutrient requirements, considering lifestyle, physiology, and medical concerns. Developed nutritious meal options, improving patient satisfaction by 30%
- Developed recommendations for patient referrals to outpatient and community services, benefiting 10+ patients

SKILLS & INTERESTS

Citizenship/Languages: U.S. Citizen; Fluent in English and Somali, with limited proficiency in Arabic and Spanish

Technology Skills: R; Python; Stata; C++; CANVA; Excel; Word; PowerPoint; Outlook; Java; MATLAB; SQL

Interests: Personal Fitness; Travel; Non-Fiction Reading