

# Andreas H Reiners

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## Brief Personal History

I am enthusiastic and enjoy helping people reach their full potential, as I would like to reach mine. Furthermore I have just completed my Cert III as a Gym Instructor and have current registration as a Registered Nurse, Current First Aid Certificate, Light Rigid Truck & Car License, also a Marine license.

## Objective

To be happy in the work that I choose and to excel in my chosen career while being a role model and encouragement to other people.

## Experience

### Future Fitness Gym

**Nov-Dec 2013 Ayr, Qld, 4807**

- Customer service and retail.
- Constructing and delivering programs, program familiarization and fitness assessments.
- Gym maintenance and general duties etc.

### Registered Nurse

**Aug 2009 - 2011 Queensland Health , Townsville, QLD**

- Providing best practice and care while assessing clients' mental state while working as a member of a multi-disciplinary team
- Risk Assessment
- Administering clients medication and ADL regimes
- Initiating and supporting client activity programs and recovery plans to provide the best possible outcome for each individual client.

### Orderly/ Student Nurse/Registered Nurse

**2005 - 2010 Mater Health Services, Townsville, QLD**

- Patient Transfers
- Post-Operative care and preparation
- Prepping Doctors for surgery
- Managing at times the Cardiac Rehabilitation ward

## Achievements

- 2008 Supporting Wife (Leanne) through Breast Cancer
- 2009 Obtaining my Nursing Registration
- Representing Australia at the 2008 and 2010 World Power-lifting Championships,
- Giving my family a better quality of life
- Caring for others
- Expanding my knowledge base, and empowering others so that I may Continue to grow holistically and professionally as an individual.