

Robert Smith

Fitness Professional

CONTACT DETAILS

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PERSONAL STATEMENT

Young professional and graduate with a B.A. degree in History. Seeking challenging employment where strong interpersonal communications and organizational skills will be an asset to any business or organization. Striving to bring the best of available resources to make the companies work for growth in every possible way.

WORK EXPERIENCE

Fitness Professional

Best Fitness - Fuller Rd - May 2015 - March 2018

Responsibilities:

- Generated weekly client schedules to accommodate their fitness goals.
- Produced client progression reports required for personal training.
- Developed and implemented exercise programs for current and past clients.
- Interacted with customers and assisted in membership information.
- Maintained gym equipment to ensure proper use for members.
- Remained current on gym promotions and special deals.
- Recommended fitness programs for members.

Fitness Professional

Delta Corporation - 2012 - 2015

Responsibilities:

- Created fitness programs for individuals seeking training.
- Trained Elderly and young athletes who attend high school or college.
- Provided Class Boot camps for all members seeking agility, balance, and cardiovascular health.
- I was responsible for networking with potential clients, marketing and sales of personal training/group fitness classes, assessing and creating.
- Also I assisted the front desk when they were short staffed which required operating the cash register, sales of merchandise, and completing opening/.
- Assisted multiple clients on their journeys to healthier lifestyles and/or better daily performance in their respective tasks Skills Used -.
- I was responsible for meeting new clients and tailoring programs to their health and fitness goals.

Education

Bachelor of Arts in History - (State University of New York at Oswego - Oswego, NY)

SKILLS

Management, Opera,
Retired Professional
Boxer, Monthly Required
Leadership Classes.

LANGUAGES

English (Native)
French (Professional)
Spanish (Professional)

INTERESTS

Climbing
Snowboarding
Cooking
Reading

REFERENCES

Reference - 1 (Company
Name)
Reference - 2 (Company
Name)