

Robert Smith

Certified Fitness Instructor

CONTACT DETAILS

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PERSONAL STATEMENT

I am looking to be employed in a position that is both innovative and challenging. I have a strong interest in working with my employer to enhance operations and foster a sense of teamwork among fellow staff members. I am open to constructive criticism and advice. I am fully computer literate and a quick learner on new programs. I would like to work for a company where I would be able to enhance my skills and possibly exceed my own expectations.

WORK EXPERIENCE

Certified Fitness Instructor

Fit Body Bootcamp - June 2016 - 2019

Responsibilities:

- Work with a handful of clients directly to develop personal fitness goals.
- Promote club programs, products, and services to participants.
- Design each class to match the skill and learning levels of all participants Clean and organize studio after each group fitness.
- Keep track of each class size and gauge effectiveness of each class.
- Progressive Leasing Customer Service Representative 08/2015/04/2016 Address customer service inquiries in a timely and accurate fashion.
- Give accurate and appropriate information to answer questions, troubleshoot issues, and resolve complaints.
- Processed payments as well as arranged payment plans.

Fitness Instructor

Chaos Training - 2012 - 2016

Responsibilities:

- Scheduled every workout, made sure each person perform their workout to best of their ability.
- Designed circuit daily for each workout plan.
- Clients were able to perform workout demonstrated correctly.
- Any poor technique was corrected and performed right.
- Everyone was able to complete workout.
- Skills Used Motivational skills, kinesiology skill to help each client on their level and lift them to a higher level.
- During workout I will make sure all techniques are correct and trainees get a full range of motion, prevent any strain; pull or tear.

Education

Diploma - (Wayne State University)

SKILLS

Microsoft office.
Spreadsheets. Excel.

LANGUAGES

English (Native)
French (Professional)
Spanish (Professional)

INTERESTS

Climbing
Snowboarding
Cooking
Reading

REFERENCES

Reference - 1 (Company Name)
Reference - 2 (Company Name)