

SOFFI. A

Optometrist

About Me

Dedicated Optometrist with 3 years of experience delivering exceptional vision care. Skilled in patient evaluation, diagnosis, and treatment, with a knack for creating pleasant, reassuring experiences.

Skills

- History Taking
- Refraction - Objective (Retinoscope) & Subjective
- A scan
- B scan
- IOL master & Anterior
- OCT
- Lensometer
- Binocular vision Assessment
- Diplopia charting
- Hess Chart
- Perimetry - Humphrey & AVA
- Pachymetry
- Pentacam
- AS OCT
- IDRA & Meibography
- Contact Lens Fitting & Assessment (soft & RGP)
- Speciality Contact Lens - CSL & Scleral CL
- Low Vision Aids
- Neurasim Vision therapy
- Slit Lamp Biomicroscope
- IDO & DO

Education Background

Everwin Matriculation Higher Secondary School

HSC (2017 - 2018) **82.4%**

Dr. Agarwal's Institute of Optometry

B.Sc.Optomtry (2018 - 2022) **83.84%**

Languages Known

- English
- Hindi
- Tamil
- Urdu



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Kolathur, Chennai - 600099

Professional Experience

An-Noor Eye Hospital (2022 - Present)

Responsibilities

- Providing primary eye care for patients
- Diagnosing & advising appropriate scans for the patient
- Assisting doctors in OP and in some minor OPD procedures
- Attended various rural and urban camps
- Delivers awareness speech in School and public camps
- Has experience in writing content for Hospital Website
- Engaged in social networking area - YouTube
- Extended my service in creating educational content in youtube regarding eye care
- Captures common and unique Anterior segment contents and shares in social network platform

Internship at Dr. Agarwal's Eye hospital (2021 - 2022)

Responsibilities

- Training received by getting posted in departments like cornea, retina, contact lens, orthoptics, cataract workup
- Handled instruments of respective departments and got trained
- Attended various ERC (Eye research Centre) and corporate camp
- School eye camps organized in various areas

Achievements

ISight 2021 Intern Collegiate Quiz Competition -
Best of the finalists

Gold Medalist of batch 2018-2022 at Dr. Agarwal's Institute of
Optometry in Bachelor's degree

ISVTEC - 2025 - Best Poster Award - Tele Ophthalmology
and vision care technology

Certificates of Professional Development - From Orbis
Cybersight

Certificates of Recognition for Moderating Tear film
Pathologies - from Dr. Agarwal's Institute of Optometry