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REG -12109333  
Topic-Gymnism

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LOVELY FITNESS

Join the best gym of phagwara  
now

register now

# Home page

this is our home page of the website

from here one can register and can easily access our schedules and can also know about us.

You can also register directly to our gym from here.

Tags used :- html,head, body, style, link, form, button, div,label, option,input,ul,li,h1,h2,tr,td,background.

# About us

- This is our about us page of the website.
- From here you can easily know about our gym and its history.
- Tags used :- html ,head, p,background image,magin ,text alignmet,padding,font family,link ,label etc.

Our center is been in the world of fitness form quite sometime .  
We been in buisness from a decade now and we proudly represent  
over 100 years in bunisess and all lot of famous personal come to  
us . When they are in the town we provide world class instrument and  
our trainers are well qualified fitness trainer and have trained several  
people and it is also very true that our prices are very less in  
comparison to other gyms out there and we can guarantee you all that we  
are much delighted to offer you our services at a reasonable prices so  
do visit again

for more gym related details

Contact:- 93223543575

email abc@nivenen.com





# Gym Schedule

## • For kids(morning)

- for kids below 4:- 8:30-10:00AM
- for kids ranging between 4-10 :- 7:30-10:00AM

## • For kids(evening)

- for kids below 4:- 6:00 -7:00PM
- for kids ranging between 4-10:- 7:00-8:00PM

## • For teenagers(morning)

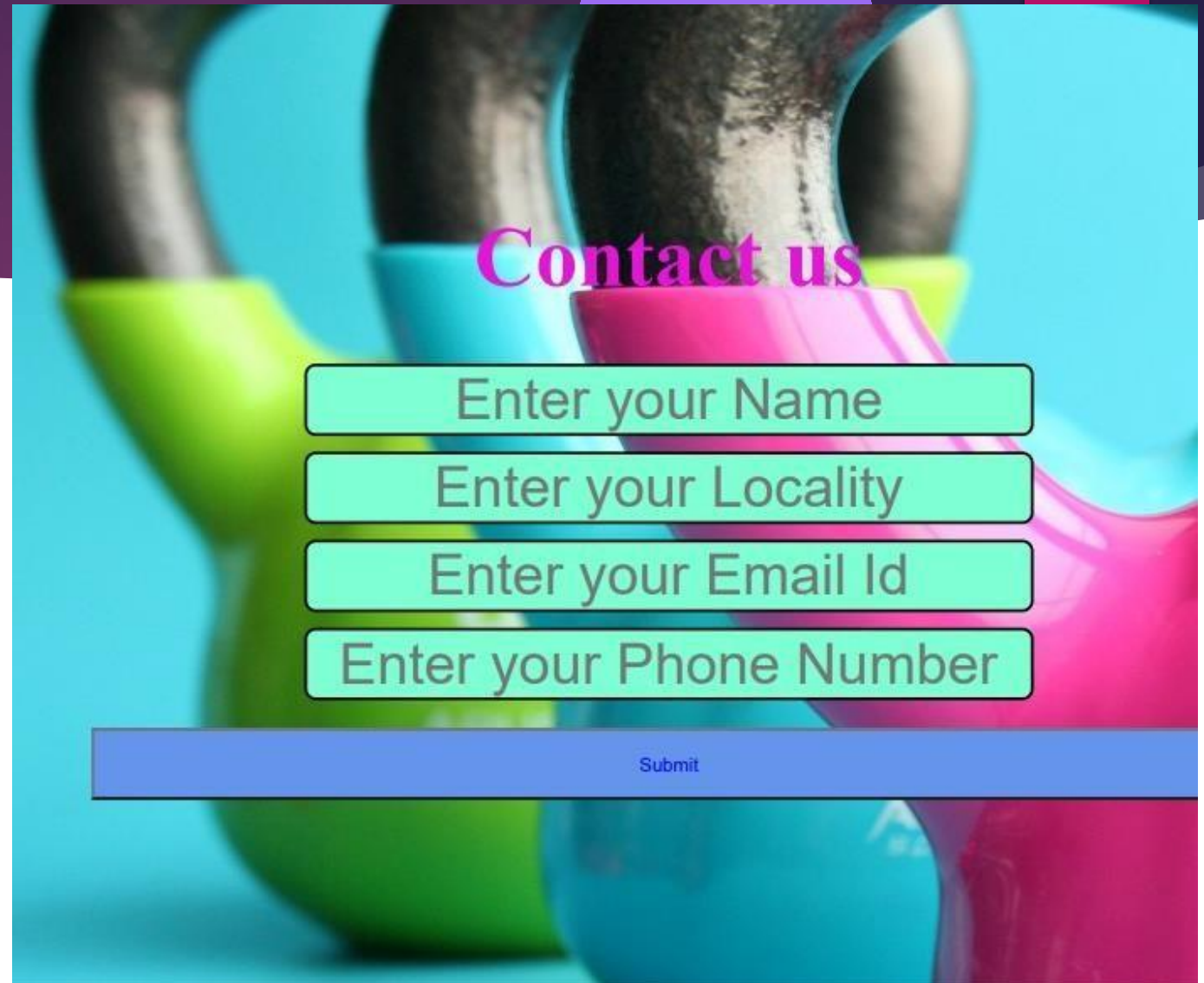
- 8:30-10:00
- 10:00-11:30

schedule

- This is the schedule page of our gym containing gym timing for different age groups
- One can easily check his or her timing accordingly.
- You can also have custom timing according to you needs.
- Tags used :- font family, head, body,ul,li,tr,td,background,margin, padding,link,etc.

# Contact us

- This is our contact us page .
- From here one can contact us if he/she faces any difficulty or having any doubt related to gym.
- From here one can also file complain regarding any kind of trouble faced by the individuals while using the gym.
- Tags used:-  
html,head,body,form,label,button , hover,background image, margin ,padding border etc.



**Contact us**

Enter your Name

Enter your Locality

Enter your Email Id

Enter your Phone Number

Submit



# This is the end of our presentation

## **Conclusion.**

Going to the gym will benefit you in many ways. People should take advantage of going to the gym when they can. It helps you to feel more relaxed and better about yourself. You're taking the initiative to do something for yourself, your body, and your health. Whether your goal be to relieve some stress and anxiety, to get in better shape, or to encourage your overall health, the gym is the place to go. No matter how young or old you are, it's still a great place to stay fit and healthy.

## **References.**

- 1.Udemy
- 2.YouTube
- 3.Geeks For Geeks
- 4.W3school

# Thank You



## Address

# street number, city, state



## Email Address

emailaddress123@gmail.com



## Contact Number

0123456789