



we are all
HUMAN

*Be yourself.
Celebrate yourself.*





What are pronouns?

Pronouns are words that replace nouns in a sentence, such as "**you**," "**we**," or "**they**."

Most of the time we use pronouns without giving them a second thought, but when we're working to be inclusive of people from all gender identities, it is important to consider our use of gendered pronouns when referring to people.

A person's pronouns is part of a person's identity, just like a name is.

It's important that like a person's name, we take the time to learn a person's pronouns rather than making assumptions about how to refer to them in conversation or writing. While it may be our habit to refer to everyone as "**he**" or "**she**" based on appearances, we recognize that gender is a spectrum and we can't assume a person's gender or a person's pronouns based on appearances.

The idea that there are only two genders is called the gender binary and used by people who feel they are either a male or a female. They use the pronouns "**he**" and "**she**."

People who don't feel that they fit into one of these two groups are non-binary.

Being non-binary allows them to pick the identity that feels right for them. And they may use several pronouns including "**they/them**."

Gender is not just about boys and girls.
It's a rainbow of all kinds of identities.

Non-binary people feel they don't fit perfectly into the boy or girl box. They can feel like both a boy and a girl at the same time, or even something else all together.

Gender identity is formed by the feelings a person has inside, not what they wear, how they speak or how they act on the outside.