

AA

Aawan Adhikari

A genuine and responsible individual with strong willpower to prove my worth to the company. I have a solid background in personalized care, particularly in aiding the elderly and individuals dealing with dementia. Alongside this, I've gained valuable skills from fast-paced service roles, like effective communication and teamwork. These experiences, combined with my adaptable and empathetic nature, position me well in contributing a caring and comprehensive approach to the aged care and disability sector.

Location

Kerney Spring,
Toowoomba

Phone

0450 717 343

Email

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Experience

2023- 2025

Assistant in Nursing | Queensland Health (NRNC) | Rockhampton

Offering compassionate care and emotional support to palliative residents and their families throughout the end-of-life journey. Collaborate with the healthcare professionals to ensure residents' comfort and privacy during this sensitive phase.

- Good understanding on the trigger factor for each resident and how to deescalate the situation if it is about to get out of hand and developed excellent teamwork and collaboration ability to work with the people with dementia and other mental disorders.
- Documenting the incidents and any other behaviors and submitting to the correct personnel.
- Constantly engaging them in recreational activities like playing with balloons, drawing, or even just talking and making them feel that we are taking interest in their talk.

2022-2024

Personal Care Assistant | Leinster Place, Mercy Aged Care | Park Avenue

- Monitoring the personal hygiene of the residents like changing incontinence aid, assisting them to toilet, assisting them to do shower and changing clothes.
- Monitoring Nutrition intake of the residents: feeding the residents, making sure that food is lactose free, Gluten free, Sugar free to the residents to those who cannot tolerate this substance.
- Gained knowledge of different types of equipment used to support the residents.

2023-Present

Disability Support Worker | Right 2 Care | Rockhampton

- Delivered high-quality care and support to disabled clients
- Developed strong English communication and interpersonal skills
- Demonstrated reliability, responsibility, and the ability to work in a team
- Handled tasks with attention to detail and maintained accurate records
- Experience working under pressure in fast-paced environments
- Assisted with daily living support for clients with dementia and other disorders.

	Education & Skills	
	2022-2025 Bachelors, Central Queensland University	
	2022 Certificate III, IV in Aged care, Disability and Individual Support.	
	<ul style="list-style-type: none"> • Working with Disability and working with children check. • QLD Driving License. • First Aid. • CPR. 	
	Key skills and characteristics	
	<ul style="list-style-type: none"> • Patience. • Communication Skills. • Good Organizational Skills. • Empathy. • Passion for Continuous Learning 	

References: Available upon request.