

INFP



INFPs are imaginative idealists, guided by their own core values and beliefs. To a Healer, possibilities are paramount; the realism of the moment is only of passing concern. They see potential for a better future, and pursue truth and meaning with their own individual flair.

INFPs are sensitive, caring, and compassionate, and are deeply concerned with the personal growth of themselves and others. Individualistic and nonjudgmental, INFPs believe that each person must find their own path. They enjoy spending time exploring their own ideas and values, and are gently encouraging to others to do the same. INFPs are creative and often artistic; they enjoy finding new outlets for self-expression.

What Makes the INFP Tick

INFPs value authenticity and want to be original and individual in what they do. They are often concerned with a search for meaning and truth within themselves. Following tradition holds little appeal for the INFP; they prefer to do their own exploration of values and ideas, and decide for themselves what seems right. INFPs are often offbeat and unconventional, but they feel no desire to conform. The INFP would rather be true to themselves than try to fit in with the crowd.

INFPs are accepting and nonjudgmental in their treatment of others, believing that each person must follow their own path. They are flexible and accommodating, and can often see many points of view. It is important to the INFP to support other people; however, the INFP may react strongly if they feel their own values are being violated. They especially hate being steamrolled by people who insist there is one right way to do things. INFPs want an open, supportive exchange of ideas.

Recognizing the INFP

INFPs may initially seem cool, as they reserve their most authentic thoughts and feelings for people they know well. They are reflective and often spiritual, and often interested in having meaningful conversations about values, ethics, people, and personal growth. Typically curious and open-minded, the

Healer continually seeks a deeper understanding of themselves and of the people around them. They are passionate about their ideals, but private as well; few people understand the depth of the INFP's commitment to their beliefs.

INFPs are sensitive and empathetic, and engage themselves in a lifelong quest for meaning and authenticity. The mundane aspects of life are of less interest to this type, and they are more excited by interesting ideas than by practical facts. They typically accept others without question, and may take special interest in offbeat points of view or alternative lifestyles. They often have a special affection for the arts, especially the avant garde, as they love experiencing new concepts in self-expression.

Popular Hobbies for the INFP

Popular hobbies for INFPs include poetry, creative writing, music, photography, theater, and visual art.

Quotes About INFP

"INFPs excel in fields that deal with possibilities for people."

- Isabel Briggs Myers, [Gifts Differing](#)

"Healers care deeply—passionately—about a few special persons or a favorite cause, and their fervent aim is to bring peace to the world and wholeness to themselves and their loved ones."

- David Keirsey, [Please Understand Me II](#)

"Clearly INFPs are best when whatever they're doing serves their personal values."

- Otto Kroeger, [Type Talk at Work](#)

Facts About INFP

Interesting [facts about the INFP](#):

- On personality trait measures, score as Artistic, Reflective, Careless, Sensitive, Flexible, and Appreciative
- Among least likely of all types to suffer heart disease
- In men, among least likely to report chronic pain
- Second highest of all types to report marital dissatisfaction
- Among most likely to have suicidal thoughts in college
- Tend to be more successful than the average in learning a foreign language
- Among types most likely to be dissatisfied with their work
- Personal values include Autonomy and Creativity
- Overrepresented in occupations in counseling, writing, and the arts

INFP at Work

At work, the INFP is not particularly driven by money or status, preferring work that aligns with their personal values and allows them to help others. INFPs are typically motivated by vision and inspiration, and want to engage with projects and causes that feel important to them.

INFPs enjoy the process of creative problem-solving, and want to understand complex issues. They appreciate innovation, and want to come up with original ideas to improve circumstances for people. An ideal job for a Healer allows them to express their individuality in the way they work, and takes advantage of their ability to see unique solutions.

INFPs enjoy working autonomously and having control over how and when to complete a project. They often enjoy participating in teams, although they want to be free to put their own personal stamp on their work. When they do work with other people, it's important to the INFP that they be cooperative, supportive, and flexible, and that they have similar passion for their ideals.

INFP CAREER FACTS

- Second lowest average income of all the types, at [\\$31,508](#)
- [Most likely](#) of all types to stay home with their children
- Fourth [lowest in job satisfaction](#) out of all the types
- Slightly more likely than average to be [self-employed](#)

Top Careers for the INFP

Top [careers for the INFP](#) include:

ARTS AND DESIGN

- [Fine Artist](#)
- [Fashion Designer](#)
- [Graphic Designer](#)
- [Multimedia Artist or Animator](#)

COMMUNITY AND SOCIAL SERVICE

- [Mental Health Counselor](#)
- [School or Career Counselor](#)
- [Community Service Manager](#)
- [Social Worker](#)

EDUCATION AND LIBRARY

- [Archivist or Curator](#)
- [Elementary School Teacher](#)

- [Librarian](#)
- [Preschool Teacher](#)
- [Professor or College Instructor](#)
- [Special Education Teacher](#)

HEALTH CARE

- [Audiologist](#)
- [Chiropractor](#)
- [Nutritionist](#)
- [Genetic Counselor](#)
- [Massage Therapist](#)
- [Midwife](#)
- [Occupational Therapist](#)
- [Physical Therapist](#)
- [Speech-Language Pathologist](#)
- [Veterinarian](#)
- [Veterinary Technician](#)

BUSINESS AND MANAGEMENT

- [Fundraiser](#)
- [Human Resources Specialist](#)
- [Training or Development Manager](#)

SCIENCES

- [Anthropologist or Archaeologist](#)
- [Geographer](#)
- [Historian](#)
- [Psychologist](#)
- [Sociologist](#)
- [Zoologist or Wildlife Biologist](#)

COMMUNICATIONS

- [Editor](#)
- [Film Editor](#)
- [Interpreter or Translator](#)
- [Photographer](#)
- [Public Relations Specialist](#)
- [Writer](#)

Least Popular Careers for INFP

It is important to note that any personality type can be successful in any occupation. However, some occupations are well suited to the natural talents and preferred work style of the INFP, while other occupations demand modes of thinking and behavior that do not come as naturally to this type. Occupations that require the INFP to operate outside their natural preferences may prove stressful or draining, and often sound unappealing to INFPs who are choosing a career.

The following occupations have been found to be unpopular among INFPs, based on data gathered from surveys of the general population.

[Military Officer](#)

[Police Officer](#)

[Materials Engineer](#)

[Electrician](#)

[Systems Analyst](#)

[Sales Manager](#)

[Financial Manager](#)

[Auditor](#)

Cost Estimator

[Engineering Technician](#)

[Chemist](#)

[Chemical Engineer](#)

[Dentist](#)

[Licensed Practical Nurse](#)

Judge