

## Type 8: *The Challenger*

Eights are self-confident, strong, and assertive. Protective, resourceful, straight-talking, and decisive, but can also be ego-centric and domineering. Eights feel they must control their environment, especially people, sometimes becoming confrontational and intimidating. Eights typically have problems with their tempers and with allowing themselves to be vulnerable. At their Best: self-mastering, they use their strength to improve others' lives, becoming heroic, magnanimous, and inspiring.

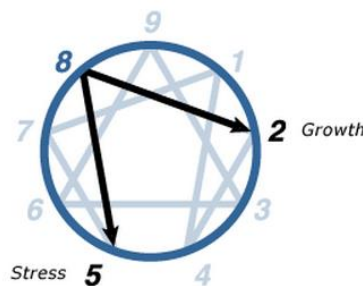
Basic Fear: Of being harmed or controlled by others

Basic Desire: To protect themselves (to be in control of their own life and destiny)

Enneagram Eight with a Seven-Wing: "The Maverick"

Enneagram Eight with a Nine-Wing: "The Bear"

Key Motivations: Want to be self-reliant, to prove their strength and resist weakness, to be important in their world, to dominate the environment, and to stay in control of their situation.



The Meaning of the Arrows (in brief) when moving in their Direction of Disintegration (stress), self-confident Eights suddenly become secretive and fearful at Five. However, when moving in their Direction of Integration (growth), lustful, controlling Eights become more open-hearted and caring, like healthy Twos.