

## Type 4: *The Individualist*

Fours are self-aware, sensitive, and reserved. They are emotionally honest, creative, and personal, but can also be moody and self-conscious. Withholding themselves from others due to feeling vulnerable and defective, they can also feel disdainful and exempt from ordinary ways of living. They typically have problems with melancholy, self-indulgence, and self-pity. At their Best: inspired and highly creative, they are able to renew themselves and transform their experiences.

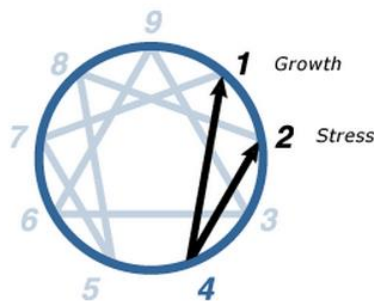
Basic Fear: That they have no identity or personal significance

Basic Desire: To find themselves and their significance (to create an identity)

Enneagram Four with a Three-Wing: "The Aristocrat"

Enneagram Four with a Five-Wing: "The Bohemian"

Key Motivations: Want to express themselves and their individuality, to create and surround themselves with beauty, to maintain certain moods and feelings, to withdraw to protect their self-image, to take care of emotional needs before attending to anything else, to attract a "rescuer."



The Meaning of the Arrows (in brief) when moving in their Direction of Disintegration (stress), aloof Fours suddenly become over-involved and clinging at Two. However, when moving in their Direction of Integration (growth), envious, emotionally turbulent Fours become more objective and principled, like healthy Ones