

## Type 1: *The Reformer*

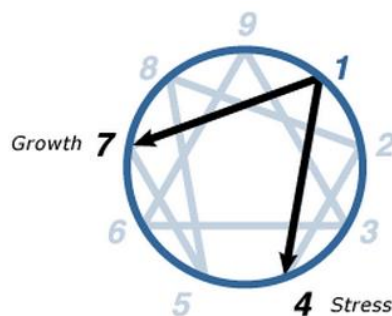
Ones are conscientious and ethical, with a strong sense of right and wrong and advocates for change: always striving to improve things, but afraid of making a mistake. Well-organized, orderly, and fastidious, they try to maintain high standards, but can slip into being critical and perfectionist. They typically have problems with resentment and impatience. At their Best: wise, discerning, realistic, and noble. Can be morally heroic.

Basic Fear: Of being corrupt/evil

Defective Basic Desire: To be good, to have integrity, to be balanced.

Enneagram One with a Nine-Wing: "The Idealist" Enneagram One with a Two-Wing: "The Advocate"

Key Motivations: Want to be right, to strive higher and improve everything, to be consistent with their ideals, to justify themselves, to be beyond criticism so as not to be condemned by anyone.



The Meaning of the Arrows (in brief) When moving in their Direction of Disintegration (stress), methodical Ones suddenly become moody and irrational at Four. However, when moving in their Direction of Integration (growth), angry, critical Ones become more spontaneous and joyful, like healthy Sevens.