ENFP



ENFPs are people-centered creators with a focus on possibilities and a contagious enthusiasm for new ideas, people and activities. Energetic, warm, and passionate, ENFPs love to help other people explore their creative potential.

ENFPs are typically agile and expressive communicators, using their wit, humor, and mastery of language to create engaging stories. Imaginative and original, ENFPs often have a strong artistic side. They are drawn to art because of its ability to express inventive ideas and create a deeper understanding of human experience.

What Makes the ENFP Tick

ENFPs tend to be curious about others and preoccupied with discovering the deeper meaning in people and ideas. They want authentic experience and often seek emotional intensity. ENFPs are easily bored by details and repetition and seek out situations that offer an escape from the mundane. Novelty is attractive to ENFPs, who often have a wide range of interests and friends from many backgrounds.

ENFPs prize individuality and often consider the pursuit of happiness to be the highest priority in life, both for themselves and for others. They place great importance on personal freedom and self-expression, and want to be able to go wherever inspiration leads.

Recognizing the ENFP

ENFPs love to talk about people: not just the facts, but what motivates them, what inspires them, and what they envision achieving in life. They'll often share their own aspirations freely, and want to hear others' in return. The ENFP is unlikely to judge anyone's dream, and will discuss the most imaginative and outlandish of fantasies with warm, enthusiastic intensity. They love to explore creative possibilities, and nothing deflates them faster than talking about dry facts or harsh reality.

ENFPs often seem unconventional, and may come off as scattered; they don't tend to be in touch with their physical surroundings. They often overlook the details, as they are more likely to focus on connecting with other people or on exploring their own imagination and self-expression. They have little patience for the mundane and want to experience life with intensity and flair. ENFPs often have an artistic streak, and may be artistic in appearance. Many have developed a distinctive and quirky personal style.

Popular Hobbies for the ENFP

Popular hobbies for the ENFP include writing, creating and appreciating art, playing musical instruments, listening to music, participating in Community Theater, and reading fiction.

Quotes About ENFP

"They may be inspiring teachers, scientists, artists, advertising or salespeople, or almost anything they want to be."

- Isabel Briggs Myers, Gifts Differing

"Their enthusiasm is boundless and is often contagious, making them the most vivacious of all the types, and also inspiring others to join their cause."

- David Keirsey, <u>Please Understand Me II</u>

"ENFPs' ability to empower others is one of their most impressive contributions to the workplace."

- Otto Kroeger, Type Talk at Work

Facts About ENFP

Interesting facts about the ENFP:

- On personality trait scales, scored as Enthusiastic, Outgoing, Spontaneous, Changeable, Impulsive, Energetic, and Understanding
- Scored among highest of all types in available resources for coping with stress
- ENFP women are less likely to suffer from heart disease
- ENFP men are less likely to suffer from chronic pain
- Rated by psychologists as among most likely of all types to have trouble in school
- Overrepresented among academically talented elementary school students
- Personal values include Home & family, Friendships, Creativity, Learning, and Community Service
- Commonly found in careers in counseling, teaching, religion, and the arts

ENFP at Work

At work, the ENFP is concerned with using their creativity to express themselves and benefit others. ENFPs want to explore the possibilities for themselves and other people, and approach their work with vision and inspiration. They enjoy taking on creative or people-centered problems that call for an imaginative, original solution.

ENFPs are often motivated by their beliefs in humanitarian causes and want work that is consistent with their values. They are particularly interested in helping other people develop as individuals. They tend to choose careers that allow them to pursue ideals of personal growth and artistic expression.

ENFPs dislike routine work and want a variety of tasks and challenges. They prefer to set their own schedule and chafe when saddled with excessive regulations or mundane details. They seek out fun, novel tasks that allow them to be imaginative and relate to other people in an unstructured, supportive way.

The ideal work environment for an ENFP is relaxed and friendly, with few restrictions on creativity. The ideal job for an ENFP allows them to follow their inspiration, satisfy their curiosity, and develop solutions that benefit people in innovative and original ways.

ENFP CAREER FACTS

- Tend to earn more when <u>self-employed</u>: \$60k vs. \$48k in a standard job
- Report <u>above average job satisfaction</u>, but below average income
- Showed one of the <u>largest gender wage gaps</u>, with female ENFPs earning just 72% of what male ENFPs earn

Top Careers for the ENFP

Top careers for the ENFP include:

ARTS AND ENTERTAINMENT

- Actor
- Dancer or Choreographer
- Music Director or Composer
- Musician or Singer
- Producer or Director
- Art Director
- Craft or Fine Artist
- Fashion Designer

- Floral Designer
- Interior Designer
- Multimedia Artist

SALES

- Advertising Sales Agent
- <u>Insurance Sales Agent</u>
- Real Estate Agent
- Retail Salesperson
- <u>Travel Agent</u>

SERVICE AND PERSONAL CARE

- Animal Trainer
- Barber, Hairdresser, or Cosmetologist
- <u>Child Care Worker</u>
- <u>Fitness Trainer</u>
- Recreation Worker
- Skincare Specialist
- Bartender
- Waiter or Waitress

MEDIA AND COMMUNICATION

- <u>Announcer</u>
- Editor
- <u>Interpreter</u>
- <u>Photographer</u>
- Public Relations Specialist
- <u>Reporter</u>
- Writer or Author

SCIENCE AND NATURE

- Anthropologist or Archaeologist
- Conservation Scientist
- Psychologist
- <u>Sociologist</u>
- <u>Urban or Regional Planner</u>
- <u>Landscape Architect</u>

EDUCATION

- High School Teacher
- <u>Instructional Coordinator</u>

- <u>Kindergarten or Elementary School Teacher</u>
- Middle School Teacher
- Preschool Teacher
- Special Education Teacher
- Teacher Assistant
- Preschool or Childcare Center Director

HEALTHCARE

- Athletic Trainer
- Audiologist
- <u>Chiropractor</u>
- <u>Dental Assistant</u>
- Dental Hygienist
- Nutritionist
- <u>Genetic Counselor</u>
- <u>Massage Therapist</u>
- Nurse Midwife
- Occupational Health and Safety Specialist
- Occupational Health and Safety Technician
- Occupational Therapist
- Occupational Therapy Assistant or Aide
- Physical Therapist
- Physical Therapist Assistant
- Recreational Therapist
- Speech-Language Pathologist
- <u>Veterinarian</u>
- <u>Veterinary Technologist or Technician</u>

BUSINESS AND MANAGEMENT

- <u>Fundraiser</u>
- <u>Human Resources Specialist</u>
- Meeting or Convention Planner
- Buver
- Training or Development Specialist
- Training or Development Manager
- Lodging Manager
- Public Relations Manager
- Sales Manager
- Advertising and Promotions Manager
- Human Resources Manager
- <u>Customer Service Representative</u>

- Receptionist
- Legal Mediator

COMMUNITY AND SOCIAL SERVICE

- Health Educator
- Mental Health Counselor
- Rehabilitation Counselor
- School or Career Counselor
- Social or Human Service Assistant
- Social Worker
- Substance Abuse or Behavioral Disorder Counselor
- Social or Community Service Manager

Least Popular Careers for ENFP

It is important to note that any personality type can be successful in any occupation. However, some occupations are well suited to the natural talents and preferred work style of the ENFP, while other occupations demand modes of thinking and behavior that do not come as naturally to the ENFP. Occupations that require the ENFP to operate outside their natural preferences may prove stressful or draining, and often sound unappealing to ENFPs who are choosing a career.

The following occupations have been found to be unpopular among ENFPs, based on data gathered from surveys of the general population.

Bank TellerMechanical EngineerPolice OfficerFinancial ManagerComputer Software EngineerFarmerJudgeSystems AnalystDentistFlight EngineerChemical EngineerPathologistCivil EngineerFactory SupervisorChemist