

Type 6: *The Loyalist*

The committed, security-oriented type. Sixes are reliable, hard-working, responsible, and trustworthy. Excellent "troubleshooters," they foresee problems and foster cooperation, but can also become defensive, evasive, and anxious—running on stress while complaining about it. They can be cautious and indecisive, but also reactive, defiant and rebellious. They typically have problems with self-doubt and suspicion. At their Best: internally stable and self-reliant, courageously championing themselves and others.

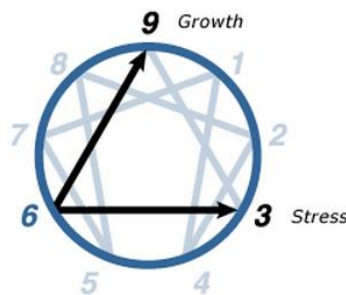
Basic Fear: Of being without support and guidance

Basic Desire: To have security and support

Enneagram Six with a Five-Wing: "The Defender"

Enneagram Six with a Seven-Wing: "The Buddy"

Key Motivations: Want to have security, to feel supported by others, to have certitude and reassurance, to test the attitudes of others toward them, to fight against anxiety and insecurity.



The Meaning of the Arrows (in brief) when moving in their Direction of Disintegration (stress), dutiful Sixes suddenly become competitive and arrogant at Three. However, when moving in their Direction of Integration (growth), fearful, pessimistic Sixes become more relaxed and optimistic, like healthy Nine.