



## MATERIALS

**Red Heart® All in One™ Granny Square™** (8.8 oz/250 g; 417 yds/381 m)

**Contrast A** Pink Punch (2001) **1 ball or 9 Squares**

**Red Heart® All in One™ Flower Power™** (8.8 oz/250 g; 417 yds/381 m)

**Contrast B** Peony Pop (2021) **1 ball or 9 Squares  
+ 2 Partial Squares  
for Pocket Appliques**

Size U.S. I/9 (5.5 mm) Susan Bates® Silvalume® crochet hook **or size needed to obtain gauge.** Susan Bates® yarn needle. Susan Bates® stitch markers. Large-eyed sharp needle to sew applique Motifs to pockets. Coats® Dual Duty thread in shade to match sweatshirt. Sewing machine. Sewing pins.

Adult hooded zip-front sweatshirt with drop shoulder style sleeves, ribbed cuffs and kangaroo pockets.



CROCHET | SKILL LEVEL: **EASY**

## ABBREVIATIONS

**Approx** =

Approximately

**Beg** = Begin(ning)

**Ch** = Chain(s)

**Dc** = Double crochet

**PM** = Place marker

**Rem** = Remain(ing)

**Rep** = Repeat

**Rnd(s)** = Round(s)

**RS** = Right side

**Sc** = Single crochet

**Sl st** = Slip stitch

**Sp(s)** = Space(s)

**St(s)** = Stitch(es)

**Tog** = Together

**Tr** = Treble crochet

**WS** = Wrong side

## SIZE

Instructions for Sleeves are one size to fit Adult (over-sized fit).

## GAUGE

Granny Square and Flower Power Motifs = 6" [15 cm] square.

## INSTRUCTIONS

### GRANNY SQUARE MOTIF

See diagram on page 4.

Make 9 with A.

### Notes:

- Motifs begin with Color 1 (shortest color rep) from center of pull-skein, leaving a 4" [10 cm] tail to weave in.

- Each color aligns with 1 rnd in the Motif with 5 colors in total. If too much color is left at end of rnd, pull back some sts and slightly loosen gauge to re-work sts and finish at color change. If too little color is left, pull back some sts and slightly tighten gauge to re-work sts and finish at color change.
- When Motif is complete, cut yarn where Color 5 (longest color rep) ends leaving a tail for weaving in. Begin next Motif with Color 1 and repeat 5 rnds for each Motif.
- [Granny Square how video to here.](#)
- Ch 3 at beg of rnd counts as dc.
- Ch 6 at beg of rnds counts as dc and ch-3 sp.
- Join all rnds with sl st to 3rd ch of ch-6 unless otherwise indicated.

With Color 1, ch 4. Join with sl st to first ch to form ring.

**1st rnd:** (RS). Ch 6. (3 dc. Ch 3) 3 times in ring. 2 dc in ring. Join.

**2nd rnd:** Sl st in ch-3 sp. Ch 6. 3 dc in same ch-3 sp. \*Ch 1. (3 dc. Ch 3. 3 dc) in next ch-3 sp. Rep from \* twice more. Ch 1. 2 dc in first ch-3 sp. Join.

**3rd rnd:** Sl st in ch-3 sp. Ch 6. 3 dc in same ch-3 sp. \*Ch 1. 3 dc in next ch-1 sp. Ch 1. (3 dc. Ch 3. 3 dc) in next ch-3 sp. Rep from \* twice more. Ch 1. 3 dc in last ch-1 sp. Ch 1. 2 dc in first ch-3 sp. Join.

**4th and 5th rnds:** Sl st in ch-3 sp. Ch 6. 3 dc in same ch-3 sp. \*(Ch 1. 3 dc) in each ch-1 sp to next ch-3 sp. Ch 1.\*\* (3 dc. Ch 3. 3 dc) in next ch-3 sp. Rep from \* twice more, then from \* to \*\* once. 2 dc in first ch-3 sp. Join. Fasten off.

Motif should measure 6" [15 cm] square.

## FLOWER POWER MOTIF

See diagram on page 4.

Make 9 with B.

## Notes:

- Motifs begin with Color 1 (shortest color rep) from center of pull-skein, leaving a 4" [10 cm] tail to weave in.
- 2nd and 3rd rnds will be worked in Color 2.
- 4th, 5th, and 6th rnds will be worked in Color 3.
- If too much color is left at end of rnd, pull back some sts and slightly loosen gauge to re-work sts and finish at color change. If too little color is left, pull back some sts and slightly tighten gauge to re-work sts and finish at color change.
- At end of final rnd, Motif should measure 6" [15 cm] square, with long tail (at least 24" [61 cm]) rem for seaming.
- Adjust gauge as needed working 4th, 5th and 5th rounds of Flower Motif to maintain 6" [15 cm] square finished size to match Granny Square Motif.
- Ch 3 at beg of rnd counts as dc.
- Ch 2 at beg of rnd **does not** count as st.
- Join all rnds with sl st to first st unless otherwise stated.

With Color 1, ch 4. Join with sl st to first ch to form ring.

**1st rnd:** Ch 3. 9 dc in ring. Join. 10 dc. Color 1 complete.

**2nd rnd:** With Color 2, ch 3. 1 dc in same sp as last sl st. 2 dc in each dc around. Join. 20 dc.

**3rd rnd:** Sl st in next dc. (Ch 3. 1 tr) in same st as last sl st. 3 tr in next dc. (1 tr. 1 dc) in next dc. Sl st in next dc. \*(1 dc. 1 tr) in next dc. 3 tr in next dc. (1 tr. 1 dc) in next dc. Sl st in next dc. Rep from \* around, ending by joining with sl st to first sl st. Color 2 complete.

**4th rnd:** With Color 3, sl st in first dc (top of ch-3 of 3rd rnd), *to beg rnd at start of first Petal*. Ch 3. \*1 dc in next tr. 1 hdc in next tr. 1 sc in next tr. 1 hdc in next tr. 1 dc in each of next 2 sts. 1 tr in dc of 2nd rnd below sl st.\*\* 1 dc in next dc. Rep from \* 3 times more, then from \* to \*\* once. Join.

**5th rnd:** Ch 6 (counts as tr and ch-2). 1 tr in same sp as sl st. \*2 dc in next st. Ch 1. 1 dc in next st. 1 hdc in next st. 1 sc in next st. Ch 1. Skip next st. 1 sc in next st. 1 hdc in next st. 1 dc in next st. Ch 1. 2 dc in next st.\*\* (1 tr. Ch 2. 1 tr) all in next st. Rep from \* twice more, then from \* to \*\* once. Join to 4th ch of ch-6.

**6th rnd:** Sl st in next ch-2 sp. Ch 2 (**does not** count as st). 1 hdc in same ch-2 sp. Ch 3. 3 hdc in same ch-2 sp. Ch 1. \*(3 hdc. Ch 1) in each ch-1 sp to next corner ch-2 sp.\*\* (3 hdc. Ch 3. 3 hdc) all in next ch-2 sp. Ch 1. Rep from \* twice more, then from \* to \*\* once. 2 hdc in first ch-2 sp. Join.

Fasten off at end of Color 3, leaving long tail for seaming.

Motif should measure 6" [15 cm] square.

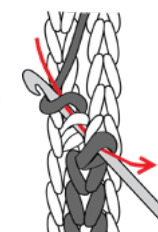
## SLEEVES

Block all Motifs to measure 6" [15 cm] square.

Join Motifs as shown in diagrams on page 4 using Flat Sl St seam using long tail of Color 3 from Flower Power Motifs, noting Left and Right Sleeve diagrams.

## Seaming with Flat Sl St:

Sl st through back loops only and keeping working yarn to WS of work to create a flat sl st chain detail on RS of work.



FLAT SL ST JOIN

**Note:** Keep working yarn to WS of work so only flat sl st chain is visible on RS.

## POCKET MOTIFS (make 2)

With B, work 1st to 4th rnds of Flower Power Motif.

Fasten off, leaving a long end of Color 3 to sew Motif to pocket.

## DRAWSTRING

Using 2 strands of Color 3 from B, make a chain 50" [127 cm] long. Fasten off.

## FINISHING

Cut cuffs off sweatshirt sleeves leaving approx  $\frac{3}{4}$ " [2 cm] of fabric above cuff seam. Fold cuff flat and PM at both fold lines.



*Instructions from now on will be referring to Granny Square sleeves.*

Turn Sleeves inside out. With WS of Sleeve facing you, place RS of cuff edge along RS of Sleeve. Match 1 marker to joining seam of 2 Motifs on Sleeve and match other marker to next joining seam of 2 Motifs, then pin cuff in position. Using sewing machine, with Sleeve on top, sew cuff to Sleeve lower edge, stretching cuff as you sew to 'gather' lower edge of Sleeve to fit. For best results, try to stitch right above seam edge on cuff and along last round of Motifs (see photos). Turn Sleeves inside out. Finish 'raw' edge of cuff seam with serger or overcast stitching as desired.



Mark placement for Sleeves on sweatshirt 12" [30.5 cm] down from shoulder seams. Cut sleeves off sweatshirt following seamline and allowing approx  $\frac{3}{4}$ " [2 cm] seam allowance (see photo). Discard sweatshirt sleeves. Cut side seam below armhole of sweatshirt to reach marker.

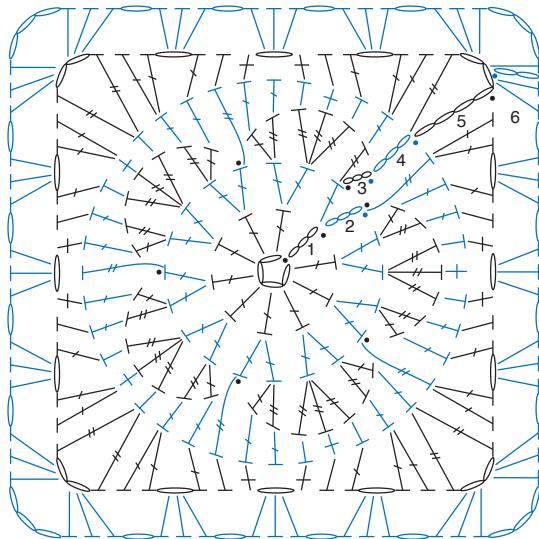


Turn sweatshirt inside out. Place RS of Sleeve along RS of sweatshirt armhole opening. Match top of Sleeve to shoulder seam and base of Sleeve to lower armhole, then pin Sleeve in position. Using sewing machine, with Sleeve facing you, sew armhole seam sewing just outer edge of Sleeve (along last round of Motifs) to  $\frac{3}{4}$ " [2 cm] seam allowed on sweatshirt, tapering to a narrow seam for lower armhole as needed. For best results, try to stitch close to seam edge on sweatshirt. Finish 'raw' edge of sleeve seam with serger or overcast stitching as desired.

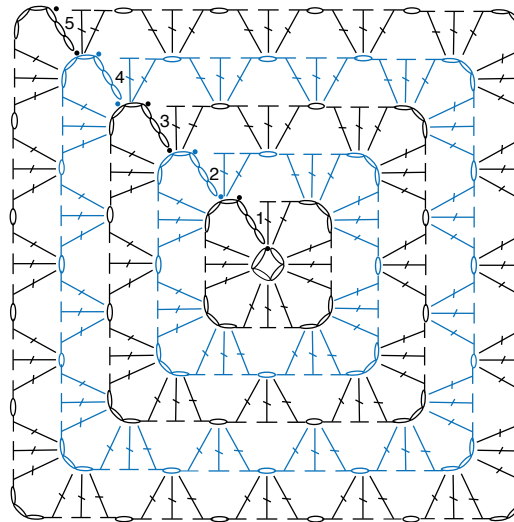
Place cardboard inside kangaroo pocket to make sure you **do not** catch stitching through more than top layer of pocket. Pin Pocket Motif in position and using yarn end with large-eyed sharp needle, sew Pocket Motif in position. Rep on remaining kangaroo pocket.

Remove hood drawstring. Using safety pin that will fit into hood eyelet hole, attach new Drawstring to safety pin and draw through hood casing. Knot ends and weave in yarn ends.

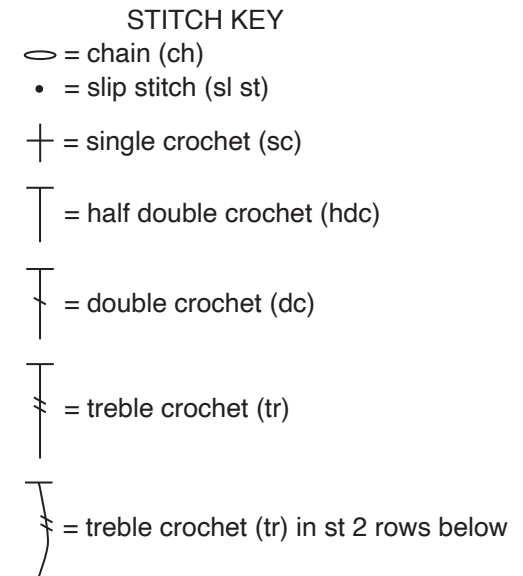




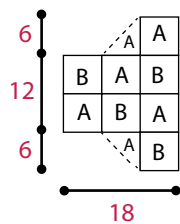
FLOWER POWER MOTIF



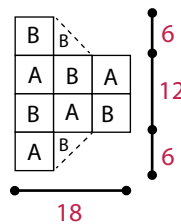
GRANNY SQUARE MOTIF



Right Sleeve



Left Sleeve



--- = Fold line

SLEEVE ASSEMBLY  
DIAGRAMS



FRONT



BACK