

Yarnspirations™  
**BERNAT®**  
MAKE THIS

**BUILDING BLOCKS CROCHET  
CARDIGAN**

**SIZES XS/S-M/L-XL-2/3XL-4/5XL**



Balsam Tweed



CROCHET | SKILL LEVEL: **BEGINNER**



Yarnspirations™

# BERNAT®

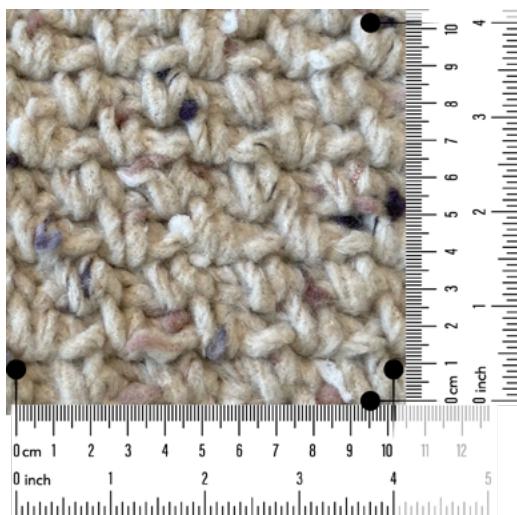
## MAKE THIS

### WHAT YOU'LL NEED



### GAUGE

9 stitches (sts) and 8 rows = 4" [10 cm] in **single crochet** (sc)/**chain** 1 (ch-1) pattern (pat).



### YARN

- **Bernat® Forever Fleece Tweeds™**  
(8.8 oz/250 g; 158 yds/145 m)

### COLORS

#### Quantity

XS/S	M/L	XL	2/3XL	4/5XL
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- **Balsam Tweed (79001)**

6	7	8	9	10	balls
930/846	1050/956	1200/1092	1320/1201	1450/1320	yds/m

### TOOLS

- Size U.S. N/15 (10 mm) Susan Bates® crochet hook **or size needed to obtain gauge.**
- Susan Bates® stitch markers.
- Susan Bates® yarn needle.
- Tape measure.

**ABBREVIATIONS**

Beg = Beginning	RS = Right side
Ch = Chain(s)	Sc = Single crochet
Pat = Pattern	Sp(s) = Space(s)
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Rep = Repeat	WS = Wrong side

**INSTRUCTIONS**

The instructions are written for **XS/S** size. If changes are necessary, the instructions will be written **XS/S (M/L-XL-2/3XL-4/5XL)**. Numbers for each size are shown in the same color throughout the pattern. When only one number is given in black, it applies to all sizes.

**USING THIS GUIDE**

Click on the underlined words throughout the pattern to access our library of helpful tools.

**DETERMINING YOUR SIZE**

Click [here](#) to learn how to take proper measurements for the best fit.

**MEASUREMENTS**

SIZES	XS/S	M/L	XL
<b>TO FIT CHEST</b>	28-34" [71-86.5 cm]	36-42" [91.5-106.5 cm]	44-46" [112-117 cm]
<b>FINISHED CHEST</b>	44" [112 cm]	50" [101.5 cm]	56" [119.5 cm]

SIZES	2/3XL	4/5XL
<b>TO FIT CHEST</b>	48-54" [122-137 cm]	56-62" [142-157.5 cm]
<b>FINISHED CHEST</b>	60" [137 cm]	64" [155 cm]

Model is wearing size **XS/S**.

Model has 34" [86.5 cm] chest and is 5 feet 9 inches tall.



Front



Back



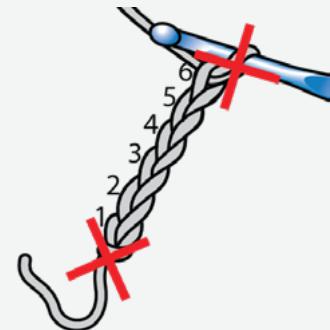
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#### INSTRUCTIONS

##### BACK

**Chain** (Ch) **50** (**58-64-68-74**).



**1st row:** [Right Side (RS)]. 1 **single crochet** (sc) in 2nd ch from hook.



\*Ch 1. Skip next ch. 1 sc in next ch. Repeat (Rep) from \* to end of chain. Turn.  
**49** (**57-63-67-73**) stitches (sts) – count sc and ch-1 spaces (spcs) as sts.



**2nd row:** Ch 1. 1 sc in first sc.



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**INSTRUCTIONS**

\*1 sc in next ch-1 space (sp). Ch 1. Skip next sc. Rep from \* to last 2 sts. 1 sc in next ch-1 sp. 1 sc in last sc. Turn.

**Note:** Insert hook into the space created right **under** the ch-1 when working sc. Do not work sc into the actual chain.

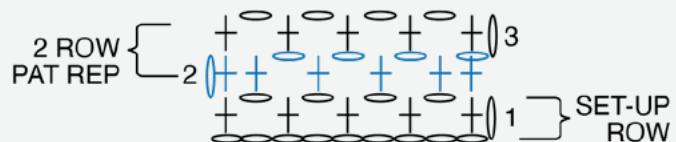


**3rd row:** Ch 1. 1 sc in first sc.

\*Ch 1. Skip next sc. 1 sc in next ch-1 sp. Rep from \* to last 2 sts. Ch 1. Skip next sc. 1 sc in last sc. Turn.



Rep last 2 rows for Sc/Ch-1 pattern (pat) until piece measures **25 (25-26-26-27)" [63.5 (63.5-66-66-68.5) cm]**, ending on a RS row.



**STITCH KEY**  
○ = chain (ch)

+ = single crochet (sc)

**Fasten off** leaving a 16" [40.5 cm] end for seams.

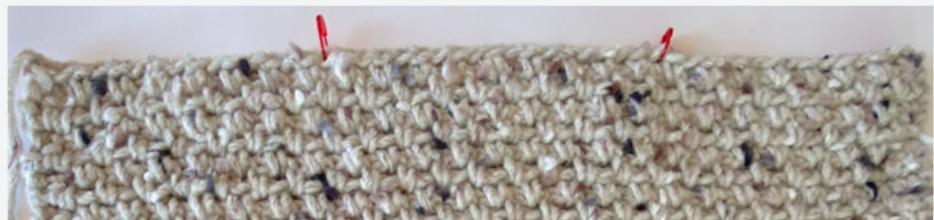


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**INSTRUCTIONS**

Place markers **16** (**20-22-24-26**) sts in from each side for shoulders.

**FRONTS**

**Note:** Make 2 pieces alike, noting RS and WS will reverse to create Left and Right Front. Fabric is reversible.

Ch **32** (**36-38-40-42**).

**1st row:** (RS). 1 sc in 2nd ch from hook. \*Ch 1. Skip next ch. 1 sc in next ch. Rep from \* to end of chain. Turn. **31** (**35-37-39-41**) sts – count sc and ch-1 spaces (sp's) as sts.

**2nd row:** Ch 1. 1 sc in first sc. \*1 sc in next ch-1 sp. Ch 1. Skip next sc. Rep from \* to last 2 sts. 1 sc in next ch-1 sp. 1 sc in last sc. Turn.

**3rd row:** Ch 1. 1 sc in first sc. \*Ch 1. Skip next sc. 1 sc in next ch-1 sp. Rep from \* to last 2 sts. Ch 1. Skip next sc. 1 sc in last sc. Turn.

Rep last 2 rows for Sc/Ch-1 pat until piece measures same length as Back, ending on a RS row.

**Shape Neck Extension: Next row:** Ch 1. 1 sc in first sc. (1 sc in next ch-1 sp. Ch 1. Skip next sc) 6 times. 1 sc in next ch-1 sp. 1 sc in next sc. **Turn.** Leave remaining (rem) sts unworked for shoulder.

Continue working across 15 sts in Sc/Ch-1 pat as follows:

**Next row:** Ch 1. 1 sc in first sc. (Ch 1. Skip next sc. 1 sc in next ch-1 sp) 6 times. Ch 1. Skip next sc. 1 sc in last sc. Turn.

**Next row:** Ch 1. 1 sc in first sc. (1 sc in next ch-1 sp. Ch 1. Skip next sc) 6 times. 1 sc in next ch-1 sp. 1 sc in next sc. Turn.



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**INSTRUCTIONS**

Rep last 2 rows until Neck Extension measures **3¾ (3¾-4¼-4¼-4¼)" [9.5 (9.5-11-11-11) cm]**.

**Fasten off** leaving a 16" [40.5 cm] end for seams.



Left Front



Right Front

**SLEEVES**

Ch **40 (42-42-44-46)**.

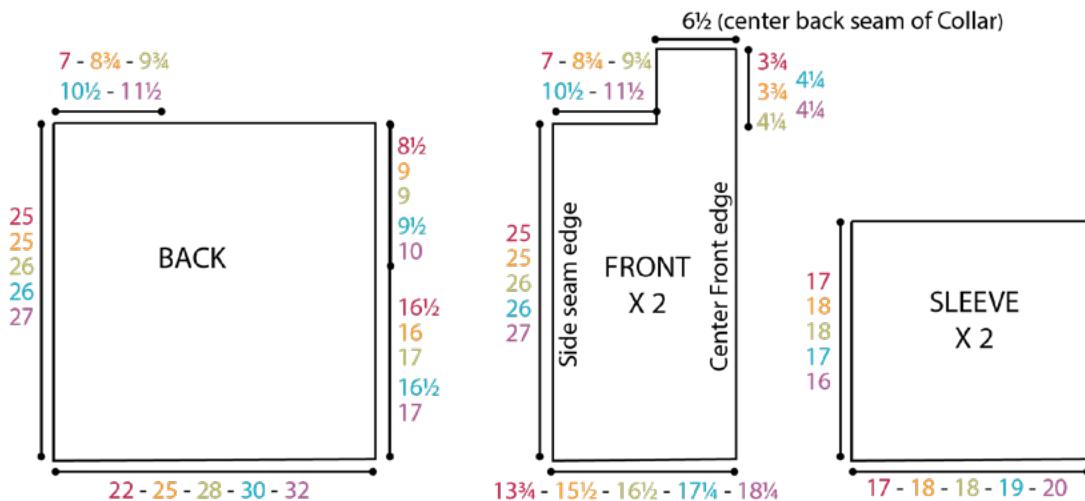
**1st row:** (RS). 1 sc in 2nd ch from hook. \*Ch 1. Skip next ch. 1 sc in next ch. Rep from \* to end of chain. Turn. **39 (41-41-43-45)** sts – count sc and ch-1 spaces (sps) as sts.

**2nd row:** Ch 1. 1 sc in first sc. \*1 sc in next ch-1 sp. Ch 1. Skip next sc. Rep from \* to last 2 sts. 1 sc in next ch-1 sp. 1 sc in last sc. Turn.

**3rd row:** Ch 1. 1 sc in first sc. \*Ch 1. Skip next sc. 1 sc in next ch-1 sp. Rep from \* to last 2 sts. Ch 1. Skip next sc. 1 sc in last sc. Turn.

Rep last 2 rows for Sc/Ch-1 pat until Sleeve measures **17 (18-18-17-16)" [43 (45.5-45.5-43-40.5) cm]** ending on a RS row.

**Fasten off** leaving a 16" [40.5 cm] end for seams.



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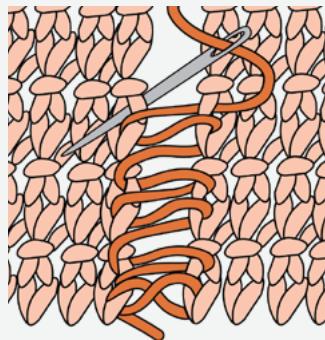
## INSTRUCTIONS

### FINISHING

**Note:** Sew all seams using mattress stitch technique.

Use **fasten off** yarn ends where applicable to sew seams.

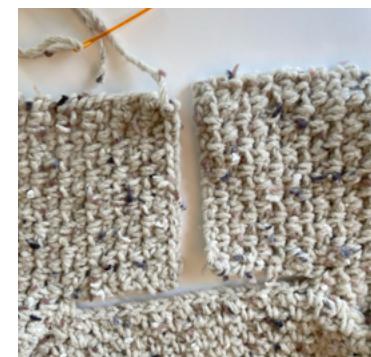
Sew shoulder seams to markers using mattress stitch.



Mattress Stitch



With Wrong Side (WS) facing, sew center back seam of neck extension.



With RS facing, sew sides of neck extensions to back neck edge, having neck extension seam at center back.



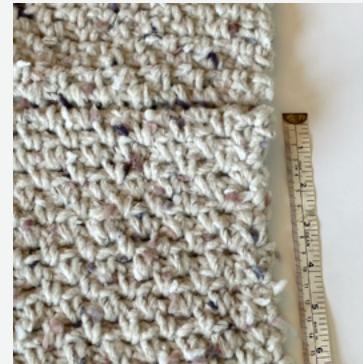


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## INSTRUCTIONS

Place markers on side edges of Body pieces  **$8\frac{1}{2}$  ( $9-9-9\frac{1}{2}-10$ )"**  
**[ $21.5$  ( $23-23-24.5-25.5$ ) cm]** down from shoulders.



Sew top of Sleeves to Body pieces between markers.



Sew side and sleeve seams.

**Weave in** ends. Fold back Sleeve cuffs as desired.



*We love seeing your makes! Share your photos using #YARNSPO and tag us @yarnspirations on Instagram or find us on Facebook.*