## **Human Nutrition**

Chapter 1

Basic Concepts In Nutrition

Chapter 2

The Human Body

Chapter 3

Water And It's Importance

Chapter 4

Carbohydrate

Chapter 5

Lipids or Fats

Chapter 6

Protein

Chapter 7

Energy

Chapter 8

Vitamins

Chapter 9

**Major Minerals** 

Chapter 10

**Trace Minerals** 

Chapter 11

**Nutrition Applications** 

Chapter 12

**Nutritional Issue** 

Chapter 13

Adaptation of Normal Diet for Changing Needs

Chapter 14

Principles of Diet Therapy and Therapeutic Nutrition

Chapter 15

Nutrition in Infections, Fever and Lung Diseases

Chapter 16

Nutrition in Diseases of The Gastrointestinal Tract

Chapter 17

Nutrition in Diseases of Liver, Gallbladder And Pancreas

Chapter 18

Nutrition In Diabetes Mellitus.

Chapter 19

Nutrition in Cardiovascular Diseases

Chapter 20

Diet and Nutrition in Kidney Diseases

Chapter 21

Nutrition in Cancer

Chapter 22

Nutrition in Immune System Dysfunction, AIDS and Allergy

Chapter 23

Nutrition Support in Metabolic Disorders

Chapter 24

Nutrition in Stress, Burns and Surgery.

Chapter 25

Addictive Behaviours in Anorexia Nervosa, Bulimia and Alcoholism