



# Day 33

## ISO 8601 and UTC

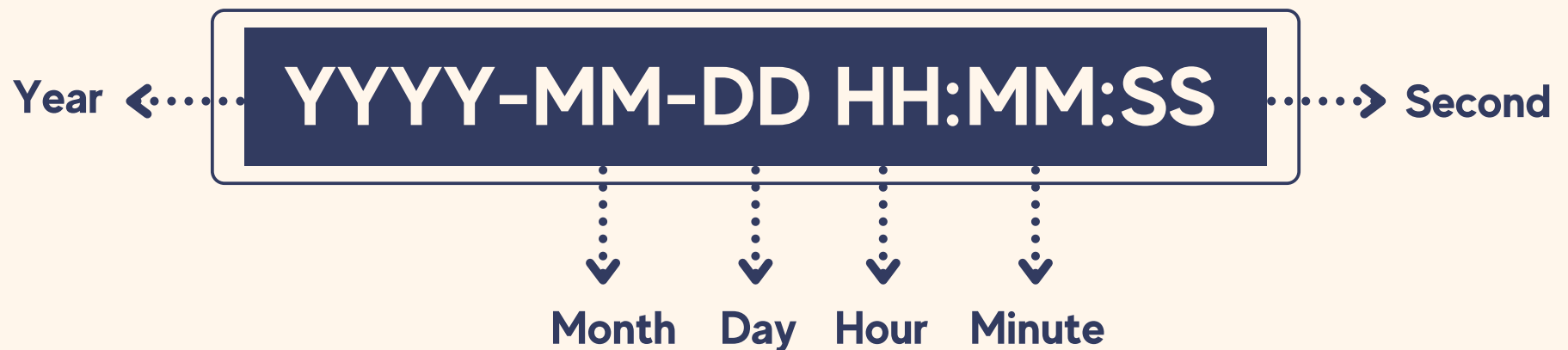




# ISO 8601

Date/Time information is stored according to the ISO 8601 standards.

**ISO** = International Organization for Standards



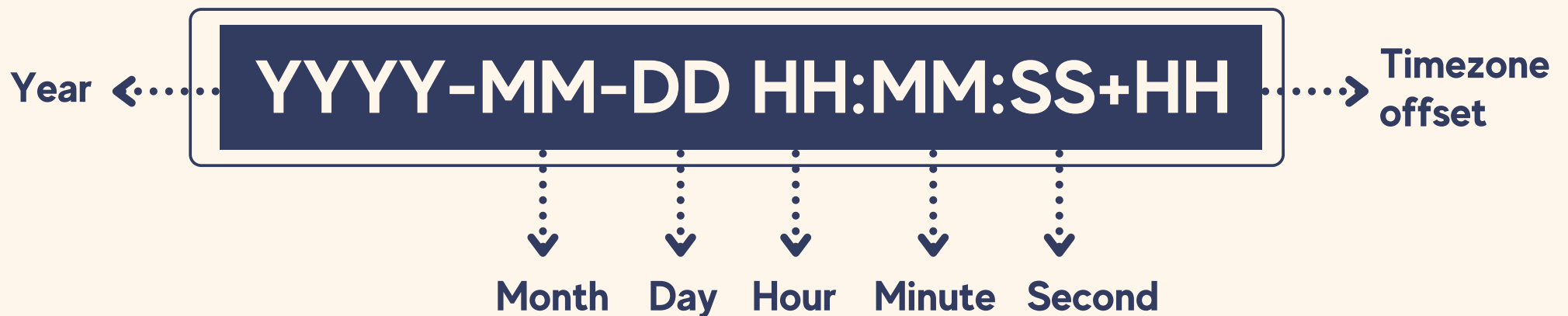
**Example: 2018-01-05 09:35:15**

# UTC and timezones

Timezones are defined in terms of their offset from UTC.

**UTC** = Coordinated Universal Time

## Timestamp with timezone:



**Example: 2004-10-19 10:23:54+02**