Message Authentication Codes and Length Extension Attacks

2. Mitigation Write-Up

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References: RFC 2104-Cryptanalysis of MD5 and SHA-1- Glenn Askins

A. Introduction & Problem Recap:

In the attack demonstration, we exploited a naive MAC construction:

MAC = MD5(secret | message)

that is vulnerable to a Length Extension Attack because Merkle-Damgard hash function reveal their internal state, allowing an attacker to forge **MAC(secret || message || padding || extension)** without knowing the secret.

1.1 Consequences of the Vulnerability

Data Integrity Compromised: Attackers can append malicious parameters (&admin=true) to valid messages.

Authentication Broken: Forged messages pass verification on insecure servers.

B. Secure Solution: HMAC:

The recommended mitigation is the **HMAC** construction, defined in **RFC 2104**:

 $\mathsf{HMAC}(\mathsf{K}, \mathsf{M}) = \mathsf{H}(\mathsf{K} \oplus \mathsf{opad}) \mid \mid \mathsf{H}(\mathsf{K} \oplus \mathsf{ipad}) \mid \mid \mathsf{M})$:

- H is a secure hash function
- K is the secret key, padded to the hash block size.
- ipad (0x36) and opad (0x5c) are fixed constants.

2.1 Why HMAC Prevents Extension

- 1. **Double Hashing:** Internal HMAC state $H((K \oplus ipad) \mid \mid M)$ is hidden under an outer hash with opad.
- 2. **Key Separation:** The key is mixed in two contexts, preventing continuation of the inner hash without knowing K.

C. Implementation in Code:

In secure_server.py, we replaced the insecure MD5-based MAC with HMAC-SHA256:

```
import argparse
import base64
import hmac
import hashlib

SECRET_KEY = b'supersecretkey' # Unknown to attacker

def generate_hmac(message: bytes) -> str:
    return hmac.new(SECRET_KEY, message, hashlib.sha256).hexdigest()

def verify(message: bytes, mac: str) -> bool:
    return hmac.compare_digest(generate_hmac(message), mac)
```

This change ensures message authentication and integrity using a cryptographically robust pattern.

D. Attack Failure Verification :

We re-ran the same length extension attack from client.py against secure_server.py. The forged message and MAC that bypassed the MD5 server now produce:

E. Conclusion:

In this project, we have demonstrated the practical risks of using naive hash-based MAC constructions by mounting a successful length extension attack against an MD5-based server. By switching to the standardized HMAC construction with SHA-256, we restored message integrity and authentication, as shown by the rejection of forged messages in our automated tests.

Key takeaways:

- Never implement MACs as hash(key | | message) with Merkle-Damgård hashes.
- Always use vetted HMAC implementations from cryptographic libraries to avoid subtle vulnerabilities.
- Integrate automated tests into development pipelines to catch regressions quickly.