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SNN-IoMT: A Novel AI-Driven Model for Intrusion Detection in Internet of Medical Things

Mourad Benmalek^{1,*}, Abdessamed Seddiki^{2,#} and Kamel-Dine Haouam¹

¹ Computer Engineering Department, College of Engineering, Al Yamamah University, Riyadh, 11512, Saudi Arabia

² Ecole nationale Supérieure d'Informatique, BP 68M, Oued-Smar, Algiers, 16309, Algeria

*Corresponding Author: Mourad Benmalek. Email: m_benmalek@yu.edu.sa

#These authors contributed equally to this work

Version January 23, 2025 submitted to Comput Model Eng Sci

ABSTRACT: The Internet of Medical Things (IoMT) connects healthcare devices and sensors to the Internet, driving transformative advancements in healthcare delivery. However, expanding IoMT infrastructures face growing security threats, necessitating robust Intrusion Detection Systems (IDS). Maintaining the confidentiality of patient data is critical in AI-driven healthcare systems, especially when securing interconnected medical devices. This paper introduces SNN-IoMT, an AI-driven IDS framework designed to secure dynamic IoMT environments. Leveraging a stacked deep learning architecture combining Multi-Layer Perceptron (MLP), Convolutional Neural Networks (CNN), and Long Short-Term Memory (LSTM), the model optimizes data management and integration while ensuring system scalability and interoperability. Trained on the WUSTL-EHMS-2020 and IoT-Healthcare-Security datasets, SNN-IoMT surpasses existing IDS frameworks in accuracy, precision, and detecting novel threats. By addressing the primary challenges in AI-driven healthcare systems, including privacy, reliability, and ethical data management, our approach exemplifies the importance of AI to enhance security and trust in IoMT-enabled healthcare.

KEYWORDS: Healthcare; Internet of Medical Things; Artificial Intelligence; Deep Learning; Intrusion Detection System

1 Introduction

Internet of Things (IoT) encompasses a collection of networked physical objects and devices that incorporate sensors, software, and connectivity to support the sharing of information via Internet [1]. The definition and scope of IoT continue to expand, but it generally includes smart consumer devices [2], homes [3], enterprises [4], utilities [5], vehicles [6], wearables [7], cities [8] and healthcare [9]. IoT allows devices to remotely monitor, collect, analyze, and share data, transforming traditional objects into intelligent interconnected endpoints [10].

The deployment of IoT technologies in healthcare, specifically by the integration of medical devices and equipment, is often termed the Internet of Medical Things (IoMT) [11]. Other terms are used in the literature to describe this concept, such as Internet of Healthcare Things (IoHT), Smart Healthcare, and Healthcare 4.0 [12].

In IoMT systems, sensors, wearables, and smart medical devices are integrated to allow continuous tracking, data collection, and exchange of data between patients and healthcare providers [13]. IoMT has experienced significant growth, particularly in the aftermath of COVID-19, as the demand for remote healthcare supervision became increasingly critical [14]. Healthcare providers needed to track patient vitals and manage diseases from a distance to minimize infection risks and provide opportunities for instant interventions.

However, despite their benefits, the increasing number of medical devices introduces pressing security and ethical issues. The network attack surface is increasing, enabling hackers to exploit vulnerabilities within these networks. Such breaches allow the unauthorized retrieval of sensitive patient data and disruption of medical device functionality, raising significant privacy and data management concerns. In 2017, White House report indicated that cyber-criminals had begun targeting the IoMT devices [15]. During the COVID-19 era, the healthcare sector became a prime target for cyber-attacks [16]. Accordingly, several security measures have been implemented in order to safeguard IoMT networks. These measures include key management, authentication, encryption, and intrusion detection systems [17].

Protecting patient privacy is a critical aspect of deploying AI-driven Intrusion Detection Systems (IDSs) in healthcare environments, ensuring that patients' sensitive information remains confidential while maintaining the system integrity. In this work, we focus on detecting intrusions in IoMT environments through the use of IDS. These systems are vital for the early detection of threats and the mitigation of potential harm. Traditional methods of intrusion detection often struggle with the complex data generated by IoMT. Additionally, they lack support for a wide range of advanced IoT protocols, such as Message Queuing Telemetry Transport (MQTT) [17]. Hence, more advanced approaches are required that not only enhance security but also ensure effective data integration and uphold ethical standards in data handling.

In this context, IDSs leveraging Machine Learning (ML) and Deep Learning (DL) techniques have surfaced as a potential solution. These methods can mitigate cyber-threats by analyzing network traffic data to differentiate between normal and abnormal activities.

Ensemble methods are a widely used approach in ML/DL, based on combining multiple models to address complex problems. By aggregating the predictions of several models, this paradigm outperforms individual models across various performance metrics, especially in terms of accuracy [18]. The most commonly used ensemble techniques involve Bagging, Boosting, and Stacking. Each method improves performance by reducing variance, reducing bias, or improving generalization. Bagging is a technique that combines predictions from multiple models by averaging them, assigning the same weight to each model's output [19]. Boosting combines models iteratively, where each new model assigns higher weights to poorly handled cases in order to address the errors made by previous ones [19]. Stacking is a technique that aggregates predictions from several base models and uses them as inputs to train a meta-model, with the goal of improving the overall accuracy [17].

Several previous studies have proposed innovative approaches to enhance IDSs capabilities in IoMT environments. Despite these advances, significant challenges and gaps persist in this domain. Firstly, there is a notable lack of datasets that capture network traffic generated by interconnected

healthcare devices, limiting the development and evaluation of effective IDSs tailored for IoMT. Secondly, many of the proposed methods exhibit weaknesses in performance metrics, particularly in accuracy, which is critically important in the healthcare sector, a field where even minor inaccuracies can lead to serious consequences. Lastly, a considerable number of previous works have relied on datasets collected from standard networks or generic IoT infrastructures, instead of being specifically derived from IoMT environments. These challenges undermine the applicability and effectiveness of their solutions in real-world healthcare settings.

To address these challenges, we propose **SNN-IoMT** (Stacked Neural Network Ensemble for IoMT Security), a novel DL-based framework for identifying intrusions in IoMT systems. Our framework employs a stacked ensemble architecture that combines the distinctive strengths of multiple DL approaches: Multi-Layer Perceptron (MLP) for pattern recognition, Convolutional Neural Networks (CNN) for feature extraction, Long Short-Term Memory (LSTM) for temporal pattern analysis, and Artificial Neural Networks (ANN) for complex data processing. This comprehensive integration aims to achieve highly accurate intrusion detection in medical device networks. Figure 1 presents the key steps of our proposed framework.

Our work makes several key contributions:

- We introduce **SNN-IoMT**, a novel DL stacking model designed to enhance intrusion detection capabilities in interconnected medical networks.
- We implement a **LightGBM-based feature selection technique** to optimize our model's efficiency. This method employs gradient boosting algorithms to rank and filter the most important features depending on their contribution.
- We train the meta-learner using **k-fold cross-validation**, which improves the stacking ensemble's resilience and generalization. This technique enables extensive assessment and reduces overfitting, resulting in better model performance.
- We validate our model using two domain-specific datasets: **WUSTL-EHMS-2020** and **IoT-Healthcare-Security-Dataset**. Both datasets are generated from medical environments and have been previously used in IoMT intrusion detection research. Our extensive evaluation demonstrates that SNN-IoMT achieves superior performance compared to existing solutions across multiple metrics. The evaluation on two distinct datasets confirms the model's reliability and versatility in different IoMT use cases.

The paper is organized as follows: In Section 2, we highlight existing research on IDS that explores ML and DL techniques in IoMT environments, highlighting the strengths and weaknesses of each approach presented. Section 3 provides a background about IoMT and IDSs. In Section 4, we explain our new approach, called SNN-IoMT. Datasets, data preprocessing and feature selection are presented in Section 5. Section 6 provides an in-depth analysis of the model's robustness and validation process. Details of the results are provided in Section 7. Section 8 is a conclusion that summarizes our findings.

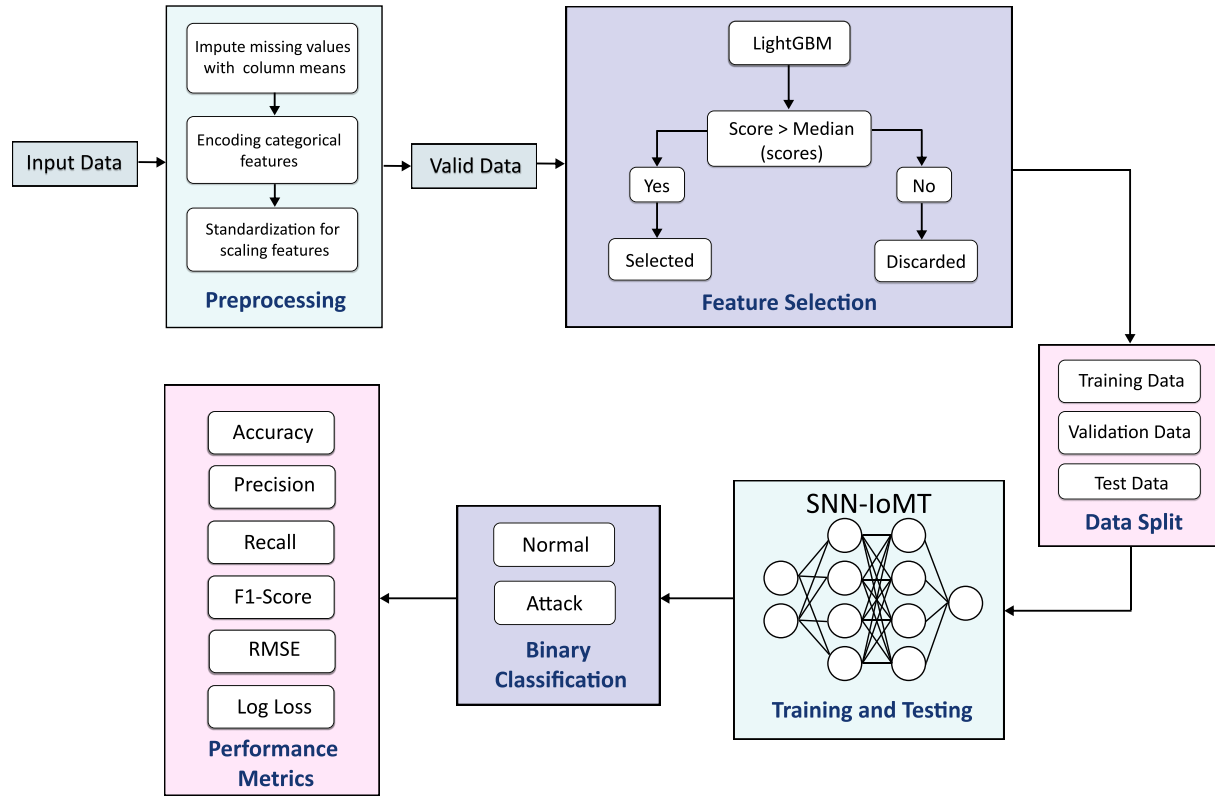


Figure 1: Flowchart of the Proposed Framework

2 Related Work

Recently, the fast-paced development of IoMT has brought several innovations to healthcare. Numerous studies have focused on developing IDSs for securing IoMT environments, leveraging ML and/or DL approaches to improve cyber threats detection. To enhance clarity, Table 1 contains the abbreviations used in this work.

Hady *et al.* [20] introduced a new methodology utilizing KNN, SVM, RF, and ANN applied on the WUSTL-EHMS-2020 dataset. The RF model achieved a notable accuracy of 93%. However, this level of accuracy remains insufficient in a critical healthcare domain. Hussain *et al.* [15] created a new dataset called IoT-Healthcare-Security, and proposed a framework incorporating several ML models, including RF, KNN, DT, LR and NB. Among all models, the RF attained the highest accuracy of 99.51%. While this high level of accuracy is promising, the model must be trained on other datasets to demonstrate that it can be generalized across various IoMT infrastructures.

Saheed *et al.* [21] presented an IDS that employs a wrapper-based PSO combined with ML models, leveraging the NSL-KDD dataset for detect anomalies within intelligent healthcare systems. Their framework included RF, KNN, DT, and ANN. Although the RF model achieved an accuracy of 99.76%, the drawback lies in the fact that the dataset used is outdated and not derived from a healthcare system. As a result, the findings may not adequately reflect the challenges in current

Abbreviation	Meaning
ADB	Adaptive Boosting
ANN	Artificial Neural Network
BG	Bagging
BiLSTM	Bidirectional Long Short-Term Memory
DT	Decision Tree
GBC	Gradient Boosting Classifier
KNN	k-Nearest Neighbors
LR	Logistic Regression
LRSGD	Logistic Regression with Stochastic Gradient Descent
LSVC	Linear Support Vector Classifier
MNB	Multinomial Naive Bayes
NB	Naive Bayes
RF	Random Forest
SVM	Support Vector Machine
XGB	XGBoost

Table 1: List of Abbreviations

IoMT environments. The NSL-KDD dataset was also used by Subasi *et al.* [22] to explore several ML algorithms, including SVM, RF, and bagging techniques. Their comparative analysis revealed that RF with bagging proved to be the most robust model, with an accuracy of 97.67%. Similarly to the previous work, the dataset used is outdated, and does not represent real IoMT traffic patterns.

A novel DL approach named Swarm-Neural Network (Swarm-NN) was proposed by Nandy *et al.* [23]. This model generates and trains a set of neural networks in order to predict malicious traffic in IoMT data. To evaluate their approach, the authors leveraged the ToN-IoT dataset. The accuracy achieved was 99.5%. Nevertheless, the dataset used is not derived from actual IoMT environments, raising concerns about the capacity of the model to adapt to real-life healthcare scenarios.

Binbusayyis *et al.* [24] applied several ML models including NB, DT, SVM DT, and ANN on the BoT-IoT dataset, aiming to develop an anomaly-based framework for threat detection in Smart Healthcare environments. Similar to the previous work, this dataset does not represent an IoMT network.

BlueTrack is a dataset introduced by Zubair *et al.* in [25]. It contains data pertaining to Bluetooth Low Energy (BLE) communications. This dataset was used to develop an IDS based on both ML and DL models. NB, LR, K-means, SVM, RF, and MLP are the leveraged models in their framework. Their results demonstrated that MLP outperformed others, achieving an accuracy of 99.8%. However, the dataset used has a limited scope in terms of attack variety, as it focuses only on BLE attacks. This limitation reduces its applicability to other communication protocols.

In [26], Gupta *et al.* used RF, LR, and DT to develop a model based on a novel tree classifier. They performed an analysis of average, standard deviation, 25th percentile, 75th percentile, and frequency statistics for selecting features and reducing the number of dimensions. Applied to the

WUSTL-EHMS-2020 dataset, the RF model attained the best accuracy of 94.23%. Nevertheless, their proposed model still demonstrates a relatively low accuracy.

Wagan *et al.* [27] presented a new framework utilizing a BiLSTM model and the WUSTL-EHMS-2020 dataset to make the difference between normal and abnormal traffic in IoMT infrastructure. The BiLSTM architecture reached an accuracy of 92.95%. However, this accuracy is still insufficient in the healthcare domain, given its critical nature. In another work, Zukaib *et al.* [28] used three datasets: IoTID20, WUSTL-IIoT-2021, and WUSTL-EHMS-2020 to develop a new approach called Meta-IDS, which is based on weak learners (RF, AdaBoost, DT, MLP, MNB), combined with the Bat algorithm, a meta-heuristic algorithm to optimize the hyperparameters of weak learners. Additionally, another meta-learner was incorporated to enhance the accuracy by learning from pre-trained weak learners. The highest accuracy achieved by Meta-IDS was 99.99% with the WUSTL-IIoT-2021 dataset. However, the authors mentioned that, despite the very high accuracy achieved, their approach requires substantial computational resources, which is a notable limitation of the methodology.

An ML-based IDS was designed by Kulshrestha *et al.* [29] using several classifiers including MNB, LR, LRSGD, LSVC, BG, GBC, RF, ADB, and XGB. Applying these models to the ToN-IoT dataset, ADB achieved the best accuracy of 99.18%. Nevertheless, the dataset employed in this work is not derived from an IoMT network, which increases the concern about its applicability in real-world healthcare scenarios. However, this dataset does not represent IoMT network traffic patterns.

Table 2 presents a summary of existing ML/DL-based IDSs for IoMT, the highest metrics achieved by the best classifier, along with the advantages and limitations of each approach.

3 Background

This section provides the foundational concepts and necessary background information relevant to our study, including the IoMT architecture and the fundamentals of IDSs.

3.1 IoMT architectures

IoMT is a set of interconnected biomedical devices and tools, seamlessly integrated with various software applications. These technologies are designed to communicate with healthcare infrastructures, facilitating the efficient management and exchange of healthcare data [30]. An IoMT network is based on several layers, that contribute to the systematic collection, processing, and application of healthcare [30]. Figure 2 illustrates the multi-level of this architecture. These layers can be subdivided as follows:

1. **Perception Layer:** This bottom physical layer works at the edge level. It plays a crucial role in collecting information from various sources such as wearable or other smart medical devices. At this level, Patient data is gathered through sensors and sent to other layers for additional evaluation.
2. **Network Layer:** This layer ensures reliable data transmission, including communication protocols (short-range protocols like Bluetooth, Zigbee, Z-Wave, 6LoWPAN, and longer-range protocols like WiFi, 2G/3G/4G/5G cellular, LPWAN), gateways, and cloud infrastructure.

Work	Dataset	Classifier	Metrics				Pros (+) and Cons (-)
			M ₁	M ₂	M ₃	M ₄	
[20]	WUSTL-EHMS-2020	ANN	90.04%	-	-	-	+ Simple effective classifier - Accuracy still insufficient
[15]	IoT Healthcare Security	RF	99.51%	99.70%	99.79%	99.65%	+ High accuracy with novel dataset - Lack of validation on diverse datasets
[21]	NSL-KDD	RF	99.76%	99.75%	96.45%	96.45%	+ High accuracy using wrapper-based PSO - Not validated in real IoMT dataset
[22]	NSL-KDD	Bagging	97.67%	-	-	97.7%	+ Robust comparative analysis - Not validated in real IoMT dataset
[23]	ToN-IoT	Swarm-NN	99.5%	-	-	-	+ Innovative DL approach - Not validated in real IoMT dataset
[24]	BoT-IoT	DT	100%	-	-	-	+ Perfect accuracy - Not realistic dataset for IoMT
[25]	BlueTrack	MLP	99.8%	99.7%	99.06%	99.38%	+ High accuracy with MLP model - Limited scope to BLE attacks
[26]	WUSTL-EHMS-2020	RF	94.23%	-	-	93.8%	+ Comprehensive feature analysis - Weak overall accuracy
[27]	WUSTL-EHMS-2020	BiLSTM	92.95%	91.61%	95.64%	95.64%	+ Advanced LSTM architecture - Insufficient accuracy for healthcare
[28]	WUSTL-EHSM-2020	Meta-IDS	99.57%	99.57%	99.57%	99.56%	+ High accuracy - High computational resource requirement
[28]	WUSTL-IIoT-2021	Meta-IDS	99.99%	99.99%	99.99%	99.99%	+ High accuracy - High computational resource requirement
[28]	IoTID20	Meta-IDS	99.91%	99.93%	99.91%	99.91%	+ High accuracy - High computational resource requirement
[29]	ToN-IoT	ADB	99.18%	98.68%	98.98%	98.83%	+ High accuracy - Not validated in real IoMT dataset

Metrics: M₁: Accuracy, M₂: Precision, M₃: Recall, M₄: F1-Score

Table 2: Summary of Related Work

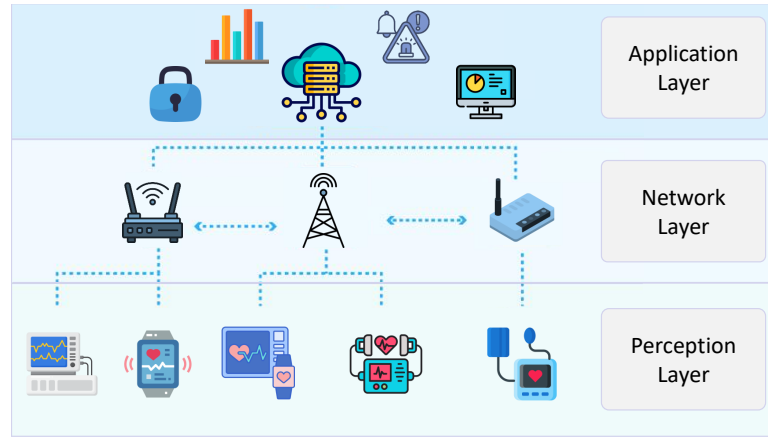


Figure 2: IoMT Architecture

This layer is susceptible to many types of network threats such as TCP SYN Flood, ARP Spoofing, Hijacking, and eavesdropping, necessitating robust security measures for this layer.

3. **Application Layer:** This important layer comprises software applications that enable the analysis, visualization, and generation of insights from data. Since it directly interacts with end-users and critical services, it is vulnerable to application-level attacks such as unauthorized access, malicious software, and data breaches.

3.2 Intrusion Detection System (IDS)

An IDS serves as a system aimed at securing and protecting activities within networks and systems from malicious actions, unauthorized access attempts, and policy violations [31]. IDSs are used in various digital environments, including networks, applications, and host systems, to ensure the security of essential data and infrastructure. IDSs have emerged as a vital component in cybersecurity strategies for organizations to protect critical data, prevent disruption, and safeguard digital infrastructure. IDSs have two primary functions: detection and response. Once a threat is detected, the system alerts security teams, allowing rapid responses or mitigation actions to prevent damages and data loss. There are two notable types of IDSs:

- **Signature-based IDS:** Identifies attacks by examining data for predefined signatures or attack patterns. It compares the new activities with a database of signatures or known attacks such as malware types, virus signatures, or specific exploit patterns. Its strength lies in its ability to identify known threats but is poor at detecting new/unknown threats as there are no signatures to match them against.
- **Anomaly-based IDS:** Detects adversarial behavior by measuring current activity against normal activities. A baseline is usually created through ML models or statistical analysis and changes when a system is constantly monitored. It is based on heuristic techniques that efficiently identify zero-day and unknown attacks, hence authentication in dynamic environments. This solution is also more adaptive to changing network conditions or behaviors.

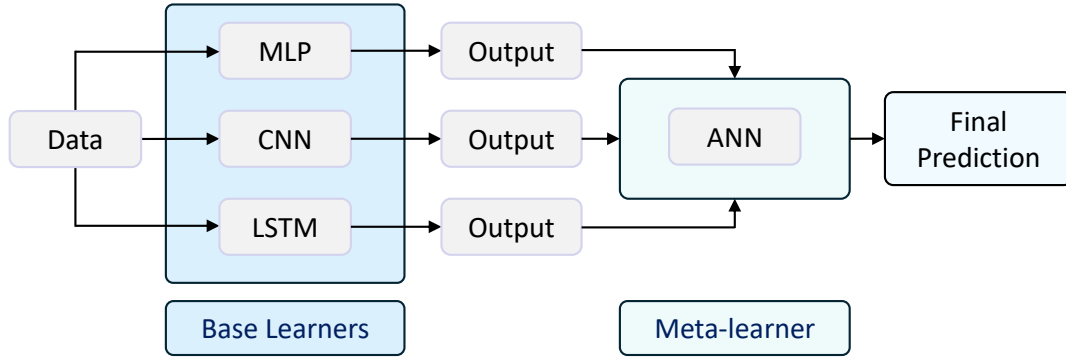


Figure 3: SNN-IoMT Model

In this regard, IDSs provide a critical service for IoMT environments, protecting the security of patients and the integrity of medical devices. Considering the criticality of healthcare data and patient safety, anomaly-based detection is usually employed in IDSs focused on IoMT, which are a critical defense layer for IoMT infrastructure security.

4 Proposed Model

Our model, SNN-IoMT, is a stacking ensemble architecture that integrates three types of neural networks, categorized into two levels:

- Level 0: Base learners
- Level 1: Meta-learner

The classification outputs from the base learners serve as inputs for the meta-learner. This architecture allows combining the strengths of various heterogeneous model types to improve classification quality.

SNN-IoMT employs three distinct models in Level 0. These models include an MLP, a CNN, and an LSTM. The outputs from these base learners are integrated into a high-level ANN, serving as the meta-learner, which combines their predictions to produce the final classification. Figure 3 shows a representation of the SNN-IoMT framework. The following subsections outline the architectures of each base learner and the meta-learner.

4.1 Base Learners

The stacking model employs three different base learners, each contributing its own strengths to enhance the overall performance. These base learners are selected to capture diverse patterns in the data. An outline of each model is provided in the following subsections.

4.1.1 Multi Layer Perceptron (MLP)

The MLP implemented in this ensemble is a simple feedforward neural network. It is selected for its simplicity and computational efficiency. It is composed of two layers:

- A hidden layer with 8 neurons, each neuron uses the Rectified Linear Unit (ReLU) activation function (1):

$$f(x) = \max(0, x) \quad (1)$$

- A single neuron as an output, employing the sigmoid function for binary classification (2):

$$\sigma(x) = \frac{1}{1 + e^{-x}} \quad (2)$$

Training of the model is performed using the Adam optimizer (3), which is a gradient-based optimization algorithm defined in (3):

$$\begin{aligned} m_t &= \beta_1 m_{t-1} + (1 - \beta_1) g_t \\ v_t &= \beta_2 v_{t-1} + (1 - \beta_2) g_t^2 \\ \theta_t &= \theta_{t-1} - \frac{\alpha m_t}{\sqrt{v_t} + \epsilon} \end{aligned} \quad (3)$$

m_t and v_t represent the moving averages of the gradient and squared gradient, respectively, g_t denotes the gradient at time step t , and θ_t represents the updated parameters.

To enhance classification performance, two callbacks are used to monitor training:

- **ReduceLROnPlateau:** When there is no improvement in the validation loss for 5 successive epochs, the learning rate is reduced by 0.2.
- **EarlyStopping:** Training is stopped if the validation loss does not show improvement after 10 consecutive epochs, and the model with the best validation performance is recovered.

The model is optimized using the binary cross-entropy loss function (4):

$$\text{Loss}(y, \hat{y}) = -\frac{1}{N} \sum_{i=1}^N [y_i \log(\hat{y}_i) + (1 - y_i) \log(1 - \hat{y}_i)] \quad (4)$$

Where y_i represents the true label and \hat{y}_i corresponds to the predicted value of class i .

4.1.2 Convolutional Neural Networks (CNN)

The CNN used within our stacking model is a one-dimensional network, adapted with binary classification. It offers a reliable technique for managing large datasets. Its architecture comprises:

- A one-dimensional layer featuring two filters, each having a kernel size of 5. The activation function used is ReLU (1).
- A MaxPooling layer with a pool size of 2. It reduces the dimensionality of the feature map, and selects the highest value in each pooling window:

$$p_j = \max(x_{i:j})$$

Where $x_{i:j}$ represents the values within the pooling window.

- A flatten layer to extract a 1D vector from the pooled feature map. The vector is used as input for the dense layer.
- A dense layer containing one neuron and the sigmoid function (2).

The Adam optimizer (3) is applied throughout the training process to adjust the weights during the backpropagation. The model incorporates binary cross-entropy (4) to compute the loss. Similarly to the MLP, ReduceLROnPlateau and EarlyStopping are used during the training.

4.1.3 Long Short-Term Memory (LSTM)

The LSTM architecture used is simple and processes data for binary classification. It is perfectly adapted for analyzing sequential data. Given that network traffic is inherently sequential, this model is chosen. Its architecture consists of the following:

- A layer with 13 LSTM units.
- A dense layer with one neuron, using the sigmoid classification function (2).

The training process is carried out using the Adam optimizer (3), and the binary cross-entropy loss function (4). Similarly to the previous models, two callbacks are used: (1) the learning rate reduction on plateau and (2) early stopping.

4.2 Meta-learner

The meta-learner in this stacking ensemble is an ANN, which takes as input the prediction of the base learners (MLP, CNN, and LSTM). It aggregates these predictions to produce the final classification. The model is structured as follows:

- The initial dense layer features 16 neurons and incorporates the ReLU function (1).
- The second dense layer is composed of 8 neurons, further reducing the dimensionality and refining the learned features.
- The output layer has a single neuron with a sigmoid activation function (2).

Training the ANN involves the Adam optimizer (3) and binary cross-entropy loss (4). Table 3 summarizes the hyperparameters of each model.

5 Datasets, Data Preprocessing and Feature Selection

The experiments were conducted on **Google Colab** using a GPU-enabled environment. The hardware setup includes 12.7 GB of system RAM and 15.0 GB of GPU memory, used with 112.6 GB of disk space. The model training and testing were performed using Python version 3.10.12 with the following libraries:

- **TensorFlow (2.17.0)**: Used for building and training DL models.
- **Scikit-learn (1.5.2)**: Used for model evaluation, including accuracy calculations and confusion matrices (CM).
- **Pandas (2.2.2)**: Employed in the processing and evaluation of data.
- **Matplotlib (3.7.1)**: Used for visualizing data and model performance.

Model	Hyperparameter	Value/Function
MLP	Hidden layer neurons	8
	Activation (output layer)	Sigmoid
	Activation (hidden layer)	ReLU
CNN	Convolutional layer filters	2
	Kernel size	5
	Activation (convolutional layer)	ReLU
	Pooling type	MaxPooling
	Pooling size	2
	Activation (output layer)	Sigmoid
LSTM	LSTM units	13
	Activation (LSTM)	Tanh (default)
	Activation (output layer)	Sigmoid
Meta-Learner (ANN)	First dense layer neurons	16
	Activation (first dense layer)	ReLU
	Second dense layer neurons	8
	Activation (second dense layer)	ReLU
	Activation (output layer)	Sigmoid
All Models	Optimizer	Adam
	Loss function	Binary Cross-Entropy
	Training epochs	20
	Batch size	32
Callbacks	ReduceLROnPlateau factor	0.2
	EarlyStopping patience (epochs)	10

Table 3: Summary of Hyperparameters for MLP, CNN, LSTM, and Meta-Learner Models in the SNN-IoMT Ensemble

- **NumPy (1.26.4):** Utilized for numerical computations.
- **Keras (3.4.1):** Served as an interface for TensorFlow to simplify the definition of neural networks models.

5.1 Datasets

Two datasets available to the public are used for the experiments: **WUSTL-EHMS-2020** and **IoT-Healthcare-Security**. These datasets contain data obtained from IoMT networks. Two datasets were chosen to demonstrate that the SNN-IoMT model is capable of effectively generalizing across several IoMT healthcare environments. In the rest of the paper, we denote WUSTL-EHMS-2020 as W-EHMS, and IoT-Healthcare-Security as IHS.

5.1.1 WUSTL-EHMS-2020 Dataset

This dataset was generated through an Enhanced Healthcare Monitoring System (EHMS) testbed [20]. The EHMS is a controlled environment dedicated to simulate and evaluate real-world healthcare systems. From the patient's sensors, the data flow starts transmitting bio-metric

information to the gateway. Then, the server receives the data forwarded by the gateway via a switch and router to facilitate visualization. While being transmitted, attackers can intercept the data before it reaches the server. The dataset includes two types of attacks:

- **Spoofing Attack:** The adversary intercepts the communication between the server and the gateway, violating the privacy of patient data.
- **Data Injection Attack:** The adversary alters packets during transmission, violating data integrity by modifying its content before reaching its destination.

The dataset comprises 44 features, including 35 network flow metrics, 8 patient biometric characteristics, and 1 label feature. Table 4 and Figure 4 highlight the dataset statistical information.

The dataset effectively simulates real-world network traffic, with a significantly higher number of normal samples compared to attack samples. Typically, adversarial traffic in networks represents only a small fraction of the overall traffic.

5.1.2 IoT-Healthcare-Security Dataset

The IoT-Healthcare-Security dataset is collected from a traffic in healthcare systems powered by IoT. It was generated utilizing the IoT-Flock tool, which creates standard and malicious network traffic for IoT devices in various scenarios. A two-bed IoT-based Intensive Care Unit (ICU) setup was established. Every bed is furnished with a collection of nine devices for monitoring patient and a solitary control unit. This setup provides a realistic environment to study the interactions across multiple medical devices and their associated security risks.

The dataset includes various attack types that can target IoMT infrastructure. The following attacks are represented in the dataset:

- **MQTT Publish Flood:** This threat aims to overwhelm the message broker by inundating it with a high amount of MQTT publish messages.
- **Authentication Bypass Attack:** This attack circumvents established authentication mechanisms to gain unauthorized access to IoMT networks.
- **Denial of Service (DoS) Attack:** Its purpose is to make a service unavailable by flooding the target with excessive requests.
- **Man-in-the-Middle (MitM) Attack:** The cyber-attacker intercepts the traffic between two parties without their knowledge. It involves data manipulation or eavesdropping.
- **Device Impersonation:** In this attack, an attacker pretends to be a legitimate IoT device by copying its identity, like an IP address.
- **Data Manipulation Attack:** It happens when an attacker alters the data sent via the IoT networks, such as patient data (e.g., vital signs), leading to incorrect treatments.

There are three CSV files that make up the dataset: **Attack.csv**, **patientMonitoring.csv**, and **environmentMonitoring.csv**. These files contain a total of 52 features that represent various network flow metrics, including IP addresses, TCP data, MQTT traffic, and more. Table 5 and Figure 5 highlight the dataset statistical information.

Label	Value
Normal Instances	14272
Malicious Instances	2046
Total Instances	16318

Table 4: Statistical Characteristics of W-EHMS Dataset

Label	Value
Normal Instances	108568
Malicious Instances	80126
Total Instances	188694

Table 5: Statistical Characteristics of IHS Dataset

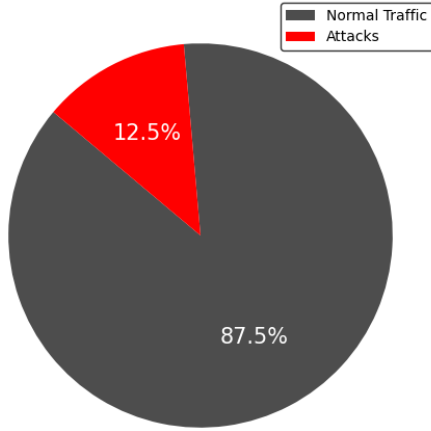


Figure 4: Breakdown of Normal vs Attack Traffic in W-EHMS Dataset

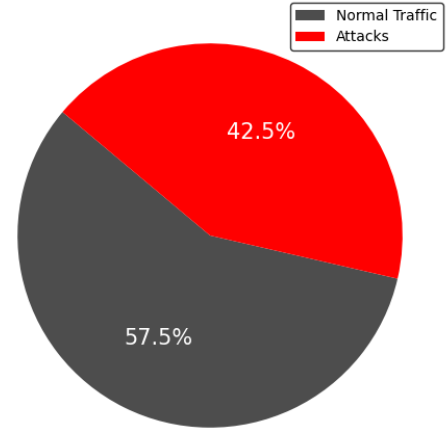


Figure 5: Breakdown of Normal vs Attack Traffic in IHS Dataset

5.2 Data Preprocessing

The preprocessing steps applied to both datasets designed to ensure that they are clean and suitable for model training.

5.2.1 W-EHMS Dataset

Let $X \in \mathbb{R}^{n \times m}$ represent the dataset, with n indicating the number of samples and m referring to the number of features. The first, second, and last columns were dropped, resulting in a new dataset $X' = X[:, 2 : m - 1]$.

Then, we create a binary target variable $T \in \{0, 1\}$, in which 0 denotes normal traffic and 1 denotes adversarial traffic, computed as $T_i = \{0 \text{ if Attack Category}_i = \text{normal}, 1 \text{ otherwise}\}$, which defined our binary classification target $y = T$.

For the origin and target MAC addresses, the colons are removed, and the values are label-encoded to transform them into numerical values.

Label encoding is also applied to other categorical features, including Source Address (SrcAddr) and Destination Address (DstAddr).

Missing values in the numeric columns are imputed with the mean of the respective column j :

$$x_{ij} = \frac{1}{n_j} \sum_{i=1}^{n_j} x_{ij}$$

Where n_j is the number of non-missing entries in column j .

Feature scaling was then applied using standardization to ensure each feature has a mean of 0 and a standard deviation of 1, computed as:

$$z_{ij} = \frac{x_{ij} - \mu_j}{\sigma_j}$$

Where:

$$\mu_j = \frac{1}{n} \sum_{i=1}^n x_{ij}$$

and

$$\sigma_j^2 = \frac{1}{n} \sum_{i=1}^n (x_{ij} - \mu_j)^2.$$

Class imbalance is a challenge in the dataset, as the number of attack traffic samples is significantly smaller compared to normal traffic samples. This imbalance can lead to a poor detection of attack traffic, favoring the majority class resulting in a biased model.

To address this, we apply **Synthetic Minority Over-sampling Technique (SMOTE)**, which creates artificial samples for the underrepresented instances (attack traffic) to balance the dataset:

$$X_{\text{res}}, y_{\text{res}} = \text{SMOTE}(\text{random_state}=42).fit_resample(X_{\text{before}}, y)$$

Where:

- X_{before} is the feature matrix before applying SMOTE.
- y is the target variable.
- X_{res} is the feature matrix after applying SMOTE.
- y_{res} is the target variable after applying SMOTE.

Using SMOTE helps prevent the model from favoring the dominant class, resulting in enhanced generalization and performance.

5.2.2 IHS Dataset

In the initial step, we load 3 CSV files: *Attack.csv*, *environmentMonitoring.csv*, and *patientMonitoring.csv*.

The three datasets, $X_i \in \mathbb{R}^{n_i \times m_i}$, where n_i denotes the number of samples and m_i represents the features, are concatenated into a single dataset:

$$X = \text{concat}(X_1, X_2, X_3).$$

The missing values in the numeric columns are filled with the mean of each respective column. Finally, feature scaling was then applied using standardization.

This dataset is already reasonably balanced. The difference between the percentage of the two classes is 15%. Thus, we don't need to apply a balancing technique.

5.3 Feature selection

Since feature selection greatly influences accuracy, it is a key process before training ML and DL models [32]. It aims to enhance model performance by selecting the most relevant features. Additionally, this process improves computational efficiency. There are three feature selection methods:

1. **Filter Methods:** They evaluate the importance of features using statistical techniques, such as Chi-square tests and correlation coefficients, without relying on any ML model.
2. **Wrapper Methods:** They select feature subsets by using a ML model and evaluate its performance. The most commonly used methods are forward selection and backward elimination.
3. **Embedded Methods:** They conduct feature selection during the model's training process, employing a particular model such as DT.

In our work, we employ an embedded feature selection method that uses **LightGBM** to extract the features that contribute significantly in the classification task. Initially, a LightGBM classifier is trained on the dataset. The model constructs DTs and computes feature importance scores, which represent how much each feature contributes to reducing the loss at each node. The importance scores I_j for each feature j are calculated from the model during the training phase. Then, we select features whose importance scores exceed the median importance score. Formally, the selected feature set X_{selected} consists of features j where:

$$I_j > \text{median}(I) \tag{5}$$

This thresholding approach ensures that we focus our training on features that have a significant influence on the classification tasks.

Figure 6 and Figure 7 represent the importance scores of the top selected features from the two datasets. The highest importance scores highlight the most influential features in model performance, demonstrating their significant contribution to the prediction outcomes.

Each dataset is then split into three subsets: 70% is allocated for training, 10% for validation, while the remaining 20% is reserved for testing.

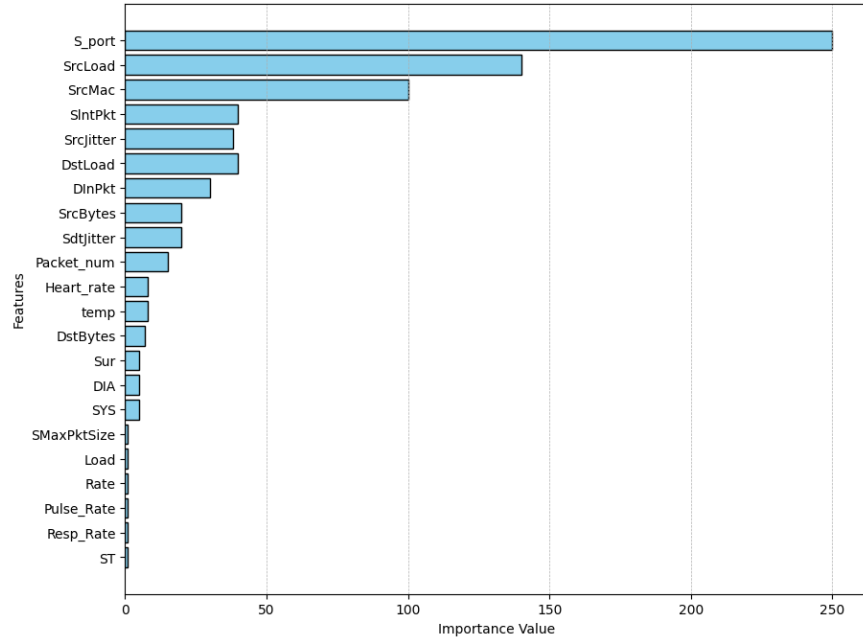


Figure 6: Feature Importance Scores for W-EHMS Dataset.

6 Evaluation Metrics and Experimental Validation

In this section, we provide an overview of the evaluation metrics and explain the experimental validation methodology adopted to ensure the model's effectiveness.

6.1 Performance Metrics

To assess the robustness of the model, numerous performance metrics are used. They are derived from the Confusion Matrix (CM) [17]. CM summarizes results on a classification scenario providing True Positive (TP), True Negative (TN), False Negative (FN), and False Positive (FP).

6.1.1 Accuracy

Accuracy represents the proportion of instances that are correctly classified (both positive and negative) out of all instances, reflecting the model's overall performance. The formula used is:

$$\text{Accuracy} = \frac{\text{TP} + \text{TN}}{\text{TP} + \text{TN} + \text{FP} + \text{FN}} \quad (6)$$

6.1.2 Recall

Recall assesses the proportion of true positives to the whole actual positive cases. It is calculated using the equation:

$$\text{Recall} = \frac{\text{TP}}{\text{TP} + \text{FN}} \quad (7)$$

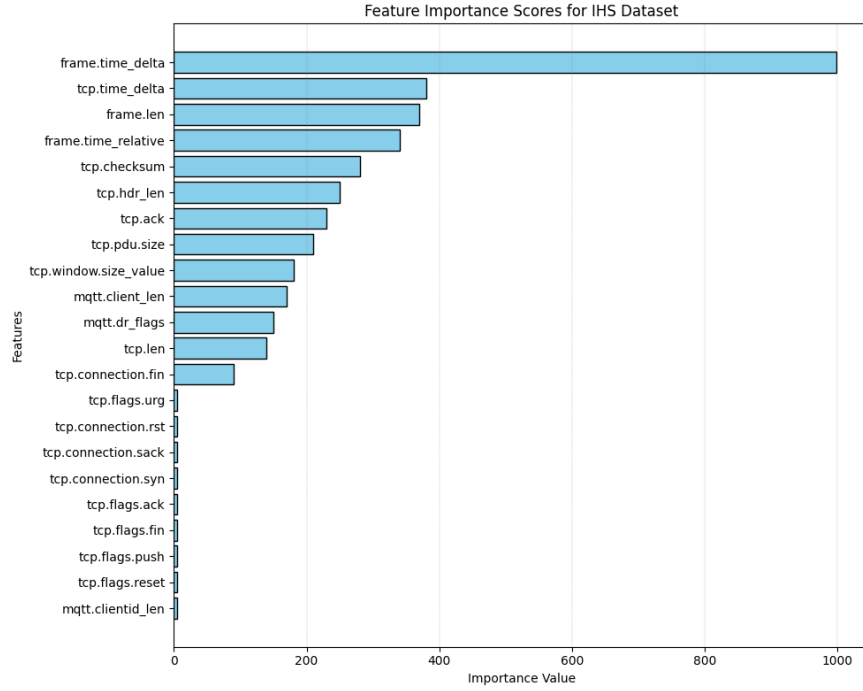


Figure 7: Feature Importance Scores for IHS Dataset.

6.1.3 Precision

This metric examines the ratio of true positives to the overall number of samples classified as positive. Its formula is:

$$\text{Precision} = \frac{\text{TP}}{\text{TP} + \text{FP}} \quad (8)$$

6.1.4 F1-Score

It combines precision and recall into a single metric by calculating their harmonic mean, balancing the trade-off between them. The formula used is:

$$\text{F1-Score} = 2 \cdot \frac{\text{Precision} \cdot \text{Recall}}{\text{Precision} + \text{Recall}} \quad (9)$$

6.1.5 Area Under the Curve (AUC)

It denotes the area under the Receiver Operating Characteristics (ROC) curve, where the True Positive Rate (TPR) is plotted against the False Positive Rate (FPR) using several classification thresholds. The TRP and FRP are calculated as:

$$\text{TPR} = \frac{\text{TP}}{\text{TP} + \text{FN}} = \text{Recall} \quad (10)$$

$$\text{FPR} = \frac{\text{FP}}{\text{FP} + \text{TN}} \quad (11)$$

430 The AUC assesses the model's proficiency in distinguishing between classes, with values
 431 falling between 0 and 1. It is determined by:

$$\text{AUC} = \int_0^1 \text{TPR}(\text{FPR}) d\text{FPR} \quad (12)$$

432 **6.2 Root Mean Square Error (RMSE)**

433 MSE quantifies the disparity between the predicted probabilities and the actual labels. Lower
 434 RMSE values signify better performance. Its formula is:

$$\text{RMSE} = \sqrt{\frac{1}{n} \sum_{i=1}^n (\hat{y}_i - y_i)^2} \quad (13)$$

435 Where \hat{y}_i is the predicted probability for the i -th instance, y_i is the actual label, and n is the total
 436 number of instances.

437 **6.2.1 Logistic Loss (Log Loss)**

438 Log Loss evaluates the performance by measuring the probability output, that ranges between
 439 0 and 1. It assigns a higher penalty to incorrect predictions made with high confidence. A lower
 440 Log Loss value signifies superior performance. It is calculated as:

$$\text{Log Loss} = -\frac{1}{n} \sum_{i=1}^n [y_i \log(\hat{y}_i) + (1 - y_i) \log(1 - \hat{y}_i)] \quad (14)$$

441 where \hat{y}_i is the predicted probability for the i -th instance, y_i is the actual label, and n is the total
 442 number of instances.

443 **6.3 Model Evaluation**

444 One of the challenges we face during the stacking process is the limited data available for
 445 training the meta-learner. In stacking, we use the predictions generated by the validation process
 446 of the base learners to train the meta-learner. Usually, the validation data represents a small
 447 portion of the whole dataset, which leads to a weak generalization and a low AUC, sometimes
 448 below 0.5, indicating that the meta-model predicts randomly. This is a common issue in stacking
 449 architectures where the meta-learner suffers from insufficient and potentially noisy data, leading to
 450 poor performance.

Another major challenge we encounter in developing a stacked architecture is overfitting. This problem happens when a model captures the noise. As a result, the model performs well on the training data but struggles to generalize to unseen test data[33].

To address these two major challenges in the implementation of our model (SNN-IoMT), we employ the **k-fold cross-validation** approach. This method is based on dividing the training dataset into k approximately equal subsets or folds, in our case $k = 5$, denoted as D_1, D_2, \dots, D_5 . In each iteration, a different fold D_i is used for validation, and the remaining subsets $D - D_i$ serve as the training subsets. This process guarantees that every data point is used both for training and validation at least once. Algorithm 1 and Figure 8 briefly explain this mechanism.

Algorithm 1 5-Fold Cross-Validation Process for Model Training and Meta-Learner Integration

```

1: Input: Dataset  $D$  of size  $n$ 
2: Parameters: Number of folds  $k = 5$ 
3: Divide dataset  $D$  into  $k$  folds:  $D_1, D_2, D_3, D_4, D_5$ 
4: Generate combinations of training and validation sets:
5: for each fold  $i$  from 1 to  $k$  do
6:   Set validation set  $V \leftarrow D_i$ 
7:   Set training set  $T \leftarrow D \setminus D_i$  (i.e., all folds except  $D_i$ )
8:   Store combination  $(T, V)$ 
9: end for
10: for each combination  $(T, V)$  do
11:   for each model in {CNN, LSTM, MLP} do
12:     Train model on  $T$ 
13:     Validate model on  $V$ 
14:     Compute performance metrics, and store as  $P$ 
15:     Store predictions on  $V$  as Predictions
16:   end for
17:   Aggregate predictions from all models for the current combination
18: end for
19: Train meta-learner (ANN) on aggregated predictions from all combinations
20: Output: Trained meta-learner model

```

This method has several benefits:

- **Improve Meta-Learner Performance:** The meta-model benefits from k-fold cross-validation by being trained on more diverse predictions from the base-learners, increasing the variability of training data for the meta-learner. This mechanism allows to reduce the risk of poor generalization caused by limited data.
- **Reduce Overfitting:** By using different subsets of the data for model training, this technique results in a more robust evaluation. Since the model is repeatedly trained and validated multiple times on different sub-datasets, it is forced to learn patterns that generalize well to new data, rather than memorizing specific patterns.
- **Bias-Variance Trade-off:** Bias refers to the expected difference between the estimated and true accuracy, while variance represents the variability of the model's accuracy across different data

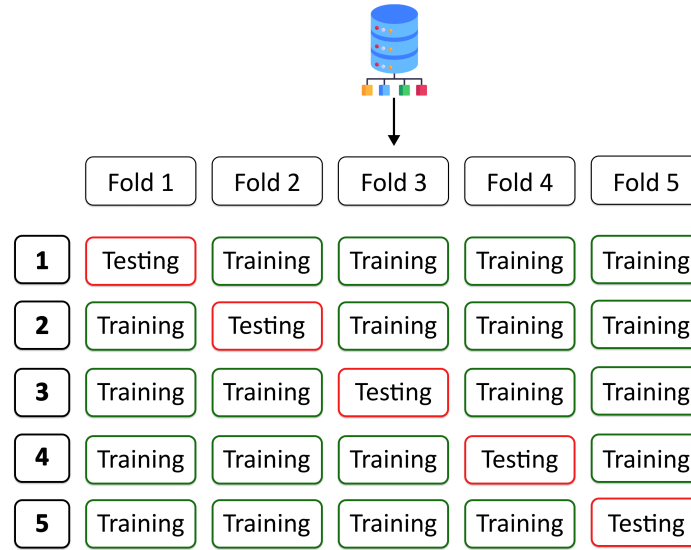


Figure 8: 5-Fold Cross-Validation

splits. K-fold cross-validation provides insight into bias and variance, which are important for understanding its predictive behavior [34].

7 Results and Discussions

This section highlights the findings of the experiments on the two datasets. The classification task involves a binary classification, where the model SNN-IoMT is trained and assessed based on the following metrics: accuracy, recall, precision, F1-Score, AUC, RMSE, and Log Loss. These metrics highlight the model's effectiveness and performance in classifying the traffic, and generalizing across different folds of the dataset.

Binary classification focuses on identifying adversarial traffic within the network, distinguishing between normal traffic and potential attacks.

Additionally, our results are compared against established state-of-the-art methods, showcasing the improvements of each model.

7.1 Performance Evaluation

7.1.1 W-EHMS Dataset

Table 6 illustrates the performance metrics of each base learner model (CNN, LSTM, MLP) and the SNN-IoMT classifier across this dataset.

The table demonstrates that all models perform well in detecting anomalies in IoMT, showing high accuracy and low RMSE. However, SNN-IoMT shows a noticeable improvement across several metrics compared to the base learners. For accuracy, SNN-IoMT achieves 99.65%, outperforming all base models, with CNN, LSTM, and MLP achieving 97.18%, 97.13% and 99.07% respectively. SNN-IoMT also achieves a very high recall (99.84%), ensuring that few malicious patterns are missed. This very high value of recall is crucial for security-focused application. The F1-Score

Model	Accuracy	Recall	F1-Score	Precision	AUC	RMSE	Log Loss
CNN	97.18%	99.29%	97.29%	95.48%	99.62%	14.18%	22.89%
LSTM	97.13%	98.28%	97.22%	96.33%	99.30%	14.67%	9.78%
MLP	99.07%	99.92%	99.08%	98.27%	99.84%	8.01%	15.93%
SNN-IoMT	99.65%	99.84%	99.65%	99.46%	99.93%	5.92%	1.17%

Table 6: Performance of Models on W-EHMS Dataset (Average over 5 Folds)

Model	Accuracy	Recall	F1-Score	Precision	AUC	RMSE	Log Loss
CNN	99.93%	99.93%	99.92%	99.91%	100.00%	2.41%	0.13%
LSTM	99.74%	99.46%	99.68%	99.91%	99.94%	4.05%	1.57%
MLP	99.92%	99.95%	99.90%	99.86%	100.00%	2.87%	0.13%
SNN-IoMT	99.95%	99.90%	99.94%	99.98%	100.00%	2.30%	0.19%

Table 7: Performances of Models on IHS Dataset (Average over 5 Folds)

of SNN-IoMT achieves 99.65%, reflecting an excellent balance between precision and recall, and demonstrating a high performance across the two metrics. Although the CNN, LSTM and MLP models exhibit high F1-Scores (97.29%, 97.22% and 99.08% respectively), the stacking model reflects its ability to fine-tune the combined outputs of the base learners. For precision, MLP is the best model among the base learners with 98.27%, followed by LSTM with 96.33%, and CNN with 95.48%. The SNN-IoMT exceeds the base learners achieving 99.46%, indicating its possibility to decrease the false positive, which is very important in environments with low tolerance for false alarms, like IoMT security. The AUC for SNN-IoMT is very higher achieving 99.93%, compared to the base learners, showing that it has a better ability to differentiate between standard and adversarial traffics. The RMSE of the SNN-IoMT (5.92%) is lower than all base learners, demonstrating its ability to reduce prediction errors. Finally, SNN-IoMT has the lowest Log Loss (1.77%) among all models, reflecting its superior confidence in predictions.

7.1.2 IHS Dataset

Table 7 illustrates the performance metrics of each base learner model (CNN, LSTM, MLP) and the SNN-IoMT classifier across this dataset.

The table shows that all models are very effective in identifying anomalies within the IoMT environment, demonstrating high accuracies and low RMSE. Similar to the previous dataset results, the stacking model, SNN-IoMT, exhibits notable performance improvements across several metrics compared to the base learners. Specifically, SNN-IoMT achieves an accuracy of 99.95% surpassing all base models, with CNN, LSTM, and MLP attaining accuracies of 99.93%, 99.74%, and 99.92%, respectively. In terms of recall, SNN-IoMT achieves 99.90%, indicating a minimal chance of missing adversarial traffic patterns. The F1-Score of SNN-IoMT reaches 99.94%, reflecting a well-balanced relationship between precision and recall. While CNN, LSTM, and MLP also exhibit high F1-Scores (99.92%, 99.68%, and 99.90%, respectively), SNN-IoMT further refines the predictions by leveraging the strengths of each base learner. For precision, the stacking model achieves 99.98%, showing

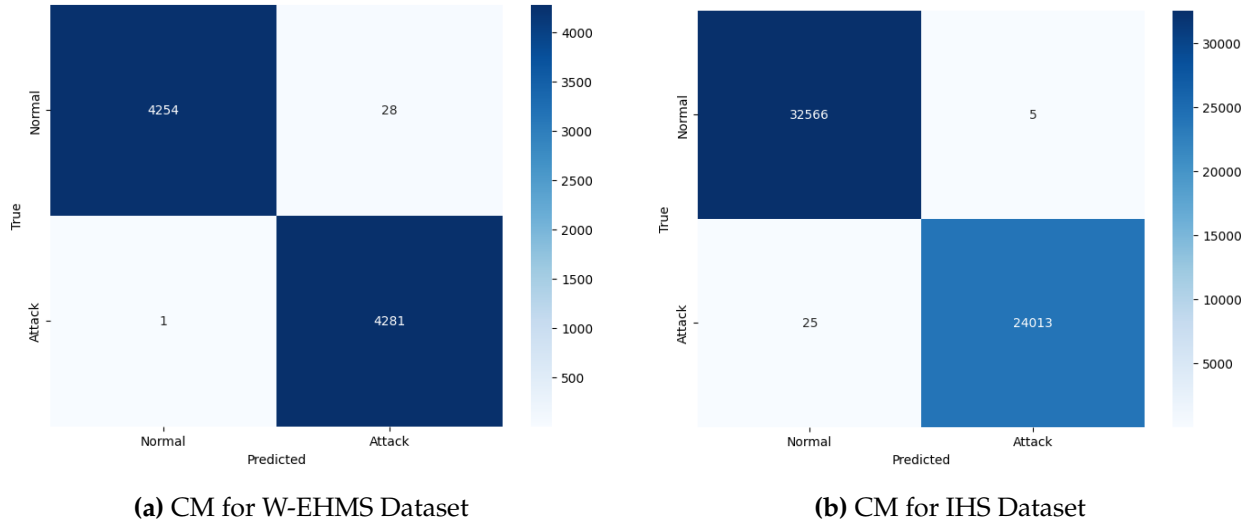


Figure 9: Comparison of Confusion Matrices for W-EHMS and IHS Datasets.

its effectiveness in minimizing false positives, which is important for IoMT security systems. The AUC also achieves an impressive value of 100%, surpassing the base models and demonstrating its capabilities in distinguishing between normal and abnormal traffic. Our model also outperforms the base learners in terms of RMSE, achieving a value of 2.30%, which is lower than that of any base learner. Lastly, the Log Loss of SNN-IoMT is 0.19%, the lowest value among all models, reflecting a high degree of confidence in its predictions.

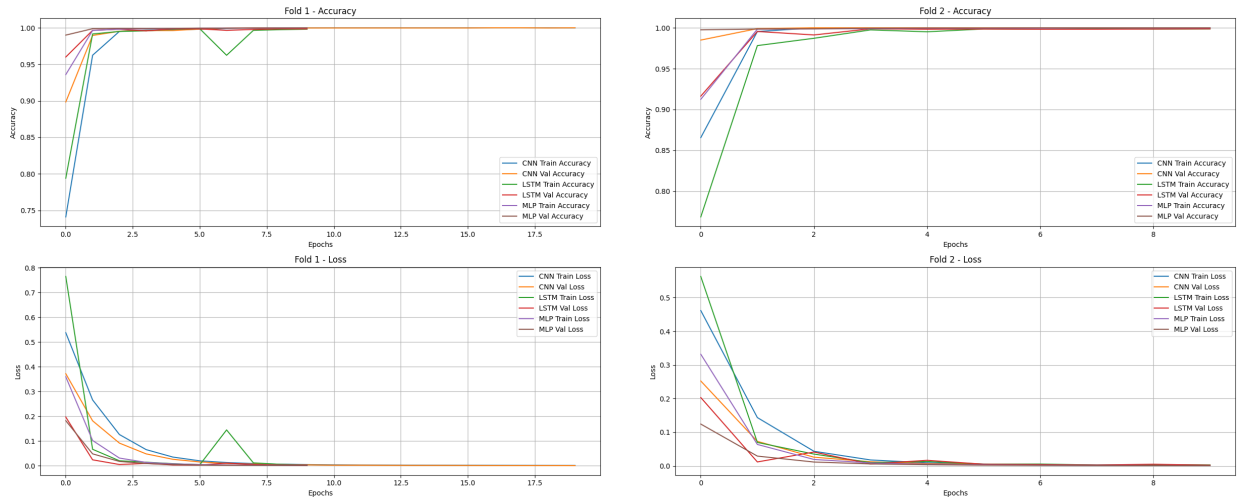
7.1.3 Overall Discussion

Figures 9a and 9b show the confusion matrices for the two datasets: W-EHMS and IHS, respectively. As shown in the confusion matrices, the model identifies true positives, while the number of false positives and false negatives remains extremely low, contributing to the high performance of our model.

7.2 Training and Validation Curves Analysis

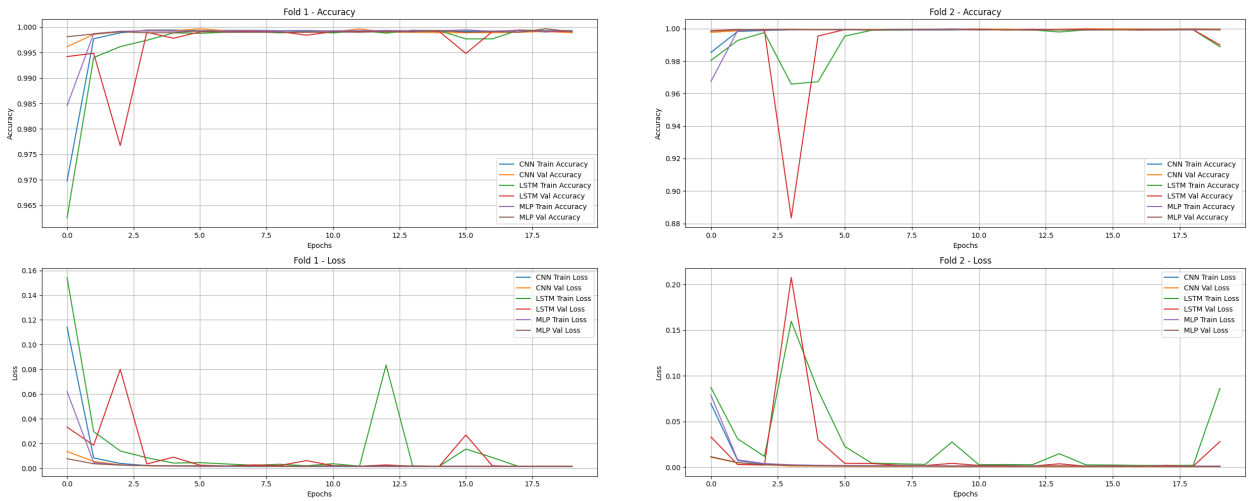
Figure 10a and Figure 10b represent the accuracy and loss curves of training and validation of the base learners in the first two folds of the W-EHMS dataset. Furthermore, Figures 11a and 11b illustrate the curves of the IHS dataset.

The plots clearly show strong performance, with both training and validation accuracy increasing together over time, indicating that the models generalize well to unseen data and learn efficiently. Additionally, for each model, the training values closely match the validation values, reflecting that the models are not overfitting and the validation performance is consistently strong. These results highlight the robustness and stability of the model's effectiveness on various data splits, confirming the effectiveness of the training process and model generalization.



(a) Curves for Training and Validation on W-EHMS Dataset (Fold 1)

(b) Curves for Training and Validation on W-EHMS Dataset (Fold 2)

Figure 10: Training and Validation Curves for W-EHMS Dataset

(a) Curves for Training and Validation on IHS Dataset (Fold 1)

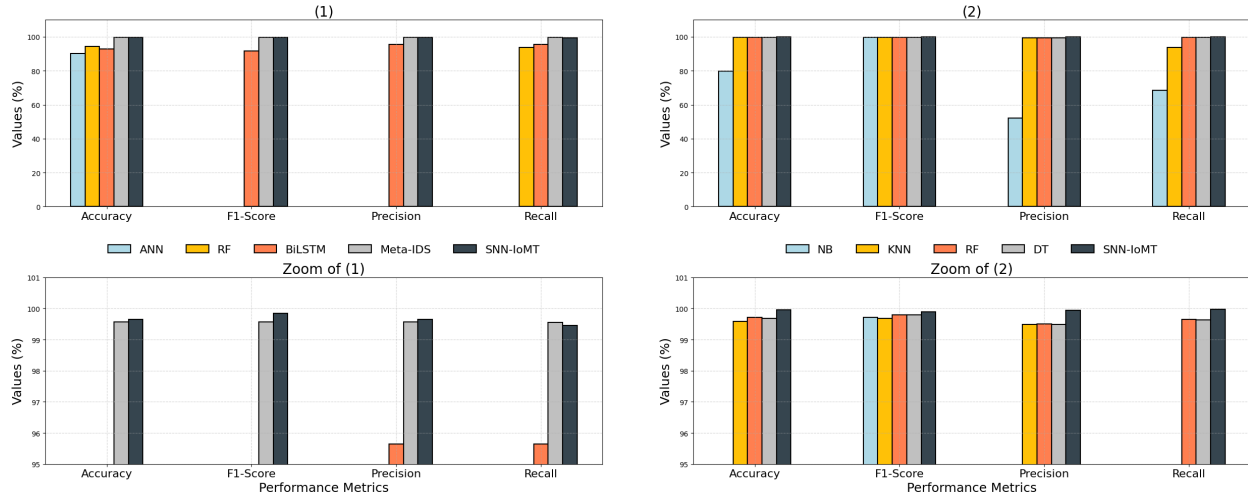
(b) Curves for Training and Validation on IHS Dataset (Fold 2)

Figure 11: Training and Validation Curves for IHS Dataset

7.3 Comparison with Previous Works

This section focuses on comparing the results obtained by SNN-IoMT with those of state-of-the-art approaches. The studies being compared utilized the same datasets as in our research. Table 8 and Figure 12a display a comparison of the results for the W-EHMS dataset with previous work, while Table 9 and Figure 12b show the results for the IHS dataset.

For W-EHMS dataset, Meta-IDS [28] emerged as the top classifier, achieving an accuracy of 99.57%. However, our SNN-IoMT model outperforms all existing works, achieving an accuracy



(a) Classifier Performance on W-EHMS Dataset

(b) Classifier Performance on IHS Dataset

Figure 12: Classifier Performance on W-EHMS and IHS Datasets.

Work	Classifier	Accuracy	Precision	Recall	F1-Score
[20]	ANN	90.04%	—	—	—
[26]	RF	94.23%	—	—	93.8%
[27]	BiLSTM	92.95%	91.61%	95.64%	95.64%
[28]	Meta-IDS	99.57%	99.57%	99.57%	99.56%
Our Work	SNN-IoMT	99.65%	99.84%	99.65%	99.46%

Table 8: Comparison of Classifier Performance on W-EHMS Dataset

Work	Classifier	Accuracy	Precision	Recall	F1-Score
[15]	NB	79.67%	99.71%	52.18%	68.51%
[15]	KNN	99.59%	99.69%	99.49%	93.8%
[15]	RF	99.71%	99.80%	99.51%	99.65%
[15]	DT	99.69%	99.80%	99.48%	99.64%
Our Work	SNN-IoMT	99.95%	99.90%	99.94%	99.98%

Table 9: Comparison of Classifier Performance on IHS Dataset

of 99.65%, a precision of 99.84%, and a recall of 99.65%. For the second dataset, our approach achieves an accuracy of 99.95%, surpassing all previous methods. Previous methods such as RF, KNN, and DT [15] reached high accuracy levels, ranging from 99.59% to 99.71%. However, the SNN-IoMT demonstrates superior performance across all metrics. These improvements highlight the robustness of our architecture in anomaly detection tasks across these datasets.

8 Conclusion

Detection of adversarial attacks and malicious activities in IoMT infrastructures has become increasingly vital. As the number of cyberattacks increases, developing tools capable of identifying

anomalies efficiently and accurately is essential. In this work, we presented a novel framework, **SNN-IoMT**, which is a stack of CNN, LSTM and MLP models. The main objective of this ensemble model is to minimize the rates of FPs and FNs, thereby enhancing the reliability and trustworthiness of IoMT security systems. Moreover, our SNN-IoMT model not only enhances the intrusion detection capabilities but also protects patient data confidentiality and integrity, which is essential for preserving trust in AI-driven healthcare solutions.

Using two publicly available datasets, WUSTL-EHMS-2020 and IoT-Healthcare-Security, our results showed that our classifier outperforms the current state-of-the-art approaches in terms of accuracy, precision, recall, and F1-Score. While the simple classifiers provide comparatively lower performance, our advanced DL framework has been shown to provide very high effectiveness for IoMT threats detection.

In future work, we recommend optimizing our model by tuning hyperparameters and integrating additional security layers, such as federated learning, to enhance scalability and robustness. Furthermore, extending the evaluation to larger and more diverse datasets would better demonstrate the model's applicability in production environments.

Acknowledgment: The authors gratefully acknowledge Al Yamamah University for supporting this research.

Author Contributions: The authors confirm contribution to the paper as follows: Study Conception and Design: Mourad Benmalek, Abdessamed Seddiki ; Data Collection, Experiment and Analysis: Mourad Benmalek, Abdessamed Seddiki; Supervision, Discussion: Mourad Benmalek, Abdessamed Seddiki, Kamel-Dine Haouam; Writing, Editing: Mourad Benmalek, Abdessamed Seddiki, Kamel-Dine Haouam; All authors reviewed the results and approved the final version of the manuscript.

Availability of Data and Materials: The datasets used in the current study are publicly available at: <https://www.cse.wustl.edu/jain/ehms/index.html> and <https://www.kaggle.com/datasets/faisalmalik/iot-healthcare-security-dataset>

Ethics Approval: Not applicable.

Conflicts of Interest: The authors declare that they have no conflicts of interest to report regarding the present study.

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