<https://www.instagram.com/noha_the_psych/>

<https://www.healcounseling.com/>

Name of Individual or Organization: Heal counseling

Organization Website: <https://www.healcounseling.com/>

Contact Person's Email: [info@healcounseling.com](mailto:info@healcounseling.com)

Contact Person's Phone Number (if possible) +201276020193 and +201211284224

Mission of the Organization: Heal was founded in 2015 with a mission to raise mental health awareness and reduce the stigma of emotional pain.

<https://almashfa.com.eg/> (Campaign Stop Mental illness shaming)

Name of Individual or Organization: Al Mashfa hospital

Organization Website: <https://almashfa.com.eg/#>

Contact Person's Email:  [Reception@almashfa.com.eg](mailto:Reception@almashfa.com)

Contact Person's Phone Number (if possible): 01006422220, 01000083561, +20554400922

Mission of the Organization: Al Mashfa is a comprehensive rehabilitation hospital. We are a diverse team of professionals who have many years of experience in assessing and treating psychiatric, psychological, social and personality disorders. We hold a collective vision to facilitate healing, kick start positive life change and ultimately enable clients to live happier and healthier lives.