- *Caller ID* can be falsified easily using any number of VoIP tools, so hackers can perform *vishing* (VoIP phishing) or *Spam over Internet Telephony (SPIT)* attacks.
- The call manager systems and the VoIP phones themselves might be vulnerable to host operating system (OS) attacks and DoS attacks. If a device's or software's host OS or firmware has vulnerabilities, there is increased risk of exploits.
- Attackers might be able to perform man-in-the-middle (MitM) attacks by spoofing call managers or endpoint connection negotiations and/or responses.
- Depending on the deployment, there are also risks associated with deploying VoIP phones off the same switches as desktop and server systems. This could allow for 802.1X authentication falsification as well as virtual local area network (VLAN) and VoIP hopping (i.e., jumping across authenticated channels).
- Since VoIP traffic is just network traffic, it is often possible to listen in on VoIP communications by decoding the VoIP traffic when it isn't encrypted.

Secure Real-Time Transport Protocol or SecureRTP (SRTP) is a security improvement over the Real-Time Transport Protocol (RTP) that is used in many VoIP communications. SRTP aims to minimize the risk of VoIP DoS through robust encryption and reliable authentication.

Social Engineering

Malicious individuals can exploit voice communications through a technique known as *social engineering*. Social engineering is a means by which an unknown, untrusted, or at least unauthorized person gains the trust of someone inside your organization. Adept individuals can convince employees that they are associated with upper management, technical support, the help desk, and so on. Once convinced, the victim is often encouraged to make a change to their user account on the system, such as resetting their password. Other attacks include instructing the victim to open specific email

attachments, launch an application, or connect to a specific uniform resource locator (URL). Whatever the actual activity is, it is usually directed toward opening a back door that the attacker can use to gain network access.

The people within an organization make it vulnerable to social engineering attacks. With just a little information or a few facts, it is often possible to get a victim to disclose confidential information or engage in irresponsible activity. Social engineering attacks exploit human characteristics such as a basic trust in others, a desire to provide assistance, or a propensity to show off. Overlooking discrepancies, being distracted, following orders, assuming others know more than they actually do, wanting to help others, and fearing reprimands can also lead to attacks. Attackers are often able to bypass extensive physical and logical security controls because the victim opens an access pathway from the inside, effectively punching a hole in the secured perimeter.



The Fascinating World of Social Engineering

Social engineering is a fascinating subject. It is the means to break into the perfectly technically secured environment. Social engineering is the art of using an organization's own people against it. Although not necessary for the CISSP exam, there are lots of excellent resources, examples, and discussions of social engineering that can increase your awareness of this security problem. Some are also highly entertaining. We suggest doing some searching on the term *social engineering* to discover books and online videos. You'll find the reading informative and the video examples addicting.

The only way to protect against social engineering attacks is to teach users how to respond and interact with any form of communications, whether voice-only, face to face, IM, chat, or email. Here are some guidelines:

- Always err on the side of caution whenever voice communications seem odd, out of place, or unexpected.
- Always request proof of identity. This can be a driver's license number, Social Security number, employee ID number, customer number, or a case or reference number, any of which can be easily verified. It could also take the form of having a person in the office that would recognize the caller's voice take the call. For example, if the caller claims to be a department manager, you could confirm their identity by asking their administrative assistant to take the call.
- Require *callback* authorizations on all voice-only requests for network alterations or activities. A callback authorization occurs when the initial client connection is disconnected, and a person or party would call the client on a predetermined number that would usually be stored in a corporate directory in order to verify the identity of the client.
- Classify information (usernames, passwords, IP addresses, manager names, dial-in numbers, and so on), and clearly indicate which information can be discussed or even confirmed using voice communications.
- If privileged information is requested over the phone by an individual who should know that giving out that particular information over the phone is against the company's security policy, ask why the information is needed and verify their identity again. This incident should also be reported to the security administrator.
- Never give out or change passwords via voice-only communications.
- When disposing of office documentation (according to policy and regulation compliance) always use a secure disposal or destruction process, especially for any paperwork or media that contains information about the IT infrastructure or its security mechanisms.

Fraud and Abuse

Email Spoofing Spammers commonly spoof the email address in the From field to make an email appear to come from another source. Phishing attacks often do this to trick users into thinking the email is coming from a trusted source. The Reply To field can be a different email address and email programs typically don't display this until a user replies to the email. By this time, they often ignore or don't notice it.

Phone Number Spoofing Caller ID services allow users to identify the phone number of any caller. Phone number spoofing allows a caller to replace this number with another one, which is a common technique on Voice over Internet Protocol (VoIP) systems. One technique attackers have been using recently is to replace the actual calling number with a phone number that includes the same area code as the called number. This makes it look like it's a local call.

Social Engineering Attacks

Sometimes, the easiest way to get someone's password is to ask for it, and this is a common method used by social engineers. *Social engineering* occurs when an attacker attempts to gain the trust of someone by using deceit, such as false flattery or impersonation, or by using conniving behavior. The attacker attempts to trick people into revealing information they wouldn't normally reveal or perform an action they wouldn't normally perform. Often the goal of the social engineer is to gain access to the IT infrastructure or the physical facility.

For example, skilled social engineers can convince an uneducated help desk employee that they are associated with upper management and working remotely but have forgotten their password. If fooled, the employee may reset the password and provide the attacker with the new password. Other times, social engineers trick regular users into revealing their own passwords, providing the attacker with access to the user's accounts. Educating employees on common social engineering tactics reduces the effectiveness of these types of attacks.

Social engineering attacks can happen over the phone, in person, and via email. In person, malicious individuals often impersonate repair

technicians, such as a telephone repair technician, to gain physical access. If they gain access to the network infrastructure, they can then install a sniffer to capture sensitive data. Verifying visitor identities before providing access can mitigate these types of impersonation attacks.

Sometimes a social engineer just tries to look over the shoulder of an individual to read information on the computer screen or watch the keyboard as a user types. This is commonly called *shoulder surfing*. Screen filters placed over a monitor can restrict the attacker's view. Additionally, password masking (displaying an alternate character such as an asterisk instead of the actual password characters) is often used to mitigate shoulder surfing.

Phishing

Phishing is a form of social engineering that attempts to trick users into giving up sensitive information, opening an attachment, or clicking a link. It often tries to obtain user credentials or personally identifiable information (PII) such as usernames, passwords, or credit card details by masquerading as a legitimate company. Attackers send phishing emails indiscriminately as spam, without knowing who will get them but in the hope that some users will respond. Phishing emails sometimes inform the user of a bogus problem and say that if the user doesn't take action, the company will lock the user's account. For example, the email may state that the company detected suspicious activity on the account and unless the user verifies username and password information, the company will lock the account.

Simple phishing attacks inform users of a problem and ask the recipients to respond to an email with their username, password, and other details. The From email address is often spoofed to look legitimate, but the Reply To email address is an account controlled by the attacker. Sophisticated attacks include a link to a bogus website that looks legitimate. For example, if the phishing email describes a problem with a PayPal account, the bogus website looks like the PayPal website. If the user enters credentials, the website captures them and passes them to the attacker.

Other times, the goal of sending a phishing email is to install malware on user systems. The message may include an infected file such as an attachment and encourage the user to open it. The email could include a link to a website that installs a malicious *drive-by download* without the user's knowledge.



A drive-by download is a type of malware that installs

itself without the user's knowledge when the user visits a website. Drive-by downloads take advantage of vulnerabilities in browsers or plug-ins.

Some malicious websites try to trick the user into downloading and installing software. For example, ransomware has become very popular with attackers in recent years. Ransomware is malware that takes control of a user's system or data and blocks the user's access until the user pays a fee or ransom. Attackers deliver it through malicious attachments and drive-by downloads, and by encouraging users to download and install software.

Attackers often use social media to identify friendships or relationships between people when crafting phishing emails. As an example, imagine you have a sister who is very active on social media sites and you're connected with her. Attackers note this connection and then send emails to you with a spoofed email address that looks like your sister. These often have one-liners such as "Check this out" or "I thought you might like this." Clicking the link takes you to a malicious website that attempts a drive-by download.

Personnel can avoid some of the common risks associated with phishing by following some simple rules:

- Be suspicious of unexpected email messages, or email messages from unknown senders.
- Never open unexpected email attachments.
- Never share sensitive information via email.
- Be suspicious of any links in email.

There are several variations of phishing attacks, including spear phishing, whaling, and vishing.

Spear Phishing

Spear phishing is a form of phishing targeted to a specific group of users, such as employees within a specific organization. It may appear to originate from a colleague or co-worker within the organization or from an external source.

For example, attackers exploited a zero-day vulnerability in Adobe PDF files that allowed them to embed malicious code. If users opened the file, it installed malware onto the user's systems. The attackers named the PDF file something like Contract Guide and stated in the email that it provided updated information on a contract award process. They sent the email to targeted email addresses at well-known government contractors such as Lockheed Martin. If any contractors opened the file, it installed malware on their systems that gave attackers remote access to infected systems.



A zero-day vulnerability is one that application vendors

either don't know about or have not released a patch to remove the vulnerability. The Adobe PDF attack exploited a vulnerability in PDF files. Even though Adobe patched that vulnerability, attackers discover new application vulnerabilities regularly.

Whaling

Whaling is a variant of phishing that targets senior or high-level executives such as chief executive officers (CEOs) and presidents within a company. A well-known whaling attack targeted about 20,000 senior corporate executives with an email identifying each recipient by name and stating they were subpoenaed to appear before a grand jury. It included a link to get more information on the subpoena. If the executive clicked the link, a message on the website indicated that the executive needed to install a browser add-on to read the file.