

DIAMOND TIMES

THE OFFICIAL NEWSLETTER OF AITKEN SPENCE TOASTMASTERS CLUB

CLUB NO : 2321352 | AREA 04 | DIVISION I | DISTRICT 82



COVER STORY P09

FEATURED>>>

Mid-Year Division Conference

P 12

Champion Chat with DTM Yasangi Randeni

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Thoughts of TM Mayantha, PR Manager of Division J

P 16

Joint Meeting with CIPM Toastmasters

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We meet

Every Second and Fourth Thursdays of the Month

05:30 pm to 07:15 pm

Hexagon Boardroom | 315, Vauxhall Street, Colombo 00200, Sri Lanka

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ABOUT ASTMC

The Aitken Spence Toastmasters Club (ASTMC) was established in March 2012 as a corporate club affiliated to District 82. Under the leadership of TM Azam Bakeer Markar, who served as the club's charter president, ASTMC achieved remarkable success, receiving the prestigious Golden Gavel award from District 82 in its charter year and the subsequent Golden Gavel Plus honor, a rare feat among new clubs.

Since 2013, the ASTMC has consistently earned the esteemed title of President's Distinguished Club, the highest recognition within the Toastmasters fraternity. This reflects the club's unwavering commitment to excellence and continuous improvement.

Beyond the President's Distinguished Club accolade, ASTMC has been recognized with various awards, including the Smedley award, Talk Up Toastmasters award, Beat the Clock award, and the coveted Triple Crown award. These accolades underscore the club's dedication to fostering a supportive and dynamic environment for members to develop their communication and leadership skills.

In addition to our club's administrative achievements, our members have actively participated in competitions at the area, division, and district levels, showcasing their speaking skills. Many have also assumed key leadership positions within the Toastmasters organization.



THE EXCO 2023-24



President

TM Zaharine Hameen
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VP Education

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TM Supun Jayawardena
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Sergeant At Arms

TM Chirantha Wijerathne
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Immediate Past President

TM Rizmika Dahilan
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DIVISION DIRECTOR'S MESSAGE

Empowering Communicators and Leaders: The Significance of Toastmasters

As the Division Director, I am thrilled to extend a warm welcome to every one of you. Our Toastmasters community is a vibrant & supportive network of individuals dedicated to enhancing public speaking and leadership skills. Whether you're a seasoned speaker or just starting out, we have a place for you to grow and excel.

The Transformative Power of Toastmasters

Toastmasters International, a non-profit educational organization founded in 1924, has empowered millions of individuals worldwide to become more confident and effective communicators & leaders. Through a proven program of self-paced learning, peer feedback, & a supportive community, Toastmasters helps individuals overcome their fears of public speaking, improve their communication skills, and develop their leadership potential.

Unleashing Your Inner Communicator

Toastmasters provides a safe and encouraging environment where you can practice your speaking skills without fear of judgment. Whether you're delivering a prepared speech or participating in impromptu table topics, you'll receive constructive feedback from experienced Toastmasters, helping you identify areas for improvement and build confidence in your ability to communicate effectively.

Developing Leadership Prowess

Toastmasters not only enhance your communication skills but also cultivate your leadership potential. Through various club roles, such as President, Vice President Education, and Treasurer, you'll gain hands-on experience in managing projects, motivating teams, and making informed decisions.

A World of Opportunities

With over 16,800 clubs in 149 countries, Toastmasters offers a wealth of opportunities to network, learn from diverse perspectives, and expand your professional horizons. Whether you're seeking to advance your career, enhance your community engagement, or simply personal growth, Toastmasters provides a platform to achieve your goals.



Join Us and Discover the Transformative Power of Toastmasters
We invite you to join our vibrant Toastmasters community and experience the transformative power of self-improvement.

Visit Aitken Spence Toastmasters Club and take the first step toward becoming an effective communicator & a leader. Together, let's empower each other to achieve our full potential.

DTM Royston Cumine
Division Director
Division I | District 82

AREA DIRECTOR'S MESSAGE

Aitken Spence Toastmasters Club celebrates a decade of excellence this year navigating through various challenges & securing victories over the past years.

Being my first-ever working encounter with a corporate club it has reflected greater aspirations and insights towards my leadership journey.

Thus, I'm honored to be the Area Director for Aitken Spence Toastmasters Club for the year 2023/24, a club with a great membership strength and charisma in the Area I-4 and Division I.



This year under the leadership of TM Zaharine, the executive committee has certainly created a revitalizing impact. The energy, creativity, passion of its members and the great camaraderie they share have been the driving force of attracting more members to the club. Achieving the Smedley award in the first quarter is a testament for that commitment. The glamorous installation ceremony conducted after several years demonstrates renewed excitement and confidence of its members & the management of Aitken Spence.

From discovering promising young speakers to creating innovative PR content & stepping up to host a division conference with extreme hospitality, Aitken Spence Toastmasters Club has conquered several milestones this year.

I believe the club is in a stronger position to stride into the future and I'm certain it will create sustainable growth which will please the entire TM community and Aitken Spence Corporate as an organization that promotes the development of its employees.

May the communication and leadership journey of Aitken Spence Toastmasters flourish day by day and may the bulk of the shared experiences keep Aitken Spence PLC rewarded through its company life journey.

Best Regards,
Chandula De Zoysa
Area Director
Area I4 | Division I | District 82

PRESIDENT'S MESSAGE

Greetings fellow toastmasters and guests!

During the last term the hat I wore was VP PR has now changed to the hat of President ASTM Club for the 2023/2024 term. It is with immense honor and gratitude that I stand before you in this capacity sharing the president's message.

Aitken Spence Toast Masters Club is a corporate club that has had a distinguished past. 2023 marked a decade of dedicated service to Toastmasters within our organization and the wider Toastmasters fraternity. This milestone underscores our commitment to excellence and continuous improvement.

The membership drive by our VP Membership along with other senior members resulted in a varied array of members from different subsidiaries of the Aitken Spence group that has brought about diversity. This not only strengthens our club but also adds a unique perspective to our Toastmasters family.

In the brief period since the last term, we have achieved significant milestones, including hosting an installation ceremony, facilitating the Division I contest, participating in area competitions, conducting joint meetings, and welcoming Visiting Toastmasters as guests and taking on compering roles at group events. These initiatives have enriched our members' experiences and elevated our club's standards.

Looking ahead, our meticulously planned calendar for the upcoming year promises a plethora of engaging activities designed to infuse our club meetings with both educational value and a sense of enjoyment. Further plans are underway to contribute to the group with speech craft programs.

I envision our club meetings as dynamic grounds for honing speaking skills, where members can overcome the 'fear' element and confidently embrace the art of effective communication through consistent practice.

Adhering to the timeless saying that 'practice makes perfect,' our focus remains on mastering the basics, paving the way for confident progress. Together, we will embark on a journey of growth, camaraderie, and proficiency, making each moment count in our pursuit of excellence.



**TM Zaharine Hameen
Club President
Aitken Spence Toastmasters Club**

EDITOR'S MESSAGE

Dear Toastmasters and Friends,

It brings me immense pleasure to present the latest edition of the 'Diamond Times,' the official newsletter of Aitken Spence Toastmasters Club. As we reflect on the past months of term one, we are excited to showcase the remarkable talents of our Spensonion Toastmasters and delve into the insightful thoughts that have shaped our journey thus far.

This year holds significance for our club as we proudly celebrate our 10th anniversary. A decade of growth, and learning has defined our Toastmasters family, and we look forward to many more years of shared achievements and milestones.

Inside this issue, you will find member stories, inspiring interviews, and a glimpse into the heart of our vibrant community.

Don't forget to check-out the puzzle. Hint; each word is available on this newsletter.

Thank you for being a part of our Toastmasters journey. Here's to a decade of excellence and to another decade ahead of us for countless moments & memories that will make Aitken Spence Toastmasters Club a truly special community.

Warm regards,

Hansimali Edirisinghe

Editor, Diamond Times Newsletter/ VP-PR

Aitken Spence Toastmasters Club



TOASTMASTERS INTERNATIONAL MISSION

“To empower individuals to become more effective communicators and leaders.”

TOASTMASTERS INTERNATIONAL ENVISIONED FUTURE

“To be the first-choice provider of dynamic, high-value, experiential communication and leadership skills development.”

CLUB MISSION

“We provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.”

DISTRICT MISSION

“We build new clubs and support all clubs in achieving excellence.”

**TOASTMASTERS
INTERNATIONAL
CORE VALUES****INTEGRITY****RESPECT****SERVICE****EXCELLENCE**

A DECADE OF EXCELLENCE

10TH INSTALLATION CEREMONY OF ASTMC

It's been a decade!

In the dazzling ambiance of the Diamond Room at Aitken Spence PLC, a decade of excellence unfolded as Aitken Spence Toastmasters marked its 10th anniversary during the 10th Installation Ceremony. Chief Guest and keynote speaker for the day Dr. Rohan Fernando, the Executive Director of Aitken Spence PLC, graced the occasion alongside esteemed guests, including the charter president of the club, distinguished members from Toastmasters District 82, Division I, and fellow Toastmasters from other clubs.

The celebration began with the lighting of the oil lamp, a sign of wisdom and enlightenment. A retrospective video spanning across the ten-year journey stirred nostalgia. The anniversary cake, a sweet treat to a decade of shared accomplishments, was joyfully cut by special guests, past presidents, and district & division members.

Adding a chapter to the legacy, three new members were inducted into the fold. The chief guest, Dr. Rohan Fernando, emphasized the pivotal role of Toastmasters in a corporate setting, highlighting its ability to enhance professional skills and encourage a culture of continuous improvement. The celebration reached a crescendo with the tunes of past Toastmaster Kevin. The spotlight then shed to the installation ceremony of the president and the executive committee for 2023-24, a moment marked by grandeur and anticipation.

After a grandeur celebration, the floor was filled with joy, grace and laughter. Our journey would not have been a success, if not for the dedication of its members as well as the support from their respective subsidiary management. It's a moment to express gratitude and celebrate the collaborative spirit that has made Aitken Spence Toastmasters a symbol of excellence.

Here's to another decade of shared achievements, personal growth, and the continued pursuit of excellence in Toastmasters!



CLUB PROGRESS

Achievements



PM 04



DL 03



DL 02



DL 02



DL 02



Moment of Truth

The MOT session delivered by TM Rizmika Dahilan on the 07th of September 2023 was an interactive meeting which fostered discussions and reviews on membership orientation, fellowship and communication, as well as program planning.

New Member Orientation

The club conducted orientation program for five new toastmasters who joined the club.



Membership Renewal & New Member Enrolment

The club successfully renewed membership of seventeen members and enrolled five new members.



Area Contest

TM Zaharine, TM Rizmika, TM Hansimali and TM Supun participated in the Area 4 - Division I Humorous and Evaluation Speech Contests on November 4, 2023. TM Hansimali secured 03rd place at the Humorous speech contest.



CRAFTING A LEADERSHIP NARRATIVE THROUGH PUBLIC SPEAKING



Becoming an inspirational leader is an art which needs to be managed carefully with great efforts. It requires many skills and the right attitude to craft a leader who can drive the team towards their aspirations. In this journey of developing a leader, public speaking is a crucial skill for several compelling reasons.

Public speaking is the key for leaders to communicate their vision, mission, values, and goals to a wide audience. Clear and effective communication is foundational to leadership, as it ensures that everyone understands the leader's direction and expectations. Most importantly, public speaking ability is the most powerful tool that a leader can use to build trust and authenticity among team members.

Through compelling speeches, leaders can instill a sense of purpose, boost morale, and create a shared vision. The ability to communicate a compelling narrative helps drive collective action and commitment.

In times of challenges or crises, effective public speaking becomes a vital tool for leaders. The way a leader addresses difficulties, communicates solutions, and provides reassurance can greatly impact how their team and stakeholders perceive and respond to the situation. The power of voice is also equally important for influential decision making as persuasive communication is a key aspect of successful leadership.

Public speaking allows leaders to deal with diversification and perspectives of various stakeholders, including employees, investors, suppliers and customers. Effective communication ensures that everyone involved understands the direction of the organization and their role in achieving its objectives.

The leader's engagement with stakeholders is also a key factor in building and maintaining a good reputation. Similarly, internal and external networking plays a pivotal role in building a charismatic leader. Therefore, public speaking is a cornerstone of effective leadership, enabling leaders to communicate persuasively, inspire action, build trust, and navigate the complexities of leadership with grace and impact.

TM Thilini Edirisinghe

MY FIRST AREA CONTEST

Participating in the Toastmasters 'Humorous Speech' contest proved to be an exciting and educative experience for me.

This opportunity supported me to showcase my abilities and talents for public speaking on a different platform. From structuring a comical storyline to presenting it real-time, this contest motivated me to improve my skills in humour and to engage myself in connecting with the audience.

The encouraging environment and the helpful feedback received from fellow Toastmasters supported me to gain self-confidence and improve my speaking abilities, turning this experience into a memorable one. I appreciate the opportunity given to participate in this competition and I take with me renewed inspiration and a great sense of understanding towards the art of humor in public speaking.

TM Supun Jayawardena



MID-YEAR DIVISION CONFERENCE

Aitken Spence Toastmasters proudly hosted the Mid-Year Division conference for Division I District 82 at the Aitken Spence Corporate Auditorium on November 18, 2023. Let's take a peek into the highlights of this memorable day.



CHAMPION CHAT

Champion Chat is the latest addition to 'Diamond Times,' an initiative designed to educate and inspire new Toastmasters with expert insights.

In this issue, we engage in a conversation with **DTM Yasangi Randeni**, General Manager of Group Business Development & Sustainability at Aitken Spence PLC.

"What key milestones in your Toastmasters journey do you believe significantly contributed to achieving the status of Distinguished Toastmaster"?

Attending conferences in Sri Lanka and India for several years, often as the sole representative from Aitken Spence, has been instrumental. Each visit to different clubs provided unique lessons and fresh ideas. Serving as the Division Secretary to DTM Raj Vijayasiri during his tenure as Division Director was an exceptional educational experience. As a former army officer, he exemplified Toastmaster principles with organization, punctuality, composure in chaos, and true leadership.

Joining the District PR Team as the Newsletter Editor under DTM Arshad Mohideen's leadership was another significant step. Working with an exceptional team and learning from leaders like DTM Sastharam Ravendran and numerous others in Sri Lanka enriched my Toastmasters journey. Interacting with toastmasters from diverse backgrounds across different countries was an unforgettable experience.

Taking on the role of TLI Chair for Sri Lanka and concurrently serving as the President of Aitken Spence Toastmasters Club was a challenging yet highly educational year. With guidance from DTM Scerena Dirckze, I navigated through a myriad of responsibilities and collaborated with District 82 legends who provided invaluable support and insights. The positive feedback received across platforms and a professional promotion underscored my commitment and contributions.

Assuming the role of an Area Director was initially daunting, and I hesitated before accepting the responsibility. However, influential leaders in District 82, including DTM Srianthie Salgado and DTM Keerthie Wijekulasooriya, persuaded me to embrace the challenge. With support from others like DTM Hingston Lovell and DTM Gayathri Pathmarajah, I learned valuable management lessons, reinforcing that Toastmasters leadership roles offer unparalleled opportunities for growth.

"Which skills from your Toastmasters journey most impacted your personal and professional growth"?

Communication and leadership are the key skills that have influenced both my personal and professional growth. I try to adopt every lesson I could learn from everyone; whether it is planning every little detail so that meetings are more productive; or understanding the audience to give them the best outcomes when I am moderating discussions; or working with diverse teams to give the best results; or continuing my journey of learning to be a better communicator and leader.



CHAMPION CHAT *CONTINUED..*

i saw how some clubs went to so much trouble to plan their meetings to give the best experience to all participants. I saw how district leaders follow through the educational process repeatedly and get multiple DTMs just because they wanted to keep learning. I saw how great leaders inspired their teams to give their best. I try to live by those lessons professionally and personally as well.

“Did you face challenges on your Toastmasters journey, and how did you overcome them”?

Of course! Like I said, in many district events, I was the only one from Aitken Spence, which was a lonely journey quite often! But that also meant I got to make more friends from other clubs and even other countries and to date they remain to be some of my closest friends in toastmasters. Sometimes we didn't always get support from club members to do projects as we planned because of their own commitments. That inculcated a ‘fail forward’ attitude where nothing is seen as a failure, rather an opportunity to learn and do better the next time we plan.

Also, managing the time was extremely difficult, especially when you have a demanding job, studies, Toastmasters projects to complete, leadership roles you have taken on that you must complete, family commitments and so on. Having an understanding family definitely helps. But if you put in the hard work, it will be worth it. Keep your focus on the end goal and enjoy the journey.

When I started my journey in Toastmasters, back in 2012, I was an Assistant Manager. In roughly 7 years, I received my DTM the same year I was promoted to DGM proving that I did not compromise on my professional performance because of Toastmasters, rather it helped to improve my performance. In fact, during that time we achieved many milestones in the Group's sustainability strategy as well. Joining Nisal's team when he took over the reigns as the PQD for District 82 and supporting the advancement of the education program of Toastmasters in whatever small way I could. Every single time I get feedback from members of the audience after moderating an event!

“For aspiring Toastmasters aiming for distinguished status, what advice, strategies, practices, or mindsets would you recommend based on your journey”?

Our Past International President, DTM Helen Blanchard said, “If you get out of Toastmasters all there is to get out of Toastmasters, you'll never get out of Toastmasters” That is my advice to all Toastmasters. Toastmasters is a platform for continuous self-improvement, helping you become the best version of yourself as a communicator and a leader. Approach each project, meeting, & leadership role with a focus on learning rather than just completing tasks or achieving your DTM. While having goals is important to give you direction, prioritize the knowledge and skills you gain from the experience. If your sole motivation is earning a DTM, you may be missing the point of Toastmasters. But if you embrace the opportunities that Toastmasters gives you, you will never regret it.

JOINT MEETING WITH CIPM TOASTMASTERS

An exciting joint meeting between Aitken Spence Toastmasters and CIPM Toastmasters took place on November 23rd, marking the 354th Educational Meeting. Themed 'The Idiot Box,' the event drew an energetic crowd of 30+ toastmasters.

The agenda featured four prepared speeches, a round-robin session full of fun and reminiscences, and an engaging table topics session. The evening provided a valuable opportunity to recollect childhood memories and explore the evolution of technology from the black-and-white era to the smart TV era.

Here are the thoughts of TM Dinusha Withanage, President of CIPM Toastmasters Club.

In the CIPM Toastmasters journey, each member is akin to a seed, together, we create an environment where everyone can flourish into confident speakers and leaders.

Reflecting on our recent meeting hosted by Aitken Spence Toastmasters Club, it felt more than just creating memories; it was about sowing the seeds of lasting friendships in our shared space. Our club, with a strong community focus, consistently embraces opportunities to share and learn.

The meet-up was a delightful evening infused with nostalgia, bringing back childhood TV memories thanks to the thoughtful theme chosen by the Toastmaster of the day. We laughed, remembered old TV series, cartoons and favourite programs and most importantly, bonded as Toastmasters on a shared journey.

Aitken Spence Toastmasters Club extended a warm welcome, making us feel like one big Toastmasters family rather than two separate groups. Their smiles and friendliness rendered it a simple yet a special experience that we eagerly anticipate repeating.



LET'S HEAR FROM A VISITING TOASTMASTER



On the 21st of September 2023, **TM Mayantha Warnakulasooriya, the Division PR Manager of Division J, District 82**, paid a visit to Aitken Spence Toastmasters Club. Here are TM Mayantha's reflections:

In the realm of Toastmasters, the Aitken Spence Toastmasters Club emerges as an exceptional icon of growth and encouragement. This club, presided over by a cadre of outstanding speakers, reflects a supportive atmosphere that empowers individuals to unveil their true potential. Within the club's dynamic setting, each speaker is not merely an orator but a participant in a community that advocates for personal and professional development.

The Club differentiates itself not only through the line of its speakers but also through the dedication. The club's ethos revolves around uplifting one another, creating an environment where each speaker is guided to discover and refine their unique voice. The enthusiasm that permeates the club is contagious, fostering an energetic vibe that resonates during every meeting.

To the Aitken Spence Toastmasters Club, may your journey of fostering growth and empowerment continue to thrive. All the best, and keep up the excellent work in creating a space where individuals flourish in their speaking endeavors.



TIME FOR A MOVIE REVIEW

"Irugapatu": A Cinematic Gem Unveiling the Realities of Relationships

In the vast landscape of cinema, where the choices are abundant and diverse, "Irugapatu" emerges as a rare gem that reflects the glitz and glamour, diving deep into the complexities of real-life relationships. Directed by a fresh face in the industry, this film weaves together the stories of three couples from different social backgrounds, offering a sad and relatable exploration of the complexities that often go unnoticed.

The narrative unfolds through the lens of Shraddha Srinath, a psychiatrist navigating the delicate balance of her seemingly perfect marriage with Vikram Prabhu. As it explores into the lives of two other couples—one dealing with postpartum challenges and the other facing the strains of a love marriage against parental wishes—we witness a delicate interplay of emotions and realizations.

The director's finesse in storytelling is shown throughout the movie, maintaining a balance between simplicity & emotional depth. The absence of cinematic gimmicks allows the film to relate with daily life, creating an impact that is both subtle and powerful. The performances of the cast contribute to the authenticity, portraying characters that are not only relatable but also reflective of the diverse facets of human relationships.

Unlike the usual loud & enchanting music associated with Bollywood & Kollywood, "Irugapatu" takes a refreshing turn with a soothing & calm musical score. The movie delivers a great message, urging the audience to embrace a different perspective when addressing relationship issues. It navigates the complexities of self-evaluation and empathy, portraying the mammoth effort required to identify and rectify problems, even for those considered experts in problem-solving.

While the film excels in its realistic performances, compelling storytelling, and memorable dialogues, a critique suggests that the second-half screenplay could have allowed more time for certain characters to realize and express their feelings.

Ultimately, "Irugapatu" stands as a must-watch for couples, delivering a powerful message about the continuous effort needed in relationships. It reminds us that, despite our perception of knowing everything, there is always more to learn and experience.

Relationships, as portrayed in this cinematic masterpiece, are indeed hard work, requiring dedication and mutual commitment

to growth. As the film suggests, it takes two hands to clap, and "Irugapatu" invites its audience to applaud

the intricate dance of love and life.



TM Rizmika Dahilan

BABY STEPS TO AITKEN SPENCE TOASTMASTERS CLUB

A tiny little step forward is better than none for you to achieve bigger goals and dreams. Dr. Martin Luther King once said, “If you can’t fly, then run; if you can’t run, then walk; if you can’t walk, then crawl. But whatever you do, you have to keep moving forward”.

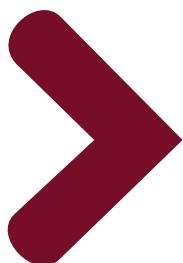
My entry to Aitken Spence Toastmasters took almost a decade since joining Aitken Spence. It was challenging for me to make up my mind as I was terrified of public speaking. The self-doubt of thinking my skills would not match the club’s required potential and my lack of demeanor made joining Toastmasters almost a dream that would never come true.

Little did I know, I was given a warm welcome from day one and the atmosphere created by the team members was heartwarming. The feedback that has been given on my speeches, mentoring on the pathways and guidance on pushing my limits and how to excel as a public speaker made me become a member of this amazing club.

They are my extended family now and I realized my anxiety is gradually fading away. I embraced the joy of participating in each club meeting and look for continuous improvement.

If you have a similar story, join us. If you are good at public speaking, still join us and share your experiences. Indulge yourself to accept bigger challenges.

TM Chirantha Wijerathne



NEWBIE CORNER

I've selected Toastmasters as the ideal avenue for honing my public speaking skills and overcoming stage fright. With just three meetings under my belt, the progress is evident. The supportive Toastmasters community provides invaluable inspiration and constructive professional feedback, making this journey truly remarkable.

TM Nirushka Jamal



What drew me to this dynamic community was its unwavering commitment to personal and professional development. Joining toastmasters wasn't just a choice; it was a conscious decision to embark on a transformative journey. I aspire to contribute to our club's vibrant atmosphere and, through Toastmasters, hone my communication skills, build lasting connections, and inspire others to embrace their own journey of growth.

TM Janith Bimsara Gunasinghe



I used to help my boss to create flyers for Toastmasters. I was encouraged to participate the toastmaster brand manual training. Though I did lot of work for the Toastmasters in the background I was shy to venture out to join toastmasters. Joining the club was the next perfect thing I did to overcome my fear of speaking in an audience.

TM Sandun Rathnaweera

DOWN THE MEMORY LANE OVATION 2023



CREATIVE FLYERS

Cinematic Magic
Theme of the day

TM Thilini Edirisinghe
Toastmaster of the day

9th November 2023 | 5.30 PM onwards | Hexagon Board Room, Tower 2

Via MS Teams Meeting link will be open from 5.25 PM

Aitken Spence Toastmasters Club Since 1924

**JOINT MEETING
The Idiot Box**
Theme of the day

Aitken Spence Toastmasters Club
CIPM Toastmasters Club

TM Hasantha Sooriyaarachchi
Toastmaster of the day

23rd November 2023 | 5.45 PM onwards
Corporate Auditorium, Level 11, Tower 1

Via MS Teams Meeting link will be open from 5.40 PM

Aitken Spence Toastmasters Club Since 1924

MARVELING YOUR SUPERHERO FANTASIES
Theme of the day

TM Chirantha Wijerathne
Toastmaster of the day

"Adolescent"
Word of the day

5.30 PM onwards
12th OCT 2023

Via MS Teams Meeting link will open from 5.25 PM

Aitken Spence Toastmasters Club Since 1924

THE IDIOM CHALLENGE
Theme of the day
"It's a piece of cake. So come cut the custard"

TM Rizmika Dahil
Toastmaster of the day

TM Chandula Jithmi
Area Director | Area I-4

10th August 2023
5.30 PM onwards

Via MS Teams Meeting link will open from 5.25 PM

Hexagon Board Room, Tower 2

Aitken Spence Toastmasters Club Since 1924

MOMENT OF TRUTH
Theme of the day

Part of 'The Successful Club Series' is conducting a 'Moments of Truth' session for the club that outlines how we can create a positive first impression of the club and reinforce our club's reputation as an organization critical to the success of the club.

07th September 2023
5.30 PM onwards

HR Main Board Room, 3rd Floor, Tower 2

Via MS Teams Meeting link will open from 5.25 PM

Hosted By:
TM Rizmika Dahil

AITKEN SPENCE TOASTMASTERS CLUB Since 1924

TRAVEL MEMOIR
Theme of the day

'EXPLORER'
Word of the day

TM Hasantha Sooriyaarachchi
Toastmaster of the day

26th October 2023 | 5.30 PM onwards | Hexagon Board Room, Tower 2

Via MS Teams Meeting link will be open from 5.25 PM

Aitken Spence Toastmasters Club Since 1924

PEACE BEGINS WITH YOU
Theme of the Day

TM Nishantha Dodangoda
Toastmaster of the Day

21st September 2023
5.30 PM onwards

Main Auditorium, Tower I, 11th Floor

Via MS Teams Meeting link will open from 5.25 PM

AITKEN SPENCE TOASTMASTERS CLUB Since 1924

PATHWAYS LEVEL COMPLETION CONGRATULATIONS

LEVEL 01 LEVEL 01 LEVEL 01 LEVEL 01 LEVEL 01

TOASTMASTERS PATHWAYS learning experience DYNAMIC LEADERSHIP

TM HANSIMALI EDIRISINGHE & TM SHAFIQAH SAMSOODEEN

Aitken Spence Toastmasters Club Since 1924

PATHWAYS LEVEL COMPLETION CONGRATULATIONS

LEVEL 2

TOASTMASTERS PATHWAYS learning experience DYNAMIC LEADERSHIP

TM HASANTHA SOORIYAARACHCHI

Aitken Spence Toastmasters Club Since 1924

MEMORIES & MILESTONES
THEME OF THE DAY

THURSDAY 27 JULY 2023 START AT 5.30 PM

HEXAGON BOARD ROOM, 9TH FLOOR, TOWER 2

TM HANSIMALI EDIRISINGHE
Toastmaster of the day

AITKEN SPENCE TOASTMASTERS CLUB Since 1924

GOOD TO GREAT
Theme of the day

'RAISE'
verb to cause something to increase or become bigger, better, higher
Word of the day

5.30 PM onwards
13th July 2023

Via MS Teams Meeting link will open from 5.25 PM

Hexagon Board Room, Tower 2

TM Hasantha Sooriyaarachchi
Toastmaster of the day

Aitken Spence Toastmasters Club Since 1924

PATHWAYS LEVEL COMPLETION CONGRATULATIONS

LEVEL 03 LEVEL 03 LEVEL 03 LEVEL 03

TOASTMASTERS PATHWAYS learning experience DYNAMIC LEADERSHIP

TM ZAHARINE HAMEEN

Aitken Spence Toastmasters Club Since 1924

ASTMC CAPTURES



FUN CORNER PUZZLE



Toast Word Hunt

Find the word in the puzzle.

There are 11 Words

Words can go in any direction.

Words can share letters as they cross over each other.

Hey! we are the answers you are looking for.

Nostalgia Reminisce Toastmaster

Foster Integrity Memoir

Distinguished Example

Communicator Crafting Diamond

EVENT CALENDAR



CHRISTMAS THEMED MEETING



INTERNATIONAL & TABLE TOPICS SPEECH CONTEST



DIVISION CONFERENCE



AVURUDU THEMED MEETING



OVATION

WE VALUE YOUR FEEDBACK



Your suggestions are valuable to us.
Please scan the QR code to share your thoughts.



Aitken Spence Toastmasters Club
Club No : 2321352 | Area 04 | Division I
District 82

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