

ENG-123
Expository Writing
Assignment No # 01



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Class : BSCS (4C)

Essay Outline

Type of Essay: Expository

Title: How Technology is Changing the Way We Think

Introduction:

- **Hook:** Imagine a world where people no longer need to memorize phone numbers, where social interactions happen mostly online, and where decisions are guided by search engines. That world is our present reality.
- **Thesis Statement:** Technology has changed the way we think by affecting our focus, memory, decision-making, and social interactions. While it has many benefits, it also has drawbacks that we must be aware of.

Body Paragraphs:

1. Technology and Attention Span

- People struggle to focus due to constant notifications and social media.
- Studies suggest that multitasking reduces productivity and deep thinking.
- Example: Students often find it hard to concentrate on studies without checking their phones.

2. Technology and Memory

- In the past, people memorized phone numbers, addresses, and important facts.
- Now, most information is stored in phones and online, reducing the need to remember things.
- Example: Many people forget information quickly because they know they can search for it later.

3. Technology and Decision-Making

- People rely on search engines for answers instead of critical thinking.

- Websites and social media suggest content based on past behavior, creating "echo chambers."
- Example: A person might only see news that supports their beliefs, limiting different perspectives.

4. **Technology and Social Interaction**

- Social media makes it easy to stay connected but reduces face-to-face conversations.
- Many people prefer texting over talking, which weakens social and emotional skills.
- Example: A person may struggle to express emotions in real life after relying too much on online communication.

Conclusion:

- **Summary:** Technology has changed the way we think in both good and bad ways.
- **Final Thoughts:** It is important to use technology wisely, balancing its benefits while staying aware of its effects on our minds and relationships.

Essay:

How Technology is Changing the Way We Think

Technology has become a big part of our daily lives. From mobile phones to smart computers, it has changed the way we work, talk to others, and even think. While technology makes life easier, it also affects how we focus, make decisions, and interact with people.

One major change is that technology has made it harder for people to concentrate. Because of constant notifications, messages, and social media updates, people struggle to focus for a long time. Many studies say that our attention span is getting shorter because we keep switching

between tasks. Multitasking might seem useful, but it actually makes us less productive and stops us from understanding things deeply.

Technology has also changed the way we remember things. In the past, people had to memorize phone numbers, addresses, and important dates. Now, most of this information is stored in mobile phones and computers, so we don't need to remember it ourselves. This makes life easier, but it also means that we rely more on technology than on our own memory. Many experts believe that people forget things quickly when they know they can just search for them online.

Technology also affects how we make decisions. Today, we can find answers to almost any question within seconds. While this is helpful, it also makes people depend too much on search engines instead of thinking for themselves. Websites and social media apps also show us things based on what we have liked before. This can make people see only one side of things, stopping them from learning different opinions.

Another big effect of technology is on social interactions. Social media helps us stay connected with friends and family, no matter where they are. But at the same time, it has reduced face-to-face conversations. Many people now prefer texting instead of talking, which can make it harder to understand feelings and emotions in real life. This can affect relationships and make social skills weaker over time.

Technology has changed the way we think in both good and bad ways. It has made life more convenient, given us quick access to information, and helped us connect with others. However, it has also affected our focus, memory, and communication skills. It is important to use technology in a smart way, making sure we don't become too dependent on it. By being aware of these effects, we can use technology without letting it control us.

