WATHealth

Take your mental health in your own hands

A free, community powered online support group to interact with other people, get quick access to resources and help using NLP

Who is this for?

Anyone who needs help or could use a community of people

We want to help people who are suffering from **mental health issues, alcohol addiction, cigarette addiction** and many more by creating a **safe, community** powered platform for discussing problems with peers who will **actually** understand

We understand the **stigma** behind discussing these problems openly and so offer **anonymity** for users
We encourage people to **partner** up and support each other through the unique '**Buddy**' system and offer **NLP** to understand whether users might need **immediate assistance** and provide **professionals** valuable **data** to analyze

Please sign in

Email address

Password

Sign in

What are the problems with existing solutions?

- **Stigma** behind openly talking about mental health issues
- Lack of **awareness** and readily available resources
- **Lack of a community** to share problems with
- Often **paid** with not a lot of accessibility
- Lack of **analytics** tool
- No direct connection to professionals

How are we special?

WATHEALTH

- Completely **Free** & **Anonymous**
- **Analytics** on content users interact using NLP and **Watson API**
- Easy access to **resources** and **helplines**
- A **unique 'Buddy'** system to assign people to partners for support
- A **community** of people who share the same issues
- An emergency **'Get Help!' button**
- **Directly** send your data to professionals and use the power of data
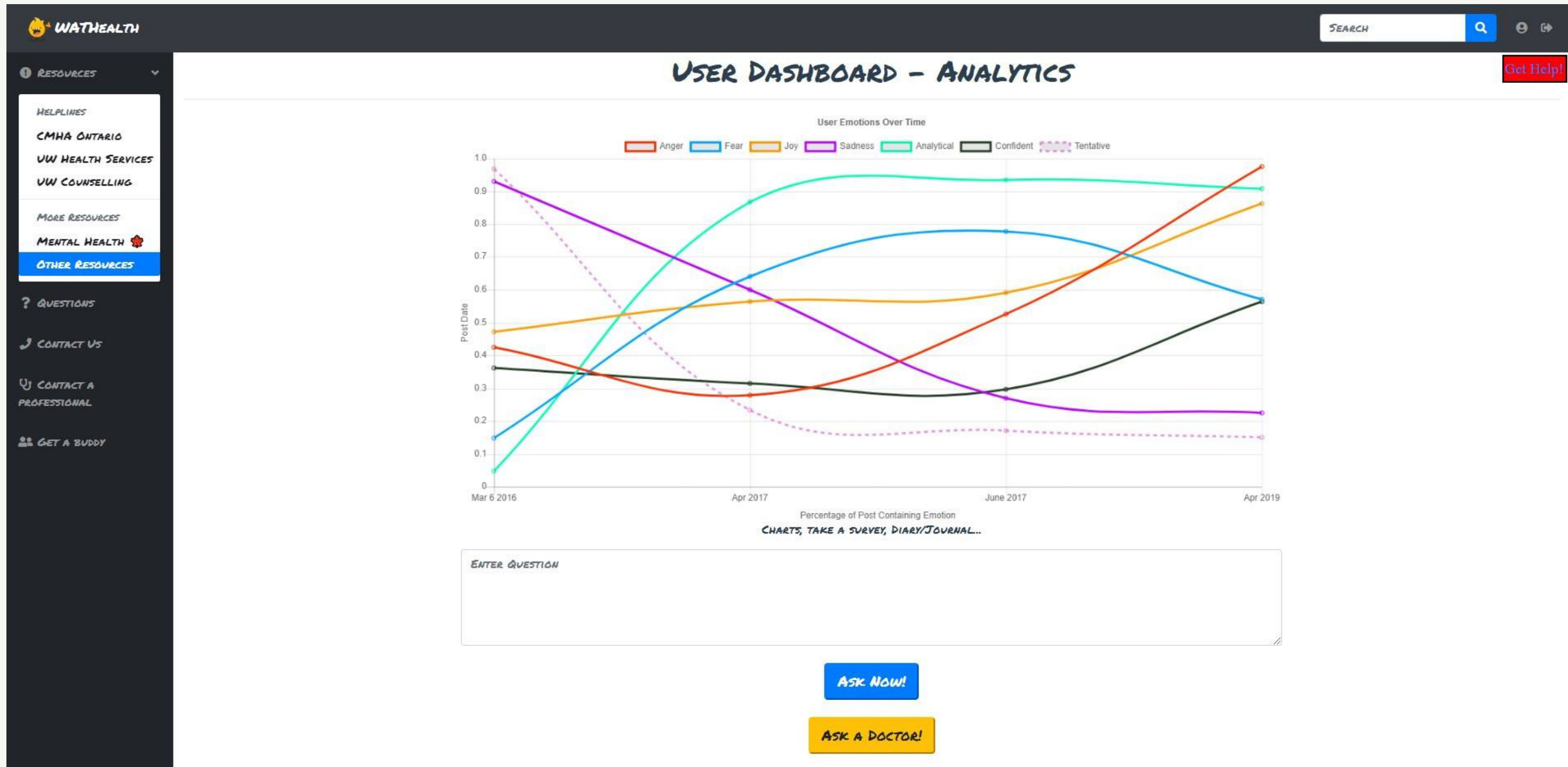
ANALYTICS DASHBOARD

BUDDY SYSTEM

TECH STACK

FUTURE ADDITIONS

DOCTOR CONNECT

Directly send all your data from surveys and the content you interact with to medical professionals who can help

IN-HOUSE MESSAGE PLATFORM

Create an on-platform messaging service to incorporate an added level of privacy and also be able to monitor those messages for keywords that indicate needing immedaite help

POST FILTERING

Have an automatic post filtering system which removes obscene words and troll users
Use NLP and keyword search to accomplish