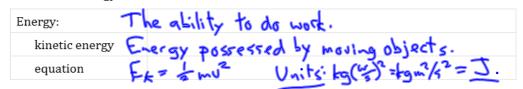
SPH3U 5.2 Energy

1. Kinetic energy



Where does this value come from? Consider the amount of work it takes to change speeds.

Imagine a motorcycle moving at a constant speed, which then accelerates to a new speed. To accelerate, it must have a force acting on it. What is the work done by this force? Assume that all you know is the mass of the motorcycle, its initial speed, and its final speed.



$$M = E + C + C = M + C = \frac{204}{204} \rightarrow M = m(\frac{204}{45 - 0.5}) = \frac{2mnE - 2mn!}{12mnE - 2mn!}$$

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How much work is done to accelerate from rest to some final speed ($v_i = 0$)?

Calculate the kinetic energy of a $150~{\rm g}$ baseball that is traveling toward home plate at a constant speed of $35~{\rm m/s}$.

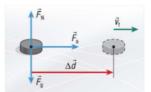
$$F_{-k} = \frac{1}{2}mv^2 = \frac{1}{2}(0.15)(35)^2$$

2. The relationship between mechanical work and kinetic energy

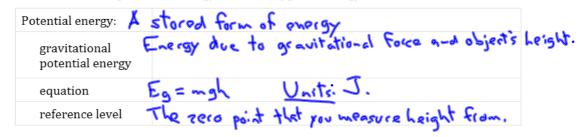
What is the work done to change from one speed to another?

This is called the work-energy principle

A 165 g hockey puck initially at rest is pushed by a hockey stick on a slippery horizontal ice surface by a constant horizontal force of magnitude $5.0\,N$ (assume that the ice is frictionless). What is the puck's speed after it has moved $0.50\,m$?



3. Gravitational potential energy: A stored type of energy



Where does this value come from? Consider the amount of work it takes to lift something.

Imagine lifting a textbook off your desk at a constant speed (not accelerating). Remember, this means that forces are balanced ($F_{\text{net}} = 0$). How much work is done by the applied force?

What is the gravitational potential energy of a 48 kg student at the top of a 110 m high drop tower ride relative to the ground?

4. Mechanical energy

Mechanical energy: Total kinetic and gravitational potential energy of an

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#1-3,5