



# Your Spine: THE CORE Of Your Health HEALTH.

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## 3 Quick Facts

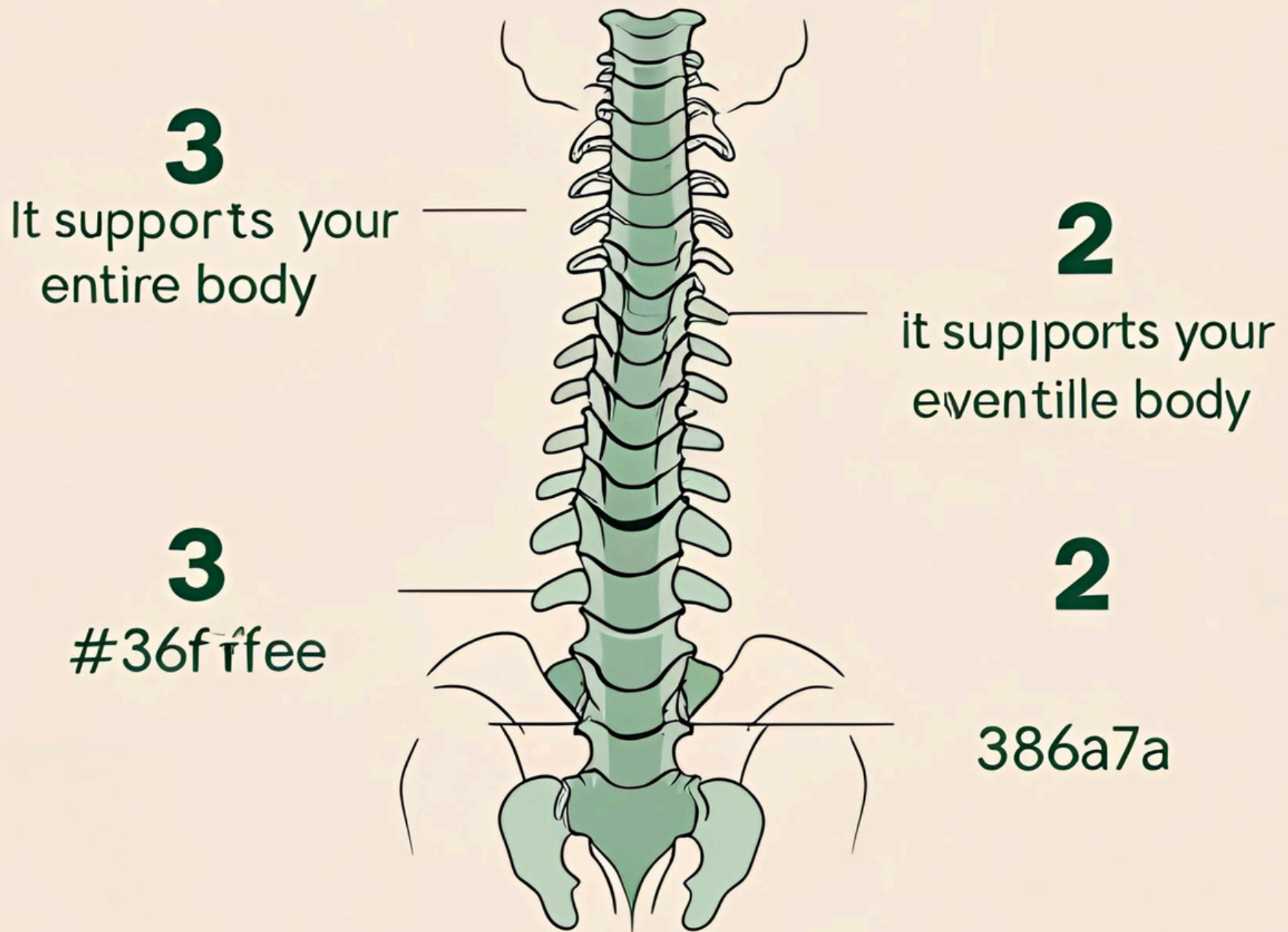
- It supports your entire-
- your entire body-

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## 3 Quick Facts

- Posture supports your your entire body.
- Protect your health for your body.

# Your spine: the core of your health.





An anatomical illustration of the human spine and pelvis, rendered in a light green color. The spine is shown from the neck down to the pelvis, with individual vertebrae and intervertebral discs clearly visible. The pelvis is shown from a posterior view, with the iliac crests and pubic bones prominent. The text "Your Spine : The Core of Your Health." is overlaid on the spine, with "Spine" in a larger, bold green font and "Your" and "The Core of Your Health." in a bold black font.

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