

ABDUSSALAAM, RUKAYAT OLUWADAMILOLA

Date of Birth: 7th April, 1989

sannirukayat@gmail.com (08066896001, 08059356134)

KEY COMPETENCIES AND ABILITIES

- Good computer and statistical analytical skills.
- Excellent communication, presentation and report writing skills.
- Good leadership and organizational skills.
- Good interpersonal relationship and excellent team player.
- Ability to work efficiently under pressure and with limited supervision.

WORK EXPERIENCE

DATES

Designations: Research Assistant

2021

Project: Adoption of National Home Grown School Feeding (NHGSF) Programme to Promote Safe Dietary Sodium (Salt) Intake and Reduce Risk of Cardiovascular Disease among School-age Children in South-west Nigeria led by Prof. Ajayi (Head, Dept. of Epidemiology, Medical Statistics and Environmental Health, UCH, Nigeria)

Key Responsibilities:

- Collection of food samples from selected food vendors
- Conducting key informant interviews
- Transcription of interview recording

FEDERAL MEDICAL CENTRE, ABEOKUTA, OGUN STATE.

Designations: Dietetic Intern

Jan. – Dec. 2020

Key Responsibilities:

- Providing medical nutrition care therapy as part as part of overall medical care in the management of different diseased conditions.

FEDERAL UNIVERSITY WUKARI, TARABA STATE

Designations: Lecturer II

2019 till date

Assistant Lecturer

2018 – 2019

Graduate Assistant

2015 – 2018

Key Responsibilities:

- Teaching undergraduate University students at different levels.
- Conducting research many of which involved collection, analysis and interpretation of qualitative and quantitative field data.
- Presentation of research outputs at conferences.
- Served as member of Departmental, Faculty and University committees.
- Supervised students' field trip to Plateau state (2019).
- Served as 100 level co-ordinator (2019-2020 academic session).

AL-AMEEN COLLEGE, ABEOKUTA, OGUN STATE.

2013 – 2015

Designation: Chemistry Teacher

Key Responsibilities:

- Taught Chemistry to Senior Secondary students of the college.
- Conducted classroom and laboratory practical for students.
- Record keeping and managing the database of students' scores and other information.

RING-ROAD STATE HOSPITAL, IBADAN, OYO STATE. (N.Y.S.C).

2012 – 2013

Designation: Nutritionist

Key Responsibilities and Accomplishments:

- Counselling patients on appropriate dietary changes to manage/improve health condition.
- Calculation of patients' calorie needs and translating to meal servings sizes.
- Monitoring patients' recovery process.

UNIVERSITY COLLEGE HOSPITAL, IBADAN, OYO STATE.

2010 - 2011

Designation: Dietetics Trainee (SIWES)

Key Responsibility: Providing medical nutrition care therapy for patients

CONFERENCES & TRAININGS ATTENDED	DATES
• The Article Publishing Process: An Elsevier Author Workshop	2020
• Conducting Successful Key Informant Interviews and Good Qualitative Data Mangement	August, 2021
• Recovery of COVID 19 Patients: The Impact of Nutritional Intervention on Health Outcomes organised by Abbott Nutrition Health Institute	2020
• Sustainable Development Goals in Nigeria: Challenges and Opportunities' 7th National Conference and Annual General Meeting of Nigerian Women in Agricultural Research for Development.	2019
• Converting Cassava Leaves into Marketable Food Products: A Bioeconomy-Based Approach for Improving Livelihood and Nutrition in Nigeria and Sub-Saharan Africa (Jointly Organised by University of Reading and University of Ibadan)	2019
• Fundamentals of Information Literacy and Access to Global Online Research in Agriculture (AGORA) organised by FAO in collaboration with Research4Life	2019
• 'Diversity and Inclusiveness in Agricultural Transformation' 5th National Conference and Annual General Meeting of Nigerian Women in Agricultural Research for Development (NiWARD)	2017
• Scientific Experimental Design and Report Writing Workshop organised by Africa Centre of Excellence in Agricultural Development and Sustainable Environment	2017
• 'Accelerating Nutrition Action for Africa's Development' 2nd Federation of Africa Nutrition Society (FANUS) congress	2011

ACADEMIC RECORDS

DATES

Federal University of Agriculture, Abeokuta.

MSc./PhD Nutrition and Dietetics

In view

M.AgSE. Food Processing and Value Addition	2014 – 2018
Obafemi Awolowo University, Ile-Ife, Osun State.	
BSc. Foods, Nutrition and Dietetics (First Class Honours)	2008 – 2012
Queen’s School, Ibadan, Oyo State.	
Senior School Leaving Certificate	1999 – 2005
Seventh Day Adventist Primary School, Oke-Ado, Ibadan, Oyo state	
First School Leaving Certificate	1994 – 1999

LEADERSHIP POSITIONS

DATES

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| • Head, Health Advisory Committee, General Community Development Service (NYSC) | 2012 - 2013 |
| • Treasurer, Muslim Corpers’ Association of Nigeria (MCAN), Ibadan South-West Local government, Ibadan, Oyo State | 2012 – 2013 |
| • Female Co-ordinator, Ahmadi Muslim Students’ Association, O.A.U. Ife. | 2011 - 2012 |
| • Biology Laboratory Prefect, Queen’s School, Ibadan, Oyo State. | 2004 – 2005 |

HONOURS & SCHOLARSHIPS

DATES

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|---|---------------|
| Best Graduating Student of the Dept. of Family Nutrition and Consumer Science | 2011/2012 |
| Carnegie Sponsored Merit Scholarship for Female Undergraduate Students | 2010 and 2011 |
| Obafemi Awolowo University Muslim Graduates Association Merit Scholarship | 2011 |

PUBLICATIONS

- **Abdussalaam, R.O.**, Sanni, L.O., Adebawale, A.A., Oluwatosin, B.O. and Omohimi, C.I. (2021). Some Quality Attributes of Soft Cheese as Affected by Milk Type and Coagulants. *Nigerian Food Journal* 36 (2).
- Odeseye A.A., Awonorin, S.O., **Abdussalaam, R.O.**, Sanni, L.O. and Olayanju, T.M.A. (2020). Effect of Processing Variables on the Biscuit Making Potentials of Cocoyam-Brewer Spent Grain Flour Blends. *Croatian Journal of Food Science and Tech.* 12 (1), 56 – 66.
- Emmanuel O.B.B., Abdussalaam R.O. and Ali, J.E. (2019). Nutrition and Heart Disease: A Review. *International Journal of Engineering, Applied Sciences and Technology.* 4(3), 391-399
- Otitoju G. T.O., Otitoju O., Ezenwa C.P., Emmanuel-Omale B. B., **Abdussalaam R. O.** and Ali J. E. (2019). Heavy Metal Levels in Locally Produced Rice in the South West Region of Nigeria. *Acta Scientific Nutritional Health* 3(2), 120-124
- **Abdussalaam, R.O.**, Sanni, L.O., Adebawale, A.A. and Oluwatosin, B.O. (2018). Some Quality Attributes of Milk from West African Dwarf, Kalahari Red and Kalawad Goats’. *Nigerian Food Journal* 36 (2), 65-72
- Otitoju G. T.O., Otitoju O., Kalu-Uka A.G., **Abdussalaam R. O.**, Ali J. E. and Emmanuel-Omale B. B. (2018). Qualitative and Quantitative Evaluation of the Phytochemical Contents in Some Selected

Green Leafy Vegetables in the Eastern Part of Nigeria. *Journal of Dietetic Association of Nigeria* 9, 77-84

- Olumakaiye, M.F. and **Sanni, R.O.** (2012). Nutritional and Sensory Properties of Beniseed and Plain Flour Blends in Cookies. *Journal of Nutritional Ecology and Food Research* 1 (1), 1–6

MEMBERSHIP OF PROFESSIONAL BODIES

- Member, Nutrition Society of Nigeria
- Member, Agriculture, Nutrition and Health Academy (ANH)
- Member, Nigerian Women in Agricultural Research for Development (NiWARD)
- Member, American Society for Nutrition (ASN)
- Member, Institute for Dietetics in Nigeria.
- Organization for Women in Science for the Developing World (OWSD)

REFEREES

Prof. L. O. Sanni
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Technology,
Fed. University of Agriculture
Abeokuta, Ogun St., Nigeria.
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