Abraham Perez

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Summary

Highly motivated and results-oriented individual with a passion for mental health, personal growth, Leadership and technology with a strong desire to learn and grow. I have a passion for helping those in recovery by providing moral support, help them learn new coping & life skills in order to support with their sobriety. Also, passionate on Leading a team in order to help them grow to become more confident and proficient in their duties. On the side I am currently working on becoming competent in HTML5, CSS3, and JavaScript, actively seeking to expand my skill set and contribute to a software development team as I become a proficient full stack software engineer. Committed to delivering high-quality work and a quick learner, eager to see what I can contribute to your organization and what I can learn from the experience.

What ever the mind can conceive and believe, the mind can achieve. - Napoleon Hill

Experience

Brand Ambassador

BodePro

Mar 2017 - Present (7 years 1 month)

Lead Recovery Coach

OCTLC, Inc./Sustain Recovery

Nov 2017 - Mar 2024 (6 years 5 months)

I worked with adolescents struggling with mental health and/or drug addictions. Helped provide support as they dig deeper into traumas or family issues after having sessions with a therapist. Helped the clients learn life skills and create structure in their lives to that they become habits they can take home when they graduate. Helped and show the clients how to have fun sober and present them to a community of life minded people through a 12 step program.



Uber

Nov 2015 - Feb 2017 (1 year 4 months)

Pick up and drive passengers in need of transportation their destinations. Provide entertainment or just someone to talk to so that it takes away from the uncomfortable scene of being in a car with a stranger.

Independent Distributor

Vemma

Jan 2013 - Sep 2016 (3 years 9 months)

Independent distributor/Entrepreneur - Selling, informing, promoting and recruiting, to offer a need for a better health and/or finical status; build a team/organization of distributors to build a home based

business and become financial literate - Ultimately learn how to set goals and grow as a leader so that one day they can teach and show their organization how to require financial freedom.

N Picker

Nordstrom

Jan 2015 - Jan 2016 (1 year 1 month)

Find merchandize all over the pick mod of orders being placed so that we can get them ready for the packers whom will get them shipped in the time frame in which that order was placed.

Picker/Packer/Shipper/Runner

Apple

Aug 2014 - Dec 2014 (5 months)

Find Apple products in the warehouse, have it packed and ready to ship to whom ever placed the order wether is a person or in large orders for a company.

Sales

I Bet You'll Laugh

Jan 2009 - Dec 2010 (2 years)

In charge of a "Joke" T-Shirt's Stand, attract peoples attention to approach the stand and get a good laugh of the merchandise so they were motivated to purchase something if they weren't interested I had to offer them a discount or deal so they would buy a shirt or a few at an affordable price.

Education



Mt. San Antonio College

None, Sociology 2008 - 2015



MSIC Mt. San Jacinto College

2008 - 2008

Skills

Public Speaking • Software Engineers • Small Talk • driving • Transportation • Mental Health Counseling • Team Leadership • Management • Network Marketing • Entrepreneurship